



JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Calendar events subject to change.	NEW YEAR'S DAY 1 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD	2 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	3 10:30 <u>Valley View Worship Services, DR</u> 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	4 10:00 FIT to Stretch® 10:30 Manicures, SR 11:30 Aromatherapy, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD	5 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	6 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR	
	10:00 FIT to Stretch®, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:00 Corvallis Community Church, DR 3:45 Reminisce & Relax Social, PCD	8 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD	9 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	10 10:30 <u>Valley View Worship Services, DR</u> 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	11 10:00 FIT to Stretch®, SR 10:00 Bowling, PCD 10:30 Manicures, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD	12 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	13 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
	10:00 FIT to Stretch®, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 2:30 Music w/Bo, SR 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD	MARTIN LUTHER KING JR. DAY 15 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD	16 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	17 10:30 <u>Valley View Worship Services, DR</u> 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	18 10:00 FIT to Stretch® 10:30 Manicures, SR 11:30 Aromatherapy, SR 2:30 Chicken Soup Stories, PCD 3:45 Games: Resident Choice, PCD	19 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	20 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
	21 10:00 FIT to Stretch®, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD	22 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Happy Hour Social, PCD	23 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	24 10:30 <u>Valley View Worship Services, DR</u> 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	25 10:00 FIT to Stretch®, SR 10:00 Bowling, PCD 10:30 Manicures, SR 2:15 Pet Visits 2:30 Outing: Scenic Drive 3:45 Games: Resident Choice, PCD	26 10:00 FIT to Be Strong®, SR 10:30 Move to Music, SR 11:00 Crafting Together, PCD 2:15 Ice Cream Social, PCD 3:30 Treasures of the Heart®, SR	27 10:00 FIT to Pedal®, PCD 11:00 Reminisce, SR 11:30 Fun w/Puzzles, SR 2:30 Popcorn Social, PCD 3:00 Movie, SR
	28 10:00 FIT to Stretch®, PCD 10:30 Parachute Ball, PCD 11:30 In the News, SR 2:00 FIT to Balance®, PCD 3:00 Songs of Worship, SR 3:45 Reminisce & Relax Social, PCD	29 10:00 FIT to Be Strong®, DR 10:30 Ball Games, SR 11:00 Manicures, PCD 2:15 FIT to Pedal®, SR 3:00 In the News, PCD 3:30 Coffee & Tea Time, PCD	30 10:00 FIT to Balance®, PCD 10:30 Move to Music, SR 11:00 Nature Videos, SR 2:30 Snacks w/ Amanda, PCD 3:30 Finish the Phrase, SR	31 10:30 <u>Valley View Worship Services, DR</u> 2:00 FIT to Pedal®, SR 3:15 Snacks & Short Stories, PCD 4:00 Coffee Social, PCD 6:00 Nostalgic TV, SR 7:00 Aromatherapy, SR	<p>Locations Dining Room, DR Physical Therapy, PT Social Room, SR Pearl Care Dining Room, PCD Room 65, Rm. 65 South Living Room, SL</p> <p>The survey results are readily accessible to you and are located at the South/West Nurses' Station.</p>		