

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Center Life Enrichment Room, C First Floor Lobby, L Front Porch, FP Main Dining Room, MDR</p>	<p>North Life Enrichment Room, N Palm View Room, PVR The Parlor, PARL The Plaza, P</p>	<p>Birthdays Deloris R., 7th Joseph H., 13th</p>	<p>1 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Glamour Nails/Hand Massages 10:45 Old-Time Movie 1:30 Bocce Ball 2:30 Super Sundae Social 3:00 Pearl Garden Chorus 4:00 Afternoon Exercise 5:45 What's Cookin'? 7:00 Evening Movie</p>	<p>2 9:30 Morning Exercise 10:00 Refreshments 10:15 St. Catherine's Communion 10:15 Daily Devotion 10:30 Trivia Thursday 1:00 Mini Massages 1:30 Victoria Garcia, Harpist 2:30 Surprise Social 3:00 Pictionary 4:00 Afternoon Exercise 6:00 Bible Study 6:30 Refreshments 6:45 Evening Movie</p>	<p>3 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 News Currents 10:30 Outing: Ages Entwined®, P 1:30 This 'n' That 2:00 Entertainment, PVR 2:30 Fun Floats 3:15 Bingo 4:00 Afternoon Exercise 5:45 Treasures of the Heart® 6:30 Refreshments 6:45 FIT to Stretch®</p>	<p>4 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 P.A.L.S.: Chloe' Visit 1:30 Rich, the Piano Man 2:30 Refreshments 2:45 Aromatherapy 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>
<p>DAYLIGHT SAVING TIME ENDS 5 <u>Change Clocks Back One Hour</u> 10:00 Daily Devotion 10:00 Church of Regal Palms, PVR 10:15 Refreshments 10:30 Morning Exercise 11:00 Good News Sunday 1:00 Bucs @ Saints, FOX, N 1:30 Bingo 2:30 Refreshments 2:45 Wordies 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68 6:30 Louis Bravo Entertainment, PVR</p>	<p>6 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Joggin' Your Noggin' 1:30 Balloon Volleyball 2:30 Milkshake Monday 3:00 Music & More 4:00 Afternoon Exercise 6:00 Music w/Denise 6:30 Refreshments 7:00 Evening Movie</p>	<p>ELECTION DAY 7 9:30 Morning Exercise 10:00 Refreshments 10:15 Outing: Scenic Bus Ride 10:15 Daily Devotion 10:30 Creative Expressions 1:30 FIT to Pedal® 1:30 Color Me Calm 2:30 Fresh Fruit Social 3:00 Corn Toss 4:00 Afternoon Exercise 5:30 Famous Folks 6:30 Refreshments 6:45 Evening Movie</p>	<p>8 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Ref/Dev 10:30 Daily Devotion 10:45 Glamour Nails/Hand Massages 10:45 Old-Time Movie 12:00 Gentlemen's Lunch 1:30 Bocce Ball 2:30 Super Sundae Social 3:00 Music w/David 4:00 Afternoon Exercise 6:00 2 Peace Band 7:00 Evening Movie</p>	<p>9 9:30 Morning Exercise 10:00 Refreshments 10:15 St. Catherine's Communion 10:15 Daily Devotion 10:30 Trivia Thursday 1:00 Mini Massages 1:30 Chair Yoga 2:30 Surprise Social 3:00 Music Therapy w/James 4:00 Afternoon Exercise 6:00 Bible Study 6:30 Refreshments 6:45 Evening Movie</p>	<p>10 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 News Currents 10:30 Ages Entwined®, P 1:30 This 'n' That 2:00 Entertainment, PVR 2:30 Fun Floats 3:15 Bingo 4:00 Afternoon Exercise 5:45 Treasures of the Heart® 6:30 Refreshments 6:45 FIT to Stretch®</p>	<p>VETERANS DAY 11 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Mini Manicures 1:30 Bowling 2:30 Refreshments 2:45 Ceramics 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>
<p>12 10:00 Daily Devotion 10:00 Church of Regal Palms, PVR 10:15 Refreshments 10:30 Morning Exercise 11:00 Good News Sunday 1:00 Jets @ Bucs, CBS, N 1:30 Music w/Charlie 2:30 Refreshments 2:45 Bingo 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>	<p>13 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Conversation Pieces 1:30 Balloon Volleyball 2:30 Milkshake Monday 3:00 Music & More 4:00 Afternoon Exercise 6:00 Music w/Theresa 6:30 Refreshments 7:00 Evening Movie</p>	<p>14 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Rock Painting 1:30 FIT to Pedal® 1:30 Color Me Calm 1:30 Outing: Music @The Plaza, P 2:30 Fresh-Baked Cookie Social 3:00 Corn Toss 4:00 Afternoon Exercise 5:30 Finish That Phrase 6:30 Refreshments 6:45 Evening Movie</p>	<p>15 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Old-Time Movie 10:45 Glamour Nails/Hand Massages 1:30 Pearl Garden Tea 3:00 Pearl Garden Chorus 4:00 Afternoon Exercise 5:45 What's Cookin'? 7:00 Evening Movie</p>	<p>16 9:30 Morning Exercise 10:00 Refreshments 10:15 St. Catherine's Communion 10:15 Daily Devotion 10:30 Trivia Thursday 1:00 Mini Massages 1:30 Chair Yoga 2:30 Monthly Birthday Party 3:00 Karaoke w/Terri 4:00 Afternoon Exercise 6:00 Bible Study 6:30 Refreshments 6:45 Evening Movie</p>	<p>17 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 News Currents 10:30 Outing: Ages Entwined®, P 1:30 This 'n' That 2:00 Entertainment, PVR 3:15 Bingo 4:00 Afternoon Exercise 5:45 Treasures of the Heart® 6:30 Refreshments 6:45 FIT to Stretch®</p>	<p>18 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Aromatherapy 1:30 Music w/Rick 2:30 Refreshments 2:45 Ladder Ball 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>
<p>19 10:00 Daily Devotion 10:00 Church of Regal Palms, PVR 10:15 Refreshments 10:30 Morning Exercise 11:00 Good News Sunday 1:00 Lions @ Bears, FOX, N 1:30 Bingo 2:30 Refreshments 2:45 Play on Words 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>	<p>20 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Fun w/Words 1:30 Balloon Volleyball 2:30 Milkshake Monday 3:00 Music & More 4:00 Afternoon Exercise 6:00 Finish That Song 6:30 Refreshments 7:00 Evening Movie</p>	<p>21 9:30 Morning Exercise 10:00 Refreshments 10:15 Outing: Scenic Bus Ride 10:15 Daily Devotion 10:30 Creative Expressions 1:30 Color Me Calm 1:30 FIT to Pedal® 2:30 Coffee Social 3:00 Corn Toss 4:00 Afternoon Exercise 5:30 Word Salad 6:30 Refreshments 6:45 Evening Movie</p>	<p>22 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Glamour Nails/Hand Massages 10:45 Old-Time Movie 1:30 "Comedy Classics" 2:45 Super Sundae Social 3:00 P.A.L.S.: Kiki & Brandi 4:00 Afternoon Exercise 6:00 2 Peace Band 7:00 Evening Movie</p>	<p>THANKSGIVING DAY 23 9:00 Macy's Parade 10:00 Thankful Devotion 10:15 Cider n' Donuts 10:45 Talkin' Turkey 12:00 Thanksgiving Dinner 12:30 Vikings @ Lions, FOX, N 1:30 Gobble Giggles 2:30 Surprise Social 2:45 Afternoon Exercise 3:00 Chargers @ Cowboys, CBS, N 3:00 "Singin' In the Rain" 6:30 Refreshments 6:45 "The Wizard of Oz"</p>	<p>24 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 News Currents 10:30 Outing: Ages Entwined®, P 1:30 This 'n' That 2:00 Entertainment, PVR 2:30 Fun Floats 3:15 Bingo 4:00 Afternoon Exercise 5:45 Treasures of the Heart® 6:30 Refreshments 6:45 FIT to Stretch®</p>	<p>25 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Mini-Manicures 1:30 Shake Loose a Memory 2:30 Refreshments 2:45 Ceramics 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>
<p>26 10:00 Daily Devotion 10:00 Church of Regal Palms, PVR 10:15 Refreshments 10:30 Morning Exercise 11:00 Good News Sunday 1:00 Bucs @ Falcons, FOX, N 1:30 Bingo 2:30 Refreshments 2:45 They Go Together 3:30 FIT to Stretch® 6:00 Hallmark Movie, Ch. 68</p>	<p>27 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Wheel of Fortune 1:30 Balloon Volleyball 2:30 Milkshake Monday 3:00 Music w/Dale 4:00 Afternoon Exercise 6:00 Clavinova Singalong 6:30 Refreshments 7:00 Evening Movie</p>	<p>28 9:30 Morning Exercise 10:00 Refreshments 10:15 Daily Devotion 10:30 Ages Entwined® 1:30 Outing: Music @The Plaza, P 1:30 Color Me Calm 1:30 FIT to Pedal® 2:30 Muffin Social 3:00 Music w/Dori 4:00 Afternoon Exercise 5:30 Just the Facts 6:30 Refreshments 6:45 Evening Movie</p>	<p>29 9:30 FIT to Balance® 9:45 FIT to Be Strong® 10:15 Refreshments 10:30 Daily Devotion 10:45 Glamour Nails/Hand Massages 1:30 Bocce Ball 2:30 Super Sundae Social 3:00 Pearl Garden Chorus 4:00 Afternoon Exercise 5:45 What's Cookin'? 7:00 Evening Movie</p>	<p>30 9:30 Morning Exercise 10:00 Refreshments 10:15 St. Catherine's Communion 10:15 Daily Devotion 10:30 Trivia Tuesday 1:00 Mini Massages 1:30 Chair Yoga 2:30 Surprise Social 3:00 Music Therapy w/James 4:00 Afternoon Exercise 6:00 Bible Study 6:30 Refreshments 6:45 Evening Movie</p>	<p>Calendar events subject to change.</p>	