

GOOD Life News

at The Residence at Timber Pines

MAY 2018

www.residenceattimberpines.com

Executive Director

They say April showers bring May flowers, which is a good thing, given all that we have going on in May!

First, we get to honor the person who made it possible for us to be here — our MOTHER! We are looking forward to celebrating all of the mothers at The Residence at Timber Pines — both resident and staff moms. Parenting is never easy; it is nice to take a moment to reflect on she who taught each of us so much!



If celebrating our moms wasn't enough, we get to celebrate those who take care of us every day — our NURSES! Coinciding with the birthday of Florence Nightingale, the mother of all nurses, we will be celebrating the wonderful work and dedication provided to our residents and team members by our licensed nurses. Please join us in celebrating the talents of these fine men and women the week of May 6-12, 2018.

As we round out the busy month of May, we will also take pause to remember our brave men and women in our Armed Forces that gave their life to preserve the American way.

In recent times, Memorial Day has become known as the start of the summer. While this is certainly true, we cannot forget those who made the ultimate sacrifice.

Thank you for the continued privilege of serving you and your family.



Luau Party

Aloha!

Dust off your grass skirts and get ready to hula! May 16 at 6:30 p.m., we will be hosting two beautiful hula dancers and two handsome warrior dancers. Rumor has it the show will be fiery hot! Check your weekly for other fun themed events happening that day!



**Our Talk.
Our Walk.
Every Day!**

**Platinum
Service®
Standard #1**

"I place our residents at the center of everything I do, personalizing my services to meet their preferences."

Our service delivery is designed to consistently create resident satisfaction and to build loyalty. Through our Platinum Service program, we practice the fundamentals of business etiquette, such as promptly greeting residents and guests with a warm and sincere welcome, introducing ourselves, and if necessary, offering assistance. Our interactions are personalized and appropriately paced to meet the unique needs of our residents. Service is then adjusted to their diverse backgrounds and cultures, creating memorable experiences. We are attentive, friendly and caring, delivering to our residents, guests and visitors a distinctive experience.

Easter Photos!



Safety Committee

Our Safety Committee Chairman would like to remind all residents to be cautious when cooking in your apartments.



Tips on Fire Prevention:

1. Never leave food unattended while cooking; it is the primary cause of kitchen fires.
2. Don't leave the house if food is simmering, baking or roasting.
3. Investigate automatic shut-off devices. They cost as much as \$300, but peace-of-mind is priceless.
4. Consider switching to an electrical teakettle.
5. Use pots that have two handles.
6. We want to see how many people read our newsletter. The first five people to tell Jordan "I love cake" will receive a free guest meal ticket!
7. Clean up the stove immediately after each meal so oil, fat and grease do not build up on the surface.

Food for Life

Food for Life provides our residents with a wide variety of whole, locally sourced foods. This dining program features plant-based nutrition while minimizing processed foods and maximizing nutritional value, flavor and presentation. Rooted in a mind, body and spirit approach, Food for Life enables residents to achieve an optimum level of overall well-being. Each meal is thoughtfully plated to stimulate appetites with flavor, color, texture and beauty. Our residents enjoy whole, delicious, sugar-free and low-sodium food options delivered from a professional chef-driven kitchen.

The Tomb of the Unknowns

Among the nation's many Memorial Day observances will be the annual wreath-laying ceremony at the Tomb of the Unknowns. The monument overlooking Washington, D.C., is considered the most hallowed resting place at Arlington National Cemetery.



In 1921, Congress approved the burial of one unknown serviceman from World War I in a tomb at the cemetery's new Memorial Amphitheater. Just over a decade later, the white marble sarcophagus that sits atop the tomb was completed. The face of each side is adorned with engravings, including wreaths and the Greek figures representing Peace, Victory and Valor. Over the years, unknown soldiers from World War II, the Korean War and Vietnam War were also interred.

Since 1937, the tomb has been guarded around the clock by soldiers of the Army's elite 3rd U.S. Infantry Regiment. In a measured pace, a lone sentinel walks 21 steps back and forth in front of the tomb. The number symbolizes one of the highest military honors, the 21-gun salute.

A Note From Marketing

Just want to give a warm welcome to our Resident Transitions Coordinator Michele Wells. Michele comes to us originally from Columbus, Ohio and moved to Brooksville two years ago after deciding to relocate to be closer to family. Michele comes to us with a background in working for the school system, for the Sheriff's Department and as an office manager. Her husband is a veteran and worked in law enforcement up north. He now works as a local real estate agent with Keller Williams. Michele has three adult children and three grandchildren. She loves to sing, dance, do crafts and make things and is active in her church.



Michele Wells, Resident Transitions Coordinator

Michele's role in the community is to help with the transition process of moving into the community and helping our residents once they have arrived with making them feel comfortable and welcome. Should you need help with anything or have any concerns, please see Michele! She is located across from the reception desk.

I am very excited to have her on staff with us and know you will love her! Please help Michele feel welcome to our community!

Sincerely,

Danielle Rosado, Director of Sales and Marketing

Resident Birthdays

Yvonne O., 6th	Margaret D., 23rd
Edith K., 7th	Michael T., 27th
Frank K., 16th	Bill G., 27th
John B., 19th	Frances I., 28th
Ruth M., 23rd	Bill S., 31st
Virginia Jean L., 23rd	

Employee Birthdays

Rob V., 6th	Grace F., 12th
Jacob M., 7th	Amber W., 15th
Christopher A., 8th	Jessica M., 23rd
Carri C., 8th	Danielle R., 27th
Dana M., 11th	Erika D., 29th
Robert A., 12th	Justin H., 30th

Thank You to All Our Nursing Team

In celebration of National Nursing Week, we would like to honor our Licensed Practical Nurses to thank each one for their dedication and years of service.

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|---------------------|---------------------|
| • Lynn R.: 2000 | • Connie H.: 2016 |
| • Jennifer D.: 2002 | • Victoria H.: 2016 |
| • Mara J.: 2003 | • Ben M.: 2016 |
| • Maria S.: 2004 | • Mary S.: 2016 |
| • Marcia L.: 2009 | • Dianna M.: 2017 |
| • Maria V.: 2013 | • Danielle T.: 2017 |
| • Carmen A.: 2014 | • Mary Or.: 2017 |
| • Patricia S.: 2014 | • Mary C.: 2017 |
| • Audrey D.: 2015 | • Kathie N.: 2017 |
| • Elyse D.: 2015 | • Robert C.: 2018 |
| • Ellen G.: 2015 | • Janelle T.: 2018 |
| • Susan M.: 2015 | |

Nurses: Inspire, Innovate, Influence



THE RESIDENCE AT TIMBER PINES

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ALF #9870

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Assisted Living Nursing Coordinator

Kathy Nestrud

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Tech Tip

When you double-click the Home button, your recently used apps appear. The apps aren't open, but they're in standby mode to help you navigate and multitask. You should force an app to close only when it's unresponsive.



Follow the steps below to force close an app on an iPhone:

1. Double-click the Home button to show your most recently used apps.
2. Swipe right or left to find the app that you want to close.
3. Swipe up on the app's preview to close the app.

New Residents

- Gayle D.
- Barbara and Pat H.
- Jacquelyn H.
- Joyce B.
- Jane P.
- Nannette S.