Cypress Palms
Enhanced Assisted Living
In the ♥ of Pinellas County

MAY 2012

Locations

First Floor Activity Room, AR 1
First Floor Lobby, LB 1
Fourth Floor Activity Room, AR 4
Pearl Essence, PE 1
Sand Pearl, SP 2
Second Floor Library, AR 2
Third Floor Activity Room, AR 3
Wellness Center, Bonsai

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 Bocce Ball, LB 1 11:00 Parkinson's Exercise With Ian, AR 1 12:00 Parkinson's Educational Luncheon, AR 1 1:00 Inspiration and Song With David, LB 1 1:30 Bridge Club, AR 3 2:00 Blackjack, LB 1 3:00 Bible Study, AR 2 3:30 Wine and Cheese, LB 1 6:30 Pokeno, AR 3 7:00 Prince of Peace Church on Channel 96	**2** 9:30 Newspaper and Coffee, LB 1 9:30 Fitness With Ian, AR 1 10:30 Bowling, AR 1 10:30 Aquatic Swim Class, Must Pre-Register, Bonsai 1:00 Shoot Pool, AR 3 2:00 You Be the Judge, AR 3 3:00 Bingo, AR 3 4:00 Chair Massage With Ian, AR 3 4:00 Rummikub, AR 3 6:30 Brain Games With Ken, AR 3	**3** 9:30 Balloon Volleyball, AR 1 9:30 Newspaper and Coffee, LB 1 9:30 Holy Communion (All Floors) 10:00 Fit to Be Strong, Bonsai 10:00 Paraffin Hand Treatments, AR 1 10:30 Fun With Our "Grandfriends," AR 1 11:00 Progressive Muscle Relaxation, Bonsai 2:00 Golden Melodies/ Refreshments, AR 1 3:30 Wine & Cheese Social/ Music With Sharis, LB 1	**4** 9:30 Indoor Soccer, AR 1 9:45 Vocal Aerobics, LB 1 11:00 Strange News From Around the World, AR 3 11:00 Parkinson's Exercise With Ian, AR 1 1:00 Dominoes, LB 1 2:00 Music & Happy Hour With Tony Celi, AR 1 2:00 Patty's Produce, LB 1 3:15 Bunco, LB 1 7:00 Movie Night on Channel 96	**5** 9:30 Newspaper & Coffee, LB 1 10:30 Baking, AR 1 10:30 Current Events Disscussion Group, LB 1 11:00 Chair Massage With Ian, AR 1 1:00 Dominoes, LB 1 2:00 Cinco de Mayo Celebration, AR 1 **3:15 Depart for St. Catherine's Church** 7:00 Movie Night on Channel 96
6 **8:15 Depart for St. Paul's Methodist Church** 8:15 Depart for St. Catherine's Church 9:30 Newspaper and Coffee, LB 1 10:00 All Faith Worship at Regal 10:00 UNO Cards, AR 1 11:00 Corn Toss, AR 1 1:30 Bingo, AR 1 2:45 Sunday Sundaes, LB 1 7:00 Movie Night on Channel 96	**7** 9:30 Basketball, LB 1 10:00 Fit to Be Strong, Bonsai 11:00 Yoga With Lisa, AR 1 **11:30 Walmart Outing (RSVP)** 1:00 Dominoes, LB 1 2:00 Card Making, AR 4 3:00 Reflexology, AR 2 3:00 Sequence, AR 4 3:30 Wine and Cheese, LB 1 6:30 Cash Bingo, AR 3 7:00 African Violet Society Meeting, AR 1	**8** 10:00 Bocce Ball, LB 1 11:00 Parkinson's Exercise With Ian, AR 1 12:00 Stroke Survivors Educational Luncheon, AR 1 1:00 Art Workshop, AR 4 1:30 Bridge Club, AR 3 2:00 Blackjack, LB 1 3:00 Bible Study, AR 2 3:30 Wine and Cheese, LB 1 6:30 Pokeno, AR 3 7:00 Prince of Peace Church on Channel 96	**9** 9:30 Newspaper and Coffee, LB 1 9:30 Fitness With Ian, AR 1 10:30 Bowling, AR 1 10:30 Aquatic Swim Class, Must Pre-Register, Bonsai 1:00 Shoot Pool, AR 3 2:00 Carnival Games, AR 3 3:00 Bingo, AR 3 4:00 Chair Massage With Ian, AR 3 4:00 Rummikub, AR 3 6:30 Brain Games With Ken, AR 3	**10** 9:30 Balloon Volleyball, AR 1 9:30 Newspaper and Coffee, LB 1 9:30 Holy Communion (All Floors) 10:00 Fit to Be Strong, Bonsai 10:00 Paraffin Hand Treatments, AR 1 10:30 Fun With Our "Grandfriends," AR 1 11:00 Autogenic Training, Bonsai 2:00 Fellowship & Fun With the Salvation Army, AR 1 3:30 Wine & Cheese Social/ Music With Sharis, LB 1	**11** 9:30 T-Ball, AR 1 9:45 Vocal Aerobics, LB 1 10:00 St. Paul's Music Ministry, AR 3 11:00 Strange News From Around the World, AR 3 11:00 Parkinson's Exercise With Ian, AR 1 1:00 Dominoes, LB 1 2:00 Patty's Produce, LB 1 2:00 Music & Happy Hour With Steve!, AR 1 3:15 Bunco, LB 1 7:00 Movie Night on Channel 96	**12** 9:30 Newspaper & Coffee, LB 1 10:30 Baking, AR 1 10:30 Current Events Disscussion Group, LB 1 11:00 Chair Massage With Ian, AR 1 1:00 Bingo, AR 1 2:15 Ice Cream, AR 1 2:45 Corn Toss, AR 1 **3:15 Depart for St. Catherine's Church** 7:00 Movie Night on Channel 96
13 **MOTHER'S DAY** **8:15 Depart for St. Paul's Methodist Church** 8:15 Depart for St. Catherine's Church 9:30 Newspaper and Coffee, LB 1 10:00 All Faith Worship at Regal 10:00 UNO Cards, AR 1 11:00 Corn Toss, AR 1 2:00 Mother's Day Tea & Champagne Party, AR 1 7:00 Movie Night on Channel 96	**14** 9:30 Basketball, LB 1 10:00 Fit to Be Strong, Bonsai 11:00 Yoga With Lisa, AR 1 **11:30 Picnic in the Park (RSVP)** 12:45 "Kreative" Ceramics, AR 4 1:00 Dominoes, LB 1 3:00 Reflexology, AR 2 3:00 Sequence, AR 4 3:30 Wine and Cheese, LB 1 6:30 Cash Bingo, AR 3	**15** 10:00 Bocce Ball, LB 1 11:00 Parkinson's Exercise With Ian, AR 1 **11:30 Golf Cart to Keene Plaza (RSVP)** 12:00 Parkinson's Support Group 1:00 Inspiration and Song With David, LB 1 1:30 Bridge Club, AR 3 2:00 Blackjack, LB 1 3:00 Bible Study, AR 2 3:30 Wine and Cheese, LB 1 6:30 Pokeno, AR 3 7:00 Prince of Peace Church on Channel 96	**16** 9:30 Newspaper and Coffee, LB 1 9:30 Fitness With Ian, AR 1 10:30 Bowling, AR 1 10:30 Aquatic Swim Class, Must Pre-Register, Bonsai 1:00 Shoot Pool, AR 3 2:00 You Be the Judge, AR 3 3:00 Bingo, AR 3 4:00 Chair Massage With Ian, AR 3 4:00 Rummikub, AR 3 6:30 Brain Games With Ken, AR 3	**17** 9:30 Balloon Volleyball, AR 1 9:30 Newspaper and Coffee, LB 1 9:30 Holy Communion (All Floors) 10:00 Fit to Be Strong, Bonsai 10:00 Paraffin Hand Treatments, AR 1 10:30 Fun With Our "Grandfriends," AR 1 11:00 Progressive Muscle Relaxation, Bonsai 2:00 Pokeeno, AR 1 3:30 Wine & Cheese Social/ Music With Sharis, LB 1	**18** 9:30 Indoor Soccer, AR 1 9:45 Vocal Aerobics, LB 1 11:00 Strange News From Around the World, AR 3 11:00 Parkinson's Exercise With Ian, AR 1 1:00 Dominoes, LB 1 2:00 Music & Happy Hour With Antonio, AR 1 2:00 Patty's Produce, LB 1 3:15 Bunco, LB 1 7:00 Movie Night on Channel 96	**19** 9:30 Newspaper & Coffee, LB 1 10:30 Baking, AR 1 10:30 Current Events Disscussion Group, LB 1 11:00 Chair Massage With Ian, AR 1 1:00 Bingo, AR 1 2:15 Ice Cream, AR 1 2:45 Corn Toss, AR 1 **3:15 Depart for St. Catherine's Church** 7:00 Movie Night on Channel 96
20 **8:15 Depart for St. Paul's Methodist Church** 8:15 Depart for St. Catherine's Church 9:30 Newspaper and Coffee, LB 1 10:00 All Faith Worship at Regal 10:00 UNO Cards, AR 1 11:00 Corn Toss, AR 1 1:30 Bingo, AR 1 2:45 Sunday Sundaes, LB 1 7:00 Movie Night on Channel 96	**21** 9:30 Basketball, LB 1 10:00 Fit to Be Strong, Bonsai 11:00 Yoga With Lisa, AR 1 **11:30 Red Hatters to E & E (RSVP)** 12:45 Kreative Ceramics, AR 4 1:00 Dominoes, LB 1 2:00 Card Making, AR 4 3:00 Reflexology, AR 2 3:00 Sequence, AR 4 3:30 Wine and Cheese, LB 1 6:30 Cash Bingo, AR 3	**22** 10:00 Bocce Ball, LB 1 11:00 Parkinson's Exercise With Ian, AR 1 12:00 Stroke Survivors Support Group, AR 1 1:00 Art Workshop, AR 4 1:30 Bridge Club, AR 3 2:00 Blackjack, LB 1 3:00 Bible Study, AR 2 3:30 Wine and Cheese, LB 1 6:30 Pokeno, AR 3 7:00 Prince of Peace Church on Channel 96	**23** 9:30 Newspaper and Coffee, LB 1 9:30 Fitness With Ian, AR 1 10:30 Bowling, AR 1 10:30 Aquatic Swim Class, Must Pre-Register, Bonsai 1:00 Shoot Pool, AR 3 2:00 Fashion Show With the Cypress Models, AR 1 3:00 Bingo, AR 3 4:00 Chair Massage With Ian, AR 3 4:00 Rummikub, AR 3 6:30 Brain Games With Ken, AR 3	**24** 9:30 Balloon Volleyball, AR 1 9:30 Newspaper and Coffee, LB 1 9:30 Holy Communion (All Floors) 10:00 Paraffin Hand Treatments, AR 1 10:30 Fun With Our "Grandfriends," AR 1 11:00 Autogenic Training, Bonsai 2:00 Pokeeno, AR 1 3:30 Wine & Cheese Social/ Music With Sharis, LB 1	**25** 9:30 T-Ball, AR 1 9:45 Vocal Aerobics, LB 1 10:00 St. Paul's Music Ministry, AR 3 11:00 Strange News From Around the World, AR 3 11:00 Parkinson's Exercise With Ian, AR 1 1:00 Resident Town Hall Meeting, AR 3 1:00 Dominoes, LB 1 2:00 Music & Happy Hour With Kathy, AR 1 2:00 Patty's Produce, LB 1 3:15 Bunco, LB 1 7:00 Movie Night on Channel 96	**26** 9:30 Newspaper & Coffee, LB 1 10:00 Gluten Support Group 10:30 Baking, AR 1 10:30 Current Events Disscussion Group, LB 1 11:00 Chair Massage With Ian, AR 1 1:00 Bingo, AR 1 **2:00 Valiant Veterans Club Celebration (RSVP)** 2:15 Ice Cream, AR 1 2:45 Corn Toss, AR 1 **3:15 Depart for St. Catherine's Church** 7:00 Movie Night on Channel 96
27 **8:15 Depart for St. Paul's Methodist Church** 8:15 Depart for St. Catherine's Church 9:30 Newspaper and Coffee, LB 1 10:00 All Faith Worship at Regal 10:00 UNO Cards, AR 1 11:00 Corn Toss, AR 1 1:30 Bingo, AR 1 2:45 Sunday Sundaes, LB 1 7:00 Movie Night on Channel 96	**28** **MEMORIAL DAY** 9:30 Basketball, LB 1 11:30 Memorial Day Picnic, AR 1 12:30 Special Music With Larry Lewis, AR 1 1:30 Sequence, AR 4 6:30 Cash Bingo, AR 3	**29** 10:00 Bocce Ball, LB 1 11:00 Parkinson's Exercise With Ian, AR 1 1:30 Bridge Club, AR 3 2:00 Monthly Birthday Party, AR 1 2:00 Blackjack, LB 1 3:00 Blackjack, AR 1 3:00 Bible Study, AR 2 3:30 Wine and Cheese, LB 1 6:30 Pokeno, AR 3 7:00 Prince of Peace Church on Channel 96	**30** 9:30 Newspaper and Coffee, LB 1 9:30 Fitness With Ian, AR 1 10:00 Larry the Watch Guy, LB 1 10:30 Bowling, AR 1 10:30 Aquatic Swim Class, Must Pre-Register, Bonsai 1:00 Shoot Pool, AR 3 2:00 Crosswords/Scrabble, AR 3 3:00 Bingo, AR 3 4:00 Chair Massage With Ian, AR 3 4:00 Rummikub, AR 3 6:30 Brain Games With Ken, AR 3	**31** 9:30 Balloon Volleyball, AR 1 9:30 Newspaper and Coffee, LB 1 9:30 Holy Communion (All Floors) 10:00 Paraffin Hand Treatments, AR 1 10:30 Fun With Our "Grandfriends," AR 1 11:00 Progressive Muscle Relaxation, Bonsai 2:00 Resident Food Committee Meeting, AR 1 3:30 Wine & Cheese Social/ Music With Sharis, LB 1	Calendar events subject to change.		

Q-125/2