

GOOD Life News

at Cypress Palms

APRIL 2018

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Employee of the Month: Jay Galleta

Jay is our wonderful Floor Tech who works in Maintenance and Housekeeping. He has been with Cypress Palms for 19 months now! He is from Staten Island in New York and states that he has driven by the Statue of Liberty a dozen times but has only actually gone to see it once! When asked what he does in his spare time, he states that he just loves to fix things! This is definitely the perfect job for him, then! Jay's positive attitude and his willingness to help our residents and other departments are part of what makes him a great employee here at Cypress Palms. We can always count on Jay to go above and beyond any task. Thank you for all you do, Jay!



Our Talk. Our Walk. Every Day!

Our Platinum Service[®] program is the centerpiece of our promise to each of our residents, families and all those we serve to deliver the highest quality of service on a legendary scale. At The Goodman Group, this program transcends everything we do. It is intrinsic to our culture and woven into the fabric of who we are. We respect our residents and guests and promise to create a positive and enriching experience to gain lifetime loyalty.

Our Platinum Service[®] Pledge

"Providing unparalleled service is the focus of our team efforts and my main personal role. I am committed to following and supporting our service philosophy."

Senior Prom Family Night

Who says our "seniors" can't party like it's 1920?!

In May, Cypress Palms residents, along with their families, will be having their very own Senior Prom with the theme Roaring Twenties! From limo rides, to Prom King and Queen, to glamorous dresses, it will be an evening to remember!

In order to make this the experience of a lifetime, we need your help! Please send photos of your high school senior prom or even just pictures from high school! We will be putting together a special slideshow to present during the event. Also, think about who you would want to nominate for King and Queen (even yourself!), and let Jessica in Life Enrichment know as soon as possible!

This will be the event of the year you definitely won't want to miss!



Resident Spotlight: Janet G!

Janet was born in Waterville, Maine. She started working for the IRS on her 19th birthday and continued for 36 years! Janet states that she loved her job because she got to help people save money on their taxes, and she loves to help people! Janet eventually went on to be the instructor for IRS in Washington, D.C., and then became the chief of IRS in the state of Maine. Janet loves to travel and has been coming to Florida for a number of years. She is the middle child of seven and has 51 nieces and nephews total (wow!). Janet owns a small hotel in Maine, and her family goes there a lot to visit. Janet enjoys her life here at Cypress Palms and especially enjoys playing cards and going to the movies. She loves to meet new people, so make sure you stop and say hello when you see her in the hallway!



Spirituality Spotlight

Many of you have already met our Spiritual Assistant Maryann Gillooly. We are now working side-by-side to support your spiritual needs here at Cypress Palms. In addition to programming, we spend most of our time in one-to-one visits with residents in their apartments. Please know we value our time with you and are here when you need us. Just give us a ring at 727-674-4687!

I am also pleased to announce that, beginning in April, we will be offering a Christian worship service with communion on the fourth Wednesday of each month at 1:30 p.m. We will begin on Wednesday, April 25, in AR1. The service will be led by the Pastoral Staff at nearby St. Paul United Methodist Church. They will offer a scripture message, communion and a hymn or two. All are welcome!

— Becca

Book Club: *Little Fires Everywhere*

Pick up a copy from Jessica in Life Enrichment! The next book club will be meeting on Wednesday, April 18, at 2 p.m.

Little Fires Everywhere:

In Shaker Heights, a placid, progressive suburb of Cleveland, everything is planned — from the layout of the winding roads, to the colors of the houses, to the successful lives its residents will go on to lead. And no one embodies this spirit more than Elena Richardson, whose guiding principle is playing by the rules.

Enter Mia Warren — an enigmatic artist and single mother who arrives in this idyllic bubble with her teenage daughter, Pearl, and rents a house from the Richardsons. Soon Mia and Pearl become more than tenants: all four Richardson children are drawn to the mother-daughter pair. But Mia carries with her a mysterious past and a disregard for the status quo that threatens to upend this carefully ordered community.

Little Fires Everywhere explores the weight of secrets, the nature of art and identity, and the ferocious pull of motherhood — and the danger of believing that following the rules can avert disaster.

April Is Volunteer Appreciation Month

It's not for the money,
It's not for the fame,
It's not for any personal gain,
It's just for the love of fellow man,
It's just to lend a helping hand.

It's just to give a tithe of self,
That's something you can't buy with wealth.
It's not for medals won with pride,
It's not for that feeling deep inside.

Your reward is found down in your heart.
It's a feeling that you've been a part of
Helping others far and near that
Makes you become a volunteer!

Thank you to all of our wonderful volunteers for all you do each and every day!



New Neighbor Welcome

Please welcome:

Mary F.
Josephine H.

Henry C.
Ellen R.

Robert D.
Melvin R.

April Theme Days

Please join us in celebrating these fun April theme days this month!

Friday, April 6: Pastel for Easter

Friday, April 20: Spring Colors for the Spring Fling

Friday, April 13: Blue and Yellow for April Showers

Friday, April 27: Green for Arbor Day

Wednesday, April 18: Baseball Shirt/ Jersey for the Rays game

Spring Fling: April 20

Please join us on April 20 for a Spring Fling! Vendor's such as Clanze's Woodworking, Infused Glass Jewelry, Bling it On, Kona Ice, Paula's Beading, LulaRoe Fashion, among others, will be here to sell their special product! Along with shopping, come down and enjoy face painting, a live petting zoo, a balloon twister and entertainment! just think of it as an anti-spring cleaning event, and shop till your heart's content! The fun starts at 10 a.m.!



Following the Spring Fling, stick around for a "Senior" Spring Break Keg Party at 2 p.m.! With a keg, Red solo cups and beach music, we will definitely be reliving our Spring Break college days!

Life Enrichment Outings

Tuesday, April 3, at 10:30 a.m.: Lunch at Frida's Cafe

Tuesday, April 17, at 11:15 a.m.: Man Cave Outing to Ford's Garage

Wednesday, April 25, at 12:15 p.m.: Centenarian Birthday Party

Wednesday, April 11 at 1:30 p.m.: Royal Palms Players: Fifty Nifty United States

Wednesday, April 18, at 11:45 a.m.: Ray's Game at Tropicana Field

Friday, April 27, at 4 p.m.: Dinner at McDonald's

Friday, April 13, at 4 p.m.: Dinner at PJ's Oyster Bar

Tuesday, April 24, at 10 a.m.: Shopping at Target and Lunch

Please sign up with Life Enrichment as soon as possible, as seating is limited.

Resident Birthdays

Madge P., 7th
William M., 15th
Larry S., 17th

Robert D., 22nd
Nancy B., 26th
Joan K., 27th

Alma H., 30th

Employee Birthdays

Diane Lewis, 4th
Antionette Strickland, 4th

Shelby Perez, 13th
Lum Odette, 13th
Carolyn Fischer, 21st

Denise Noyes, 26th
Marnie Matheny, 27th
Martha Castro, 28th

Photos of the Month



Mary M. clinging to our special guest, Toto, during the Wizard of Oz Tea Party.



Carol S. photobombing Keith S. at the Strawberry Festival!



Statia L. and her daughter enjoying the Chinese New Year photo booth!



CYPRESS PALMS

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ALF #8113

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Kay Sherman

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Becca Bass

Rays vs. Rangers

Take me out to the ballgame!
Cypress is heading to Tropicana Field to catch a Rays game! The Rays will be playing the Texas Rangers. We will be packing a lunch and enjoying the game on April 18 at 11:45 a.m., with the game starting at 1:10 p.m. Tickets are \$15 each. Sign up with Life Enrichment as soon as possible, as seating is limited!



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Visit facebook.com/CypressALF to see pictures and catch up on all the fun here at Cypress Palms. This is a great way for family members and friends to stay connected!