

GOOD Life News

at Terracina Grand

JULY 2017

www.terracinagrand.com

Memorial Day

On Monday, May 29, our residents celebrated Memorial Day with a cookout and a special patriotic program highlighting our veterans. A special thanks goes out to Elaine T., Dottie J., and Tom D. for making our Memorial Day celebration memorable.



Welcome Home

We would like to welcome our new residents Gordan J., Reatha W., Dick R., Phyllis W., Dottie P. and May M. to their new home. Terracina Grand is honored to make them a part of our family.



**Our Talk.
Our Walk.
Every Day!**

**Enjoying
the Summer
Bounty**

At long, last summer is here! That means fresh fruits and vegetables straight from the garden, food co-op, roadside stand or local grocery. We're here to help you enjoy the best of the season's bounty and reap the benefits. Eating well this season is about fresh, colorful food, and on many occasions, eating outside with friends or family adds to the fun. Search out super foods like spinach, raspberries or blueberries. Research suggests that healthy eating can promote mental acuteness, resistance to illness and disease, and increased energy.

Culinary Corner

Culinary Operations

Tutti A Tavola

Tuscany Dining Room

Upcoming Events:

Taste of Terracina (Special evening with our new residents), Fourth of July, Christmas in July, Tour of the Kitchen, Chef's Table with Culinary Delights, Soups by Jeremy

The month of June has come and gone, but not without memories. June 1 was our Annual Hurricane Party. Residents enjoyed great music and flickering of the lights, and were educated on hurricane preparedness. On June 18, we celebrated Father's Day with some amazing dads. We are continuing Food for Life, Food for Medicine and Romancing of the Food. We enjoy what we do at Terracina Grand and we will continue to create memorable experiences with each and every one of you.

Hours of Operation:

Breakfast from 7 to 9 a.m., last seating at 8:30 a.m.

Lunch from 11 a.m. to 1 p.m., last seating at 12:30 p.m.

Dinner from 4:30 to 6:30 p.m., last seating at 6 p.m.

Just a reminder: No Hats or Shorts allowed during dinner.

Reservations:

Hostess can only reserve table for residents with guest. You may have a table you prefer, but if someone is sitting at the table when you arrive, please be gracious and ask the hostess to seat you at another location.

Our Main Ingredients are:

1. Cooking with Love and Passion
2. Serving from the Heart



Furry Friends

On Tuesday, May 23, we had a few furry friends visit us at Terracina Grand. Representatives from Kowiachobee Animal Preserve brought a number of exotic animals. We learned a lot about these little creatures that call Collier County their home.



Resident Spotlight

Arlene and Jerry Nixon are highlighted this month in our Terracina resident spotlight. They both grew up in Chicago, that toddling town, and are proud parents of two children, Kimberly and Steven, along with two grandchildren, Alexis and Andrew. Jerry served in the U.S. Army in Germany as a radio man. Arlene and Jerry just recently celebrated their 44th wedding anniversary.



They both love to cruise and fondly remember one that took them to the Mediterranean with stops in Egypt and later, the Holy Land, where they touched the famous Temple wall in Jerusalem where they left a prayer. Arlene was a devoted mom for many years while their kids grew up and eventually became involved in product sales for Avon and directed centers for Jenny Craig. Jerry found his niche as an electrician where he worked until retirement which subsequently brought them to Verona Walk in Naples. They came to Terracina Grand shortly after Jerry was diagnosed with Parkinson's three years ago when a timely opening became available. They both enjoy the many friends they've met here and feel it is a special gift. They reach out to others who have Parkinson's with their weekly support meeting. They also enjoy the social and musical offerings at Terracina as well as playing Poker, which is Jerry's favorite. You may see them walking their Pomeranian dog Lewy, who interestingly is named in memory of Dr. Lewy, who discovered a form of dementia that quite offends people with Parkinson's disease. Arlene has decided that her dog Lewy will be the only "Lewy" found in their home.

My thanks to all of you who have shared your stories with me since I started this journey of writing bios four months ago. You lift my spirit.

By: Bob M.

Lou's Trip Of A Lifetime

Terracina Grand resident Clarence "Lou" Mantis was recently chosen to be a part of the Collier County Honor Flight to visit the war memorials in Washington, D.C.

Lou is a WWII veteran. He served in the U.S. Navy from 1942-1946. Rather than waiting to be drafted, he enlisted in the Navy, entering the V5 Navy Flight Program. After one-and-a-half years, this program was disbanded and he was moved to the Parachute Rigger program. During his time of service in this program, he broke a leg during a parachute jump, and spent two-and-a-half months hospitalized. Because of this injury, he was ultimately discharged as a disabled veteran. He always appreciated that he served saving lives rather than taking lives. Julie Badour, his guardian, picked him up at 3 a.m. and 21 hours later, they returned home. Lou said it truly was a trip of a lifetime. Congratulations, Lou, you truly deserved the honor.

By: Betty B.



Julie and Lou are ready to board the bus for RSW



The WWII Memorial brought back many memories



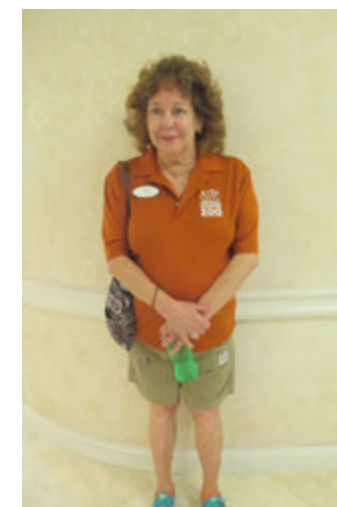
The Korean War Memorial was breathtaking to see



Arlington Cemetery was another inspirational moment but as Lou disembarked at RSW, his mind was overflowing with the happenings of the day

Volunteering

Volunteering comes in so many forms. The definition of this word is a person who offers to take on an enterprise or freely take on a task. Donating your time to a worthy cause and fulfilling a connection within yourself can bring self-worth and joy. Linda S. is a resident at Terracina. She has been volunteering her time at the Collier County Zoo twice a week. She is in charge of educating guests on fun facts associated with the animals, and she also assists with feedings. Congratulations to Linda! Terracina Grand is very proud!



Independence Day

Join us on July 4th for a day of fun and celebration. We will be celebrating Independence Day with Red, White, and Blue! Wear your Red, White, and Blue and join us in the Forum for a special juggling act and magic show. After the show we will be presenting a documentary about Independence Day. We also will be honoring our veterans with a special luncheon in the Dining Room. Come and join us! We look forward to celebrating July 4th with you.



Resident Birthdays

- John R., 1st
- Anne M., 3rd
- Glenn G., 7th
- Janet H., 7th
- Marie P., 8th
- Dorothy M., 11th
- Marie T., 14th
- Walter P., 16th
- Nancy F., 18th
- Dolores B., 18th
- Raymond V., 18th
- Faye G., 24th
- Patricia A., 29th
- Dorothy S., 31st

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Maintenance Director

Mike Maynor

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Susan Cook

Culinary Operations

Joseph Rotondo

Water Aerobics

Summer is here, and our Water Aerobics class has gotten very popular.

The Life Enrichment Department has added a Water Aerobics class on the weekend for your convenience. We offer the class on Tuesdays and Thursdays at 10:30 a.m., and Saturday at 10:30 a.m., and Sunday at 2 p.m. If you have any questions please stop by the Life Enrichment Department. Hope to see you in the pool!



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Go to facebook.com/TerracinaGrand to see pictures and catch up on all the fun here at Terracina Grand. This is a great way for family members and friends to stay connected!

