



OCTOBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 FIT to Stretch®, PCD 1 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Corvallis Community Church, DR 3:45 Reminisce & Relax Social, PCD	10:00 FIT to Be Strong®, DR 2 10:30 Ball Games, SR 2:15 FIT to Pedal®, SR 2:30 Valiant Veterans® 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD	10:00 FIT to Balance®, PCD 3 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	10:30 Valley View Worship Services, DR 4 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	10:00 FIT to Stretch® 5 10:30 Bowling, PCD 11:00 Manicures, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD	10:00 FIT to Be Strong®, SR 6 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
10:00 FIT to Stretch®, PCD 8 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 2:30 Music w/Bo, SR 3:45 Reminisce & Relax Social, PCD	COLUMBUS DAY 9 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD	10:00 FIT to Balance®, PCD 10 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	10:30 Valley View Worship Services, DR 11 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	10:00 Bowling, PCD 12 11:00 Manicures, SR 11:30 FIT to Stretch®, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD	10:00 FIT to Be Strong®, SR 13 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
10:00 FIT to Stretch®, PCD 15 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:45 Mountain View Church, DR	10:00 FIT to Be Strong®, DR 16 10:30 Ball Games, SR 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD	10:00 FIT to Balance®, PCD 17 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	10:30 Valley View Worship Services, DR 18 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	10:00 FIT to Stretch® 19 10:30 Bowling, PCD 11:00 Manicures, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD	10:00 FIT to Be Strong®, SR 20 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
10:00 FIT to Stretch®, PCD 22 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD	10:00 FIT to Be Strong®, DR 23 10:30 Ball Games, SR 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD	10:00 FIT to Balance®, PCD 24 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	10:30 Valley View Worship Services, DR 25 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	10:00 Bowling, PCD 26 11:00 Manicures, SR 11:30 FIT to Stretch®, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD	10:00 FIT to Be Strong®, SR 27 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
10:00 FIT to Stretch®, PCD 29 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD	10:00 FIT to Be Strong®, DR 30 10:30 Ball Games, SR 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD	HALLOWEEN 31 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 3:00 Halloween Party, DR	Locations Dining Room, DR Room 65, Rm. 65 Pearl Care Dining Room, PCD Social Room, SR Physical Therapy, PT South Living Room, SL			

The survey results are readily accessible to you and are located at the South/West Nurses' Station. Calendar events subject to change.