

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Locations</p> <p>Activity Room, AR Front Lawn, FL Hallways, HW In AL, In AL Library, LB</p>	<p>Main Dining Room, MDR Outing, OT Outside, OUT Parlor, P Pearl Garden Patio, PGP</p>		<p>9:30 News & Views 1 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OT 11:00 Treasures of the Heart® 1:30 Pretty Nails! 3:00 Brain Games! 4:00 Singalong</p>	<p>9:30 Devotions 2 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Hymn Sing 1:30 FIT to Be Strong® 3:00 Happy Hour 6:00 Hand Massage & Aromatherapy</p>	<p>9:30 News & Views 3 9:55 Quotes for Encouragement 10:00 FIT to Balance® 11:00 Songs to Remember 1:30 Dancing to the Decades 2:30 Afternoon Tea & Reminiscing 3:00 Brain Games 4:00 Music & Aromatherapy</p>
<p>DAYLIGHT SAVING TIME ENDS 4</p> <p>9:45 Devotions & Encouragements 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Sunday News! 1:30 Lessons w/Focus on the Family 2:15 FIT to Be Strong® 3:00 Sitcoms 4:00 Hymn Sing</p>	<p>9:30 Devotions 5 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:15 Game Club! 2:00 Pearl Garden Birthday Party! 3:00 Brain Games! 4:00 Dancing to the Decades 6:00 Sitcoms</p>	<p>ELECTION DAY 6</p> <p>9:30 News & Views 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Cappuccino Corner, P 11:15 Musical Favorites 1:30 FIT to Be Strong® 2:30 Heart Healthy Social 4:00 Laughter Yoga 6:00 Interactive Music w/Angie!</p>	<p>9:30 Devotions 7 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:15 Kindermusik!, AR 1:30 Pretty Nails! 3:00 FIT to Pedal® 4:00 Blanket Tying! 6:00 Brain Games</p>	<p>9:30 News & Views 8 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OT 11:00 Treasures of the Heart® 1:30 Brain Games 3:00 Mason Jar Craft! 4:00 Singalong</p>	<p>9:30 Devotions 9 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Hymn Sing 1:30 FIT to Be Strong® 3:00 Happy Hour 4:00 Harp Music w/Justin! 6:00 Hand Massage & Aromatherapy</p>	<p>9:30 News & Views 10 9:55 Quotes for Encouragement 10:00 FIT to Balance® 11:00 Songs to Remember 1:30 Dancing to the Decades 2:30 Afternoon Tea & Reminiscing 3:00 Brain Games 4:00 Music & Aromatherapy</p>
<p>VETERANS DAY 11</p> <p>9:45 Devotions & Encouragements 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Sunday News! 2:15 FIT to Be Strong® 3:00 Sitcoms 4:00 Hymn Sing</p>	<p>9:30 Devotions 12 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:00 Music w/Rocky Shoals Veterans Day Program!, MDR 2:30 Musical Favorites 3:00 Ice Cream Social! 4:00 Dancing to the Decades 6:00 Sitcoms</p>	<p>9:30 News & Views 13 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Cappuccino Corner, P 11:15 Musical Favorites 1:30 FIT to Be Strong® 2:30 Music w/Donna 2:30 Heart Healthy Social 4:00 Laughter Yoga 6:00 Interactive Music w/Angie!</p>	<p>9:30 Devotions 14 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:30 Game Club 1:30 Jeopardy! 3:00 FIT to Pedal® 4:00 Blanket Tying! 6:00 Brain Games</p>	<p>9:30 News & Views 15 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OT 11:00 Treasures of the Heart® 1:30 Pretty Nails! 3:00 Brain Games! 4:00 Singalong</p>	<p>16</p> <p>9:30 Devotions 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Hymn Sing 2:00 Music w/Nan & Melody!, AR 3:00 Happy Hour 6:00 Hand Massage & Aromatherapy</p>	<p>9:30 News & Views 17 9:55 Quotes for Encouragement 10:00 FIT to Balance® 11:00 Songs to Remember 1:30 Dancing to the Decades 2:30 Afternoon Tea & Reminiscing 3:00 Brain Games 4:00 Music & Aromatherapy</p>
<p>9:45 Devotions & Encouragements 18 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Sunday News! 2:15 FIT to Be Strong® 3:00 Sitcoms 4:00 Hymn Sing</p>	<p>9:30 Devotions 19 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:15 Game Club! 1:30 FIT to Pedal® 2:30 Musical Favorites 3:00 Ice Cream Social! 4:00 Dancing to the Decades 6:00 Sitcoms</p>	<p>9:30 News & Views 20 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Cappuccino Corner, P 11:15 Musical Favorites 1:30 FIT to Be Strong® 2:30 Heart Healthy Social 4:00 Laughter Yoga 6:00 Interactive Music w/Angie!</p>	<p>9:30 Devotions 21 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:15 Kindermusik!, AR 1:15 Music w/Lolo Church 3:00 FIT to Pedal® 4:00 Blanket Tying! 6:00 Brain Games</p>	<p>THANKSGIVING 22</p> <p>9:30 News & Views 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OT 11:00 Treasures of the Heart® 1:30 Pretty Nails! 3:00 Brain Games! 4:00 Singalong</p>	<p>9:30 Devotions 23 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Hymn Sing 1:30 FIT to Be Strong® 3:00 Happy Hour 6:00 Hand Massage & Aromatherapy</p>	<p>9:30 News & Views 24 9:55 Quotes for Encouragement 10:00 FIT to Balance® 11:00 Songs to Remember 1:30 Dancing to the Decades 2:30 Afternoon Tea & Reminiscing 3:00 Brain Games 4:00 Music & Aromatherapy</p>
<p>9:45 Devotions & Encouragements 25 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Sunday News! 1:30 Church Service! 2:15 FIT to Be Strong® 3:00 Sitcoms 4:00 Hymn Sing</p>	<p>9:30 Devotions 26 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:15 Game Club! 1:30 FIT to Pedal® 2:00 Resident Birthday Party!, MDR 4:00 Dancing to the Decades 6:00 Sitcoms</p>	<p>9:30 News & Views 27 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Cuddle Bugs Preschool Visit! 11:15 Musical Favorites 1:30 FIT to Be Strong® 2:30 Music w/Donna 2:30 Heart Healthy Social 4:00 Laughter Yoga 6:00 Interactive Music w/Angie!</p>	<p>9:30 Devotions 28 9:55 Quotes for Encouragement 10:00 FIT to Balance® 10:30 Walking Group, OUT 11:30 Game Club 1:30 B String Music! 3:00 FIT to Pedal® 4:00 Blanket Tying! 6:00 Brain Games</p>	<p>9:30 News & Views 29 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OT 11:00 Treasures of the Heart® 1:30 Pretty Nails! 3:00 Brain Games! 4:00 Singalong</p>	<p>9:30 Devotions 30 9:55 Quotes for Encouragement 10:00 FIT to Stretch® 10:30 Walking Group, OUT 11:30 Hymn Sing 1:30 Treasures of the Heart® w/AL 3:00 Happy Hour 6:00 Hand Massage & Aromatherapy</p>	<p>Calendar events subject to change.</p>