

# GOOD Life News

*at Royal Palms*

JUNE 2018

[www.royalsenior.com](http://www.royalsenior.com)

## Volunteer Reception

Our volunteers are amazing! Without them, we wouldn't be able to do nearly as much each month! To thank them for all of their efforts, we held a volunteer reception. Matt and his staff presented a beautiful spread of hors d'oeuvres, and we had the mentalist, Greg Raven amaze us!



*Marty, Dolores, Oz, Isabel and Bea*



*Roger, Sandy and Chris*



*Roger and Eva*



*Joan and mentalist Greg*



*Arlene, Sandy and Julie*



**Our Talk.  
Our Walk.  
Every Day!**

## National Safety Month

Summer is a great time to start thinking about safety. Warm weather may be calling people outside, but outdoor activities also open the door to potential accidents. The National Safety Council designates June as National Safety Month to help raise safety awareness. You may be surprised to hear that one in three people over 65 falls each year, making it the leading cause of injuries for the age group. Exercise can be the first defense against falls. FIT Functional Fitness® offers various exercise classes that can help increase muscle and bone strength! The program's goal is to increase overall health and wellbeing, reduce potential for falls, and encourage residents to remain active.



## Great Gatsby Dinner

In April, we traveled back to the 1920s for a week.



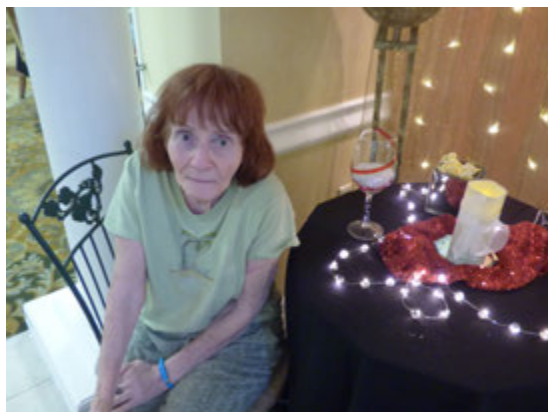
*Ciera, Mike and Alex*



*Jewel, Gladys and Peg*



*The Dining Gang*



*Barbara H.*



*Frances and Nan Colton*



*Blair and Marguerite*

## Resident Show

Residents from Royal Palms and Imperial Palms performed "Fifty, Nifty United States" this month.



*Linda sings a solo.*



*Jim and Terry dance.*



*Shirley, Delores and Martha*



*Ginny, Shirley and Delores*



*Natalie, Donna, Sue, Charles & Linda*

## Resident Birthdays

Terry D., 1st  
Arlene L., 3rd  
Peggy B., 4th  
Irene N., 7th  
Lou L., 7th  
Terry S., 10th  
Howard G., 16th  
Cindy B., 24th  
Joe M., 26th  
Peggy G., 27th  
Don W., 28th  
Norman S., 29th

## Anniversaries

Roger And Eva W., 6/2/1961  
CJ And Pat O., 6/13/1951  
Peter and Silvia M., 6/26/1954

## New Resident Table

Each month, residents host a New Resident Table. What a fun time we have getting to know each other!



*Doris and Dorothy (or is it Dorothy and Doris?), Annie, Jack, Bob and Cathy*

## Community Life Opportunities

Do you like to get out? We are so lucky to live where we live for there are so many fun places to visit. Outings include museums, boat tours, the beach, movies, gardens, the court house, ice cream manufacturers, book stores, wineries, breweries, TV studios and marinas, just to name a few places we've gone.

A fun way to get to know different residents is to join us for lunch out. We go to a different type of restaurant each month. In the month of June, we're going to Lucky Dill delicatessen. Due to popular demand, we've also added back dinners out. We'll be visiting the Columbia restaurant on Sand Key on Thursday, June 21, at 4 p.m.

The Francis Wilson Playhouse in Clearwater offers delightful plays, musicals and concerts. During the season, a bus takes residents to the second Saturday afternoon performance. Tickets are bought by calling Francis Wilson Playhouse. Once you have a ticket, sign up in the book in the Lobby for transportation. In addition, transportation is provided to all in-season coffee concerts at the Mahaffey Theater in Clearwater to hear the Florida Orchestra perform.

Many residents like to read. Besides 24-hour access to our superb Royal Palms' library that is kept organized and up-to-date by three very dedicated volunteers, a trip is scheduled every Saturday to the Largo Public Library.



## Readers Theatre Returns

Last Fall — on Friday the 13th to be precise — we introduced a new group here at Royal Palms. On that afternoon, our Readers Theatre group gave their first performance. The audience reaction was great. On Thursday, June 14, we are back for another show! We are calling this one "Is There a Doctor In the House?" because the show starts and ends with skits about a doctor.

Readers Theatre is a very unique performance genre. It is sort of like a play but without costumes or props, and the lines are read from a script, not memorized. There is also very little blocking (that's theatre talk for moving around on the stage). Readers sit in a chair and use voice inflection and dramatic interpretation to bring the script to life. Think of it as a live version of the old radio shows. Join us on June 14 at 3 p.m. in the Theater. A good time will be had by all.





ROYAL PALMS

Senior Living

200 Lake Avenue NE, Largo, FL 33771  
727-585-8003 | www.royalsenior.com



#NAP6215399

MANAGED BY  
 The Goodman Group

## Staff

### Executive Director

Robin Katchuk

### Life Enrichment Director

Kathy Nordlinger

### Director of Marketing

Kymerly Keenan

### Director of Dining Services

Matt Galka

### Maintenance Director

Shane Boswell

### Activity Services Director

Chris Ayril

### Transition Director

Nancy Bauer

### Director of Performing Arts

Jim Abegglen

### Director of Hospitality

Cookie Pompei

## Resident Officers

President — T.J. S.

Sergeant-at-Arms — Bill B.

Vice President — Corinne S.

Sunshine — Sandy M.

Community Life — Shirley P.

Welcome — Donna S.

Safety — Mike H.

Communication — Barbara F.

Secretary — Frances S.



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