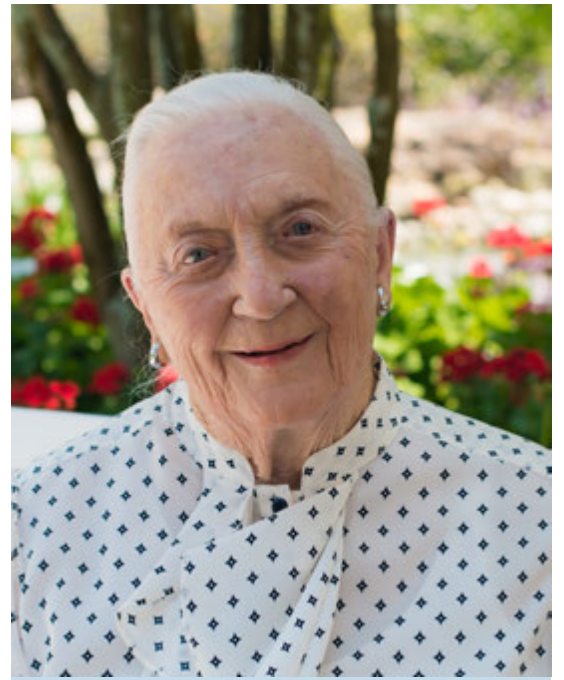


GOOD Life News

at The Residence at Timber Pines

SEPTEMBER 2017

www.residenceattimberpines.com



A Message From Tabby

Hello!

I would love to ensure everyone is aware of a new way to thank our staff. Life Enrichment has put together Platinum Service® Award forms located at the front desk. This allows staff and residents to recognize a job well done. Our staff goes above and beyond every day. When you “catch someone in the act,” please feel free to fill out a form.

These forms will be displayed in the business office and read aloud every Wednesday morning during our staff stand up meeting. Once a month, department heads will choose a staff member we believe deserves employee of the month.

We have received such a good response so far! Keep up the good thoughts!

Tabby

Reminder Yearly Flu Vaccination Clinic

Although it is no guarantee that you won't get the flu, getting a flu vaccine every fall is still your best defense. Experts cannot predict the effectiveness of each year's vaccine, but statistics showed that being vaccinated last year resulted in a 50 percent reduced risk of coming down with the flu. It takes at least two weeks after the vaccination for your immune system to build up the necessary protective antibodies, so late October is when we will be having Nature Coast here again for our yearly flu vaccination clinic. Stay tuned for upcoming details on dates and times for your vaccination. If you receive your flu vaccination at your private doctor's office, please provide me with paperwork of you having had the vaccination.



Stay well,

Laurie Freeman, RN, Director of Nursing

Resident Spotlight

Please submit any written pieces you would like to share with other residents. We would love to feature more resident talent in the newsletter!

Our Talk. Our Walk. Every Day! Healthy Aging Month

This month's theme is designed to focus national attention on the positive aspects of growing older. Just like Carolyn Worthington, editor-in-chief of Health Aging Magazine, we believe it's never too late to find a new career, sport, passion or hobby. She says, "Use September as the motivation to take stock of where you've been, what you really would like to do if money was no object. And try it! Who says you have to do something related to what you studied in school? Who says, you can't start your own home business later in life, test you're your physical prowess, or do something wildly different from anything you've done before? Only that person you see in the mirror!"

Beauty Lou and the Country Beast

We would like to say Thank you to all who participated and came to see our first Missoula Theatre performance. It was such a unique opportunity.

Witnessing first hand the changes and confidence in people was remarkable. The twins came to auditions extremely nervous, shy and quiet. After meeting Resident Lois, they lit up. Their personalities came alive. These connections are what these opportunities are about. I am so honored to be part of such an incredible organization that sees the benefit of intergenerational programming.

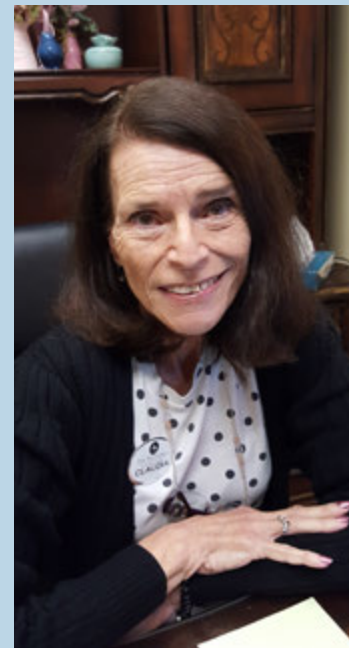
Thank you again!



Welcome Our New Transitions Coordinator!

Welcome Claudia Green, our new Resident Transitions Coordinator, to the team here at The Residence at Timber Pines! Please stop by her Office located across from the Reception Desk in the Main Lobby and introduce yourself.

Claudia is here to assist our new and current residents with getting acclimated in the community and serve as a resource for residents.



Claudia Green

Carol Burnett's Comedy

Millions of viewers spent their Saturday nights laughing out loud because of "The Carol Burnett Show," the first TV variety show to be hosted by a woman. Still ranked as one of television's best, the series premiered 50 years ago this month, on Sept. 11, 1967.

The hourlong program was a mix of comedy sketches, musical numbers and parodies performed by Burnett and cast members Vicki Lawrence, Harvey Korman, Tim Conway and Lyle Waggoner. The group often spoofed movies and TV shows, with "Went With the Wind" and "As the Stomach Turns" among its many memorable segments. Another recurring skit, "The Family," was spun off into a popular sitcom, "Mama's Family."

Each week, a guest star acted alongside the cast. Lucille Ball, Steve Lawrence, Betty White and Sammy Davis Jr. were among the dozens of entertainers who appeared on the show.

Burnett began most shows by saying, "Let's bump up the lights," and then taking questions from the audience. She ended each program by singing her theme song, with the lyrics "I'm so glad we had this time together," then tugging her left ear, which was a loving signal to her grandmother.

"The Carol Burnett Show" aired for 11 seasons and earned 25 Emmy Awards.



Advocating for America's Heroes

Since being founded on Sept. 17, 1914, the VFW Auxiliary has taken pride in its mission of providing "unwavering support for uncommon heroes."



Originally known as the Ladies Auxiliary VFW, the nonprofit group is the renowned support organization of the Veterans of Foreign Wars of the United States. Since 2015, membership in the auxiliary is open to both men and women related to those who have served in overseas combat. Today, there are nearly 470,000 members in over 4,000 chapters.

From its inception, the auxiliary's primary goal has been a simple one: to help veterans and active-duty service members and their families. This includes assisting the VFW in advocating for veterans' rights, providing community service and fundraising, and promoting patriotism.

Through their decades of service, members have volunteered millions of hours to their communities, especially at veterans hospitals, nursing homes and veterans homes. The auxiliary has also raised millions of dollars for veterans and their families, national disaster relief, cancer research and treatment, veterans memorials, care packages for troops, and youth programs and scholarships.

Schooled by the McGuffey Readers

Before the days of computers and the internet, a simple series of schoolbooks called the McGuffey Readers helped educate generations of children and shape American society.



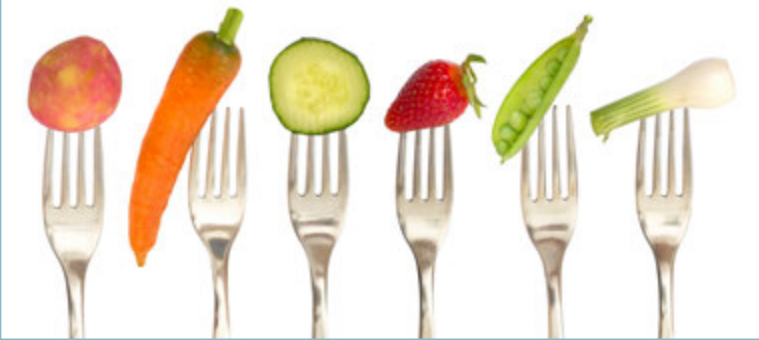
In the early 19th century, immigrants were arriving in the country, people were settling in the West and public schools were being established. A former frontier teacher, William Holmes McGuffey was a professor at an Ohio college when he was asked to create a series of primers for America's growing classrooms. In 1836, he completed the first of six readers.

McGuffey's texts taught reading, spelling and vocabulary using his own writings and excerpts of literature, essays and speeches by a variety of authors, including William Shakespeare, Washington Irving and Thomas Jefferson. Virtues such as hard work, courage and honesty were emphasized. The illustrated books were designed to increase in difficulty as students progressed. Historians say the readers helped standardize language in America and shape the nation's moral values at the time.

Between 1836 and 1960, more than 120 million copies of the McGuffey Readers were sold.

Dining Services

Look out this month for some traditional cultural food favorites during National Assisted Living Week! We hope to bring in some family favorites!



Hear from the Life Enrichment Director

Hello!

Sept. 11-15 is Assisted Living Week! Keep an eye out on the weekly for the list of incredible events we will be hosting. The national theme is "Family is Forever," and we decided to put our own twist on that. We will be celebrating cultures from all around the world. Our family may be spread apart, but we will be bringing them all here to The Residence! I cant wait!

Jordan Turner

Resident Birthdays

Georgia M., 2nd	Marianne D., 24th
Sophie L., 3rd	Jane P., 25th
Ann K., 3rd	Alexander M., 26th
Bonnie F., 3rd	Rose F., 27th
Elvira J., 4th	Irene E., 27th
Lorraine F., 11th	Clay F., 28th
Robert H., 11th	Dorothy W., 28th
Mayme M., 21st	Carol Z., 28th

Employee Birthdays

Judy C., 1st	Sonja D., 25th
Eteri G., 15th	Greg M., 26th
Teresa D., 17th	Jim B., 28th
Darlene B., 18th	Hayley R., 28th
Diane S., 19th	



THE RESIDENCE
AT TIMBER PINES

Senior Living

3140 Forest Road
Spring Hill, FL 34606
352-683-9009
ALF#9870



A PLATINUM SERVICE®
COMMUNITY MANAGED BY



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Staff

Executive Director
Tabby Diaz

Director of Nursing
Laurie Freeman, RN

Sales and Marketing Director
Chris Adams

Environmental Services Director
Greg Morilla

Life Enrichment Director
Jordan Turner

Assistant Director Nursing
Maria Sabo, LPN

Maintenance Director
Danny Bachert

Sales and Marketing Associates
Danielle Rosado
Diana Nordberg

Business Office Manager
Kathy Anderson

Business Development Director
Jay Michael

Spiritual Director
Amy Coleman

Resident Volunteer Update

Wow. The resident volunteer hours are incredible! Out of 500 total volunteer hours this month, 326.5 were residents here at Timber Pines. Please know how much you do for this community!



New Residents

Help us welcome your new neighbors!

Nancy C.

Ray & Karola P.

Jan T.

Richard & Beverly P.

Tom & Edith E.

Dorothy E.

Shirley G.

Lucy L.

Georgia M.

Gloria P.

Like Us on Facebook

Go to facebook.com/TheResidenceAtTimberPines to see pictures and catch up on all the fun here at The Residence at Timber Pines. This is a great way for family members and friends to stay connected!

