

GOOD Life News

at Royal Palms of Largo

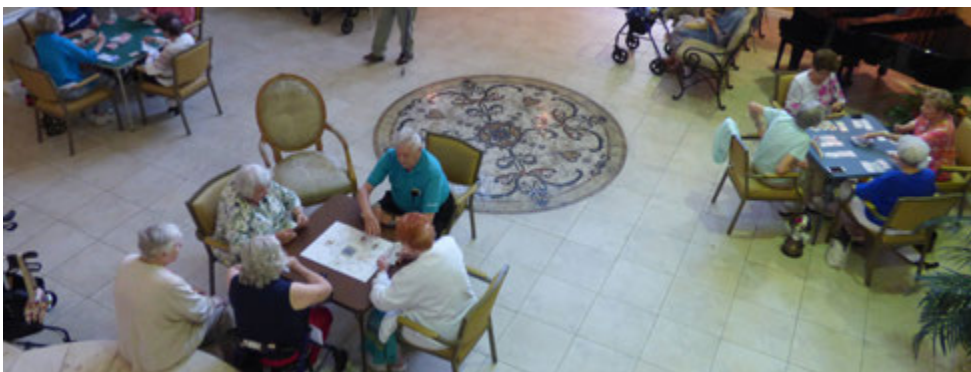
OCTOBER 2017

www.royalsenior.com



Royal Residents Are Resilient!

Royal residents weathered the hurricane with spunk and resiliency! The night before the storm, residents enjoyed a singalong with Jim. After Irma, throughout the power, cable and Internet outage, residents continued their usual Community Life activities' schedule, along with many added movies in our Theater and cards, games and socializing in the Lobby (the room that had the best light). We came together as a community and helped to lift each other's spirits!



**Our Talk.
Our Walk.
Every Day!**

Health Literacy Month

This annual October observance is designed to focus national attention on becoming activists of our own longevity. Taking steps to ensure one's own health and wellbeing in mind, body and spirit can take many forms. One of the most important things we can do is recognize the effects of aging and adopt a lifestyle that combats the process. Of course, this can include healthy eating, staying active, preventing falls, and correctly managing medications. We invite you to visit The Goodman Group's informational and inspiring blogs on health and wellness. Visit blog.thegoodmangroup.com.

Royal Residents Are Resilient! (Cont.)



June H., Francis S., Marie L., Aileen M. and Peggy H. shared a laugh.



Jane S., Regina A. and Ellen J. enjoyed dinner.

Happenings Around Royal



Ellen J. and Regina A. enjoy the "cat".



Evelyn B. and Jan T. show their moves.



Regina A., Ruth H. and Mecia H. take delight in holding the "cat".

Caribbean Night

Steel drum music filled the air as residents enjoyed tropical refreshments and a delicious Caribbean dinner by Executive Chef Tommy and his team.



Marty H., Dolores H., Ginny J., Carole W. and Marge H. enjoy the Caribbean dinner.



Helen H., Rosemary U., Claus and Hanne W.



June and Clare M. party.

Italian Night



Marion C. dances.



Rachel H. shows us her talent.



John G. and Hazel B. love to dance.

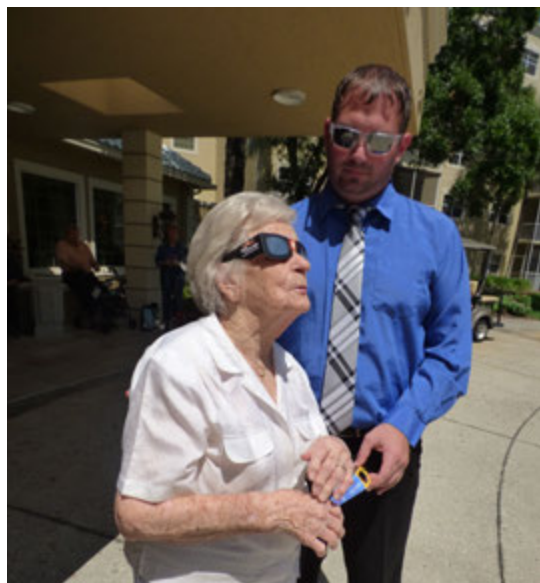
Resident Birthdays

| | | |
|------------------|--------------------|------------------|
| Mike C., 1st | Fran K., 16th | Don G., 25th |
| TJ S., 3rd | Howard J., 16th | Martha P., 27th |
| Marty H., 7th | Marcelino F., 16th | Helen J., 28th |
| Ray G., 9th | Margaret H., 16th | Barbara F., 29th |
| William S., 10th | Claire M., 18th | Bill B., 31st |
| Chong B., 10th | John L., 20th | |
| Bill B., 11th | Abe S., 20th | |

Anniversaries

Joseph And Mary Jane M., 10/4/1952

Awesome Solar Eclipse



Esther D. is amazed.



Mike C. leans into it.



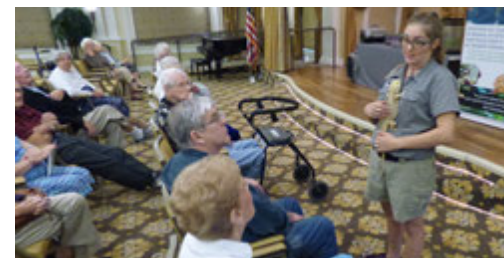
Bill B. catches a glimpse.

Pinellas County Reptile Show

Turtles and lizards were on display for residents to admire and pet.



Regina A. and Ginny C. pet the turtle while others look on.



Mike H. and Martha F. see the chameleon up close.



Francis S. and Marie L. are delighted.

Social Time

Cookie gave us an amazing social hour!



Annette K. and Cookie



ROYAL PALMS

ACTIVE ADULT LIVING
In the  of Pinellas County

200 Lake Avenue N.E.
Largo, FL 33771
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Robin Katchuk

Life Enrichment Director
Kathy Nordlinger

Director of Marketing
Kymberly Keenan

Director of Dining Services
Cookie Pompei

Maintenance Director
Shane Boswell

Executive Chef
Tommy Rosado

Activity Services Director
Chris Ayril

Transition Director
Nancy Bauer

Director of Performing Arts
Jim Abegglen

Ice Cream!



*Arlene L. and Lorraine
D. enjoy the treat.*



Mary Z. and Dot H. share in the fun.

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RoyalPalmsAtThePalmsOfLargo](https://facebook.com/RoyalPalmsAtThePalmsOfLargo) to see pictures
and catch up on all the fun here at Royal Palms.
This is a great way for family members and
friends to stay connected!

