

OCTOBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:15 Hymns & Singalong 11:00 Move & Groove 11:30 Trivia 2:15 Bingo 3:15 Reflections	2 10:00 Meet & Greet 10:15 Paws for Friends 11:00 FIT to Stretch® 11:30 Reminiscing 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	3 10:00 Meet & Greet 10:30 Massages by Kim 11:00 Table Top Games 11:30 Music Singalong 2:15 Spiritual Music w/ David, MDR 3:00 Movie 3:30 FIT to Be Strong®, MDR 4:00 Aroma Therapy	4 10:00 Meet & Greet 10:30 Active Games 11:00 Treasures of the Heart® 11:30 Sensory Sensations 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	5 10:00 Meet & Greet 10:30 Table Top Games/Activities 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:00 Armchair Travel&Coffee Social 3:00 Movie 3:30 FIT to Be Strong®, MDR	6 9:30 Catholic Communion (RR) 10:00 Meet & Greet 10:30 Group Games 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:15 Music w/Frank Cannon, MDR 2:30 Entertainment Video 4:00 Bingo	7 10:00 Meet & Greet 10:30 Active Games 11:00 FIT to Stretch® 11:30 Treasures of the Heart® 2:15 Creative Arts 2:45 Coffee Social 3:00 Reminiscing
8 10:15 Hymns & Singalong 11:00 Move & Groove 11:30 Trivia 2:15 Bingo 2:45 Creative Arts 3:15 Reflections	COLUMBUS DAY 9 10:00 Meet & Greet 10:30 Trivia 11:00 FIT to Stretch® 11:30 Reminiscing 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	10 10:00 Meet & Greet 10:30 Massages by Kim 11:00 Table Top Games 11:30 Music Singalong 2:00 Creative Arts 3:00 Movie 3:30 FIT to Be Strong®, MDR 4:00 Aroma Therapy	11 10:00 Meet & Greet 10:30 Active Games 11:00 Treasures of the Heart® 11:30 Sensory Sensations 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	12 10:00 Meet & Greet 10:00 Mystery Bus Outing 10:30 Table Top Games/Activities 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:00 Trivia & Coffee Social 2:30 Root Beer Floats 3:00 Movie 3:30 FIT to Be Strong®, MDR	13 9:30 Catholic Communion (RR) 10:00 Meet & Greet 10:30 Group Games 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:15 Gina & Luigi Dancing Party, MDR 2:30 Entertainment Video 4:00 Bingo	14 10:00 Meet & Greet 10:30 Active Games 11:00 FIT to Stretch® 11:30 Reminiscing 2:15 Music w/ Sharon Bales 2:45 Coffee Social 3:00 Sensory Sensations
15 10:15 Hymns & Singalong 11:00 Move & Groove 11:30 Trivia 2:15 Bingo 3:15 Reflections	16 10:00 Meet & Greet 10:30 Trivia 10:45 Music Therapy w/Tim 11:00 FIT to Stretch® 11:30 Reminiscing 2:00 Bingo & Coffee Social 2:15 Old Time Music Band, MDR 3:00 Movie 3:30 FIT to Pedal®, MDR	17 10:00 Meet & Greet 10:30 Massages by Kim 11:00 Table Top Games 11:30 Music Singalong 2:00 Reflections & Coffee Social 3:00 Movie 3:30 FIT to Be Strong®, MDR 4:00 Aroma Therapy	18 10:00 Meet & Greet 10:30 Active Games 11:00 Treasures of the Heart® 11:30 Sensory Sensations 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	19 10:00 Meet & Greet 10:15 Singalong w/Janis 10:30 Table Top Games/Activities 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:00 Armchair Travel&Coffee Social 3:00 Movie 3:30 FIT to Be Strong®, MDR	20 9:30 Catholic Communion (RR) 10:00 Meet & Greet 10:30 Group Games 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:15 Happy Hour w/Dale, MDR 2:30 Entertainment Video 4:00 Bingo	21 10:00 Meet & Greet 10:30 Active Games 11:00 FIT to Stretch® 11:30 Treasures of the Heart® 2:15 Creative Arts 2:45 Coffee Social 3:00 Reminiscing
22 10:15 Hymns & Singalong 11:00 Move & Groove 11:30 Trivia 2:15 Bingo 3:15 Reflections	23 10:00 Meet & Greet 10:30 Trivia 11:00 FIT to Stretch® 11:30 Reminiscing 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	24 10:00 Meet & Greet 10:30 Massages by Kim 11:00 Table Top Games 11:30 Music Singalong 2:00 Creative Arts 3:00 Movie 3:30 FIT to Be Strong®, MDR 4:00 Aroma Therapy	25 10:00 Meet & Greet 10:30 Active Games 11:00 Treasures of the Heart® 11:30 Sensory Sensations 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	26 10:00 Meet & Greet 10:30 Table Top Games/Activities 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:00 Trivia & Coffee Social 3:00 Movie 3:30 FIT to Be Strong®, MDR	27 9:30 Catholic Communion (RR) 10:00 Meet & Greet 10:30 Group Games 11:00 FIT to Stretch® 11:30 Sensory Sensations 2:15 B-Day/Anniversary w/Larry, MDR 2:30 Entertainment Video 4:00 Bingo	28 10:00 Meet & Greet 10:30 Active Games 11:00 FIT to Stretch® 11:30 Reminiscing 2:15 Word Games 2:45 Coffee Social 3:00 Sensory Sensations
29 10:15 Hymns & Singalong 11:00 Move & Groove 2:15 Bingo 3:15 Reflections 11:30 Trivia	30 10:00 Meet & Greet 11:00 FIT to Stretch® 11:30 Reminiscing 2:00 Bingo & Coffee Social 3:00 Movie 3:30 FIT to Pedal®, MDR	HALLOWEEN 31 10:00 Meet & Greet 10:30 Massages by Kim 11:00 Table Top Games 11:30 Music Singalong 2:15 Halloween Costume Parade, MDR 4:00 Aroma Therapy	Locations 200 Dining Area, Main Dining Room 200 D R (1st Floor), MDR Courtyard, CY Room To Room, RR Front Entrance, FE Screened In Porch, P Lobby (1st Floor), L		Calendar events subject to change. “Reflections” is a multi-sensory program for a select resident population. The program was created to awaken the residents’ senses by providing adaptive group activities in a small setting.	