

GOOD Life News

at The Commons on Marice

MAY 2017

www.commonsonmarice.org

Executive Director

Hello Everyone! Happy Spring!

Are any of you golf fans? If so, I bet many of you watched the Masters Tournament the first weekend in April. The Masters is the first of four major golf tournaments in men's professional golf being played throughout the summer. If you did get a chance to watch it, you witnessed a gem!

Finally, after many career disappointments and close calls, which included being a runner-up four times, Sergio Garcia of Spain won a major PGA golf tournament when he beat Justin Rose in a sudden death round of the 81st Masters.

Now that it is spring, the weather is warming and the grass is changing from a yellowish brown to a vibrant green, I am anxious to get out on the links and play as many rounds of golf I can with three of my brothers. It's one of our favorite pastimes. Even though I am not as good as any of my brothers, my hope is to beat at least one of them some day! Who knows, perseverance worked for Sergio, maybe it will work for me! I hope you are all enjoying the spring weather!

Best Regards,
David

Welcome New Residents

The Commons on Marice residents are invited to attend a Welcome Party every month.

We take this time to socialize and welcome new neighbors

who have moved into the

Commons community.

Join us **Tuesday, May 23, at 3 p.m.**, in the Club Room, where we will introduce and enjoy some refreshments with our new neighbors here at the Commons.



**Our Talk.
Our Walk.
Every Day!**

**Step into
Spring**

There's nothing like the beginning of a new season. Spring is the perfect time to get outside and spend time with your loved ones. Soaking up the sunshine can actually help improve cognitive function and increase one's happiness, according to the National Institutes of Health. Don't let Mother Nature have all of the fun — join her outside and try a fun springtime activity! Eat outdoors, partake in spring-cleaning, choose a local park or trail for walks, go on a picnic, or visit a plant nursery. We are here to help you experience whichever spring activity you most enjoy!

Spiritual Director's Corner

Some Thoughts on New Life and Hope from Chaplain Joey:

We are all, all of us, indebted to the cycle of birth, life, death and resurrection.

If you look around you, you can see spring has sprung! the beautiful blossoms have arrived! What once lay dead and dormant is alive again! It's amazing, isn't it? Growing, vibrant, beautiful plants have to die under the frozen snow and ice in order to live again.

I may be new to the Midwest, but I have learned Minnesota winters can seem quite long. Long, cold winters with very little sun can truly rob us of our happiness. It's the lack of vitamin D. I have a "happy lamp" I sit in front of during the winter, and I take vitamin D supplements every day. Winters can be tough. Spring renews our hope!

Have you ever experienced a "winter" of the soul? You know those times when you feel like nothing will go right? When things fall apart? When failure always seems to be knocking at your door? the writer of the book of Psalms calls it "the valley of the Shadow of Death" and St. John of the Cross calls it "The Dark Night of the Soul." No matter your age, background, beliefs or economic status, we are all united by the reality of times of hardship and struggle.

It is no mistake that one of the first holidays we celebrate at the beginning of spring is Easter. Easter began as an ancient pagan tradition in which the goddess of fertility was worshiped and celebrated. This is where we get the bunnies, the colored eggs and the beautiful flowers. Over time, Easter became about the Christian observance of the resurrection of Jesus Christ from the dead. Jesus, of course, is believed to be the Messiah by Christians and is worshiped as God.

For the Slavic pagans and ancient druids, the goddess of fertility was busy making all things new, bringing back life from death. for Christians, Jesus comes back from the dead and all things are made new forever. No exceptions.

Whatever you believe about the holiday of Easter doesn't matter as long as you know that the theme is one of new life. Where there is new life, there is hope, is there not?

I invite you to pause today and think about where you experience hope in your life. for me, it's seeing the ducks on Tanners Lake in my backyard. When the frozen lake finally melted, I could see the awkward little ducks making their way across the surface of the water and waddling through my yard while I ate my breakfast and sipped my coffee. Ducks, however silly it sounds, give me hope.

Just know this, friends of the Commons: Winter does not have the last word, for the world or for your heart. There is always hope. Hope does not disappoint. Oh, and don't forget, we have a couple of pregnant staff working in our community. Keep them in your thoughts and prayers as they prepare to care for new life.

Remember this: Despite all evidence to the contrary, God loves you!

Environmental Rundown

Happy Spring!

Spring is such a beautiful time of the year! I hope you are all getting outside a little to enjoy the wonderful weather.

I would like to remind everyone with Memorial Day coming up on May 29, our cleaning schedules may change. Thank you for your understanding on this matter.

Have a wonderful Memorial Day.

— Sue Bahrke, Director of Housekeeping

Greetings from Marketing

Why it's important that seniors have a social life:

Parents encourage socialization for their children to instill a lifelong virtue of goodwill and connection. Socialization is even recommended for pets! Socialization is the activity of mixing socially with others. It's intended to foster relationships, establish good communication skills and promote a sense of community. The importance of socialization never wears off, and it's particularly relevant for seniors. Here's why.

Socializing keeps people young at heart, emotionally vibrant and mentally sharp. Have you taken time to consider the continued importance of socialization? When you were a baby, socialization helped you develop who you are. As older adults continue to enjoy life, it remains important that seniors have a social life to help maintain a healthy physical and emotional balance.

Socializing can provide a number of benefits to your physical and mental health. Did you know that connecting with friends may also boost your brain health and lower your risk of dementia? If you need reasons to help justify spending extra time lingering over coffee or a puzzle, memory loss was identified as a key measuring stick in older adults. There is evidence that suggests memory loss is a strong risk factor for dementia, which currently impacts a great deal of the US population over the age of 65.

Social isolation is one of the leading causes of depression in seniors. Loneliness can easily take its toll on individuals of every age, but there's greater concern for older adults as routines and independence changes. Socialization can have a positive effect where isolation is concerned by helping seniors feel loved and needed. Lives can be affirmed by the activities and interactions. Being around other people, especially spent doing something fun or rewarding, helps individuals keep a positive outlook on life and a healthy mental state.

Who do you know who could benefit from new friendships they would find here at the Commons on Marice? Please tell them about us and have them give me a call.

Catherine 612-430-3828

Nursing News

I hope you all are enjoying the spring weather. Getting out for a walk can have many benefits such as improving muscle strength, memory and mood while also decreasing anxiety. This is good exercise for all of us. I am looking forward to walking to and from work myself.

The first week of May is National Nurses Appreciation week. I would like to take this opportunity to thank the nurses at the Commons for their dedication to their jobs. We have added

some new nurses. I hope you will take a moment to thank the nurses.



We in the nursing office want to serve the residents with excellent care. We request that if you or your loved one has a medical appointment or dental appointment out of the facility to please let us know at least 24 hours ahead of time. This is so we can send appropriate paperwork with you. These envelopes are left at the front desk the day of your appointment.

If you are taking your loved one out overnight, let us know 24 hours ahead as well so we can set up medications.

Thank you

Sandra Hick

Director of Nursing

Dining Services

Join us for a special Mother's Day Brunch

Sunday, May 14

11 a.m.-1:30 p.m. in the Atrium

Cost: \$19 for guests, \$12 for 12 and under

Please RSVP by Tuesday, **May 9**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY															
<p>Calendar events subject to change.</p>	<p>MAY DAY 1</p> <p>9:30 Monday Meditation, AC</p> <p>10:30 Ages Entwined@: Reading Buddies, L</p> <p>11:00 Chorus Practice, AC</p> <p>1:00 Art Hour w/Eagan Art House, AC</p> <p>2:15 FIT to Balance@, WC</p> <p>2:45 Monday Malts, CR</p> <p>3:30 Word Games, A</p>	<p>2</p> <p>9:30 Tuesday Tea, CR</p> <p>10:00 FIT to Be Strong@, WC</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 Quick Witz Cognitive Program, AC</p> <p>3:00 Wine Tasting Tuesday, CR</p> <p>6:30 Cribbage, L</p> <p>6:45 Eagan Men Chorus, A</p>	<p>3</p> <p>9:30 Hand & Aroma Massage, FSL</p> <p>10:00 St. John Neumann Comm. Service, A</p> <p>10:00 Associated Bank, PR</p> <p>11:15 FIT to Pedal@, WC</p> <p>1:00 Spring Has Sprung Van Tour, Van</p> <p>1:00 Manicures, CR</p> <p>2:45 FIT to Balance@, WC</p> <p>3:00 FIT to Stretch@, WC</p> <p>3:30 6,5,4 Dice, CR</p> <p>6:30 Bingo, CR</p>	<p>4</p> <p>9:30 Coffee Crew, CR</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:00 Blood Pressure Checks, AC</p> <p>1:30 FIT to Be Strong@, WC</p> <p>3:00 Happy Hour w/Jeff B., A</p> <p>6:30 Evening Prayer Service, CR</p>	<p>5</p> <p>9:15 Scrabble, CR</p> <p>10:00 Claim Your Prize, CR</p> <p>10:30 Bingo, CR</p> <p>1:00 FIT to Pedal@, WC</p> <p>1:30 FIT to Stretch@, WC</p> <p>2:00 Red Hat Club, A</p> <p>3:00 Cinco de Mayo Social, P</p> <p>6:30 500 Club, PR</p> <p>6:30 Movie Night – Channel 19, FSL</p>	<p>6</p> <p>9:15 Bible Study w/ Randy, L</p> <p>10:00 Rosary, FSL</p> <p>10:45 Community Worship Service, A</p> <p>1:00 Bridge, PR</p> <p>3:00 Piano Recital, A</p> <p>6:30 Cribbage/500 Club, PR</p>															
	<p>7</p> <p>10:30 Coffee Talk, CR</p> <p>1:00 Bingo, CR</p> <p>2:00 Wine Social, CR</p> <p>3:00 Mary Kay Studio Piano Recital, A</p> <p>6:30 Evening Movie, FSL</p>	<p>8</p> <p>9:30 Monday Meditation, AC</p> <p>10:30 Ages Entwined@: Reading Buddies, L</p> <p>11:00 Chorus Practice, AC</p> <p>1:00 Art Hour w/Eagan Art House, AC</p> <p>2:15 FIT to Balance@, WC</p> <p>2:45 Monday Malts, CR</p> <p>3:30 Word Games, A</p> <p>6:30 Armchair Travel Scotland, AC</p>	<p>9</p> <p>9:30 Tuesday Tea, CR</p> <p>10:00 FIT to Be Strong@, WC</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 Name That Tune, CR</p> <p>3:00 Resident Association Meeting, A</p> <p>6:30 Cribbage, L</p>	<p>10</p> <p>9:30 Hand & Aroma Massage, FSL</p> <p>10:00 Catholic Mass, A</p> <p>11:15 FIT to Pedal@, WC</p> <p>1:00 Manicures, CR</p> <p>1:30 Your Story Matters, AC</p> <p>2:45 FIT to Balance@, WC</p> <p>3:00 FIT to Stretch@, WC</p> <p>4:00 Supper Outing: Jensen's, Van</p> <p>6:30 Bingo, CR</p>	<p>11</p> <p>9:30 Coffee Crew, CR</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 FIT to Be Strong@, WC</p> <p>3:00 Happy Hour, A</p> <p>6:30 Evening Prayer Service, CR</p> <p>7:30 Eden Prairie Community Band, A</p>	<p>12</p> <p>9:15 Scrabble, CR</p> <p>10:00 Claim Your Prize, CR</p> <p>10:00 The Market in House Shopping, A</p> <p>10:30 Bingo, CR</p> <p>1:00 FIT to Pedal@, WC</p> <p>1:30 FIT to Stretch@, WC</p> <p>3:00 Culinary Creations, CR</p> <p>6:30 500 Club, PR</p> <p>6:30 Movie Night – Channel 19, FSL</p>	<p>13</p> <p>9:15 Bible Study w/ Randy, L</p> <p>10:00 Rosary, FSL</p> <p>10:45 Community Worship Service, A</p> <p>1:00 Bridge, PR</p> <p>3:00 Community Crossword Puzzle, AC</p> <p>6:30 Cribbage/500 Club, PR</p>														
	<p>MOTHER'S DAY 14</p> <p>10:30 Coffee Talk, CR</p> <p>1:00 Bingo, CR</p> <p>3:00 Piano w/Margaret, A</p> <p>3:00 Mother's Day Tea, A</p> <p>6:30 Evening Movie, FSL</p>	<p>15</p> <p>9:30 Monday Meditation, AC</p> <p>10:30 Ages Entwined@: Reading Buddies, L</p> <p>11:00 Chorus Practice, AC</p> <p>1:00 Art Hour, AC</p> <p>2:15 FIT to Balance@, WC</p> <p>2:45 Monday Malts, CR</p> <p>3:30 Word Games, A</p>	<p>16</p> <p>9:30 Tuesday Tea, CR</p> <p>10:00 FIT to Be Strong@, WC</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 Quick Witz Cognitive Program, AC</p> <p>3:00 Treasures of the Heart@, FSL</p> <p>6:30 Cribbage, L</p>	<p>17</p> <p>9:30 Hand & Aroma Massage, FSL</p> <p>10:00 St. John Neumann Comm. Service, A</p> <p>11:15 FIT to Pedal@, WC</p> <p>12:00 Movie Outing, Van</p> <p>1:00 Manicures, CR</p> <p>1:30 Your Story Matters, AC</p> <p>2:45 FIT to Balance@, WC</p> <p>3:00 FIT to Stretch@, WC</p> <p>3:30 Puttin on the Green, P</p> <p>6:30 Bingo, CR</p>	<p>18</p> <p>9:30 Coffee Crew, CR</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 FIT to Be Strong@, WC</p> <p>3:00 Happy Hour w/Sandy Atlas, A</p> <p>6:30 Evening Prayer Service, CR</p>	<p>19</p> <p>9:15 Scrabble, CR</p> <p>10:00 Claim Your Prize, CR</p> <p>10:30 Bingo, CR</p> <p>1:00 FIT to Pedal@, WC</p> <p>1:30 FIT to Stretch@, WC</p> <p>2:30 Outdoor Volleyball Game, P</p> <p>6:30 500 Club, PR</p> <p>6:30 Movie Night – Channel 19, FSL</p>	<p>20</p> <p>9:15 Bible Study w/Randy, L</p> <p>10:00 Rosary, FSL</p> <p>10:45 Community Worship Service, A</p> <p>1:00 Bridge, PR</p> <p>2:45 Eagan High School Grand March, A</p> <p>6:30 Cribbage/500 Club, PR</p>														
	<p>21</p> <p>10:30 Coffee Talk, CR</p> <p>1:00 Bingo, CR</p> <p>2:00 Root Beer Float Social, CR</p> <p>3:00 Julie B. Music Studio Recital, A</p> <p>6:30 Evening Movie, FSL</p>	<p>22</p> <p>9:30 Monday Meditation, AC</p> <p>10:30 Ages Entwined@: Reading Buddies, L</p> <p>11:00 Chorus Practice, AC</p> <p>1:00 Art Hour, AC</p> <p>2:00 Book Club, FSL</p> <p>2:15 FIT to Balance@, WC</p> <p>2:45 Monday Malts, CR</p> <p>3:30 Word Games, A</p> <p>6:30 Music & Cocktails on the Patio, DRP</p>	<p>23</p> <p>9:30 Tuesday Tea, CR</p> <p>10:00 FIT to Be Strong@, WC</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 Nature Club, A</p> <p>3:00 Welcome Party, CR</p> <p>6:30 Cribbage, L</p>	<p>24</p> <p>9:30 Hand & Aroma Massage, FSL</p> <p>10:00 Catholic Mass, A</p> <p>11:15 FIT to Pedal@, WC</p> <p>1:00 Manicures, CR</p> <p>1:30 Your Story Matters, AC</p> <p>2:45 FIT to Balance@, WC</p> <p>3:00 FIT to Stretch@, WC</p> <p>3:00 May Birthday Party, A</p> <p>6:30 Bingo, CR</p>	<p>25</p> <p>9:30 Coffee Crew, CR</p> <p>10:30 Valiant Veterans@ Club, CR</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>1:30 FIT to Be Strong@, WC</p> <p>3:00 Happy Hour, A</p> <p>6:30 Evening Prayer Service, CR</p>	<p>26</p> <p>RAMADAN BEGINS AT SUNDOWN</p> <p>9:15 Scrabble, CR</p> <p>10:30 Memorial Day Program, A</p> <p>1:00 FIT to Pedal@, WC</p> <p>1:30 FIT to Stretch@, WC</p> <p>3:00 Loving Service, AC</p> <p>6:30 500 Club, PR</p> <p>6:30 Movie Night – Channel 19, FSL</p>	<p>27</p> <p>9:15 Bible Study w/ Randy, L</p> <p>10:00 Rosary, FSL</p> <p>10:45 Community Worship Service, A</p> <p>1:00 Bridge, PR</p> <p>3:00 Horse Race Game, A</p> <p>6:30 Cribbage/500 Club, PR</p>														
	<p>28</p> <p>10:30 Coffee Talk, CR</p> <p>1:00 Bingo, CR</p> <p>2:00 Iced Tea on the Patio, P</p> <p>3:00 Piano w/Margaret, A</p> <p>6:30 Evening Movie, FSL</p>	<p>29</p> <p>MEMORIAL DAY</p> <p>9:30 Monday Meditation, AC</p> <p>11:00 FIT to Balance@, WC</p> <p>12:15 Word Games, A</p> <p>3:00 Paino w/Jake, A</p>	<p>30</p> <p>9:30 Tuesday Tea, CR</p> <p>10:00 FIT to Be Strong@, WC</p> <p>11:15 FIT to Be Strong@: Class B, WC</p> <p>3:00 Design on a Dime, CR</p> <p>6:30 Cribbage, L</p>	<p>31</p> <p>9:30 Hand & Aroma Massage, FSL</p> <p>11:15 FIT to Pedal@, WC</p> <p>12:00 Como Zoo Outing, Van</p> <p>1:00 Manicures, CR</p> <p>1:30 Your Story Matters, AC</p> <p>2:45 FIT to Balance@, WC</p> <p>3:00 FIT to Stretch@, WC</p> <p>6:30 Bingo, CR</p>	<p>Locations</p> <table> <tr> <td>Activity Center, AC</td> <td>Fireside Lounge, FSL</td> <td>Second Floor Lounge,</td> </tr> <tr> <td>Atrium, A</td> <td>Library, L</td> <td>2nd</td> </tr> <tr> <td>Center Courtyard, CTYD</td> <td>Lobby, LOB</td> <td>Third Floor Lounge, 3rd</td> </tr> <tr> <td>Clubroom, CR</td> <td>Patio by the Pond, P</td> <td>Van Transportation, Van</td> </tr> <tr> <td>Dining Room Patio, DRP</td> <td>Poker Room, PR</td> <td>Wellness Center, WC</td> </tr> </table>			Activity Center, AC	Fireside Lounge, FSL	Second Floor Lounge,	Atrium, A	Library, L	2nd	Center Courtyard, CTYD	Lobby, LOB	Third Floor Lounge, 3rd	Clubroom, CR	Patio by the Pond, P	Van Transportation, Van	Dining Room Patio, DRP	Poker Room, PR
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Life Enriching Opportunities

Outings for the month of May:

Wednesday, May 3: Spring has sprung van tour! Join us as we go for a ride in the van to enjoy the spring colors. the van will depart at **1 p.m.**

Wednesday, May 10: Jensen's Food & Cocktail Dinner outing. the van will depart at **4 p.m.**

Wednesday, May 17: Monthly movie outing to Regal Eagan 16 Theatre. Movie and time of movie to be announced. Van will depart at noon.

Tuesday, May 31: Join us for a fun day at the Como Zoo! We will depart at **12 p.m.**

For all of our outings, please see the sign-up book. the book is located in the hallway on the way to the beauty shop!

Life Enriching Opportunities:

Tuesday, May 2: the Eagan Men's Chorus will be performing for us at **6:45 p.m.** in the Atrium. the Chorus' wide repertoire includes Gospel, Pop & Show tunes, Patriotics, Spirituals and the Classics. the Chorus' huge sheet music library includes favorite arrangements of the works of well known classic and contemporary composers.

Friday, May 5: Let's Celebrate Cinco De Mayo with margaritas and chips and salsa on the Patio! Join us at **3 p.m.** on the Patio by the Pond!

Thursday, May 11: the Eden Prairie Community Band is an adult community band of over 60 musicians with most but not all coming from Eden Prairie, Minn. the group was organized in 1973 and is under the direction of Tom Muehlbauer. Join us at **7:30 p.m.** in the Atrium to hear this wonderful performance.

Friday, May 12: **10 a.m.-2 p.m.** in the Atrium. the Market...Your in-house shopping experience! the Market is presented to you by Peggy Connects. We have a wide variety of handcrafted goods and services including: Scented Handcrafted Soaps, Natural Skin Care Products, Specialty Bakery Goods, Fresh Floral Arrangements, Gourmet Coffee

Blends, Handcrafted Jewelry Note & Gift Cards, Essential Oils, Tea Samples, Quality Gifts & Much More Independent Living Aids & Services.



Sunday, May 14: in honor of all of the mothers and honorary moms, please join us for Mother's Day Tea and piano music by Margaret at **3 p.m.** in the Atrium.

Monday, May 15: Join us at **7 p.m.** in the Atrium to hear Chapel Strings. Chapel Strings has been a part of the Twin Cities music scene for over 50 years. Currently composed of about 30 musicians (violins, violas, cellos, basses, one or two flutes and piano), our repertoire consists of both classical and popular music selections.

Wednesday, May 17: Bring your A-Game and join us for Puttin' on the Green. We will be meeting outside on the patio by the green at **3:30 p.m.**

Saturday, May 20: the Eagan High School Prom Grand March will take place in the Atrium at **2:45 p.m.**

Monday, May 22: What better way to enjoy the outdoors than with some music and a good cocktail. Join us for music

with Dan Newton and Cocktails on the Patio. the entertainment starts at **6:30 p.m.** on the Patio off of the Dining Room.

Tuesday, May 23: the Eagan Garden Club will be assisting us in brightening up the Commons with potted flowers for our outdoor patios! Come and get your hands dirty at **1:30 p.m.** on the patio by the pond.

Wednesday, May 24: We welcome all to come celebrate those residents who have a birthday in the month of May! Please join us in the Atrium at **3 p.m.** for music entertainment, birthday cake and fun!

Friday, May 26: at **10:30 a.m.**, we will be having a special Memorial Day Program in the Atrium. All are welcome to attend!

Wednesday, May 30: Bring your creative side and join us for Design on a Dime. Each month we pick a new project to create. the group takes place at **3 p.m.** in the Activity Center.

Favorite Derby Foods

The Kentucky Derby, the annual horse race called “the most exciting two minutes in sports,” is also famous for its festivities off the track, including food. Saddle up with these traditional Derby dishes.

Hot Brown: This hot, open-faced sandwich was named for where it was first served in 1926, the Brown Hotel, just miles from the Derby’s home, Churchill Downs. It’s made with thick slices of toasted bread that are layered with roasted turkey and tomatoes, covered with a cheese sauce, broiled, then topped with two slices of bacon and paprika.

Burgoo: There are hundreds of recipes for this hearty stew, which is a longtime tradition. Thick and spicy, it usually contains a blend of beef, pork, chicken or lamb simmered with a medley of vegetables, beans and seasonings.

Benedictine: in the early 1900s, Louisville, Ky., caterer Jennie Benedict combined cream cheese, cucumber and onion to make a savory spread. It is typically served on bread as a tea sandwich filling or used as a dip.

Chocolate-nut pie: a gooey, sweet filling that includes chocolate chips and pecans or walnuts atop a pastry crust make up this dessert, a staple at the Derby.



Resident Spotlight

Elaine C. grew up in Deerwood, Minn. Elaine got married after graduating high school. After getting married, Elaine moved to Minneapolis. After moving to Minneapolis, Elaine got a job at Dayton’s in the Sales Auditing Department. Bruce Dayton, Mark Dayton’s father, was in charge of Elaine’s department. Elaine has been married for 64 years and has known Don since she was nine years old. Elaine’s family was friends with her husband’s family. Elaine has two children, three grandchildren, and two great-grandchildren. Her son, Don, lives in Green Bay, Wisc., and was an electrical engineer. Her daughter, Cheryl, lives in Eagan, Minn., and works at a law firm in downtown Minneapolis. Elaine used to play bridge in her spare time. Elaine loves to play cards, read and work on puzzles. Elaine has been at the Commons for a few months now, and we are happy to call her our neighbor and friend!



Resident Birthdays

Gloria G., 1st
Eunice M., 2nd
Marge K., 3rd
Carolyn M., 6th
Connie S., 8th
Christine L., 11th
Swanny ., 17th
Marilyn S., 17th
Marian D., 24th
Kathy H., 27th

THE COMMONS
on MARICE

1380 Marice Drive
Eagan, MN 55121
651-688-9999



A PLATINUM SERVICE®
COMMUNITY MANAGED BY



The Goodman Group
Moments matter. Live them well.®

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Sandra Hick

Life Enrichment Director
Dani Minnick

Director of Marketing
Cathe Steinbach

Director of Community Relations
Mollie Lund

Director of Dining Services
Marilyn Wolff

Business Office Director
Laura Brathall

Housekeeping Director
Sue Bahrke

Maintenance Director
Bob Baumann

Spiritual Director
Rev. Joey Armstrong

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pictures and catch up on all the fun here at
The Commons on Marice. This is a great way
for family members and friends to stay connected!

