

GOOD Life News

at Pearl Garden at Regal Palms

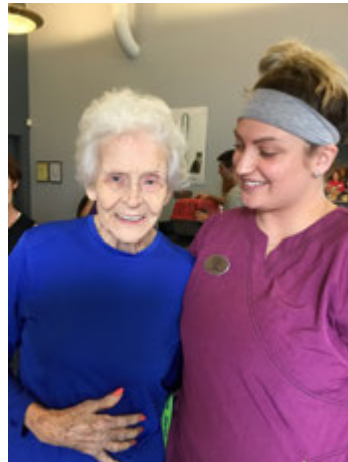
FEBRUARY 2019

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News from the Garden Patch

Throughout the giving season of December, our Pearl Garden residents thought it would be a great idea for Regal to come together and collect blankets and toys for animals at the SPCA. Many residents and family members came to these animals' aide with the generous amount of necessities collected. On Thursday, Jan. 3, we took a trip to our local Tampa Bay SPCA to deliver our donations. While there, the SPCA was kind enough to give us a tour of their facility and even let us play with these amazing animals! The SPCA helped our Pearl Garden residents make new furry friends and memories that will be forever cherished.

Montessori
INSPIRED LIFESTYLE®



**Our Talk.
Our Walk.
Every Day!**

**Platinum Service®
Standard #7**

"I never say "no" to an opportunity to serve our residents and to improve their living experience."

Each day presents itself with the opportunity to serve others from the heart. We have the unique opportunity to enrich the lives of others and show our professionalism and genuine care. Listening to our residents' requests and practicing acts of kindness creates memorable experiences. We strive to place our residents at the center of everything we do.

*"A good head and a good heart are always a formidable combination."
– Nelson Mandela*

Photo of The Month



Mardy and Kate at The Plaza enjoying the fresh air and music with Frank Cannon. Kate says with a smile, "They're both good for our soul!"

Super Bowl Fun!

Friday, Feb. 1: Get into the football frenzy by wearing your favorite NFL team apparel today!

Sunday, Feb. 3: Mercedes-Benz Stadium, in Atlanta, Georgia, is the proud host of Super Bowl LIII. This will be the third Super Bowl in Atlanta, having previously hosted the big game in 1994 and 2000. The 53rd Super Bowl will decide the league champion for the 2018 NFL season. (Teams had not been determined at our printing deadline). The game starts at 6:30 p.m. and will be shown in the Activity Room. Come early for some fun tailgating and refreshments. Pop rock band Maroon 5 guarantees to provide a great half-time show. For those who prefer to watch in your apartment, CBS will be televising the event. Not into football? Louis Bravo will be entertaining in the Palm View Room also starting at 6:30 p.m.

Entertainment & Outings

Let Us Entertain You

- Feb. 1:** Randy Eugene at 2 p.m. in the PVR
- Feb. 2:** P.A.L.S.: Chloe' and Dolly at 10:30 a.m.
- Feb. 2:** Rich Raynor at 1:30 p.m.
- Feb. 3:** Louis Bravo at 6:30 p.m. in the PVR
- Feb. 4:** 2 Peace Band at 3 p.m.
- Feb. 6, 20 & 27:** Pearl Garden Chorus with Anita at 3 p.m.
- Feb. 7:** Victoria Garcia, Harpist, at 1:30 p.m.
- Feb. 8:** Chinese New Year with Tampa Taiko at 3 p.m. in the PVR
- Feb. 9 & 23:** Pat Syvanen at 2:45 p.m.
- Feb. 10:** Charlie Ragan at 1:30 p.m.
- Feb. 11:** Theresa Jeanne at 3 p.m.
- Feb. 12 & 26:** The Learning Center Children at 10:30 a.m.
- Feb. 13:** David McAbee at 3 p.m.
- Feb. 14 & 28:** Music Therapy with James at 3 p.m.
- Feb. 14:** Valentine's Day Party with Marietta Always at 6:30 p.m. in the PVR
- Feb. 15:** PB Jazz at 2 p.m. in the PVR
- Feb. 16:** Rick Elkins at 1:30 p.m.
- Feb. 22:** Shauna Sconce at 2 p.m. in the PVR
- Feb. 24:** Will and Michele Young at 6:30 p.m. in the lobby
- Feb. 25:** Dale Williams at 3 p.m.
- Feb. 26:** Dori Miller at 3 p.m.

On the Road Again

- Feb. 5 & 19:** Scenic Bus Ride at 10:15 a.m.
 - Feb. 12 & 26:** Music at The Plaza at 1:30 p.m.
- Please RSVP for all outings with any Life Enrichment team member or our receptionist.

Special Events

- Feb. 13:** Gentlemen's Lunch at noon
- Feb. 20:** Pearl Garden Tea at 2 p.m.
- Feb. 21:** Monthly Birthday Party at 2:30 p.m.

Employee of The Month

Congratulations to Sharlin Avila in Life Enrichment! Sharlin has worked at Regal Palms for nearly two years, starting as a server in Dining Services. When asked what she likes best about her job, she says, "Getting to know the residents and making them giggle and smile; making sure they are having a wonderful time because they are like grandparents to me!" Sharlin says, "I have a grandma of my own, who I go home to every day. She cooks my favorite meals, and I aspire to be just like her!" Originally from Ecuador, Sharlin was raised in New Jersey. Now a Floridian, she enjoys spending time at the beach, doing her nails and doing make-overs on others. Animals are her "obsession," and she looks forward when she can have two or three dogs of her own. With her caring attitude, they will be lucky dogs! Thank you, Sharlin, for all you do.



Resident Birthdays

- Paulette O., 2nd
- Betty L., 4th
- Monte B., 19th
- Lenore H., 27th

Employee Birthdays

- John Ozack, 1st
- Roger Hockenberry, 1st
- Mercuria Love, 1st
- Jamie Ruthardt, 29th

Anniversaries

- Tom & Joyce M., 2/2/2002

Soaring: Supporting the Spirit

When I first began working as the Spiritual Director at The Palms of Largo, I was, of course, handed a job description. There were many tasks and responsibilities, but above all, there was one essential thing which must be my focus every day. Put simply, I am asked to "show up and ask myself 'Who can I love today?'" Wow! Talk about a dream job! I set my heart on falling in love with the residents and staff. I ran across this quote which sums it up for me:

"Love is just a word until someone comes along and gives it meaning."
-Paulo Coelho

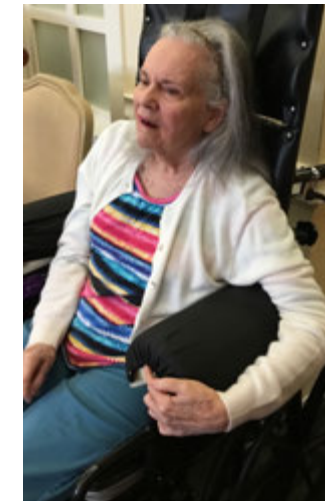
I begin and end my days giving thanks for each of you, for all the ways our residents and staff express love, care and compassion for one another, giving true meaning to the word "love."

Join me at our weekly Prayer and Share program every Wednesday at 10 a.m.

Many blessings,
Becca

Holiday Memories

As promised, here's a look back at the fun we had during the 2018 holiday season.



Listening to the harp is Charlene's favorite program.



Miss Elf Jean



Miss Elf Margaret



Santa and Joe sharing a gentle touch and a smile.



Victoria and her lovely harp bring so much joy to the residents year round.



Santa had a fun visit with Doris.



Rebecca and Thelma making cookies for Family Night.



Don and Gene had fun decorating the cookies.



Thank you to our Pearl Garden veterans. We appreciate your dedication to our great country and will never forget your sacrifices.



REGAL PALMS

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ALF #9570

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Happy Valentine's Day

Violinist Marietta Always will be the featured entertainer at our Valentine's Day Party on Thursday, Feb. 14. Her presentations are entertaining, as well as educational, as she shares the history of the songs she performs. Light refreshments will be served. The evening starts at 6:30 p.m. in the Palm View Room.

Chinese New Year

Tampa Taiko will be our featured entertainment. You won't want to miss this fun-filled, interactive program that covers the history of taiko, the music of Japan, and a modern drumming performance. The drums are made from discarded barrels that have been recycled into taiko drums. Join the fun on Friday, Feb. 8, in the PVR at 3 p.m.



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