



NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>Locations Dining Room, DR Room 65, Rm. 65 Pearl Care Dining Social Room, SR Room, PCD South Living Room, Physical Therapy, PT SL</p>			<p>The survey results are readily accessible to you and are located at the South/West Nurses' Station.</p>			<p>10:00 FIT Functional Fitness®, RC, SR 1 10:30 Manicures, SR 2:00 Aromatherapy, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD</p>	<p>10:00 FIT to Be Strong®, SR 2 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR</p>	<p>10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR</p>
<p>DAYLIGHT SAVING TIME ENDS 4 10:00 FIT Functional Fitness®, RC, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Corvallis Community Church, DR 3:45 Reminisce & Relax Social, PCD</p>	<p>5 10:00 FIT Functional Fitness®, RC, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD</p>	<p>ELECTION DAY 6 10:00 Activity Cart, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR</p>	<p>10:30 Valley View Worship Services, DR 7 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR</p>	<p>8 10:00 FIT Functional Fitness®, RC, SR 10:30 Manicures, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD</p>	<p>9 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR</p>	<p>10 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR</p>		
<p>VETERANS DAY 11 10:00 FIT Functional Fitness®, RC, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 2:30 Music w/Bo, SR 3:45 Reminisce & Relax Social, PCD</p>	<p>12 10:00 FIT Functional Fitness®, RC, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD</p>	<p>13 10:00 Activity Cart, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 11:00 Piano w/Pamela, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR</p>	<p>10:30 Valley View Worship Services, DR 14 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR</p>	<p>15 10:00 FIT Functional Fitness®, RC, SR 10:30 Manicures, SR 2:00 Aromatherapy, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD</p>	<p>16 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR</p>	<p>17 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR</p>		
<p>18 10:00 FIT Functional Fitness®, RC, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:30 Family Hymn Singing, DR 3:45 Reminisce & Relax Social, PCD</p>	<p>19 10:00 FIT Functional Fitness®, RC, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD</p>	<p>20 10:00 Activity Cart, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR</p>	<p>10:30 Valley View Worship Services, DR 21 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR</p>	<p>THANKSGIVING 22 10:00 FIT Functional Fitness®, RC, SR 10:30 Manicures, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD</p>	<p>23 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR</p>	<p>24 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR</p>		
<p>25 10:00 FIT Functional Fitness®, RC, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD</p>	<p>26 10:00 FIT Functional Fitness®, RC, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD</p>	<p>27 10:00 Activity Cart, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR</p>	<p>10:30 Valley View Worship Services, DR 28 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR</p>	<p>29 10:00 FIT Functional Fitness®, RC, SR 10:30 Manicures, SR 2:00 Aromatherapy, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD</p>	<p>30 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR</p>	<p style="text-align: center;">Calendar events subject to change.</p>		