

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Locations</b> Backyard, BY Breakfast Nook, BN Busy Brew, BB Community Outing, O		East Family Room, EFR Gathering Place, GP Main Dining Room, MDR	10:00 Guided Meditation, EFR <b>1</b> 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Marley on the Ukulele, MDR 3:00 FIT to Pedal®, MDR 4:00 Trivia, MDR	10:15 Walmart Shopping Trip, O <b>2</b> <b>1:00 Rocky Shoals Live Music, MDR</b> 2:00 Activity Cart Pass 3:00 Singalong, MDR 4:15 Crossword Puzzlers, MDR	10:15 Helping Hands <b>3</b> 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Baking Cookies, MDR 4:00 Our Daily Bread, GP	10:30 Nails w/Joselyn, GP <b>4</b> 1:00 FIT to Balance®, MDR 2:00 Who, What, When?, MDR 3:30 Griz Vs. Northern AZ, BB 4:00 Adult Coloring, MDR
<b>DAYLIGHT SAVING TIME ENDS 5</b> 10:15 FIT to Stretch®, MDR 10:45 Pamper Me/Hand Rubs, MDR 1:00 Devotional & Hymn Sing, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 4:00 Computer Help w/Angel, EFR	<b>6</b> 10:30 Public Library Day, MDR 1:00 A Peaceful Escape Spa, EFR 2:00 FIT to Stretch®, MDR 3:00 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>ELECTION DAY 7</b> 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Indoor Movement Games, MDR 2:00 Pamper Me/Hand Rubs, GP <b>2:30 Resident Council, MDR</b> 3:00 Tasty Tuesday, MDR 4:00 Adult Coloring, MDR	<b>8</b> 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 FIT to Pedal®, MDR 4:00 Trivia, MDR	<b>9</b> 10:00 Nails w/Joselyn, GP 10:15 Activity Cart Pass 12:15 Movie Outing, O 4:15 Crossword Puzzlers, MDR	<b>10</b> 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Happy Hour w/Karaoke, MDR 4:00 Our Daily Bread, GP	<b>VETERANS DAY 11</b> 10:00 Thank a Veteran 10:30 Nails w/Joselyn, GP 1:00 Griz Vs. Northern Colorado, BB 2:00 Who, What, When?, MDR <b>3:00 Veterans Day Tribute, MDR</b> 4:00 FIT to Balance®, MDR
<b>12</b> 10:15 FIT to Stretch®, MDR 10:45 Pamper Me/Hand Rubs, MDR 1:00 Faith Baptist Church, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 4:00 Computer Help w/Angel, EFR	<b>13</b> 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 2:00 FIT to Stretch®, MDR 3:00 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>14</b> 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Laughter Yoga, MDR 2:00 Pamper Me/Hand Rubs, GP <b>3:00 Birthday Party w/Terry J., MDR</b> 4:00 Nondenom. Communion Service, MDR	<b>15</b> 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 Marley on the Ukulele, MDR 3:00 FIT to Pedal®, MDR 4:00 Trivia, MDR	<b>16</b> 10:15 Walmart Shopping Trip, O 1:00 Afternoon Movie & Popcorn, BB 2:00 Activity Cart Pass 3:00 Singalong, MDR 4:15 Crossword Puzzlers, MDR	<b>17</b> 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Baking Cookies, MDR 4:00 Our Daily Bread, GP	<b>18</b> 10:30 Nails w/Joselyn, GP <b>12:00 Griz/Cat Game Day!, BB</b> 2:00 Who, What, When?, MDR 4:00 FIT to Balance®, MDR
<b>19</b> 10:15 FIT to Stretch®, MDR 10:45 Pamper Me/Hand Rubs, MDR 1:00 Narrow Road Gospel Group, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 4:00 Computer Help w/Angel, EFR	<b>20</b> 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 2:00 Piano w/Donna, GP 3:00 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>21</b> 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Indoor Movement Games, MDR 2:00 Pamper Me/Hand Rubs, GP 3:00 Tasty Tuesday, MDR 4:00 Adult Coloring, MDR	<b>22</b> 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 FIT to Pedal®, MDR 4:00 Trivia, MDR	<b>THANKSGIVING DAY 23</b> 10:00 Give Thanks & Remember, MDR 11:45 Thanksgiving Day Feast, MDR 1:00 Afternoon Movie & Popcorn, BB 2:00 Activity Cart Pass 3:00 Singalong, MDR 4:15 Crossword Puzzlers, MDR	<b>24</b> 10:15 Helping Hands 1:00 FIT to Stretch®, MDR 2:00 Bingo w/Vicki, MDR 3:00 Happy Hour w/Karaoke, MDR 4:00 Our Daily Bread, GP	<b>25</b> 10:30 Nails w/Joselyn, GP 1:00 FIT to Balance®, MDR 2:00 Who, What, When?, MDR 4:00 FIT to Balance®, MDR
<b>26</b> 10:15 FIT to Stretch®, MDR 10:45 Pamper Me/Hand Rubs, MDR 2:00 Bingo, MDR 3:00 Football, Food & Fun, MDR 4:00 Computer Help w/Angel, EFR	<b>27</b> 10:15 FIT to Be Strong®, BY 1:00 A Peaceful Escape Spa, EFR 2:00 FIT to Stretch®, MDR 3:00 Arts & Crafts, MDR 4:30 FIT to Pedal®, BB	<b>28</b> 10:00 Edwin's Bible Study, MDR 11:00 FIT to Balance®, MDR 1:00 Laughter Yoga, MDR 2:00 Pamper Me/Hand Rubs, GP 3:00 Tasty Tuesday, MDR 4:00 Adult Coloring, MDR	<b>29</b> 10:00 Guided Meditation, EFR 11:00 Cards & Games, MDR 1:00 FIT to Be Strong®, MDR 2:00 Bingo, MDR 3:00 FIT to Pedal®, MDR 4:00 Trivia, MDR	<b>30</b> 10:15 Walmart Shopping Trip, O 1:00 Afternoon Movie & Popcorn, BB 2:00 Activity Cart Pass 3:00 Singalong, MDR 4:15 Crossword Puzzlers, MDR	<b>Survey results are located in a labeled drawer by the front entrance.</b>  <b>Calendar events subject to change.</b>	