



# MAY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Calendar events subject to change.</b>	<b>MAY DAY 1</b> 9:00 Helping Hands 9:00 Riverside Expresso 11:00 FIT to Be Strong® 1:15 Colorado Wildflower Tour 3:00 Bingo	<b>2</b> 8:30 "Hello Gorgeous" Opens 9:00 Helping Hands 9:45 Catholic Rosary 11:00 Reflect & Refresh 3:00 Manicures	<b>3</b> 9:00 Helping Hands 9:45 Apples to Apples 11:00 FIT to Pedal® 1:15 TED Talks 3:00 Popcorn 5:30 Dinner & a Movie	<b>4</b> 9:00 Helping Hands 10:15 Resident Council Meeting 3:00 Happy Hour 4:30 FIT to Stretch® 6:30 Bingo	<b>5</b> 9:00 Helping Hands 9:45 News & Coffee 11:00 FIT to Be Strong® 1:15 Celebrating Cinco De Mayo 3:00 Cinco De Mayo Dip	<b>6</b> 9:00 Helping Hands 9:30 You Be the Judge 11:00 Reflect & Refresh 1:15 Bingo 3:30 FIT to Pedal®
	<b>7</b> 9:00 News & Coffee 11:00 FIT to Stretch® 1:30 St. Paul Lutheran Service 1:45 Shopping Cart 3:30 Memory Street Trivia	<b>8</b> 9:00 Helping Hands 9:00 Riverside Expresso 11:00 FIT to Be Strong® 1:15 A Month to Remember 3:00 Monthly Birthday Celebration	<b>9</b> 8:30 "Hello Gorgeous" Opens 9:00 Helping Hands 9:45 Catholic Rosary 11:00 Reflect & Refresh 1:15 Making Beaded Sun Catchers 3:00 Manicures	<b>10</b> 9:00 Helping Hands 9:45 Table Talk 11:00 FIT to Pedal® 1:15 Hazelnut Truffles 5:30 Dinner Party	<b>11</b> 9:00 Helping Hands 10:30 Know the Japanese Culture 1:15 Star of the Mo Gary Cooper 3:00 Happy Hour 4:15 FIT to Stretch® 6:30 Bingo	<b>12</b> 9:00 Helping Hands 9:45 News & Coffee 11:00 FIT to Be Strong® 1:15 Reading From the Guide Post 3:30 Performance by Todd Henry
<b>MOTHER'S DAY 14</b> 9:00 Inspired Design 11:00 FIT to Stretch® 1:30 Hope Baptist Church Service 1:45 Shopping Cart 3:30 Cake & Coffee	<b>15</b> 9:00 Helping Hands 9:00 Riverside Expresso 11:00 FIT to Be Strong® 1:15 Paul Harvey Rest of the Story 3:00 Bingo	<b>16</b> 8:30 "Hello Gorgeous" Opens 9:00 Helping Hands 9:45 Catholic Rosary 11:00 Reflect & Refresh 1:20 Outing: To Be Announced 3:00 Manicures	<b>17</b> 9:00 Helping Hands 9:45 Reminisce Magazine 11:00 FIT to Pedal® 2:00 Popcorn 5:30 Dinner & a Movie	<b>18</b> 9:00 Helping Hands 1:15 Sentimental Reflections 3:00 Happy Hour 4:15 FIT to Stretch® 6:30 Bingo	<b>19</b> 9:00 Helping Hands 9:15 News & Coffee 11:00 FIT to Be Strong® 1:30 Hymns w/Emi 3:00 Panoramic Portland Tour	<b>20</b> 9:00 Helping Hands 9:30 Tribute to the Armed Forces 11:00 Reflect & Refresh 1:15 Bingo 3:30 FIT to Pedal®
<b>21</b> 9:00 News & Coffee 11:00 FIT to Stretch® 1:30 St. Paul Lutheran Service 1:45 Shopping Cart 3:30 Memory Street Trivia	<b>22</b> 9:00 Helping Hands 9:00 Riverside Expresso 11:00 FIT to Be Strong® 1:15 Public Library 3:00 Bingo	<b>23</b> 8:30 "Hello Gorgeous" Opens 9:00 Helping Hands 9:45 Catholic Rosary 11:00 Reflect & Refresh 1:15 Manicures 3:30 Homemade Ice Cream	<b>24</b> 9:00 Helping Hands 9:45 Treasures of the Heart® 11:00 FIT to Pedal® 1:15 Bake Cookies Choc/Orange Peel 5:30 Dinner Party	<b>25</b> 9:00 Helping Hands 10:30 Armchair Travels Tokyo 1:15 Lemonade on the Patio 3:00 Happy Hour 4:15 FIT to Stretch® 6:30 Bingo	<b>RAMADAN BEGINS AT SUNDOWN 26</b> 9:00 Helping Hands 9:45 News & Coffee 11:00 FIT to Be Strong® 1:15 Table Games & Puzzles 3:00 Afternoon Concert	<b>27</b> 9:00 Helping Hands 9:30 Morning Facials 11:00 Reflect & Refresh 1:15 Bingo 3:30 FIT to Pedal®
<b>28</b> 9:00 Inspired Design 11:00 FIT to Stretch® 1:30 Christian Fellowship 1:45 Shopping Cart 3:30 Memory Street Trivia	<b>MEMORIAL DAY 29</b> 9:00 Helping Hands 9:00 Riverside Expresso 11:00 FIT to Be Strong® 1:15 Carol Burnett Show 3:00 Bingo	<b>30</b> 8:30 "Hello Gorgeous" Opens 9:00 Helping Hands 9:45 Catholic Rosary 11:00 Reflect & Refresh 1:15 Outing: To Be Announced 3:30 Manicures	<b>31</b> 9:00 Helping Hands 9:45 Reminisce Magazine 11:00 FIT to Pedal® 1:15 Wii Games 3:00 Popcorn 5:30 Dinner & a Movie	<b>The survey results are readily accessible and are located behind the nurses' station between the public restrooms.</b>		