

August 2013



Dear Residents:

I would like to highlight the Kitchen—JJ works very hard to ensure you get the best quality food. Let's remember to say thank you to the people who provide us with nutritious and tasty meals. Evette, Cheryl, Kathy and Wally all spend lots of time planning and preparing meals for 94 residents. The juice and coffee bar is open 24 hours a day. We would like to encourage people to stay hydrated this summer. Staying hydrated prevents UTIs and heat stroke. If anyone would like to request a special meal or dessert, please let us know at the community meeting.

TRANSPORTATION: Please give us 24-hours' notice for your transportation needs. After your doctor's appointment, please bring appointment cards to the front desk for appointments to be made. We are trying to eliminate any delays or lack of service due to overbooking.

I would like to encourage everyone to come and help with decorating and some of the fun activities. Please donate for our auction—it will be interesting and exciting. Also, River Commons is participating with a few outside organizations—Expressions to benefit Alzheimer's disease. Please let me know if you would like to help in the crusade.

Thank you all for choosing River Commons as your home.

Have a wonderful day and enjoy life!

Lisa McLaren, Community Manager