

# GOOD Life News

at Royal Palms of Largo

JUNE 2017

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## Cinco de Mayo

The Ballet Folklorico Raices De Mexico performed authentic Mexican dances. The non-profit group is made up of adults and children who want to preserve and celebrate their Mexican culture.



## Volunteer Luncheon

The Palms of Largo celebrated all of its volunteers with a luncheon held at the Largo Community Center. For entertainment, the Royal Palms' Players performed songs from their most recent resident show.



Barbara, Joe and Mary Jane



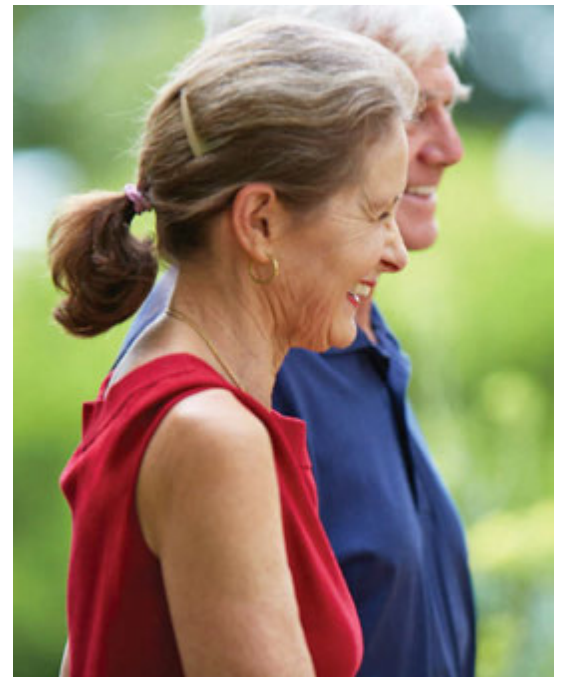
Gail, Jackie and Dolores



Annie, Fran, Silvia and Anne



Francis, Marty, Ginny and Bea



**Our Talk.  
Our Walk.  
Every Day!**

**National  
Safety Month**

Summer's start is a great time to think about safety. Warm weather may be calling people outside, but outdoor activities also open the door to potential accidents. The National Safety Council designates June as National Safety Month – a great time to reconsider how we can “Keep Each Other Safe,” this year's theme. You may be surprised to hear that one in three people over 65 falls each year, making it the leading cause of injuries for the age group. Exercise can be the first defense against falls. FIT Functional Fitness® offers various programs that can help increase muscle and bone strength!

## Volunteer Luncheon (cont.)



Royal Palms' Players perform



Oz, John, Hazel, Marilyn and Dolores



Irene and Hanne

## Kentucky Derby

We had a packed Theater for the Running of the Roses. Residents enjoyed mint juleps as they watched the race. Barbara F. was one of 12 residents who picked the winning horse, and she won a large basket of gifts in the drawing. Isabel O. was picked by her peers to win a gift certificate for the hat that caught their eye. It was a fun and thrilling evening for all!



Ed and Phylis are dressed for the Derby.



Marilyn



Hazel and Gladys



Bill, Doris, Margaret and Tom show their Kentucky Derby spirit.

## Resident Show



Marilyn, Ginny, Dolores, Terry and Betty sing.



Charles talks in a skit.



Marion and Betty narrate.



Salute to the Armed Forces



Dolores and Dr. Clare care for a pet frog.



Hazel, Marilyn, Ginny and Susan sing with Jim.

## Holocaust

### Remembrance

We had a full house to hear Lisl tell us of her and her brother's experiences during the Holocaust.



Lisl

## Resident Birthdays

- Terry D., 1st
- Louis S., 3rd
- Betty W., 4th
- Peggy B., 4th
- Lou L., 7th
- Terry S., 10th
- Ellen J., 13th
- Howard G., 16th
- Cindy B., 24th
- Joe M., 26th
- Peggy G., 27th
- Norman S., 29th

## Anniversaries

- Jim And Bea K., 6/1/1957
- Roger And Eva W., 6/2/1961
- CJ And Pat O., 6/13/1951
- Eugene And Lois H., 6/14/1947
- Peter and Silvia M., 6/26/1954
- Bob And Corrine E., 6/28/1959



**ROYAL PALMS**

ACTIVE ADULT LIVING  
In the  of Pinellas County

200 Lake Avenue N.E.  
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COMMUNITY MANAGED BY



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## Staff

**Executive Director**

Robin Katchuk

**Life Enrichment Director**

Kathy Nordlinger

**Director of Marketing**

Kymerly Keenan

**Director of Dining Services**

Cookie Pompei

**Maintenance Director**

Shane Boswell

**Dining Room Manager**

Kimberly Kniffin

**Executive Chef**

Tommy Rosado

**Activity Services Director**

Chris Ayril

**Transition Director**

Nancy Bauer

**Director of Performing Arts**

Jim Abegglen

## Virtual Reality

New technology has come to Royal Palms with the addition of a virtual reality headset. Virtual Reality refers to computer technologies that use specially-designed headsets to generate the realistic images, sounds and other sensations that replicate a real environment or create an imaginary setting. Virtual Reality also simulates a user's physical presence in this environment. The headset uses a cell phone to connect to applications.

While using the headset, you can see all that surrounds you. You can look overhead, at your feet and behind you. The view changes as you look around.

With VR (virtual reality) you can see the city in which you grew up as it looks today or see a famous site in another country. You can ride a roller coaster without leaving your chair or take a tour of a memorial, such as the WWII memorial in Washington, D.C.

Curious? The headset will be available Thursday, June 1, at 10:30 a.m., in the Lobby. Stop by and experience a whole new world.

### Like Us on Facebook

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