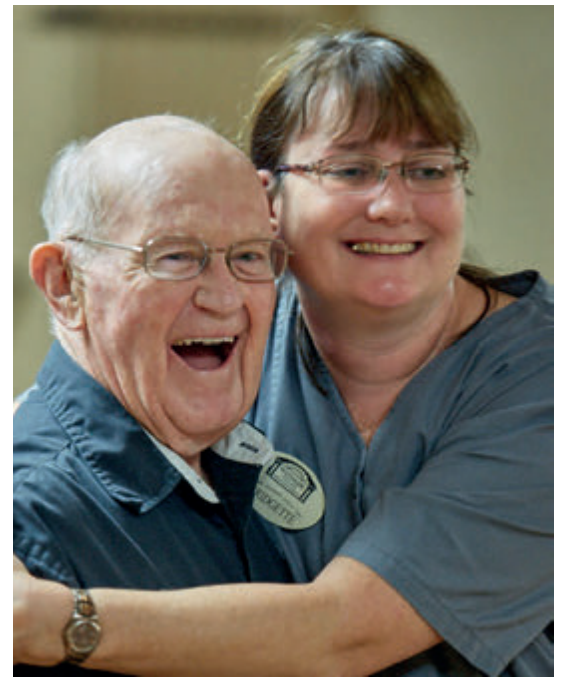


GOOD Life News

at Regal Palms

JANUARY 2018

www.regalalf.com



Happy New Year!

To our residents, family members and staff, we wish you a very happy and healthy new year.



Virtual Reality Comes to Regal Palms

The Goodman Group has partnered with Rendever, providers of virtual reality experiences for seniors. Through virtual reality, we spark new conversations and memories with impactful, interactive content. Hike up Macchu Picchu as a group, go on a walking tour of Paris or work together to recreate Picasso's masterpieces. These experiences will take your breath away as you will feel you are there! Join the fun in the Palm View Room each Friday at 3:30 p.m. for this incredible adventure. You're going to love it!



Wilfred said he's never experienced anything like it!



Gerry shared that the swivel chair enhanced the video. What a great idea!



Jean enjoyed it, too!

**Our Talk.
Our Walk.
Every Day!**

**Platinum
Service®
Standard #18**

"I am responsible for the quality of the work environment and I am valued when I share ideas, feedback and opinions in a professional manner."

We know that one of the best ways to create a welcoming and great experience for everyone that lives, works or visits our community is by considering each person's feedback. Here, we are fortunate to have an employee base committed and dedicated to our residents and their wellbeing. Being committed to involving each resident and employee helps us improve our overall service. Sharing ideas, feedback, and opinions is essential and always appreciated. Our door is always open!

Life Enrichment, What a Team!

Annually, the fourth week in January is dedicated to all Activity Professionals. Those of us who have the honor to work in this awesome field feel like it's always our week. We are so blessed to be a part of residents' lives. Every day we learn something new from them. They share their past, their family and mostly, their hearts with us. Building relationships with our residents is a gift.

Thank you to our residents for making our job not a job at all!

Your Life Enrichment team,
Tammy, Terri, Mary Lou, Jamie, Suzanne and Rebecca



More Than an Opera

One of the holiday highlights from last month was a trip to the Pinellas Park Performing Arts Center. We were delighted and thoroughly entertained by the Matinee Opera Players. Their talented company range in age from 6 up to 97! Their show consisted of traditional holiday songs, opera favorites and a few singalongs that made us feel a part of the show. They treated us to a variety of tasty refreshments, as well. As an added bonus, one of our residents won the 50/50 and another won a wonderful door prize. We plan to attend their February show, it was that much fun!



Nina and Terry



Sigrid, Macy and Nancy



Gerry, Lila, Millie and Joe

Employee of The Month

Congratulations to Stephanie, our Employee of the Month. Stephanie is an outstanding member of the nursing department. She is loving and compassionate and always has time for her residents. In her spare time, she enjoys spending time with her husband, two sons, a daughter and their many pets, including sugar gliders! Baby Sasha is due to join the family in March. Stephanie enjoys leisurely activities, such as cooking, reading and spending time with her sister. Thank you, Stephanie, for all you do!



Stephanie Jones, LPN

Resident Request Outings

- Jan. 3 at 11 a.m.: Men Only Derby Lane
 - Jan. 10 at 11:15 a.m.: Lunch at Steak n' Shake
 - Jan. 17 at 10 a.m.: Thrift Store Treasures
 - Jan. 24 at 4:15 p.m.: Dinner at Amici's Italian Eatery
 - Jan. 31 at 10 a.m.: Hard Rock Casino
- Kindly sign up for all outings in the white book at the reception desk. Plan to arrive a few minutes before the scheduled pick up time.

Service of Remembrance

Tuesday, Jan. 16, at 3 p.m.
Palm View Room

Led by Spiritual Director, Becca Bass

We will honor our residents whom we lost from October to December 2017. Light refreshments will be served.

Casino Day — Jan. 25

Are you ready for a little casino fun?

1 p.m. in the lobby: Black Jack, roulette and Texas Hold-em tables, all with professional dealers. There will also be six slot machines for your pleasure.

3 p.m. in the Activity Center: Bingo

7 p.m. in the Palm View Room: The Keith Coleman and Ruby Tuesday Vegas Revue Show

Family members are invited to join in the festivities.



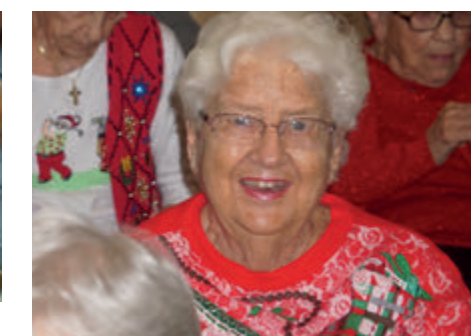
Tree Lighting Memories



Mark Ralston was our entertainer for the evening.



Faye had a front row seat for all the fun.



Macy's smile is as bright as the tree.



Evelyn flipped the switch to light our beautiful tree.



Family time is the best time!



It snowed at Regal Palms!

Resident Birthdays

- Rose N., 1st
- Linda P., 4th
- Dorothy B., 7th
- John K., 7th
- Louise N., 9th
- Gwen D., 17th
- Aline T., 18th
- Don M., 21st
- Lora G., 21st
- Joel K., 21st
- Jeannette S., 23rd
- Norma Y., 30th
- Gene E., 31st

Employee Birthdays

- Lori Roe, 3rd
- Lisa Jensen, 4th
- Julia Rodriguez, 7th
- Connie Murphy, 17th
- Elka Brazier, 18th
- Kathleen Saenz, 24th
- Shinita Redmond, 26th
- Tia Riolo, 26th
- Jaclin De Witte, 29th

Veterans

Thank you to our Regal Palms' veterans. We appreciate your dedication to our great country and will never forget your sacrifices.





REGAL PALMS

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News

Due to our early newsletter printing deadline, we look forward to bringing you more December memories in our February edition of the Good Life News.



Like Us on Facebook

Go to facebook.com/RegalALF to see pictures and catch up on all the fun here at Regal Palms. This is a great way for family members and friends to stay connected!

