



CYPRESS PALMS

Senior Living



AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations First Floor Activity Room, AR 1 First Floor Lobby, LB 1 Fourth Floor Activity Room, AR 4 Learning Center, LC Outside, Out Pearl Essence Activity Room, PE 1 Pearl Essence Sun Porch, SUN Plaza, Plaza</p>	<p>Reservations, RSVP Sand Pearl Activity Room, SP 1 Sand Pearl Dining Room, SP 2 Sand Pearl Theatre, AMC Second Floor Fire Place, CA Third Floor Activity Room, AR 3 Third Floor Lobby, LB 3 Wellness Center, Bonsai</p>		<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 10:15 Dance Therapy w/Gina, AR 1 11:00 Fresh Air & Sunshine, Out 1:00 FIT to Pedal®, LB 1 1:00 Cocktails & Keys, LB 1 2:00 Bean Bag Toss, CA 2:00 Music w/Dori, CA 3:00 Armchair Travel VR, CA</p>	<p>Holy Communion 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:00 P.A.L.S. w/Maxx, CA 10:30 Prayer & Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Front Porch Singalongs, RL, Out 1:00 Gospel Hour w/Brenda & Paul, LB 1 1:00 Noodle Ball, CA 2:00 Noodle Ball, CA 5:30 Evening Social w/Linda, CA</p>	<p>Theme: Palm Trees 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Friday Morning Mix Up, SP 2 10:30 Front Porch Soccer, Out 1:00 Faces & Places Trivia, CA 2:00 Happy Hour w/ Joe Hayes, AR 1 3:30 Cypress Singers, AR 1</p>	<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 1:15 Chicken Soup Book Club, CA 1:30 Music Hour w/Rick Elkins, CA 2:00 Crossword Puzzles, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Jazz Music w/Brenda & Paul, LB 1</p>
<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:00 Fresh Air & Sunshine, Out 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA</p>	<p>Rootbeer Float Day! 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Entertainment w/Helena, CA 10:30 FIT to Stretch®, CA 11:00 Chi Chi & Yoga, AR 1 1:00 Balloon Volleyball, AMC 2:00 Happy Hour w/John Barba, AR 1 3:00 August Centerpiece Creation, SUN 3:30 Outside Trivia, Out 5:30 Music w/James, CA</p>	<p>Anniversary: Purple Heart 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:15 P.A.L.S. W/Rico, LC 10:30 Violin w/Martha, CA 1:00 Entertainment w/David, CA 2:00 Back Porch Reminiscing, Out 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 10:15 Zumba Gold w/Amber, AR 1 11:00 Fresh Air & Sunshine, Out 12:00 Valiant Veterans Luncheon, AR 1 1:00 FIT to Pedal®, LB 1 1:00 Cocktails & Keys, LB 1 2:00 Music w/Good Vibes, CA 3:00 Armchair Travel VR, CA</p>	<p>Holy Communion International Friendship Day 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:00 P.A.L.S. w/Lola, CA 10:30 Ages Entwined® Cooking, AR 1 10:30 Prayer & Share, AR 4 1:00 Noodle Ball, CA 2:00 Movie & Popcorn Night, AMC 5:30 Evening Social w/Bill, CA</p>	<p>Theme: Tacky Day 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Friday Morning Mix Up, SP 2 10:30 Front Porch Soccer, Out 1:00 Family Feud, AMC 1:30 Krazy Ice Cream Truck!, Out 2:00 Happy Hour w/Steve Middents, AR 1 3:30 Cypress Singers, AR 1</p>	<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 1:15 Chicken Soup Book Club, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Will & Michelle, LB 1</p>
<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:00 Fresh Air & Sunshine, Out 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Entertainment w/Helena, CA 10:30 FIT to Stretch®, CA 11:00 Chi Chi & Yoga, AR 1 1:00 Balloon Volleyball, AMC 2:00 Happy Hour w/Antonio, AR 1 3:30 Outside Trivia, Out 4:15 Committee Meeting w/Jess, CA 5:30 Entertainment: Two Peace Band, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Guy & Bob's Worship Service, CA 10:15 Tai Chi w/Bonnie, LB 1 11:00 Back Porch Reminiscing, Out 1:00 Laundry Day!, AMC 2:00 Bean Bag Toss, CA 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 10:15 Dance Therapy w/Gina, AR 1 11:00 Fresh Air & Sunshine, Out 1:00 FIT to Pedal®, LB 1 1:30 St. Paul's Communion Service, AR 1 2:00 Music Therapy w/Mary M., CA 3:00 Armchair Travel VR, CA</p>	<p>Holy Communion 8:00 Breakfast Club, AR 1 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:00 P.A.L.S. w/Maxx, CA 10:30 Prayer & Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Front Porch Singalongs, RL, Out 1:00 Noodle Ball, CA 2:00 Treasures of the Heart®, CA 3:00 Movie & Popcorn Night, AMC 5:30 Evening Social w/Linda, CA</p>	<p>Theme: Multicultural 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 10:00 Multicultural Fair!, LB 1 10:30 Front Porch Soccer, Out 1:00 Faces & Places Trivia, CA 1:30 Bulgarian "Sharenitsa" Dancers, LB 1 2:00 Diddgeridoo Down Under!, AR 1 3:30 Cypress Singers, AR 1</p>	<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 1:15 Chicken Soup Book Club, CA 2:00 Crossword Puzzles, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Johnny R!, LB 1</p>
<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:00 Fresh Air & Sunshine, Out 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Entertainment w/Helena, CA 10:30 FIT to Stretch®, CA 11:00 Chi Chi & Yoga, AR 1 1:00 Balloon Volleyball, AMC 2:00 Piano Bar w/Eric, AR 1 3:30 Outside Trivia, Out 5:30 Music w/James, CA</p>	<p>National Senior Citizens Day 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:15 P.A.L.S. W/Rico, LC 10:30 Violin w/Martha, CA 1:00 Entertainment w/David, CA 2:00 Back Porch Reminiscing, Out 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 10:15 Zumba Gold w/Amber, AR 1 11:00 Fresh Air & Sunshine, Out 12:00 Caregivers' Support Group, SP 2 1:00 FIT to Pedal®, LB 1 1:00 Cocktails & Keys, LB 1 2:00 Music w/Good Vibes, CA 3:00 Armchair Travel VR, CA</p>	<p>Holy Communion 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:00 P.A.L.S. w/Lola, CA 10:30 Prayer & Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Front Porch Singalongs, RL, Out 1:00 Noodle Ball, CA 2:00 SINGO!, AMC 3:00 Movie & Popcorn Night, AMC 5:30 Evening Social w/Bill, CA</p>	<p>Theme: Sunglasses 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Friday Morning Mix Up, SP 2 10:30 Front Porch Soccer, Out 1:00 Family Feud, AMC 2:00 Happy Hour w/Dale Williams, AR 1 3:30 Cypress Singers, AR 1</p>	<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 11:00 Crossword Puzzles, CA 1:15 Chicken Soup Book Club, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Mark Ralston, LB 1</p>
<p>9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:00 Fresh Air & Sunshine, Out 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Entertainment w/Helena, CA 10:30 FIT to Stretch®, CA 11:00 Chi Chi & Yoga, AR 1 1:00 Balloon Volleyball, AMC 2:00 Happy Hour w/Will & Michelle, AR 1 3:30 Outside Trivia, Out 5:30 Entertainment: Two Peace Band, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:15 Tai Chi w/Bonnie, LB 1 11:00 Back Porch Reminiscing, Out 1:00 Laundry Day!, AMC 2:00 Bingo!, AMC 3:00 Pray the Rosary, AR 1 4:00 Treasures of the Heart®, CA</p>	<p>8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Shark Bite Snack, SP 2 11:00 Fresh Air & Sunshine, Out 1:00 Cocktails & Keys, LB 1 1:00 FIT to Pedal®, LB 1 2:00 Bean Bag Toss, CA 3:00 Armchair Travel VR, CA</p>	<p>Holy Communion 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT to Be Strong®, LB 1 10:30 Prayer & Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Front Porch Singalongs, RL, Out 1:00 Noodle Ball, CA 2:00 Painting w/Kathy, SP 2 3:00 Movie & Popcorn Night, AMC</p>	<p>Theme: Cowboys 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Friday Morning Mix Up, SP 2 10:30 Front Porch Soccer, Out 1:00 Slideshow Trivia: The Fair, AMC 1:30 Line Dancing!, LB 1 2:00 Western Hoedown w/Johnny Cash, AR 1 3:30 Cypress Singers, AR 1</p>	<p>Calendars are subject to change. Please refer to daily program sheets for any changes.</p>