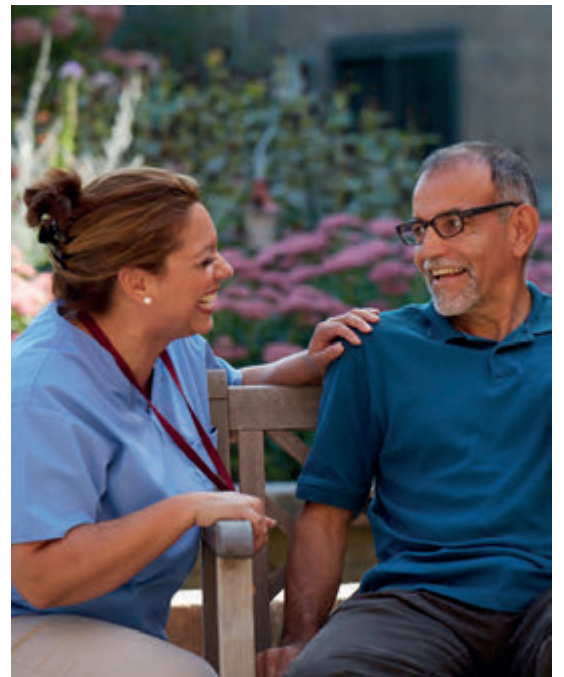


GOOD Life News

at Pearl Garden at Regal Palms

NOVEMBER 2018

www.regalalf.com



Happy Thanksgiving

If you are planning to dine in the Main Dining Room on Thanksgiving, kindly make your reservations at the lobby reception desk by Monday, Nov. 12. Seating times are 11:30 a.m. and 1 p.m. The cost is \$17 per guest and \$8 for children ages 4-10. If your loved one will be going out for the day, please let our receptionist know. She will notate your pick up time so your loved one is ready when you arrive.

We are so thankful for each and every one of our Pearl Garden residents, their family members and our staff.

Pearl Garden News

To ensure the safety of our residents, we ask that before you proceed directly to the fourth floor, you will first stop at the reception desk in the lobby. You will be asked to sign the guest book, inform the receptionist of your destination and obtain a visitor badge. The receptionist will phone the Pearl Garden nurses' station of your impending arrival. If you are taking your loved one off the floor, please be sure to complete our sign-out sheet located at the nurses' station. Thank you in advance for your compliance.



Pearl Garden Soaring: Support the Spirit by Becca Bass, Spiritual Director

November is a time for giving thanks. Did you know that having an attitude of gratitude has been said to boost the immune system, lead to better sleep, lower blood pressure and decrease loneliness? Sounds like a winner to me. How about starting a gratitude list, just three things a day?

I invite you to join me in our new program, Prayer & Share every Wednesday at 10 a.m. I am grateful for each of you!

**Our Talk.
Our Walk.
Every Day!**

Platinum Service® Standard #4

"I am committed to my ongoing development. Knowledge and skills are essential in creating a great experience for our residents."

We use our Platinum Service Standards to measure our ability to serve our residents and each other. When we live up to the requirements of Platinum Service and fulfill our job duties in an exceptional way every day, we know that we are truly doing a good job. Measuring individual and team performance against standards allows us to identify areas of improvement. This is important for the residents who will always enjoy great service from us and for us as employees. In fact, understanding how to better serve our residents, and how to minimize mistakes and rework makes us more efficient, productive, and ultimately more satisfied in our jobs.

National Assisted Living Memories

These are just a few of the photos from the National Assisted Living events that were held in September. The residents participated in a Grandparents Day celebration with Frank Cannon, a disco party with entertainment by Keith & Ruby, our annual 9/11 ceremony at The Plaza and Regal's first homecoming dance. By the end of the week, we were all pretty tired but in a good way! We are already looking forward to NALW 2019!



The gang singing "God Bless America" during the 9/11 Remembrance Ceremony.



Jean and Kate look so pretty at our Homecoming Dance.



Gene and Fran enjoying the disco entertainment.



Thelma has such a beautiful smile.



Rose presented one of the Largo firefighters with a furry friend that was made during a stuff a bear activity.



Disco Fever!



Don said he looked "stylish" with his homecoming flower.

Entertainment and Outings

- Nov. 1:** Victoria Garcia, Harpist at 1:30 p.m.
- Nov. 2:** Keith Coleman at 2 p.m. in the PVR
- Nov. 3:** P.A.L.S.: Chloe' and Dolly at 10:30 a.m.
- Nov. 3:** Rich Raynor, the Piano Man at 1:30 p.m.
- Nov. 4:** Louis Bravo at 6:30 p.m. in the PVR
- Nov. 5 & 19:** 2 Peace Band at 3 p.m.
- Nov. 7 & 28:** Pearl Garden Chorus with Anita at 3 p.m.
- Nov. 8 & 29:** Music Therapy at 3 p.m.
- Nov. 9:** Maple Sugar Serenaders at 2 p.m. in the PVR
- Nov. 11:** Charlie Ragan at 1:30 p.m.
- Nov. 12:** Theresa Jean at 3 p.m.
- Nov. 13 & 27:** The Learning Center Children at 10:30 a.m.
- Nov. 14:** David McAbee at 3 p.m.
- Nov. 16:** Jerry Simmerer at 2 p.m. in the PVR
- Nov. 18:** Rick Elkins at 1:30 p.m.
- Nov. 23:** PB Jazz at 2 p.m. in the PVR
- Nov. 25:** Will & Michele at 6:30 p.m. in the lobby
- Nov. 26:** Dale Williams at 3 p.m.
- Nov. 27:** Dori Miller at 3 p.m.
- Nov. 29:** Annual Tree Lighting at 6 p.m. in the lobby
- Nov. 30:** Tommy Allison at 2 p.m. in the PVR

On The Road Again

- Nov. 6 & 20:** Scenic Bus Ride at 10:15 a.m.
- Nov. 13 & 27:** Music at The Plaza at 1:30 p.m.

Please RSVP for all outings with Life Enrichment or the receptionist

Special Events

- Nov. 7:** Gentlemen's Lunch at noon
- Nov. 14:** Pearl Garden Tea at 2 p.m.
- Nov. 15:** Monthly Birthday Party at 2:30 p.m.



Regal Palms' Annual Tree Lighting is Thursday, Nov. 28, at 6 p.m., in the lobby.

Photo of The Month

Frank Cannon was our evening entertainment on Grandparents Day. We sang along with him to all of our favorite gospel songs. After each show, he always has a smile and a hug for us; that's what makes him one of our favorites!



Frank with his friends after the show

Employee of The Month

We are pleased to announce this month's Superstar, Leslie Cservak in Dining Services. Leslie plays an important role on Pearl Garden, serving meals and making sure the residents are happy with their culinary experiences. Originally from Poughkeepsie, N.Y., Leslie is now proud to call Largo her home. She has four sons (one whom she shares a home with) and six grandchildren! She enjoys spending time with her family; her two cats, Yoshi and Luna; her dog, Chase; working puzzles; watching movies and riding her scooter! When asked what she likes best about her position here at Regal Palms (which, she has held for 12 years!), she states, "The residents and all the hugs I receive on Pearl Garden!"



Thank You, Pearl Garden Veterans

In honor of Veterans Day, we would like to take this opportunity to thank our courageous veterans for their sacrifice and dedication to our great country.

- Air Force:** Monte B.
- Army:** Wolfgang R.
- Marines:** Joe H.
- Navy:** Al C. and Tom M.



Veterans Day, Nov. 11

Resident Birthdays

- Don V., 10th
- Joseph H., 13th
- Barbara S., 30th

Employee Birthdays

- | | |
|------------------------|------------------------|
| Mary Brice, 1st | Dawn Roix, 19th |
| Autumn Murphy, 7th | Debisue Adams, 23rd |
| Sharlin Avila, 13th | Warren Mc Kinney, 24th |
| Maureen Webster, 16th | Ruth Jackson, 25th |
| Florencio Garcia, 18th | Charlotte Amoah, 26th |
| Dawn Kelly, 19th | Gigi Habibi, 28th |

Time Falls Back on Sunday, Nov. 4

If you need assistance with changing your watch or clock, please don't hesitate to let any staff member know. We'd be happy to help you.





REGAL PALMS

Senior Living

300 Lake Avenue NE, Largo, FL 33771
727-437-1350 | www.regalalf.com



ALF #9570

MANAGED BY
 **The Goodman Group**

Staff

Executive Director

Richard M. Lewis

Director of Nursing

Natasha Belichka, RN

Sales and Marketing Director

Lindsey Edwards

Life Enrichment Director

Tammy M. Dunlap

Director of Dining Services

Rob Meli

Memory Care Coordinator

Linda Suswal, RN

Resident Services Director

Linda J. Sclafani

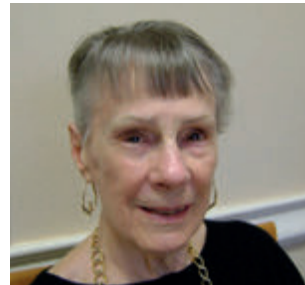
Plant Operations Director

Tom Schiro

Welcome New Neighbors



Welcome, Thelma!



Welcome, Betty!



Welcome, Monte!

Save The Date!

Our Annual Pearl Garden Tree Trimming Party will be Thursday, Dec. 6. Additional information will be in next month's newsletter.



Like Us on Facebook

@RegalALF

Visit facebook.com/RegalALF to see pictures and catch up on all the fun here at Pearl Garden at Regal Palms. This is a great way for family members and friends to stay connected!