

# GOOD Life News

at Terracina Grand

SEPTEMBER 2017

www.terracinagrand.com



## Soar

“Stand in the Door!” I have vivid memories of this command from the jumpmaster on the C130 airplane as a paratrooper in the US Army 18th Airborne Corps. I recall the excitement of literally standing in the open door of an airplane 1200 feet above the ground and traveling at 90 knots (104 miles per hour). The next command was “Green Light, Go!” When I heard that command I jumped out of the plane into the beautiful blue sky with a “leap of faith,” trusting that my static line would open my parachute, my parachute would inflate, and my training and skill would provide me a safe landing. As your new Chaplain at Terracina Grand, I am daily “standing in the door” of your apartment, your heart and your life. I am excited about taking a “leap of faith” with you and getting to know you and to serve you as your chaplain. I hope the next knock you hear will be me, “Standing in the door.”



— Chaplain Michael, Spiritual Director

## Culinary Corner

Tutti A Tavola

The month of August has come and gone, but not without memories. The Aug. 3 Culinary Corner with Pearl Essence was spectacular. Life Enrichment hosted a fun and very sweet ice cream social. We are continuing Food for Life, Food for Medicine and Romancing of the Food. We enjoy what we do at Terracina Grand, and we will continue to create memorable experiences with each and every one of you.

### Tuscany Dining Room Hours of Operation:

- Breakfast from 7 to 9 a.m., last seating at 8:30 a.m.
- Lunch from 11 a.m. to 1 p.m., last seating at 12:30 p.m.
- Dinner from 4:30 to 6:30 p.m., last seating at 6 p.m.



### Upcoming events:

Taste of Terracing, Labor Day Indoor Picnic, Family Fall Gathering and Culinary Delights Soups by Jeremy Our Main Ingredients are:

- 1) Cooking with Love and Passion
- 2) Serving from the Heart

**Our Talk.  
Our Walk.  
Every Day!**

## Healthy Aging Month

This month's theme is designed to focus national attention on the positive aspects of growing older. Just like Carolyn Worthington, editor-in-chief of Health Aging Magazine, we believe it's never too late to find a new career, sport, passion or hobby. She says, "Use September as the motivation to take stock of where you've been, what you really would like to do if money was no object. And try it! Who says you have to do something related to what you studied in school? Who says, you can't start your own home business later in life, test you're your physical prowess, or do something wildly different from anything you've done before? Only that person you see in the mirror!"

## Resident Spotlight

The residents who are highlighted for the month of September are Tom and Joan D. They grew up in Buffalo, N.Y., the city noted for lots of snow and winter winds. Joan graduated from Sacred Heart Academy and attended Buffalo State Teachers College. Tom graduated from Canisius High School and graduated from Canisius College, class of 1951. Joan and Tom became friends while attending college. After graduating, Tom and Joan were engaged. Soon after graduation, Tom entered the United States Marine Corps. Knowing he was going to Korea, he promised Joan he would return to marry. Tom returned and kept his promise.

They were married on Oct. 17, 1953. Tom subsequently became involved in managing food service sales with a number of national companies in the food service industry. He was especially proud of being employed with US Food Services, the second largest food service distributor in the United States,

as the Roseli Brand Manager. He was responsible for introduction, sales and marketing of a new signature line of Italian products. This signature brand concept became nationally known and initiated an entirely new approach to food service and marketing sales. Tom and Joan are proud parents of three children, Joanne, Tim and Mary Elizabeth, along with seven grandchildren and one great-grandchild. They became residents at the Glades Golf and Country Club in 2003 and recently moved to Terracina Grand. In the spirit of assisting the Valiant Veterans® at Terracina Grand, they have become true patriots and set up programs to recognize the contributions our veterans have given us in their service. "God bless and Semper Fi." Congratulations to Tom and Joan for being highlighted as the residents of the month. You are a special ingredient to Terracina Grand.



## Ice Cream Social

On Tuesday, July 18, our Helping Hands Committee hosted a very special ice cream social. They had every topping you could possibly imagine available, everything from "Soup to Nuts!" Some customers came in for a small cone, and others asked for seconds. The day was a great success and a lot of fun! A special thanks goes out to Betty and The Helping Hands Committee! Can't wait to do it again!



## Music Jam

Music filled the lobby at Terracina Grand on Thursday, July 27. We were introduced to a variety of instruments and had such a great time learning how to make music.



## Music Therapy

Music soothes the soul. Music comes in many different styles. The definition of music is sounds combined in such a way as to produce beauty of form, harmony and expression of emotion. Every Monday, we will have a Music Therapy class. During the class, we will learn how to play the sukiyaki chimes. We are honored to have Susan R., a licensed Music Therapist, lead us in this wonderful experience. Please join us in the Forum on Mondays at 3:30 p.m. We look forward to seeing you!



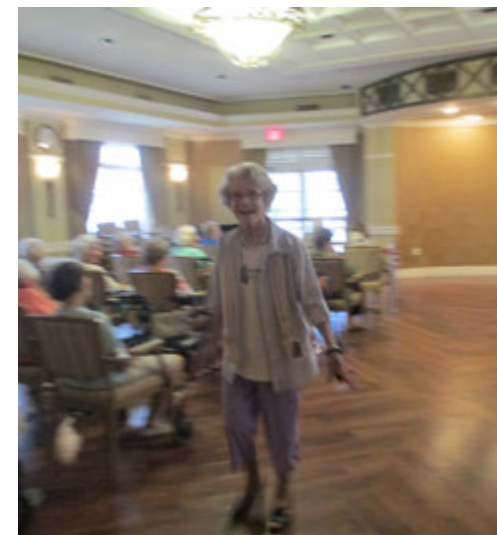
## Poetry Corner

It's far too low heading my way  
a deafening crash, the building aflame  
a hole of death eight stories wide  
a wall that shrieked get out while you can!  
Crowded stairs filled with panic, and gut  
wrenching pain  
the long walk down with helmets, and  
hoses going up  
an open door for the cluttered street outside  
a run for a bridge with a wave to a car  
passing by put there by God!  
The welcome to my door as I shook with  
fear.  
A call of pure joy to all those I cherish  
Who thought I had perished with the  
crumbling tower  
the street now filled with ashes of evil the  
air with the folds of angels  
the questions of who an unanswered why  
a long time to ponder for times that need  
healing

Bob M., Aug. 7, 2017

## Fashion Show

On July 20, Terracina Grand had a fashion show. BonWorth Ladies Clothing sponsored this special event. The room was filled with ladies "oohing" and "ahhing" over the latest fashion. A big thanks goes out to our models, Ruth, Jean, Carol, Dolly, Ginny and Theresa!



## Resident Birthdays

Catherine G., 2nd  
Helen B., 10th  
Claire H., 12th  
Linda S., 13th  
Gordon J., 16th  
Walter H., 19th  
Mary V., 21st  
Jeannette B., 22nd  
Barbara D., 23rd  
Dorothy B., 27th

# Terracina Grand

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## Staff

### Executive Director

Kim Te Brugge

### Director of Nursing

Sherri Montalvo

### Sales and Marketing Director

Craig Castillo

### Life Enrichment Director

Leigh Bullen

### Business Office Director

Raffaele Rotondo

### Housekeeping Director

Delfina Ortiz

### Maintenance Director

Mike Maynor

### Memory Care Coordinator

Susan Cook

### Culinary Operations

Joseph Rotondo

## Honoring 9/11

You are invited to join us in the dining room for a special remembrance and a day to embrace our first responders. Chief Kingman Schulbt with Collier County's Fire Department will be speaking along with many other guests. This special luncheon will start at 11 a.m. in the dining room. All are welcome to attend.



## Like Us on Facebook

Go to [facebook.com/TerracinaGrand](https://facebook.com/TerracinaGrand) to see pictures and catch up on all the fun here at Terracina Grand. This is a great way for family members and friends to stay connected!

