



# JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Calendar events subject to change.</b>	<b>NEW YEAR'S DAY 1</b> 9:15 Snack Shack, MDR 10:15 FIT to Be Strong®, BY 1:00 Who, What, When?, MDR 2:00 Happy New Year's Bingo, MDR 3:00 Snack Shack, MDR 4:30 FIT to Pedal®, BB	<b>2</b> 9:15 Snack Shack, MDR 10:15 Coffee & Cards 11:00 FIT to Balance®, MDR 1:00 Indoor Movement Games, MDR <b>2:30 Resident Council, MDR</b> 3:00 Snack Shack, MDR 4:00 Sports Talk w/Mario, MDR	<b>3</b> 9:15 Snack Shack, MDR 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Snack Shack, MDR 3:30 Marley on the Ukulele, MDR 4:15 Trivia, MDR	<b>4</b> 9:15 Snack Shack, MDR <b>10:15 Goodwill Shopping Trip, O</b> <b>1:00 Rocky Shoals Live Music, MDR</b> 2:00 Activity Cart Pass 3:00 Snack Shack, MDR 4:15 Crossword Puzzlers, MDR	<b>5</b> 9:15 Snack Shack, MDR 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Snack Shack, MDR 4:00 Karaoke, MDR	<b>6</b> 9:15 Snack Shack, MDR 10:30 Nails w/Joselyn, GP 1:00 Current Events, MDR 2:00 FIT to Balance®, MDR 3:00 Snack Shack, MDR 4:00 Adult Coloring, MDR	
	<b>7</b> 9:15 Snack Shack, MDR 10:15 FIT to Stretch®, MDR 11:00 Riddles & Games, MDR 1:00 Devotional & Hymn Sing, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 3:00 Snack Shack, MDR 4:00 Trivia, MDR	<b>8</b> 9:15 Snack Shack, MDR 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 3:00 Snack Shack, MDR 3:30 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>9</b> 9:15 Snack Shack, MDR 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Laughter Yoga, MDR 2:00 Pamper Me/Hand Rubs, GP <b>3:00 Birthday Party w/ Terry J., MDR</b> 4:00 Nondenom. Communion Service, MDR	<b>10</b> 9:15 Snack Shack, MDR 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Snack Shack, MDR 4:15 Trivia, MDR	<b>11</b> 9:15 Snack Shack, MDR 10:15 Walmart Shopping Trip, O 1:00 Afternoon Movie & Popcorn, BB 2:00 Activity Cart Pass 3:00 Snack Shack, MDR 4:15 Crossword Puzzlers, MDR	<b>12</b> 9:15 Snack Shack, MDR 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Baking Cookies, MDR	<b>13</b> 9:15 Snack Shack, MDR 10:30 Nails w/Joselyn, GP 1:00 Current Events, MDR 2:00 FIT to Balance®, MDR 3:00 Snack Shack, MDR 4:00 Adult Coloring, MDR
	<b>14</b> 9:15 Snack Shack, MDR 10:15 FIT to Stretch®, MDR 11:00 Riddles & Games, MDR 1:00 Faith Baptist Church, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 3:00 Snack Shack, MDR 4:00 Trivia, MDR	<b>MARTIN LUTHER KING JR. DAY 15</b> 9:15 Snack Shack, MDR 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 2:00 Piano w/Donna, GP 3:00 Snack Shack, MDR 3:30 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>16</b> 9:15 Snack Shack, MDR 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Indoor Movement Games, MDR 2:00 Pamper Me/Hand Rubs, GP 3:00 Snack Shack, MDR 4:00 Sports Talk w/Mario, MDR	<b>17</b> 9:15 Snack Shack, MDR 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Snack Shack, MDR 3:30 Marley on the Ukulele, MDR 4:15 Trivia, MDR	<b>18</b> 9:15 Snack Shack, MDR 10:15 Pamper Me/Hand Rubs, MDR <b>12:15 Movie Outing, O</b> 3:00 Snack Shack, MDR 4:15 Crossword Puzzlers, MDR	<b>19</b> 9:15 Snack Shack, MDR 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Snack Shack, MDR 4:00 Karaoke, MDR	<b>20</b> 9:15 Snack Shack, MDR 10:30 Nails w/Joselyn, GP 1:00 Current Events, MDR 2:00 FIT to Balance®, MDR 3:00 Piano w/Glenda, MDR 3:00 Snack Shack, MDR 4:00 Adult Coloring, MDR
	<b>21</b> 9:15 Snack Shack, MDR 10:15 FIT to Stretch®, MDR 11:00 Riddles & Games, MDR 1:00 Narrow Road Gospel Group, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 3:00 Snack Shack, MDR 4:00 Trivia, MDR	<b>22</b> 9:15 Snack Shack, MDR 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 3:00 Snack Shack, MDR 3:30 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>23</b> 9:15 Snack Shack, MDR 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Laughter Yoga, MDR 2:00 Pamper Me/Hand Rubs, GP 3:00 Snack Shack, MDR 4:00 Sports Talk w/Mario, MDR	<b>24</b> 9:15 Snack Shack, MDR 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Snack Shack, MDR 4:15 Trivia, MDR	<b>25</b> 9:15 Snack Shack, MDR 10:15 Walmart Shopping Trip, O 1:00 Afternoon Movie & Popcorn, BB 2:00 Activity Cart Pass 3:00 Snack Shack, MDR 4:15 Crossword Puzzlers, MDR	<b>26</b> 9:15 Snack Shack, MDR 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Baking Cookies, MDR	<b>27</b> 9:15 Snack Shack, MDR 10:30 Nails w/Joselyn, GP 1:00 Current Events, MDR 2:00 FIT to Balance®, MDR 3:00 Snack Shack, MDR 4:00 Adult Coloring, MDR
	<b>28</b> 9:15 Snack Shack, MDR 10:15 FIT to Stretch®, MDR 11:00 Riddles & Games, MDR 1:00 Devotional & Hymn Sing, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 3:00 Snack Shack, MDR 4:00 Trivia, MDR	<b>29</b> 9:15 Snack Shack, MDR 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 3:00 Snack Shack, MDR 3:30 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>30</b> 9:15 Snack Shack, MDR 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Indoor Movement Games, MDR 2:00 Pamper Me/Hand Rubs, GP 3:00 Snack Shack, MDR 4:00 Sports Talk w/Mario, MDR	<b>31</b> 9:15 Snack Shack, MDR 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Snack Shack, MDR 4:15 Trivia, MDR	<p><b>Locations</b> Backyard, BY Breakfast Nook, BN Busy Brew, BB Community Outing, O</p> <p>East Family Room, EFR Gathering Place, GP Main Dining Room, MDR</p>		<p><b>Survey results are located in a labeled drawer by the front entrance.</b></p>