

GOOD Life News

at Billings Health and Rehabilitation Community

JUNE 2017

www.billingshealth.com

Audiobook Appreciation Month

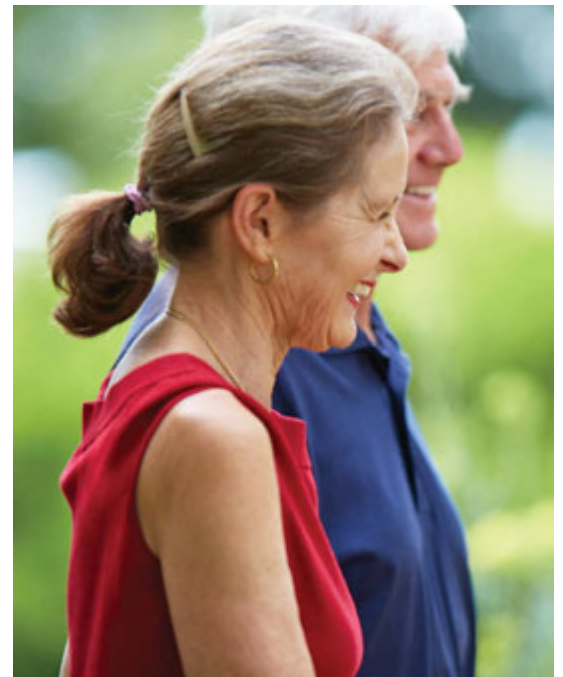
The month of June has an appreciation for many careers, plants, animals and care staff, to just name a few. But this Audiobook Appreciation Month touches close to the facility.

The State of Montana has a Montana Talking Books Library which we have quite a few residents signed up for. This is a program that is free to the legally blind, others who can't read and many more.

We have residents who enjoy receiving their books on tape. They can choose from a wide variety from romance, mystery, politics, newspapers, magazines and more. We would hate to see residents who enjoy reading not to be able to do a favorite activities of theirs.

So we thank the Montana Talking Books Library Department for keeping not only our residents, but others out in the community connected to stories and the world.

For more information, you can go online to: <http://tbl.msl.mt.gov/>



**Our Talk.
Our Walk.
Every Day!**

National Safety Month

Summer's start is a great time to think about safety. Warm weather may be calling people outside, but outdoor activities also open the door to potential accidents. The National Safety Council designates June as National Safety Month – a great time to reconsider how we can “Keep Each Other Safe,” this year's theme. You may be surprised to hear that one in three people over 65 falls each year, making it the leading cause of injuries for the age group. Exercise can be the first defense against falls. FIT Functional Fitness® offers various programs that can help increase muscle and bone strength!

Laundry Note

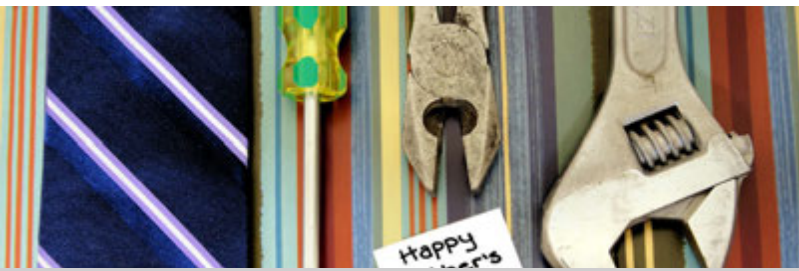
Just a quick note from laundry. June is upon us and that means it is time for the winter clothing to be taken out of the closets and summer clothing to appear.

With the closets being small, there is not enough room for both winter and summer clothing. We are asking that you please take home your loved one's winter clothing to make room for the summertime clothing.

Also, if you bring in any new clothing items, please have them marked by our laundry department. This way, new items do not come up missing.

Thank you for your help and have a safe and happy summer.





Father's Day Meal

Father's Day Meal will be served at the noon mealtime. The following will be served:

- Ribs
- Corn
- Baked Beans
- Potato Salad
- Dessert

If you would like to join your friend or loved one for this meal, please contact Holly Jones, Kitchen/Dietary Manager, at 406-656-6500.



History of Father's Day in the United States

The Father's Day festival as we celebrate it today traces its history to the United States of America. The idea of observing a day in honor of father was conceptualized by Ms. Sonora Smart Dodd, a loving daughter from Spokane. It so happened that Sonora attended a Mother's Day sermon in 1909 and she was struck with the noble idea that society must observe a day to honor the important contribution made by father in the raising of children. Encouraged by the love of her father, William Smart, a Civil War veteran who singlehandedly raised her along with her five siblings after the death of her mother, Sonora worked hard to make her concept a reality. The noble idea of celebrating Father's Day soon spread across the nation. Father's Day was recognized by a joint resolution of Congress in 1956. Finally, in 1972, President Nixon established Father's Day as a permanent national day of observance on the third Sunday of June.



Teddy's Corner

June

June is the month of weddings and brides

Never was there ever a bride that didn't remember that until the day she died

I will never forget the radiance the day I felt when I walked down the aisle

My husband waiting at the alter with a look that I have never seen before

We were so happy

June is the start of gardening, flowers, planting and taking care of the lawn

We always had a bouquet of flowers from the garden, whether small or large

Our hearts are light and gay because the weather is so beautiful

We've done our spring cleaning and the house is shining

The smell from the trees and flowers in bloom make the house smell great

We honor our loved ones who have passed and on that day we start our vacations and camping trips

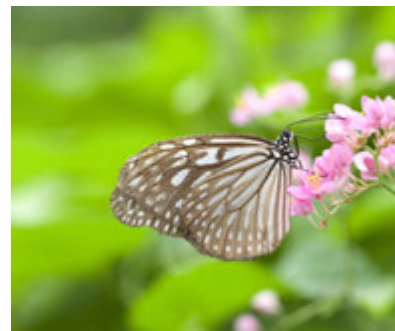
The kids are out of school and under our feet

But summer only makes them grow

June is my most special month and I hope you enjoy it.

I love you all,

Teddy



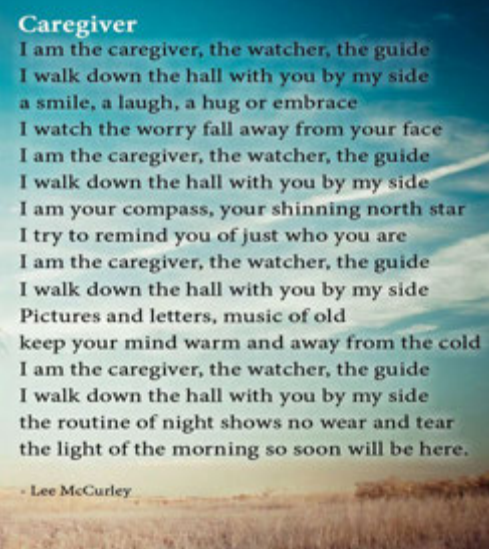
Dementia Care Professionals Month

We would like to recognize the caregivers who take special care of our Pearl Garden residents. Without them our residents and their family members would be lost.

Our caregivers have the heart and soul of taking care of these residents.

They sing, dance, visit, talk, and more to give our dementia residents a life worth living.

Thank you for all you do!



Activities Action

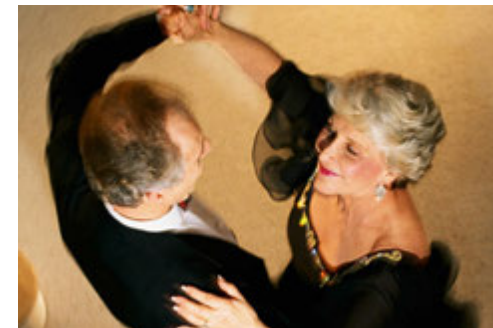
June? Are you sure it is June already? How time flies when you are having fun, as the old saying is said.

This month we will be going to the zoo as it is National Zoo and Aquarium Month. We will be taking two different groups.

The Billings Mustangs will be gearing up for the season. We will be attending on opening night of the season.

We have started back to taking a group to the Elks for dinner. The Elks have added on music for the evening that we take our residents. We went last month and the residents enjoyed this immensely.

Stay tuned for more outings and fun.



Resident Spotlight

Our Resident of the Month is Doris B. Doris currently resides on our Pearl Gardens Unit.

Doris was born and raised in Henning, Minn. She is one of five children. She was married to Harold and they have two daughters and plenty of grandchildren.

She worked as a librarian and as a photo finisher. Doris loves to be around children.

In her spare time she enjoys dancing, reading group, socials, live music, watching old movies, listening to music, being with her family, playing bingo, arts/crafts, exercising, pet visits and playing bingo.

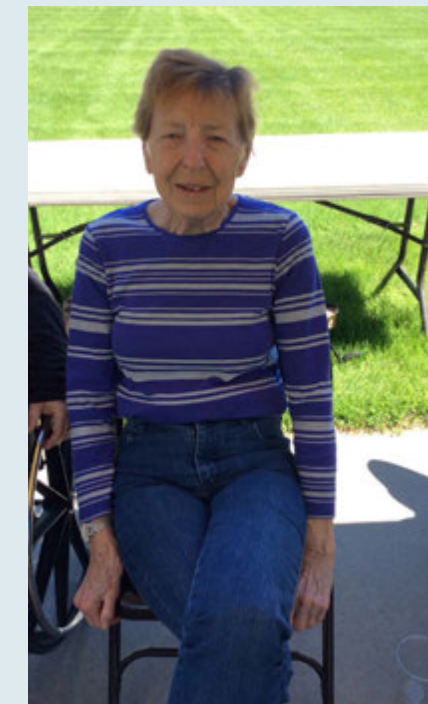
This is what the staff has to say about Doris:

"She loves to tease us."

"She brings happiness to your day."

"She gives the best hugs."

Congratulations, Doris!



Resident Birthdays

Margaret G., 6th

Teddy H., 8th

Victorino P., 8th

Darrell T., 10th

Sandy L., 13th

Sharon H., 14th

James S., 15th

Elizabeth K., 19th

Rosaleen P., 22nd

Emily K., 23rd

Wanda C., 23rd

Employee Birthdays

Lafreida Landrie, 2nd

Kurt Boncales, 8th

Helene Grande, 12th

Viel Mangaoang, 15th

Vincent Spencer, 16th

Dawn Phillips, 19th

Rich Werbelow, 24th

Layla Owens, 25th

Katelyn Howard, 27th

Krystal Durham, 28th

Cassandra Stuart, 30th

Service Anniversaries

Samantha Chouinard, 6/1/2016

Catrina King, 6/3/2016

Maegan Erickson, 6/3/2016

Melissa McCaig, 6/6/2006

Lorissa Lohrenz, 6/10/2016

Audra Griffin, 6/17/2016

Michael

Crandall-Gartman, 6/21/2016

Maria Gumisong, 6/26/2015

Kathy Asbeck, 6/29/2012



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Staff

Executive Director

Jerry Smyle (Interim)

Director of Nursing

Tammy Hoover

Environmental Services Director

Brad Wagner

Life Enrichment Director

Jill Peterson

QIC Nurse

Audra Griffin

Admissions Director

Lori Edgar

Dietary Director

Holly Jones

Social Service Director

MaNessa Wilson

Beautician

Deb Schaeffer

Payroll

Melissa McCaig

Dietician

Dawn Phillips

Newsletter Coordinator

Jill Peterson

Receptionist

Judy Brock

Unit 1 Manager

Kerri Ronquillo

Pearl Gardens Manager

Kerri Ronquillo

Unit 3 Manager

Audra Griffin

Transitional Care

Unit Manager

Chiemi Phillips

Medical Records

Karen Siemion

New Staff

We would like to welcome the following new staff members to BHRC:

- Viel Mangaoang, Dietary Aide
- Brandy O'Connor, Cook
- Sonize Weakley, Dietary Aide

When you see these new faces in the Kitchen or Dining Room, please give them a warm BHRC welcome.

