

GOOD Life News

at Cypress Palms

DECEMBER 2017

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Ho Ho Ho Holiday Party

Our Resident Holiday Party will be on Friday, Dec. 15, at 2 p.m. Come and enjoy Santa and Mrs. Claus, Holiday entertainment by Keith Coleman and Ruby Tuesday, eggnog, candy canes, visitors from the Learning Center and Children's Center, and lots and lots of presents! Stick around for a special performance from your very own Cypress Singers after the party!



Holiday Tree Lighting

Come down on Dec. 5, at 6 p.m., and watch as the Lobby comes to life! We will be having a Holiday Tree Lighting party as we turn on all of the Christmas lights together. Live music, Christmas carolers and a cookie and hot chocolate station are just some of the events happening during our Tree Lighting. We will also have a special surprise visit from Santa you won't want to miss! Put on your Christmas sweater and come enjoy this wonderful event with family and friends to get you into the Holiday spirit!



Christmas Lights

We will be taking the bus to see the Christmas lights on two different occasions this holiday season: Dec. 14 and Dec. 21. Also, on Dec. 11, we will be taking a trip around the Palms to see each building lit up for the holidays (special glasses provided). If you would like to attend on any of those dates, please sign up the day before. Seating is limited and the bus fills up fast, so please sign up as soon as possible!

**Our Talk.
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Standard #17**

"I am committed to my ongoing development. Knowledge and skills are essential in creating a great experience for our residents."

We use this Platinum Service mission in all we do to create a wonderful, safe and friendly community for our residents to call home. When we live up to the mantra of "Putting you at the heart of everything we do," we know that residents, families and team members are enjoying a positive, enriching experience each day. Understanding how to better serve our residents and families is very important to us. It helps make us contributing and supportive members of the community we serve!

New to Cypress Palms

Surrounding the Cypress library table laden with autumn foliage, flowers and pumpkin favors, new residents Margaret H., John B., Bill M., Ross R., Walter and Evelyn L., and Andree M. enjoyed meeting each other and sharing lunch. Hosted by resident Carmen S., Michelle Cooper, Marketing Director, and Kay Sherman, Ambassador, the conversation ice breaker "Where are you from" laid the ground for lively discussions. There were five retired teachers (two were football coaches as well), a minister, banker, four veterans and a trauma medical assistant to some of the most prestigious surgeons all over the world. Collectively, there were seven masters degrees, a seminary graduate and residents who were born in Canada, Germany and the US. Everyone had a great time, took memories and had a desire to meet each other again at Cypress Palms. There will be another New Neighbor Luncheon on Dec. 6 for all of the new residents who moved in in the month of October; please sign up with Kay Sherman if you are interested.

New Neighbor Welcome

Please welcome:

Martha C.	Donna C.	Ralph H.
Anthony M.	Carol S.	Carol H.
George B.	Anna F.	

Holiday Bazaar and Bake Sale

On Dec. 11, come down to the Lobby to get some Holiday shopping done! We will have a variety of vendors including Mary Kay, BonWorth, Nancy Has Bags, Rita's Handmade Soaps, Aunt Neci's Specialty Foods, Paula's Jewelry, Origami Owls, Small Christmas Trees, Bling it On, Lula Roe clothing, and much much more! They will be here from 10 a.m. to 2 p.m., so don't miss this shopping opportunity!

Along with these great vendors, we will also be having a Bake Sale! Please let Jessica in Life Enrichment know if you would like to donate a treat to be sold during the Bake Sale; all proceeds will go to benefit the Staff Holiday Fund.



Holiday Variety Show

It's a Holiday Spectacular Variety Show! Come watch residents and staff perform a variety of unique skills and talents on Dec. 14! If you can do it, we can show it, so please sign up with Jessica in Life Enrichment to reserve your spot in the lineup! We will take any type of act: big or little, crazy or tame!



Christmas Lunch

We will be serving a beautiful and tasty Christmas Lunch on Dec. 25, at 12 p.m. The menu will consist of Mixed Greens with Spiced Pecans and Strawberries, Prime Rib, Lobster Thermidor, Mashed Potatoes, Asparagus, and Sweet Potato Pie. Bryan Lewis will be the classy performer on the piano for the afternoon, and we will have a special surprise visit during the meal! If you would like to attend, please sign up at the Front Desk by Dec. 18.

Spirituality Spotlight

During this festive season, our traditions help us connect with families and friends and with one another. Our tree lighting celebration, our celebration of the season of Hanukkah, the special meals and parties we will share, all bring us together and for that we are grateful.

In the spirit of giving, we are doing a lobby collection for personal care items for children in the pediatric unit at Sabal Palms. This will be our Palms with a Purpose activity for December. We will wrap what is collected on Thursday, Dec. 21, at 10 a.m., in place of Prayer and Share, so we can play "Santa" for the children.

Some among us struggle during the holidays with feelings of sadness or grief as we miss those dear to us. If this is true for you, consider attending Aging Gracefully on Monday, Dec. 18, at 11 a.m. Maureen Connors will lead this educational program "Dealing with Grief and Loss During the Holidays."

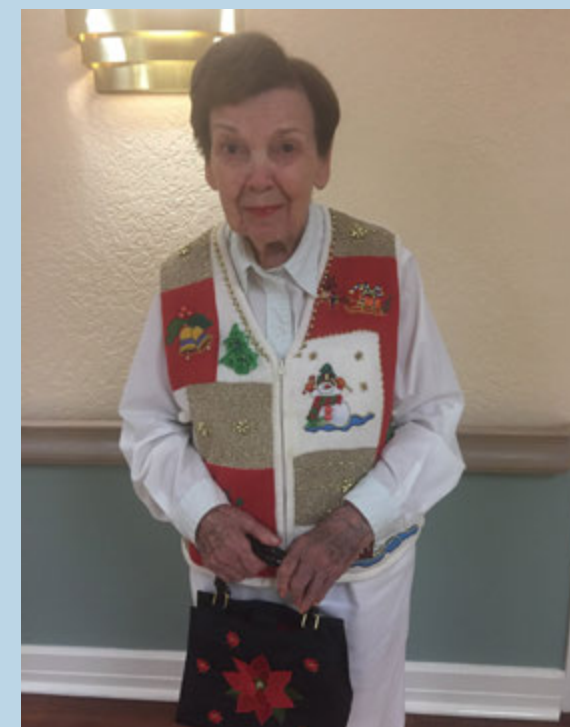
All are welcome at our weekly Prayer and Share gatherings (Thursdays at 10:30 a.m.) in the 4th floor library.

With my sincere gratitude for the gift that you are,

—Becca

Resident Spotlight: Alma S.!

Alma was born the youngest of seven children to Charles and Ada Husketh. She was the Chairman of the Board of the Pepsi Cola Bottling Company of Burlington, N.C. With her husband Bob, they built their first new Pepsi Bottling Plant, and Joan Crawford even came to cut the ribbon! She loves baseball and once dated New York Yankee Shortstop Lou Welli! She has a daughter, Deborah, a grandson, Stephen, and a granddaughter, Laurie. Alma enjoys her life here at Cypress Palms and would love it if you stopped and said hello to her in the hallway!



Hanukkah Celebration

On Tuesday evening, Dec. 12, we will celebrate the first night of Hanukkah with the traditional lighting of the menorah. Our evening's festivities will be led by Laura Berkson, Cantorial Soloist and Choir Director at Temple B'Nai Israel. The Temple's choir will perform, and we will have traditional foods for our refreshments. This is a campus-wide celebration for our Jewish residents which Regal Palms is hosting. Residents may sign up to attend by contacting Becca Bass, Spiritual Director, at rebecca.bass@thepalmsoflargo.com or 727-674-4687.



Holiday Happenings

12/1: Fashion Jewelry	12/19: Santa Bingo
12/1: Pinellas County Orchestra	12/20: Resident Council Meeting
12/4: Wacky Tales Children's Theater	12/20: Pajama Party and Movie Night
12/5: Holiday Tree Lighting Event	12/21: Holiday Breakfast Club
12/7: Farmer's Market	12/21: Holiday Palms with a Purpose
12/7: A Christmas Tea Party	12/21: Gingerbread Houses
12/11: Holiday Bazaar and Bake Sale	12/21: Largo Park Christmas Lights
12/11: Nights of Lights	12/25: Christmas Lunch
12/12: Christmas Carolers	12/26: Dessert of the Month Club
12/12: Lighting the Menorah	12/27: Book Club: Gentleman in Moscow
12/14: Holiday Variety Show	12/28: Holiday Paint and Sip with Cindy
12/14: Christmas Lights	12/28: Valiant Veterans Luncheon
12/15: Ho Ho Ho Holiday Party	12/31: New Year's Eve Party
12/15: Cypress Singers Holiday Carols	
12/17: Dunedin Holiday Show	

Life Enrichment Outings

Monday, Dec. 11, at 6 p.m.:
Nights of Lights
Wednesday, Dec. 13, at 10 a.m.:
Shopping at Countryside Mall
Thursday, Dec. 14, at 6 p.m.:
Christmas Lights Outing
Sunday, Dec. 17, at 2 p.m.:
Dunedin Holiday Show
Wednesday, Dec. 20, at 10:30 a.m.:
Lunch at Cracker Barrel
Thursday, Dec. 21, at 6 p.m.:
Largo Park Christmas Lights Outing
Friday, Dec. 29, at 4 p.m.:
Dinner at Largo Family Restaurant

Ugly Christmas Sweaters!

Please join us every Friday this month in wearing your ugly (or beautiful!) Christmas Sweaters to get you into the Holiday Spirit!

Resident Birthdays

Margaret H., 2nd
Marilyn H., 2nd
Frances B., 7th
James A., 13th
Marian J., 16th
Blanca M., 16th
Joseph M., 26th
Newell H., 31st

Employee Birthdays

Andrea Beauregard, 8th
Courtney Gates, 14th
Dylan Macdonald, 15th
Julia Green, 15th
Katie Bush-McVay, 20th
Laketha Mason, 20th
Lashel Diaz, 23rd



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Victor J. Piperata II

Director of Nursing

Dianna Slutzker, RN

Life Enrichment Director

Jessica Baranowski,
CTRS

Director of Marketing

Michelle Cooper

Director of Community Relations

Adriane Evert

Resident Care Coordinator

Brittany Masi

Memory Care Coordinator

Denise Noyes

Life Enrichment Coordinator

Megan Hays, Sand
Pearl, Pearl Essence

Johnny Limbaugh,
Assisted Living

Resident Services Director

Marnie Matheny

Executive Chef Chris Lyons

Plant Operations Director

Peter Sala

Platinum Service® Ambassador

Kay Sherman

Spiritual Director

Becca Bass

No Tipping Policy

With the Holiday season approaching, please keep in mind Cypress has a no tipping policy. We understand our staff work very hard and you would like to thank them in some way, especially around the holidays. If that is the case, we do offer an Employee Holiday fund for staff to receive a bonus at Christmas time. If you are interested in donating to this fund, please see the Front Desk for details.

— Carmen S., Resident Council Treasurer



Like Us on Facebook

Go to facebook.com/CypressALF to see pictures and catch up on all the fun here at Cypress Palms. This is a great way for family members and friends to stay connected!