

# GOOD Life News

at Sabal Palms Health & Rehabilitation

JULY 2018

www.sabalhcc.com

## Resident Spotlight

It's indeed a pleasure to feature Olivia S., whom we lovingly refer to as Ollie, in our July "Resident Spotlight" column! Olivia moved to Largo from Ft. Lauderdale at age five with her parents, three sisters and a brother. After graduating from Largo High School, Olivia married and had one son, Bill, a barbershop owner.

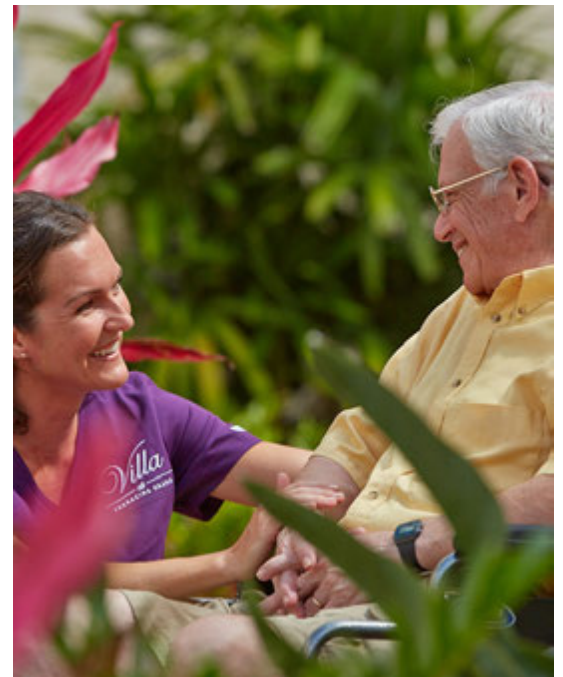
Olivia was employed in grocery stores and as a manager at a local factory. She was an active member in Woodlawn Church of God as a Sunday school teacher and often prepared or served food for weddings and funerals. Ollie also was a frequent volunteer for her son's sport teams' concession stands.

Olivia and her husband kept a camper at Nature's Campground, which they'd use as often as possible. For 30 years, the family, along with brother and sister-in-law, made an annual trip to Pidgeon Forge to enjoy Dollywood and the many sights around Gatlinburg.

Ollie says she loves her life as a married woman and housewife. Her hobbies include bike-riding and dancing on the beach to music from the radio. She partakes in many of the activities here at Sabal and can often be found talking, laughing and joking with peers and staff. Ollie, you bring sunshine to our day, and we are happy to call you family.



Olivia "Ollie" S.



**Our Talk.  
Our Walk.  
Every Day!**

**Platinum Service®  
Standard #2**

*"I build lifetime relationships with our residents by creating memorable experiences."*

"The customer always comes first" is an old saying that still rings true today. When surveyed, customers said they didn't feel it was a good service experience when employees worked on something else when they were waiting for assistance or when employees continued talking to each other as the customer waited for help.

At The Goodman Group and in our managed communities, Platinum Service® shows how we are always trying to focus on our residents to ensure these types of things do not happen. Through our service standards and our service approach, we make these promises to our residents: To be genuinely caring, reliable, create a great personalized experience, and be friendly and cooperative.

## Semi-Annual Sale!

July 19, at 10 a.m., Sabal will be hosting their semi-annual sale! It includes a "garage" sale in the main lobby and a silent auction and bake sale in the 200 hall dining area. Donate to the Life Enrichment department for this event. Also, we are always looking for volunteers, whether you are a resident or staff, to assist with the sales! Please contact Life Enrichment Staff to participate!

**BIG  
SALE**



## Children's Center News

On Friday, May 11, over 40 children and young adults who reside at The Children's Center at Sabal Palms participated in their Fourth Annual Special Olympics MATP and Young Athletes Challenge Day. The Special Olympics Motor Activities Training Program (MATP) is designed to provide opportunities for athletes with severe or profound intellectual and physical disabilities with sport-specific activities appropriate for their abilities. This special day featured various game stations, each focusing on a specific sports-based skills. Every athlete received a medal for their hard work and was celebrated during a special awards ceremony. To make this event possible, the seventh and eighth grade students from Our Savior Lutheran School took a day away from their studies to come out and volunteer. The middle students helped run the game stations, played with the children and cheered everyone on. It was a fantastic day, and fun was had by all!



Emily K. and Trefuan with two students from Our Savior Lutheran School at Special Olympics Field Day 2018



Kevin B. enjoying field day!

## National Skilled Nursing Care Week

In May, Sabal celebrated National Skilled Nursing Care Week (formerly National Nursing Home Week) from May 13 to May 19. The theme was "Celebrating Life's Stories!" A Mother's Day celebration kicked off the week with a makeover and high tea for the Sabal ladies. Residents, staff and volunteers alike participated in themed days, life's stories readings, a wheelchair relay, show and tell with the learning center, a spring chime concert, a variety show, entertainment, a bed-making contest and a balloon volleyball game! We had a great time getting to know each other and one another's departments through daily trivia. The prizes didn't hurt either. A great big Thank You to everyone who participated in this year's festivities! A special shout out to the Fun Committee, The Life Enrichment Department, The MDS Department and Social Services for your extra efforts in making all of these events possible! We couldn't have done it without Team Sabal!



The Sabalettes, Chimes Concert and Bed-Making Contest



Show and Tell with The Learning Center



Wheelchair Relay

## The Soaring Spirit

Walt Whitman, "I Hear America Singing"

The collection of Walt Whitman's poems known as "Leaves of Grass" was published a total of seven times during the poet's lifetime. Each edition held different poems, and in the 1860 edition, "I Hear America Singing" made its debut. Yet, Whitman made some changes and the version below is the 1867 version.

The differences between the two editions are minimal at best. Most notably, the first verse was changed from "American mouth-songs!" to the lyrical lines you'll find below.

It is quite interesting to note that the two editions were printed just prior to and after the Civil War. In the context of the country during that time, Whitman's words take on an even more powerful meaning. America was divided, but the differences were not extreme when viewed from the songs of the individual.

"I hear America singing, the varied carols I hear;  
Those of mechanics — each one singing his, as it should be, blithe and strong;  
The carpenter singing his, as he measures his plank or beam,  
The mason singing his, as he makes ready for work, or leaves off work;  
The boatman singing what belongs to him in his boat — the deckhand singing on the steamboat deck;  
The shoemaker singing as he sits on his bench — the hatter singing as he stands;  
The wood-cutter's song — the ploughboy's, on his way in the morning, or at the noon intermission, or at sundown;  
The delicious singing of the mother — or of the young wife at work — or of the girl sewing or washing —  
Each singing what belongs to her, and to none else;  
The day what belongs to the day —  
At night, the party of young fellows, robust, friendly,  
Singing, with open mouths, their strong melodious songs."

How powerful these words are especially in a time when things seem to be in such turmoil. Yet, our country has always come together, and I am sure it will again. In this July 4, let us celebrate what has made America great and a shining beacon for those around the world. Freedom!

God Bless!

— Jim K.

## Susie Smiles

How come there's no Knock Knock joke about America?

Because freedom rings.

What kind of tea did the American colonists want?

Liber-tea.

What was General Washington's favorite tree?

The infan-tree.

What was the most popular dance in 1776?

Indepen-dance.



Susie K.

## Antonietta M. Turns 107 Years Old!

On May 29, 2018, Antonietta M. turned 107 years young! She continues to be the life of the party, and this has attracted a lot of attention. Sabal Palms hosted a birthday party in her honor where CNA, Judy Johnathan's hula girls were the opening



Antonietta M. with family and friends

act for The Pasta Boys. Antonietta was showered with affection by friends and family. She was interviewed by TV and radio crews (FOX 13, 1380/TheBiz, WGLU 860AM)! See one of her interviews here: <http://www.fox13news.com/news/local-news/-no-complaints-from-largo-woman-on-her-107th-birthday>. Antonietta is still beaming from the event and states, "I feel like a celebrity! They've seen my interviews all the way to Canada!" The Goodman Group even highlighted her in their weekly wrap up! Congratulations, Antonietta, on celebrating your 107th birthday! We are honored to have had the opportunity to share this with you!

## Happy Birthday

7/2: Dorothy H.

7/10: Tony E.

7/18: Josephine H.

7/6: Eric M.

7/13: Raul T.

7/22: Patricia C.

7/6: Rose Marie M.

7/17: Zachary G.

7/25: Jurnee E.

7/9: Regina T.

7/18: Beverly C.

7/26: Ethan C.





**SABAL PALMS**

Health & Rehabilitation

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SNF #1487096

MANAGED BY  
 The Goodman Group

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Chip Brown

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**Rehab Director**

Barbara Lauretani

**Social Services**

Tara Berube

## In Memory Of

Benjamin L.; Joan M.; Andrew R.; Nola S.; Cleavan R.; Linda S.; Harvey B.; Sylvia P.; Helen K.; Glenna M.; Fannie S.; Beulah B. and Ellen G.

## Extra, Extra

Please contact the Life Enrichment Department if you have ideas for the newsletter or would like to be a part of the newsletter committee!

## My Favorite Thing to Do on the Fourth of July

**Cindee B.:** "A clam bake with lobster"

**Regina T.:** "Go to the beach and watch the fireworks"

**Susie K.:** "Anything fun, go to a baseball game"

**Noah J.:** "Hang with family"

**Trish V.:** "Fireworks and hot dogs on the beach"

**Chenda S.:** "Fireworks and BBQ."

**Glyniss H.:** "Food and beach"

**Ollie S.:** "Camping and cooking at Homosassa."

**Brenda L.:** "Sit on the beach and watch fireworks"