



CYPRESS PALMS

Senior Living



FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations First Floor Activity Room, AR 1 First Floor Lobby, LB 1 Fourth Floor Activity Room, AR 4 Learning Center, LC Outside, Out Pearl Essence Activity Room, PE 1		Pearl Essence Sun Porch, SUN Plaza, Plaza Reservations, RSVP Sand Pearl Activity Room, SP 1 Sand Pearl Dining Room, SP 2 Sand Pearl Theatre, AMC	Second Floor Fire Place, CA Third Floor Activity Room, AR 3 Third Floor Lobby, LB 3 Wellness Center, Bonsai		8:45 Montessori Morning Routine, CA 1 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 9:45 Friday Morning Mix Up, SP 2 10:30 Soccer, CA 1:00 Trivia RC 2:00 Happy Hour w/ Diana Hill, AR 1 3:30 Cypress Singers, AR 1 4:15 Treasures of the Heart®, CA	GROUNDHOG DAY 2 9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 1:15 Chicken Soup Book Club, CA 1:30 Music Hour w/Rick Elkins, CA 2:00 Crossword Puzzles, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Jazz Music w/Brenda & Paul, LB 1
9:30 Montessori Morning Routine, CA 3 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA	8:45 Montessori Morning Routine, CA 4 9:00 Morning Gazette, SP 1 9:45 Balloon Game RC 10:30 FIT RC 11:00 Piano w/Germaine, LB 1 11:00 Yoga w/Chi Chi, CA 1:00 Trivia RC 2:00 Happy Hour w/John Barba, AR 1 3:00 Front Porch RC, Out 3:30 Spirituality Circle RL, CA 5:30 Entertainment: Two Peace Band, CA	8:00 Breakfast Club, AR 1 5 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 Tai Chi w/Boni, AR 1 10:15 P.A.L.S. w/Rico, LC 10:45 Violin w/Martha, CA 1:00 Spirituals w/David, CA 2:00 Front Porch Reminiscing, Out 2:30 Committee Meeting RL 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1	8:45 Montessori Morning Routine, CA 6 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 10:15 Dance Therapy w/Gina, AR 1 11:00 Arts & Crafts RC 1:00 Piano w/Bryan, AR 1 2:00 Music w/Dori, CA 3:00 Fresh Air & Sunshine, Out 4:00 Game Night RC, SUN	Holy Communion 7 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:30 Prayer&Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Reading Group RL, CA 12:00 Resident Lunch, AR 1 1:00 Balloon Game RC 3:00 Thursday Matinee, AMC 5:30 Evening Social w/Bill, CA	8:45 Montessori Morning Routine, CA 8 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 9:45 Friday Morning Mix Up, SP 2 10:30 Soccer, CA 1:15 Garden Group, SUN 1:30 Taiko Drumming, LB 1 3:30 Cypress Singers, AR 1 4:15 Treasures of the Heart®, CA	Happy Birthday Helen! 9 9:30 Montessori Morning Routine, CA 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:30 Music w/Tim, CA 10:45 Hydration Station, CA 10:45 Trivia, CA 1:15 Chicken Soup Book Club, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Will & Michelle, LB 1
9:30 Montessori Morning Routine, CA 10 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA	8:45 Montessori Morning Routine, CA 11 9:00 Morning Gazette, SP 1 9:45 Balloon Game RC 10:30 FIT RC 11:00 Piano w/Germaine, LB 1 11:00 Yoga w/Chi Chi, CA 1:00 Trivia RC 2:00 Happy Hour w/Dale Williams, AR 1 3:00 Front Porch RC, Out 3:30 Spirituality Circle RL, CA 5:30 Evening Social w/James, CA	8:45 Montessori Morning Routine, CA 12 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 Tai Chi w/Boni, AR 1 11:00 Laundry Day RL, CA 1:00 Music w/James Elliot, CA 2:00 Front Porch Reminiscing, Out 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1	8:00 Omelette Bar w/Chef Matt 13 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 10:15 Zumba Gold w/Amber, AR 1 11:00 Make Music RL, CA 1:00 Piano w/Nick, LB 1 2:00 Music w/Good Vibes, CA 3:00 Arts & Crafts RC, SP 1 4:00 Game Night RC, SUN	VALENTINE'S DAY 14 Holy Communion 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 P.A.L.S. w/Maxx, CA 10:30 Ages Entwined® Cooking, AR 1 10:30 Prayer&Share, AR 4 11:00 Reading Group RL, CA 1:00 Balloon Game RC 2:00 Valentine's Day Tea Party, AR 1 3:00 Thursday Matinee, AMC 5:30 Evening Social w/Linda, CA	8:45 Montessori Morning Routine, CA 15 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 9:45 Friday Morning Mix Up, SP 2 10:30 Soccer, CA 1:00 Trivia RC 2:00 Happy Hour w/Maxi, AR 1 3:30 Cypress Singers, AR 1 4:15 Treasures of the Heart®, CA	9:30 Montessori Morning Routine, CA 16 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Trivia, CA 10:45 Hydration Station, CA 1:15 Chicken Soup Book Club, CA 2:00 Crossword Puzzles, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Johnny R, LB 1
9:30 Montessori Morning Routine, CA 17 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA	PRESIDENTS DAY 18 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 Balloon Game RC 10:30 FIT RC 11:00 Piano w/Germaine, LB 1 11:00 Yoga w/Chi Chi, CA 1:00 Trivia RC 2:00 Happy Hour w/Tony Thomas, AR 1 3:00 Front Porch RC, Out 3:30 Spirituality Circle RL, CA 5:30 Entertainment: Two Peace Band, CA	8:45 Montessori Morning Routine, CA 19 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 Tai Chi w/Boni, AR 1 10:15 P.A.L.S. w/Rico, LC 10:45 Violin w/Martha, CA 1:00 Spirituals w/David, CA 2:00 Front Porch Reminiscing, Out 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1	8:45 Montessori Morning Routine, CA 20 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 10:15 Dance Therapy w/Gina, AR 1 11:00 Arts & Crafts RC 2:00 Photo & Art Gallery, LB 1 2:00 Music Therapy w/Mary M., CA 3:00 Piano w/Eric, LB 1 3:00 Fresh Air & Sunshine, Out 4:00 Game Night RC, SUN	Holy Communion 21 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:30 Prayer&Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Reading Group RL, CA 12:00 Resident Lunch, AR 1 1:00 Gospel Hour w/Brenda & Paul, LB 1 2:00 Balloon Game RC, CA 3:00 Thursday Matinee, AMC 5:30 Evening Social w/Bill, CA	8:45 Montessori Morning Routine, CA 22 9:00 Morning Gazette, SP 1 9:15 Museum of Fine Arts Outing 9:30 Hydration Station, SUN 9:45 Friday Morning Mix Up, SP 2 10:30 Soccer, CA 1:00 Trivia RC 2:00 Academy Awards w/Val, AR 1 3:30 Cypress Singers, AR 1 4:15 Treasures of the Heart®, CA	9:30 Montessori Morning Routine, CA 23 9:45 Daily Devotion, CA 10:00 Current Events, CA 10:45 Hydration Station, CA 10:45 Trivia, CA 11:00 Crossword Puzzles, CA 1:15 Chicken Soup Book Club, CA 3:00 Johnny's Soda Shoppe, LB 1 3:00 Music w/Mark Ralston, AR 1
9:30 Montessori Morning Routine, CA 24 9:45 Daily Devotion, CA 10:00 Prince of Peace Church Service, AR 1 10:15 Current Events, CA 10:45 Hydration Station, CA 11:15 Trivia, CA 1:15 Book Club, CA 2:00 Nail Salon, SUN 3:00 Aromatherapy, CA	8:45 Montessori Morning Routine, CA 25 9:00 Morning Gazette, SP 1 9:45 Balloon Game RC 10:30 FIT RC 11:00 Piano w/Germaine, LB 1 11:00 Yoga w/Chi Chi, CA 1:00 Trivia RC 2:00 Happy Hour w/Will & Michelle, AR 1 3:00 Front Porch RC, Out 3:30 Spirituality Circle RL, CA 5:30 Evening Social w/James, CA	8:45 Montessori Morning Routine, CA 26 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 Tai Chi w/Boni, AR 1 11:00 Laundry Day RL, CA 12:00 Floor Birthday Party, SUN 1:00 Bean Bag Toss, CA 2:00 Front Porch Reminiscing, Out 3:00 Pray the Rosary, AR 1 3:30 Bingo, SP 1	8:45 Montessori Morning Routine, CA 27 9:00 Morning Gazette, SP 1 9:30 Hydration Station, SUN 10:15 Zumba Gold w/Amber, AR 1 11:00 Make Music RL, CA 1:00 Piano w/Vicky, LB 1 2:00 Music w/Good Vibes, CA 3:00 Arts & Crafts RC, SP 1 4:00 Game Night RC, SUN	Holy Communion 28 8:45 Montessori Morning Routine, CA 9:00 Morning Gazette, SP 1 9:45 FIT RC, LB 1 10:00 P.A.L.S. w/Maxx, CA 10:30 Prayer&Share, AR 4 10:30 Ages Entwined®, SP 2 11:00 Reading Group RL, CA 12:00 Valiant Veterans® Luncheon, AR 1 1:00 Balloon Game RC 2:00 Painting w/Kathy, SP 2 3:00 Thursday Matinee, AMC 5:30 Evening Social w/Linda, CA	Calendars are subject to change. Please refer to daily program sheets for any changes.	