

GOOD Life News

Pearl Garden at Regal Palms

JULY 2017

www.regalalf.com

Pearl Garden News

To ensure the safety of our residents, we ask that before you proceed directly to the fourth floor, you will first stop at the reception desk in the lobby. You will be asked to sign the guest book, inform the receptionist of your destination and obtain a visitors badge. The receptionist will phone the Pearl Garden nurses' station of your impending arrival. If you are taking your loved one off the floor, please be sure to complete our sign-out sheet located at the nurses' station. Thank you in advance for your compliance.

Pearl's
LIFE



**Our Talk.
Our Walk.
Every Day!**

**Enjoying
the Summer
Bounty**

At long, last summer is here! That means fresh fruits and vegetables straight from the garden, food co-op, roadside stand or local grocery. We're here to help you enjoy the best of the season's bounty and reap the benefits. Eating well this season is about fresh, colorful food, and on many occasions, eating outside with friends or family adds to the fun. Search out super foods like spinach, raspberries or blueberries. Research suggests that healthy eating can promote mental acuteness, resistance to illness and disease, and increased energy.

Ages Entwined®

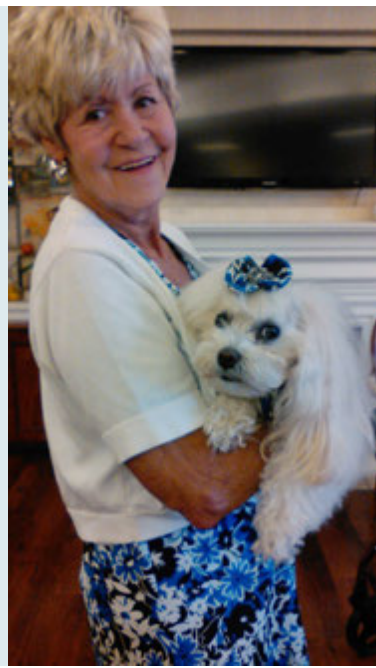
We love our special time with the children from The Palms of Largo Learning Center. They bring laughter, smiles and lots of hugs! We are blessed to have them visit us twice a month. When they are here, we make a craft together, sing songs or hear about what they are currently learning. We also spend time with them on Friday mornings when they are outdoors at The Plaza, splashing around in the water. We've been known to kick off our shoes and join in! Our grandfriends make our hearts happy!



Hugs for Mary Kay C.

P.A.L.S.

Thelma and her baby, Chloe', the dancing Maltese, visit us the first Saturday of each month. Chloe' is a true performer and likes to show us her tricks and dances. We love to see their latest matching outfits, too! Thank you both for being such dedicated volunteers. We appreciate you!



Viva Italiano!

Like most Italian festivities, you have to start out with a feast! Our wonderful culinary team delighted our taste buds for sure. For starters, we enjoyed pasta fagioli soup and fennel salad. For the main entree, we had a choice of homemade cheese lasagna with meatballs, chicken saltimbocca or shrimp scampi. The toasty-warm garlic bread sticks were a must! There was no denying the tiramisu for dessert was a crowd-pleaser.

After dinner, we headed down to the Palm View Room for entertainment by "The Frank and Dean Experience." These two talented gentlemen kept our hands clapping and feet tapping along to all our favorite Sinatra and Martin tunes. The Life Enrichment team served refreshments during intermission. We had a lot of fun with a Mona Lisa photo prop. The night was a success. Grazie!



Hank said he would pose for this picture if it "made the newsletter!" Here ya go!



Karen and Laura enjoyed dinner in the main dining room.



Mardy had fun posing with our entertainers, Frank and Dean!

Employee of The Month

Congratulations to Roberta "Bert" Boyle, our Employee of the Month. Bert says she was born and raised in a small town as "short as me" called Sturgeon Bay, Wisc. She came to Florida in 1986 and was married in 1988. Bert and her husband, Eric, have a Shih Tzu named Cody that is loved dearly. Bert never says no to chocolate and loves boating with her husband on the weekends! Bert has been working in the health care industry for over 30 years. She says, "I love my job here at Regal." Thanks for all of your hard work, Bert! You are truly an asset.



Alzheimer's Fundraiser

Chinese Auction
Regal Palms lobby
July 27, 2017
4 to 6 p.m.

Drawings start promptly at 6:15 p.m.
Tickets are 25 cents each or 5 for \$1.

All proceeds benefit our Walk to End Alzheimer's team fund.

Now accepting gently used items for our event. Kindly bring your donation to Tammy by July 24. See Life Enrichment for more information.

Residents Having Fun



Lorraine states, "It's fun to dress up for our monthly tea party!"



Don says he looks forward to the monthly Gentlemen's Lunch.



Ilse and Laura on a scenic bus ride to Clearwater Beach

Entertainment and Outings

Let Us Entertain You

July 1: P.A.L.S. — Chloe', the dancing Maltese at 10:30 a.m.

July 1: P.A.L.S. — Golden Gang Retrievers at 11 a.m.

July 1: Rich the Piano Man at 1:30 p.m.

July 3: Denise Leigh at 6 p.m.

July 4: Don Juceam at 2 p.m. in the PVR

July 5 & 19: Pearl Garden Chorus with Anita at 3 p.m.

July 6: Relax with Harpist, Victoria Garcia at 1:30 p.m.

July 7: Jerry Simmerer at 2 p.m. in the PVR

July 9: Charlie Ragan at 1:30 p.m.

July 10: Theresa Jeanne at 6 p.m.

July 11 & 25: The Learning Center Children at 10:30 a.m.

July 12: David McAbee at 3 p.m.

July 12 & 26: 2 Peace Band at 6 p.m.

July 13 & 27: Music Therapy with James at 3 p.m.

July 14: Joe Hayes at 2 p.m. in the PVR

July 15: Rick Elkins at 1:30 p.m.

July 17: Will and Michelle at 6 p.m.

July 20: Monthly Birthday Party at 2:30 p.m.

July 20: Jerry Sanders at 3 p.m.

July 21: Tony Thomas at 2 p.m. in the PVR

July 24: Dale Williams at 3 p.m.

July 25: Dori Miller at 3 p.m.

July 26: P.A.L.S. — Kiki and Brandi at 3 p.m.

July 28: John Puma at 2 p.m. in the PVR

July 31: Diana Hofmann at 6 p.m.

On the Road

July 7, 14, 21 & 28: Ages Entwined® at 10:30 a.m. at The Plaza

July 11 & 25: Music at 1:30 p.m. at The Plaza

July 18: Scenic Bus Ride at 10:15 a.m. Please RSVP for all outings with any Life Enrichment team member or our receptionist.

Special Events

July 12: Gentlemen's Lunch at noon

July 26: Pearl Garden Tea at 3 p.m.

Welcome, Life Enrichment Assistant, Rebecca Grant

We are pleased to introduce you to Rebecca, our newest team member. Rebecca is excited to be here at Regal Palms, having served many years working with senior citizens. Rebecca is a native Floridian, having been born and raised in Indian Rocks as a "beach brat," as she puts it. Rebecca enjoys traveling and even spent a five year period on the road living in an RV! She states that her two grandchildren are the loves of her life and she also adores her cat, Sweet Pea.

Please join us in welcoming Rebecca.



4th of July Happenings

We will have I love America JINGO, flag painting, The Don Juceam Show, a patriotic singalong, a BBQ dinner, USA trivia and "America the Beautiful" DVD. Come to the center porch at 8 p.m. to watch the fireworks from Largo Central Park. The colors of the day are red, white and blue!



Photo of The Month

In honor of Independence Day, we salute and thank our Pearl Garden Veterans.

Air Force: Hank M.

Army: Joe P., Don R.

Marines: Joe H.

Navy: Charles C., Al C., Ralph C.



Joe says, "Once a proud Marine, always a proud Marine, and I love my country!"

Resident Birthdays

Lorraine S., 5th
June E., 6th
Carol M., 20th
Al C., 29th

Employee Birthdays

Cyara Leide, 1st
Ashley McGarrah, 2nd
Miaya Campbell, 8th
Robert Beauregard, 9th
Malou Barnard, 9th
Ming Lin Williams, 11th
Tammy Dunlap, 13th
Jennifer DeVuyst, 13th
Rachel Rosario, 16th
Linda Nevitt, 29th
Jeffrey Jackson, 30th
Patricia Ceraolo, 30th



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Lindsey Edwards

Life Enrichment Director
Tammy M. Dunlap

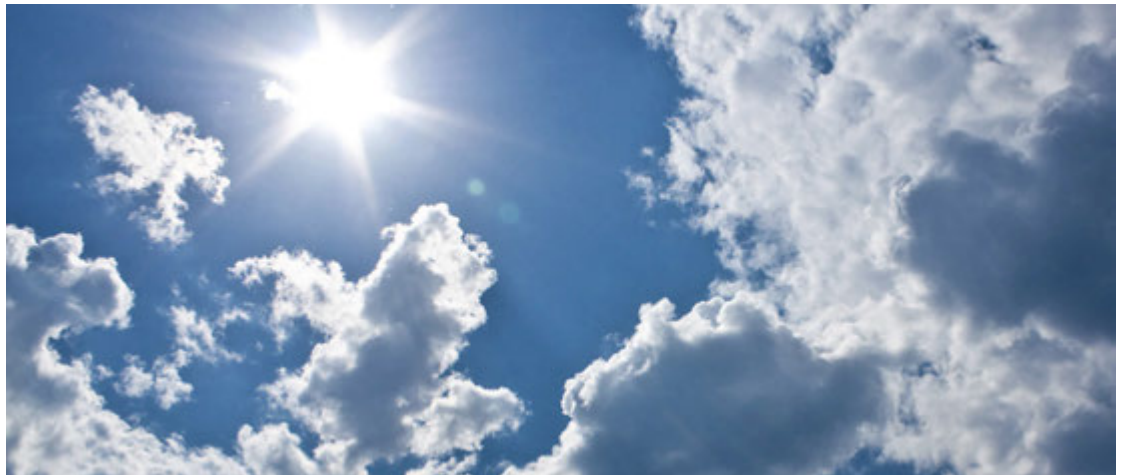
Director of Dining Services
Rob Meli

Memory Care Coordinator
Linda Suswal, RN

Resident Services Director
Linda J. Sclafani

Spiritual Spotlight: Evening of Remembrance

All are welcome to our quarterly service honoring the residents of Regal Palms who have recently passed away. Please join us on Tuesday, July 25, at 7 p.m., in the Palm View Room, as we remember those who have touched our lives. Spiritual Director Becca Bass will officiate the service. Refreshments offered afterwards.



Like Us on Facebook

Go to facebook.com/RegalALF to see pictures and catch up on all the fun here at Regal Palms. This is a great way for family members and friends to stay connected!

