

GOOD Life News

at Regal Palms

MAY 2018

www.regalalf.com

Mother's Day Happenings

May 10: Mother's Day Spa Day at The Plaza, 10 a.m.-12 p.m., featuring polish-free manicures, chair massages and hand paraffin dips. Please RVSP to Nadine at 674-1107 by May 4.



Happy Mother's Day to our wonderful Regal moms.

May 13: If you are planning to dine in our Main Dining Room, kindly RSVP to the lobby desk at 437-1350 by May 7. Seating times are 11:30 a.m. or 1 p.m. Dinner is \$17 per adult guest, \$8 per guest ages 8-12 and no charge for ages 7 and under. Reservations are required for parties of five or more.

2 p.m.: Violinist, Rebecca Douglas in the PVR

6 p.m.: Pianist, Kathy Good in the lobby

May 17: We're honoring our Regal moms and the Royal wedding at a "Princess Tea" themed celebration at 3 p.m. in the PVR. Don't have a tiara? That's okay, we have one for you!

Regal Palms Ambassadors

Lately, you may have seen a few residents wearing yellow name tags and wondered, "What's up?" These residents have just formed a new group called the Regal Palms Ambassadors. Last month, a flier was posted to generate interest in forming a welcoming committee. The response was wonderful! After an hour-long discussion, the assembly decided their main focus would be making new residents feel at home, to show them around, to dine with them, etc. They remembered being new residents at some point and wanted to help their new neighbors acclimate faster. This will be purely a resident-facilitated program.



Thank you, Regal Ambassadors

(Back Row): Mary T., Gene E. and Judy H.,

(Front Row) Kathy J., Dottie A. and Geri E.



**Our Talk.
Our Walk.
Every Day!**

**Platinum
Service®
Standard #1**

"I place our residents at the center of everything I do, personalizing my services to meet their preferences."

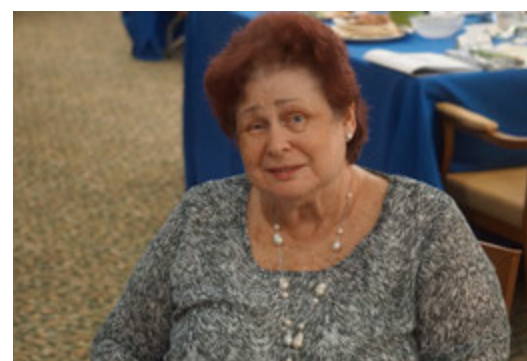
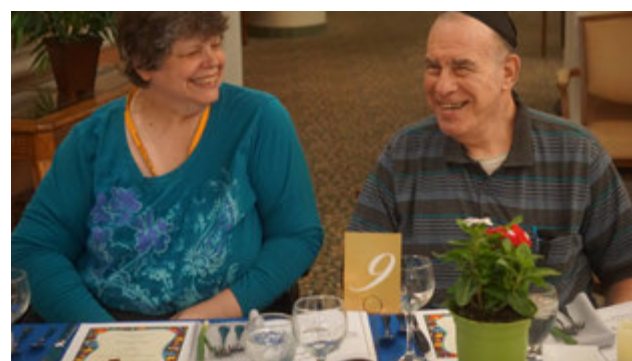
Our service delivery is designed to consistently create resident satisfaction and to build loyalty. Through our Platinum Service program, we practice the fundamentals of business etiquette, such as promptly greeting residents and guests with a warm and sincere welcome, introducing ourselves, and if necessary, offering assistance. Our interactions are personalized and appropriately paced to meet the unique needs of our residents. Service is then adjusted to their diverse backgrounds and cultures, creating memorable experiences. We are attentive, friendly and caring, delivering to our residents, guests and visitors a distinctive experience.

Regal Palms Hosts Passover Seder and Dinner for The Palms of Largo

Jewish residents from across the Palms of Largo campus gathered at Regal Palms, Friday, March 30, for a community-wide Passover Seder and dinner. Laura Berkson, Cantorial Soloist from Temple B'Nai Israel, led songs, prayers and rituals during the first night celebration of this holy season.



A traditional meal followed as residents recalled the many Passovers they had celebrated with family over the course of their lifetimes. Spiritual Director Rebecca Bass said, "This evening was a wonderful opportunity to remember the story of Exodus and stories of so many of our residents for whom this holiday is of great importance."



To Teach Is to Touch a Life Forever

Calling all retired teachers! On May 7 at noon, The Plaza is hosting a luncheon honoring you and your profession. RSVP at 674-1107 by May 3. As Einstein once said, "It is the supreme art of the teacher to awaken joy in creative expression and knowledge." We thank you for the gifts you have given.



National Photo Month

Do you have an eye for photography? Do you have a photo you think is truly awesome and would like to share it with others? How about a picture that has sentimental value? Maybe something funny? Now is your time to showcase that treasure. Starting on May 7, we will display all photos in the lobby for everyone's viewing pleasure. See Life Enrichment for more details.

Employee of The Month

Congratulations to Michael Phillips of our Culinary Department. Michael works behind the scenes to help provide delicious meals, desserts and snacks for the residents, families and staff members. He was born in Cleveland but raised in Manhattan. In his down time, he enjoys fishing, swimming, reading and spending time with his mother. Michael has been a team member for six years, and he says he enjoys his career at Regal because of his coworkers and the work environment. Michael, thank you for all you do.



Photo of The Month



Frank Cannon shared a hug and a dance with our beautiful Miss Faye.

Resident Request Outings

May 2 at 11 a.m.: Lunch at Red Robin

May 9 at 9:45 a.m.: Thrift Store Treasures

May 16 *TBD: Lunch and movie at Studio Movie Grill

*Departure time & movie selection will be determined closer to the scheduled outing when movie options are available.

May 23 at 4:15 p.m.: Dinner at Red Lobster

May 30 at 11 a.m.: Lunch at Nature's Food Patch

Kindly sign up for all outings in the white book at the reception desk. Please plan to arrive 10 minutes prior to the outing time.

Resident Birthdays

Peggy N., 1st Ruth B., 20th
Lou T., 8th Joy B., 20th
Fausta M., 8th Sandy E., 21st

Employee Birthdays

Francina Thelusma, 1st
Barbara Kaney, 4th
Jasmine Bryant, 13th
Carol Day, 15th
Wendy Ballow, 22nd
Jada Caldwell, 23rd
Pinlada Louvon, 28th

Anniversaries

Ferris & Linda P., 5/5/1980

Veterans Breakfast



May 11, 2018

Mark your calendar for Tuesday, May 8, at 10 a.m., for the monthly Veterans breakfast at The Plaza.

Also, The Plaza is hosting a breakfast for veteran spouses only on Friday, May 11. Breakfast will be served at 10 a.m. with a speaker to follow. In 1984, President Ronald Reagan recognized the profound importance of spousal commitment to the readiness and well-being of military members with Proclamation 5184. Congress officially made Military Spouse Appreciation Day part of National Military Appreciation Month in 1999. Subsequently, the Department of Defense standardized the date by declaring the Friday before Mother's Day every year as "Military Spouse Appreciation Day" to show appreciation for the sacrifices of military spouses.

If you would like to attend these events, kindly RSVP to Nadine at 674-1107 by May 4.

May 19 at 1:30 p.m.: Armed Forces Day Musical Celebration at The Plaza

Thank you to our Regal Palms' veterans and spouses. We appreciate your dedication to our great country and will never forget your sacrifices.

National Senior Health & Fitness Day



Let's get moving

On Wednesday, May 30, more than 100,000 older adults will be celebrating the 25th Anniversary of National Senior Health & Fitness Day. Residents, family members and staff are invited to join in the fun and get moving. Below is a list of for specific programs to motivate you.

9:30 a.m.: Nature Walk, L

10 a.m.: Pedal-athon Fun! Regal vs. Cypress, L (See posted flyers for more info)

10 a.m.: Health Facts & Trivia, L

11 a.m.: Outing to Nature's Food Patch

1:15 p.m.: Learn About Our FIT Programs, PVR

2 p.m.: Fitness Speaker, PVR

2:30 p.m.: Smoothie Social sponsored The Plaza, PVR

3 p.m.: Nutritionist Speaker, PVR

4 p.m.: Healthy Option Presentation, MDR



REGAL PALMS

Senior Living

300 Lake Avenue NE, Largo, FL 33771
727-437-1350 | www.regalalf.com



ALF #9570

MANAGED BY
 The Goodman Group

Staff

Executive Director

Richard M. Lewis

Director of Nursing

Natasha Belichka, RN

Sales and Marketing Director

Lindsey Edwards

Life Enrichment Director

Tammy M. Dunlap

Resident Care Coordinator

AnneMarie Hughes, LPN

Director of Dining Services

Rob Meli

Resident Services Director

Linda J. Sclafani

Plant Operations Director

Tom Schiro

We're Off to the Races!

The 2018 Kentucky Derby will be the 144th annual Run for the Roses at Churchill Downs. The famous horse race commonly known as "The Most Exciting Two Minutes in Sports," is set for Saturday, May 5. The race will consist of 20 horses



competing for the \$2 million prize. The event will be shown in The Parlor starting at 6 p.m. Post time is 6:34 p.m. Also in The Parlor that day, we will be horsing around with our own race starting at 3 p.m. for a little fun. Refreshments will be available. Don't forget your hat!



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