

# CHILDCARE FEBRUARY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit [dining.lancerhospitality.com](http://dining.lancerhospitality.com) for more information.

## Beef Sloppy Joes 4

WG Slider Bun  
Vegetarian Baked Beans  
\*Fresh Apple  
\*Applesauce for Toddlers

## BBQ Chicken Slider 5

Macaroni & Cheese  
WG Slider Bun  
\*Zucchini Coins  
Ranch Dressing  
Fresh Banana  
\*Blanched Zucchini for Toddlers

## Beef Tacos 6

WG Tortilla  
Shredded Cheddar Cheese  
\*Broccoli  
Mild Salsa  
Chilled Pineapple  
\*Blanched Broccoli for Toddlers

## WG Cheese Stuffed Breadsticks 7

Marinara Dipping Sauce  
Vegetable Blend  
\*Fresh Melon  
\*Diced Peaches for Toddlers

## Walking Tacos 1

\*WG Nacho Chips  
Shredded Cheddar Cheese  
\*Fresh Carrot Sticks, Ranch Dressing  
Chilled Peaches  
\*Flour Tortilla for Toddlers  
\*Blanched Carrots for Toddlers

## Italian Meatsauce over WG Penne Pasta 8

\*Fresh Carrot Sticks  
Ranch Dressing  
\*Fresh Orange  
\*Blanched Carrots for Toddlers  
\*Mandarin Oranges for Toddlers

## Chicken Gyro 11

WG Flatbread  
Fresh Cucumbers  
Shredded Romaine  
Mandarin Oranges  
\*Blanched Zucchini for Toddlers

## Beef Tacos 12

WG Tortilla  
Shredded Cheddar Cheese  
\*Shredded Romaine  
Mild Salsa  
Fresh Banana  
\*Blanched Broccoli for Toddlers

## Popcorn Orange Chicken 13

Fried Vegetable Brown Rice  
\*Fresh Broccoli, Ranch Dressing  
Orange Sauce  
\*Fresh Melon  
\*Blanched Broccoli for Toddlers  
\*Pineapple Tidbits for Toddlers

## BBQ Chicken Meatballs 14

Potato Wedges  
WG Cornbread  
Ketchup  
Applesauce

## WG Garlic Cheese Pizza Bread 15

Marinara Sauce  
\*Zucchini Coins  
\*Fresh Orange  
\*Blanched Zucchini for Toddlers  
\*Mandarin Oranges for Toddlers

## WG French Toast 18

Turkey Sausage  
Fresh Celery  
Pancake Syrup  
Chilled Tropical Fruit  
\*Blanched Carrots for Toddlers

## WG Beef Ravioli 19

WG Tea Biscuit  
\*Cauliflower Florets  
Ranch Dressing  
Fresh Banana  
\*Blanched Cauliflower for Toddlers

## Grilled Chicken Breast 20

Loaded Mashed Potatoes  
WG Tea Biscuit  
\*Fresh Strawberries  
\*Diced Peaches for Toddlers

## Turkey Cheeseburger 21

WG Slider Bun  
Roasted Red Potatoes  
Ketchup  
\*Fresh Orange  
\*Mandarin Oranges for Toddlers

## Teriyaki Chicken 22

WG Hamburger Bun  
\*Fresh Broccoli  
Ranch Dressing  
\*Fresh Apple  
\*Blanched Broccoli for Toddlers  
\*Applesauce for Toddlers

## Meatball Hoagie 25

Beef Meatballs in Marinara Sauce  
WG Hot Dog Bun  
Shredded Mozzarella Cheese  
Potato Cubes  
Ketchup  
Chilled Pears

## Chicken Tacos 26

Whole Grain Tortilla  
Shredded Cheddar Cheese & Mild Salsa  
\*Shredded Romaine Lettuce  
\*Fresh Apple  
\*Blanched Carrots for Toddlers  
\*Applesauce for Toddlers

## Chicken Ala King 27

Creamy Mashed Potatoes  
WG Tea Biscuit  
Butter PC  
\*Fresh Melon  
\*Diced Pears for Toddlers

## WG Crispy Chicken Patty 28

WG Slider Bun  
Green Beans  
Ranch Dressing  
Peaches

MILK VARIETY SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

naeyc

\*This menu follows the guidelines for NAEYC Accreditation