

GOOD Life News

at Pearl Garden at Regal Palms

JUNE 2018

www.regalalf.com



News from the Garden Patch

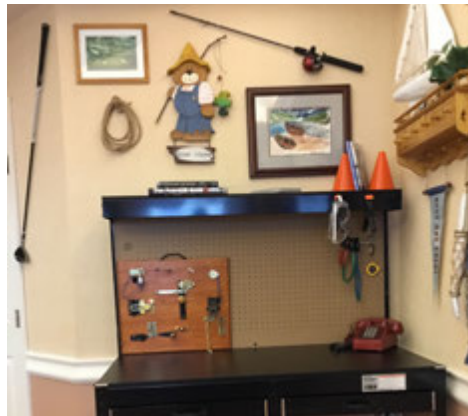
Montessori
INSPIRED LIFESTYLE®



*Everyone's welcome in
the Garden Patch.*



Baby nursery



The Man Cave keeps the guys busy.



Welcome Center



The ladies love the beauty station.



A tribute to our Pearl Garden veterans



*Time to hang and fold
the baby clothes.*

**Our Talk.
Our Walk.
Every Day!**

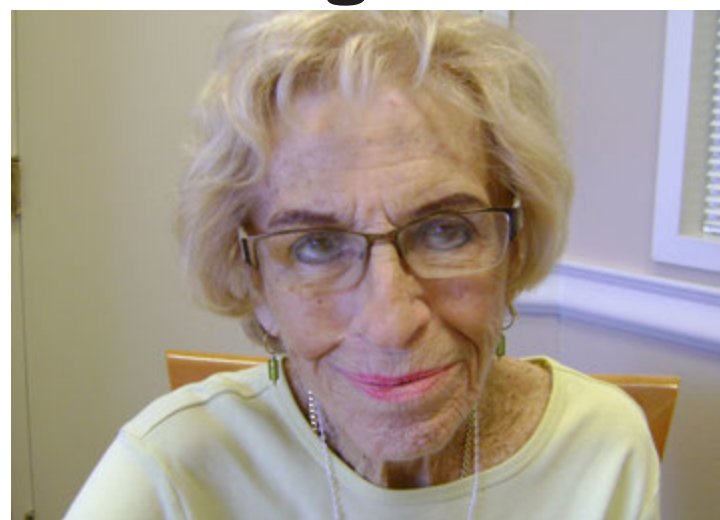
National Safety Month

Summer is a great time to start thinking about safety. Warm weather may be calling people outside, but outdoor activities also open the door to potential accidents. The National Safety Council designates June as National Safety Month to help raise safety awareness. You may be surprised to hear that one in three people over 65 falls each year, making it the leading cause of injuries for the age group. Exercise can be the first defense against falls. FIT Functional Fitness® offers various exercise classes that can help increase muscle and bone strength! The program's goal is to increase overall health and wellbeing, reduce potential for falls, and encourage residents to remain active.

Pearl Garden News

To ensure the safety of our residents, we ask that before you proceed directly to the fourth floor, you will first stop at the reception desk in the lobby. You will be asked to sign the guest book, inform the receptionist of your destination and obtain a visitors badge. The receptionist will phone the Pearl Garden nurses' station of your impending arrival. If you are taking your loved one off the floor, please be sure to complete our sign-out sheet located at the nurses' station. Thank you in advance for your compliance.

Welcome New Neighbor



Welcome, Doris

Photo of The Month



Shirley sharing a special moment with Natasha.

Father's Day Happenings

"Wings n' Wheels" — Friday, June 15

In honor of Father's Day, our Regal dads are invited to a day out where you will be treated tasty food, entertainment and classic cars! The fun runs from 10 a.m. to 2 p.m. at The Plaza.

If you are planning to dine in our Main Dining Room, please RSVP to the lobby desk at 437-1350 by June 12. Seating times are 11:30 a.m. or 1 p.m. Dinner is \$17 per adult guest, \$8 per guest ages 8-12 and no charge for ages 7 & under.

If you will be taking your loved one out, please contact Amanda at 437-1363 so she can notate your pick-up time. This will ensure they are ready when you arrive. Later in the day, popular pianist Bryan Lewis will be twinkling the ivories in the lobby from 2-3 p.m. with all your favorite tunes.



Happy Father's Day to our Pearl Garden men

Volunteer of The Year

We are thrilled to announce Regal volunteer Dena Colgan as the first recipient of the John B. Goodman Volunteer of The Year Award. She graciously gave of herself the most hours of all Goodman Group volunteers with a grand total of 482 in 2017. Dena, thank you for sharing your time and your heart with us. You truly make a difference!



Margie Ratcliffe, Director of Volunteer Services, Volunteer Dena Colgan and Tammy Dunlap, Director of Life Enrichment

Entertainment and Outings

Let Us Entertain You

June 1: Reggae Rich at 2 p.m./PVR

June 2: Rich the Piano Man at 1:30 p.m.

June 2: P.A.L.S. — Chloe', the dancing Maltese at 10:30 a.m.

June 3: Louis Brave at 6:30 p.m./PVR

June 7: Victoria Garcia, Harpist, at 1:30 p.m.

June 8: Alan Curtis Tripp at 2 p.m./Lobby

June 4 & 18: 2 Peace Band at 3 p.m.

June 10: Charlie Ragan at 1:30 p.m.

June 11: Theresa Jeanne at 3 p.m.

June 12 & 26: The Learning Center Children at 10:30 a.m.

June 13: David McAbee at 3 p.m.

June 14 & 28: Rhythm & Reason with James at 3 p.m.

June 15: "Wings n' Wheels" event 10 a.m. — 2 p.m./The Plaza

June 15: Keith Coleman at 2 p.m./PVR

June 16: Rick Elkins at 1:30 p.m.

June 17: Bryan Lewis at 2 p.m./Lobby

June 20 & 27: Pearl Garden Chorus with Anita at 3 p.m.

June 21: Monthly Birthday Party at 2:30 p.m.

June 22: '50s Day with Frank Cannon at 2 p.m./PVR

June 25: Dale Williams at 3 p.m.

June 26: Dori Miller at 3 p.m.

June 28: Giving Tree Drum Circle at 2 p.m./PVR

June 29: Dale Williams at 2 p.m./PVR

On the Road Again

June 1, 8, 22 & 29: Ages Entwined® at 10:30 a.m./The Plaza

June 5 & 19: Scenic Bus Ride at 10:15 a.m.

June 12 & 26: Music at 1:30 p.m./The Plaza

June 15: Wings n' Wheels Car Show at 10 a.m./The Plaza

June 19: Hawaiian Luau at 1:30 p.m./The Plaza

Please RSVP for all outings with any Life Enrichment team member or our receptionist.

Special Events

June 13: Gentlemen's Lunch at noon

June 20: Pearl Garden Tea at 3 p.m.

Resident Birthdays

Jean N., 2nd

Derek S., 18th

Mardy P., 23rd

Wolfgang R., 29th

Employee Birthdays

Elaine Burke, 1st

Jameika Jones, 6th

Carlie King, 7th

Gina Noah, 12th

Cornelius Seraphin, 14th

Rosita Felicie, 18th

Rich Lewis, 19th

Alexandra Banks-Reyes, 19th

Deshawna Mansfield, 20th

Enrique Espinoza-Pantoja, 22nd

Susie Benenati, 22nd

Jasmine Shoopman, 27th

Jhona Bajar, 28th

Employee of The Month

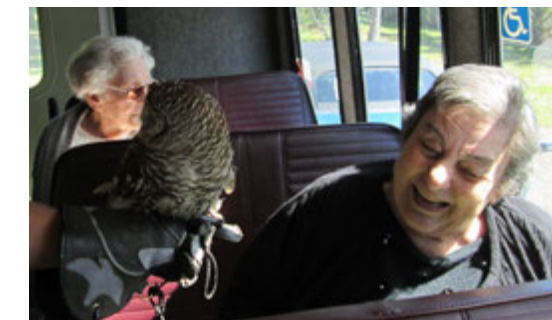
Chris has worked at Regal Palms for nearly three years. He enjoys interacting with the residents and hearing stories of the past, gaining an understanding of just how much the world has changed. He also likes knowing he makes a positive difference in the lives of the people he serves. Chris is a single father to Mariyah and Aiden. They share a home with three parakeets, nine fish and a turtle! Chris, thank you for all you do.



Chris McBride, Dining Services

Residents Having Fun

The residents had another fun trip to the George C. McGough Nature Center in Largo. We can't thank the park volunteers enough for their kindness and hospitality. They bring the birds on the bus for the ease and comfort of the residents. The handlers share facts and antics about our feathered friends so we feel like we get to know them. This outing is one of our favorites!





REGAL PALMS

Senior Living

300 Lake Avenue NE, Largo, FL 33771
727-437-1350 | www.regalalf.com



ALF #9570

MANAGED BY
 The Goodman Group

Staff

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Richard M. Lewis

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Life Enrichment Director
Tammy M. Dunlap

Director of Dining Services
Rob Meli

Memory Care Coordinator
Linda Suswal, RN

Resident Services Director
Linda J. Sclafani

Plant Operations Director
Tom Schiro

Flag Day is June 14

Thank you to our Pearl Garden veterans. We appreciate your dedication to our great country and will never forget your sacrifices.



Hurricane Season

Hurricane season runs from June 1 through Nov. 30. We want to assure you that you are in the safest place possible; Regal Palms is structurally sound. There will be plenty of food and water available should the need arise. Also, family members are welcome to ride out the storm here with you. Please contact Life Enrichment for further information. Should a storm threaten our area, we plan to maintain all daily activities and schedules as much as possible. We have a huge generator that will keep our main operational needs supplied. Keep your fingers crossed for a quiet season.



Like Us on Facebook

@RegalALF

Visit facebook.com/RegalALF to see pictures and catch up on all the fun here at Pearl Garden at Regal Palms. This is a great way for family members and friends to stay connected!