

GOOD Life News

at Royal Palms

AUGUST 2018

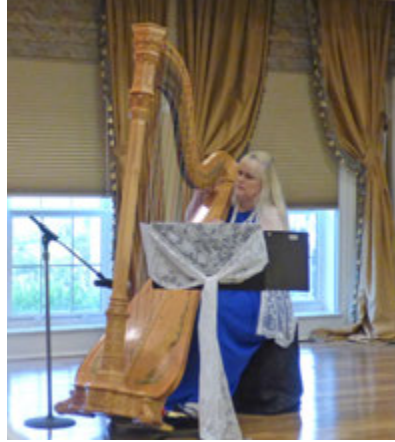
www.royalsenior.com



28th Anniversary Breakfast



Silvia and Peter enjoy the food.



Victoria plays the harp.



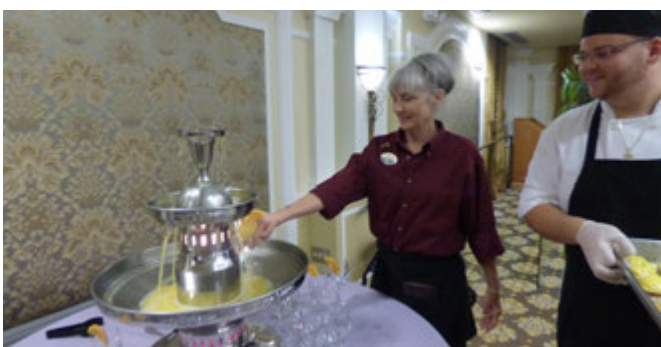
Cathy is getting hungry.



Eva looks forward to her omelette from Lesly.



Sandy and Mary Jane like what they see.



Gail and Themis make it special.

**Our Talk.
Our Walk.
Every Day!**

**30 Years
Recognizing
Senior
Citizens Day**

The United States Congress and President Ronald Reagan encouraged the public recognition of senior citizens' wisdom, leadership, and contributions by declaring August 21, 1988 to be the first National Senior Citizens Day. Some of our favorite activities for the day have tangible benefits in terms of social connection and individual well-being. Easy ways to get started include: starting a family history project, searching for local volunteer opportunities, setting a date for the next family reunion, or scheduling a visit with the kids or grandkids.

Food Show and Sampler

Sysco Foods hosted a food tasting.



Jean, Jackie, Isabel, Barbara and Dolores enjoy the company.



Blair, Delores, Mary Jane and Martha are having fun.

Wine Tasting

Another successful Wine Tasting!



Virtual Reality

Residents visited a salt mine in Poland and a temple in Thailand through the magic of virtual reality.



Charles studies the landscape.



Residents "travel" to faraway places.

Dish with Dining

We are well into the dog days of summer — we kicked it off with a hot dog roast and a refreshing ice cream sundae bar with all the fixings. We hope you enjoyed the mini food show that was hosted by the Dining Services team and sponsored by our main food purveyor, Sysco, in which everyone was able to sample many different food items from soups, all the way to desserts. We were even able to find a few different items that we think will be a great addition to the fall menu. Also, we recently celebrated our 28th anniversary of Royal Palms with a beautiful champagne breakfast — we hope everyone had as much fun as we did in planning the event.

We are preparing for our mini food and wine festival this month, as well as planning our next adventure of going abroad as we plan our Italian night for August.

We also ask that with all of the mobile devices that are present in the dining rooms, please do not block the aisles or the walkways. If the server asks for you to move your walker to the perimeter of the wall, please allow us to do so, so that we may minimize the trips and falls risk within the dining rooms. As always, please do not take walkers and scooters into the salad bar area. Your server is very happy to get your salad for you, if needed. We also kindly ask that you do not take any of your salad bar items out in to-go boxes — salad bar items are meant to be eaten in the dining room.

Chimes Spring Concert



Steve leads the music.



Residents listen to the beautiful music.

Resident Officers

President: T.J. S.

Vice President:

Corinne S.

Community Life:

Shirley P.

Safety: Mike H.

Secretary: Frances S.

Sergeant-at-Arms:

Bill B.

Sunshine: Sandy M.

Welcome: Donna S.

Communication:

Barbara F.

Resident Birthdays

Wini M., 1st	Beverly B., 20th
Mary Jane M., 4th	Corinne S., 21st
Marian C., 9th	Donna S., 22nd
Marilyn H., 13th	Jack B., 22nd
Phyllis D., 16th	Ben N., 25th
Pat R., 16th	Eva W., 26th
Dorothy M., 18th	Chris C., 27th
Kitty H., 18th	

Anniversaries

Ed & Phyllis D., 8/12/1946
 Jack & Cindy B., 8/13
 Joe & Ann M., 8/27/1972
 Howard & Gloria G., 8/27/1949
 Tom & Kathy T., 8/28/1948

First Day of Summer Barbecue



Shirley and Marguerite look forward to their ice cream.

What's a summer without a barbecue? Matt and his staff provided a delicious array of summer treats.



Dee, Abe, Betty Terry, Jane and Blair



Phyllis, Ed, Roger, Eva, Rose and Frank



ROYAL PALMS

Senior Living

200 Lake Avenue NE, Largo, FL 33771
727-585-8003 | www.royalsenior.com



#NAP6215399

MANAGED BY
 The Goodman Group

Staff

Executive Director

Robin Katchuk

Life Enrichment Director

Kathy Nordlinger

Director of Marketing

Kymerly Keenan

Director of Dining Services

Matt Galka

Maintenance Director

Shane Boswell

Activity Services Director

Chris Ayrar

Transition Director

Nancy Bauer

Director of Performing Arts

Jim Abegglen

Director of Hospitality

Cookie Pompei

It's Showtime!

We have two outstanding shows for you this month. The first is the Readers' Theater show on Thursday, Aug. 2 at 3 p.m. This includes short, funny skits performed by our talented residents.

The second show is our Royal Players' Show on Wednesday, Aug. 22 at 2 p.m., and again on Thursday at 7 p.m. These shows include both singing and skits.

Residents have been working for months to bring you the best entertainment possible. Please, come and support all of their efforts and hard work!



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