Miramont Pointe

Pearl GARDEN™

MAY 2012

Locations

Cafe, C
Dining Room, D
First Floor, 1st
Lobby, L
Pool, P
Second Floor, 2nd
Seventh Floor Lounge, 7th
Talbert Room, T
Weight Room, WR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 Astoria Salon Open, 1st 9:15 Chair Exercise, 1st 10:00 Texture Touch, 1st 11:00 Arts and Crafts, 1st 1:15 Denise on Guitar, 1st 2:30 Social Hour, 1st 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**2** 9:00 Nail Care With Lisa, 1st 9:30 All About Nature, 1st 10:30 Chair Exercise, 1st 11:00 Arts and Crafts, 1st 1:15 Treasures of the Heart, 1st 2:30 Pianist Mathew Cassey, T 4:00 Reminisce, 1st 4:30 News and Views, 1st	**3** 9:15 Chair Exercise, 1st 9:45 Senior Theatre, 1st 10:15 Spa Day, 1st 1:15 Music With Randy, 1st 3:45 Exercise Group, 1st 5:45 Treasures of the Heart, 1st 6:30 Arts and Crafts, 1st	**4** 9:15 Chair Exercise, 1st 10:15 Treasures of the Heart, 1st 11:00 Arts and Crafts, 1st 1:15 Stretch and Flex, 1st 2:15 Coffee Social, 1st 3:15 Mind Fitness, 1st 4:30 News and Views, 1st	**5** 9:30 Coffee Social, 1st 10:30 Chair Exercise, 1st 11:15 Trivia, 1st 1:15 Balloon Volleyball, 1st 2:00 Arts and Crafts, 1st 4:00 Sing-Along, 1st 4:30 News and Views, 1st
6 9:15 Chair Exercise, 1st 10:00 Senior Theatre, 1st 10:45 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Culinary Group 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**7** 9:15 Chair Exercise, 1st 10:30 Treasures of the Heart, 1st 11:15 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Spiritual Services, 1st 3:30 Reminisce, 1st 4:30 News and Views, 1st	**8** 9:00 Astoria Salon Open, 1st 9:15 Chair Exercise, 1st 10:00 Texture Touch, 1st 11:00 Arts and Crafts, 1st 1:15 Denise on Guitar, 1st 2:30 Social Hour, 1st 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**9** 9:30 All About Nature, 1st 10:30 Chair Exercise, 1st 11:00 Arts and Crafts, 1st 1:15 Treasures of the Heart, 1st 2:30 Gordon Neal: Frank Sinatra MediaProgram, T 4:00 Reminisce, 1st 4:30 News and Views, 1st	**10** 9:15 Chair Exercise, 1st 9:45 Senior Theatre, 1st 10:15 Spa Day, 1st 11:30 McGrath's Fish House 1:15 Music With Randy, 1st 3:45 Exercise Group, 1st	**11** 9:15 Chair Exercise, 1st 10:15 Treasures of the Heart, 1st 11:00 Arts and Crafts, 1st 1:15 Earthtones Music Therapy, 1st 3:15 Mind Fitness, 1st 4:30 News and Views, 1st	**12** 9:30 Coffee Social, 1st 10:30 Chair Exercise, 1st 11:15 Trivia, 1st 1:15 Balloon Volleyball, 1st 2:00 Arts and Crafts, 1st 4:00 Sing-Along, 1st 4:30 News and Views, 1st
13 MOTHER'S DAY 9:15 Chair Exercise, 1st 10:00 Senior Theatre, 1st 10:45 Mind Fitness, 1st 11:00 Mother's Day Brunch, D 1:15 Movement Group, 1st 2:00 Culinary Group 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**14** 9:15 Chair Exercise, 1st 10:30 Treasures of the Heart, 1st 11:15 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Spiritual Services, 1st 2:30 We're Glad You're Here Christian Group, T 3:30 Reminisce, 1st 4:30 News and Views, 1st	**15** 9:00 Astoria Salon Open, 1st 9:15 Chair Exercise, 1st 10:00 Texture Touch, 1st 11:00 Arts and Crafts, 1st 1:15 Denise on Guitar, 1st 2:30 Social Hour, 1st 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**16** 9:30 All About Nature, 1st 10:30 Chair Exercise, 1st 11:00 Arts and Crafts, 1st 1:15 Treasures of the Heart, 1st 2:30 Guitarist Ron Ruiz, T 4:00 Reminisce, 1st 4:30 News and Views, 1st	**17** 9:15 Chair Exercise, 1st 9:45 Senior Theatre, 1st 10:15 Spa Day, 1st 11:30 Men's Lunch: Pacifica Dining Room, D 1:15 Music With Randy, 1st 3:45 Exercise Group, 1st 5:45 Treasures of the Heart, 1st 6:30 Arts and Crafts, 1st	**18** 9:15 Chair Exercise, 1st 10:15 Treasures of the Heart, 1st 11:00 Arts and Crafts, 1st 1:15 Stretch and Flex, 1st 2:15 Coffee Social, 1st 3:15 Mind Fitness, 1st 4:30 News and Views, 1st	**19** 9:30 Coffee Social, 1st 10:30 Chair Exercise, 1st 11:15 Trivia, 1st 1:15 Balloon Volleyball, 1st 2:00 Arts and Crafts, 1st 4:00 Sing-Along, 1st 4:30 News and Views, 1st
20 9:15 Chair Exercise, 1st 10:00 Senior Theatre, 1st 10:45 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Culinary Group **2:00 Sunday Drive w/Joe** 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**21** 9:15 Chair Exercise, 1st 10:30 Treasures of the Heart, 1st 11:15 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Spiritual Services, 1st 3:30 Reminisce, 1st 4:30 News and Views, 1st	**22** 9:00 Astoria Salon Open, 1st 9:15 Chair Exercise, 1st 10:00 Texture Touch, 1st 11:00 Arts and Crafts, 1st 1:15 Denise on Guitar, 1st 2:30 Social Hour, 1st 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**23** 9:30 All About Nature, 1st 10:30 Chair Exercise, 1st 11:00 Arts and Crafts, 1st 1:15 Treasures of the Heart, 1st 2:30 Keyboardist Lyle Chaffee, T 4:00 Reminisce, 1st 4:30 News and Views, 1st	**24** 9:15 Chair Exercise, 1st 9:45 Senior Theatre, 1st 10:15 Spa Day, 1st 1:15 Music With Randy, 1st 3:45 Exercise Group, 1st 5:45 Treasures of the Heart, 1st 6:30 Arts and Crafts, 1st	**25** 9:15 Chair Exercise, 1st 10:15 Treasures of the Heart, 1st 11:00 Arts and Crafts, 1st 1:15 Earthtones Music Therapy, 1st 3:15 Mind Fitness, 1st 4:30 News and Views, 1st	**26** 9:30 Coffee Social, 1st 10:30 Chair Exercise, 1st 11:15 Trivia, 1st 1:15 Balloon Volleyball, 1st 2:00 Arts and Crafts, 1st 4:00 Sing-Along, 1st 4:30 News and Views, 1st
27 9:15 Chair Exercise, 1st 10:00 Senior Theatre, 1st 10:45 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Culinary Group 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**28** MEMORIAL DAY 9:15 Chair Exercise, 1st 10:30 Treasures of the Heart, 1st 11:15 Mind Fitness, 1st 1:15 Movement Group, 1st 2:00 Spiritual Services, 1st 3:30 Reminisce, 1st 4:30 News and Views, 1st	**29** 9:00 Astoria Salon Open, 1st 9:15 Chair Exercise, 1st 10:00 Texture Touch, 1st 11:00 Arts and Crafts, 1st 1:15 Denise on Guitar, 1st 2:30 Social Hour, 1st 3:30 Sing-Along, 1st 4:30 News and Views, 1st	**30** 9:30 All About Nature, 1st 10:30 Chair Exercise, 1st 11:00 Arts and Crafts, 1st 1:15 Treasures of the Heart, 1st 2:30 Vocalist Molli Paige, T 4:00 Reminisce, 1st 4:30 News and Views, 1st	**31** 9:15 Chair Exercise, 1st 9:45 Senior Theatre, 1st 10:15 Spa Day, 1st 1:15 Music With Randy, 1st 3:45 Exercise Group, 1st 5:45 Treasures of the Heart, 1st 6:30 Arts and Crafts, 1st	Calendar events subject to change.	

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