

GOOD Life News

at The Village Senior Residence

MAY 2018

www.villagesenior.com

May Happenings!

Mother's Day Party!

Come down to our main dining room at 2 p.m. and help us celebrate all our mothers! Everyone is invited! We'll have some great entertainment and of course, something yummy to eat. See you there!



Memorial Day Program!

We will be having our annual Memorial Day program on Memorial Day. Come to the activity room at 2 p.m. and help us to remember and honor all of our veterans, both past and present.



Kathryn's Korner

May is a month to appreciate warmer days, sunshine and all that comes with spring. Since 1999, it's also designated as Military Appreciation Month — a time to formally and publicly thank and support the men and women who have served or currently serve to protect our freedom and liberty. Created from the simple idea of gathering America around its armed forces to show gratitude and solidarity, the month of May was chosen because it already included the most military-related commemoration days: Loyalty Day, Victory in Europe (V-E) Day, Armed Forces Day, Military Spouse Appreciation Day and, most well-known, Memorial Day.

The congressional resolution for Military Appreciation Month calls for a proclamation from the president regarding the important role these men and women fill, but you can celebrate in your own community any way you choose. One of the easiest, yet most meaningful, is to offer a heartfelt thank-you to all service members, past and present.

We also celebrate nurses and we certainly appreciate Jaimi White, Director of Nursing.

And lastly, we honor our mothers in May. Regardless if you have actually given birth, as a woman, you have undoubtedly helped nurture and guide others. For that, you are loved and much appreciated.

— Kathryn E. Beaty, LNHA Executive Director



**Our Talk.
Our Walk.
Every Day!**

**Platinum
Service®
Standard #1**

"I place our residents at the center of everything I do, personalizing my services to meet their preferences."

Our service delivery is designed to consistently create resident satisfaction and to build loyalty. Through our Platinum Service program, we practice the fundamentals of business etiquette, such as promptly greeting residents and guests with a warm and sincere welcome, introducing ourselves, and if necessary, offering assistance. Our interactions are personalized and appropriately paced to meet the unique needs of our residents. Service is then adjusted to their diverse backgrounds and cultures, creating memorable experiences. We are attentive, friendly and caring, delivering to our residents, guests and visitors a distinctive experience.

Resident Spotlight

Pat's dark eyes and high cheekbones give away her special heritage. As far as we know, she is our Village's only Native American tribal member. Enrolled in the Colville Confederated Nation in Washington, she was born in 1930 in Kettle Falls on the majestic Columbia River.



Patricia's grandfather immigrated from France in the 1800s and joined the Hudson Bay Company as a trapper in Quebec. Trapping took him west to British Columbia where he met Pat's grandmother, a member of the Lake Indians. The couple left her reservation for Kettle Falls, the heart of this area for Native people, because of its bountiful salmon. The actual (Kettle) falls and town were flooded in 1940 to make way for the massive Grand Coulee Dam across the Columbia. Patricia's little town was moved to its present site and is still an important meeting place for the tribes where a reunion for traditional canoes is held every year.

Despite changes taking place in the area with the influx of white settlers, Pat's grandparents stayed in Kettle Falls and raised a family. Her grandfather even built the town's first Catholic church. Patricia remembers her grandparents sometimes spoke a mixture of French and English that none of the children could understand! Pat's father was one of 13 children and like most men in that heavily forested region, worked in logging. He met Pat's mother, "a proper English lady" at a dance and they were married. Patricia, one of six children, shares a special memory from her childhood in Kettle Falls. In the sixth grade, our lady was one of her school's majorettes! That's right, one of those high-stepping baton twirlers of parades gone by. She fondly recalls the honor of her majorette team being chosen to travel to Spokane, Wash. to march in that city's annual Lilac Parade! Patricia was just 18, cooking occasionally in her mother's workplace, when a handsome young Irishman who tended bar there came back to the kitchen to flirt with her. The young man was Ernie, her future husband, and she learned that he had been a medic in the Philippines when the Japanese invaded that country during World War II. He endured the Bataan Death March and spent three years in a Japanese POW camp, but survived to return to Kettle Falls. He and Patricia dated for three years and married in 1948. "Part gypsy," they followed jobs in the timber industry in the northwest. They had two children (a boy and a girl, one year apart). Although this sweet lady was a homebody who loved to crochet and was very "happy at the sewing machine," she also enjoyed jobs outside the home, working as a postal clerk in Newport, Wash. for 25 years! Patricia and her husband traveled all over Canada, especially Banff, Lake Louise and British Columbia and felt very at home there. They loved "mixing with those friendly Canadians." She shared that on one special trip, she sat alone at the edge of a cold lake gazing at the beautiful Canadian Rockies. Pat recalls feeling in the moment an immense spiritual connection to that land and the generations of her Native American ancestors who hunted, fished and made their lives there.

After her husband passed away, Patricia settled in Missoula in 2012 and brought her unique story to our Village in 2014.

Resident Postings Board!

We now have a board in the Activity Room for residents to post on! This is a way for residents to connect with each other. Please see the board for additional information.

All posts must be appropriate, considerate and professional. Posts that do not fit this criteria will be taken down.

We hope this will be helpful for residents to be able to connect with each other. If you have questions about posting on the board, please let us know!



America's Garden

Nestled near the Capitol Building at the east end of the National Mall in Washington, D.C., the United States Botanic Garden proudly stands as the country's living plant museum, dedicated to collecting and cultivating flora from all over the world.

George Washington, Thomas Jefferson and James Madison all shared the dream of a botanical garden in the Capital City, and in 1820, their vision was made reality by an act of Congress. The garden is one of the oldest botanical gardens in North America, with specimens that date back to its founding collection.

Maintaining 65,000 living plants from a wide range of habitats, including numerous rare and endangered species, the garden's mission is to emphasize the importance of plants to people and the environment. Its central feature is a domed glass conservatory that houses 29,000 square feet of diverse plants, trees and flowers from across the globe. Outside, the three-acre National Garden is home to regional plants, as well as a rose garden, butterfly garden and a water garden honoring America's first ladies.

Plant Sale!

We will be having our annual plant sale! May 18th, 2-6 p.m. and May 19, 9 a.m.-3 p.m. Please see the flyers for more information!



The Tomb of the Unknowns

Among the nation's many Memorial Day observances will be the annual wreath-laying ceremony at the Tomb of the Unknowns. The monument overlooking Washington, D.C., is considered the most hallowed resting place at Arlington National Cemetery.

In 1921, Congress approved the burial of one unknown serviceman from World War I in a tomb at the cemetery's new Memorial Amphitheater. Just over a decade later, the white marble sarcophagus that sits atop the tomb was completed. The face of each side is adorned with engravings, including wreaths and the Greek figures representing Peace, Victory and Valor. Over the years, unknown soldiers from World War II, the Korean War and Vietnam War were also interred.

Since 1937, the tomb has been guarded around the clock by soldiers of the Army's elite 3rd U.S. Infantry Regiment. In a measured pace, a lone sentinel walks 21 steps back and forth in front of the tomb. The number symbolizes one of the highest military honors, the 21-gun salute.



Resident Birthdays

| | | |
|-----------------|-----------------|-------------------|
| Carl S., 1st | Alvera V., 11th | Bill P., 27th |
| Teddy M., 8th | Jeanne H., 12th | Margaret M., 29th |
| Gladys B., 10th | John W., 13th | Stan B., 31st |

Anniversaries

Bill & Thelma G., 5/8/1948

New Neighbors!

- Joyce D.
- Russell and Lois H.
- Gary T.
- Mae L.



THE VILLAGE

Senior Residence

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MANAGED BY
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Changmee Vang

The Teatime Tradition

Small sandwiches, dainty desserts and a spot of tea are the ingredients for the quaint British tradition known as afternoon tea.

Anna Maria Russell, an English duchess, is often credited with creating the custom around 1840. Back then, dinner was eaten as late as 8 p.m. To tide her over, the duchess would have a cup of tea and snacks in the afternoon. She began inviting her friends to join her in this daily practice.

The ritual spread throughout the country's upper class, and it became a social event with invited guests mingling in elegant drawing rooms. Women typically wore gowns, hats and gloves while they lingered over a light meal of finger sandwiches, scones and cakes, along with tea served in fine china cups.

Afternoon tea was sometimes called low tea because the food was served on a low table with people seated in relaxing armchairs or sofas. The term high tea traditionally refers to the hearty evening meal eaten by the working class, who sat at a dinner, or high, table.



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