

GOOD Life News

at The Village Senior Residence

JANUARY 2019

www.villagesenior.com



January Happenings!

Virtual Reality Is Here!

We now have a Virtual Reality set to use! We will have it for roughly one week a month. Be sure to look on your weekly schedules to see when it will be here, and then come and check it out! This is not just for the younger generations. Virtual Reality can take you places you wish you could go back to or where you've never been! Be sure to join us!



Family Appreciation Party!

We are having our annual Family Appreciation Party on Friday, Jan. 11, at 2 p.m., in our main dining room. This is the time we say a big "Thank You!" to our family members who do so much for us. Canta Brazil will be here to entertain us!



How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.

Spain — At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

Russia — In the country's region of Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

Germany — Germans give a sweet greeting to Jan. 1 by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

Japan — All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

(Continued on the inside.)

**Our Talk.
Our Walk.
Every Day!**

**Platinum Service®
Standard #6**

"I enjoy what I do. I have a warm, caring and positive attitude that makes our communities great places to live and work."

Having a positive attitude and an optimistic view of life are two things that intertwine to help us find happiness, both in our personal lives and at work. As we head into the new year, Platinum Service Standard #6 reminds us to reflect on and be thankful for the opportunity to serve our residents and fellow staff members. A warm tone of voice, a smile, and kind manners are examples of our Platinum Service® promise, which we strive for in all things we do. When employees genuinely enjoy what they do, they serve others with a sense of purpose. May you all have a very happy and blessed New Year.

How the World Celebrates the New Year (Continued)

Colombia — Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

Greece — Symbolizing renewal, onions are hung on doorways as a good luck token.

Brazil — To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

Turkey — At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

Finland — A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

Romania — For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.

Kathryn's Korner

Dear Friends:

During the holidays, there are so many wonderful foods we share with each other. I just love to get new ideas from everyone and trade recipes. Don't you? I would like to share this little recipe my Momma gave me several years ago. It's still the first one I see when I grab the recipe box.

Recipe for Good Living

1. Take one whole year, divide into twelve full-grown months.
2. Thoroughly free each from old memories of bitterness, rancor, hate and jealousy.
3. Pick off specks of pettiness and littleness.
4. See that these months are freed from all the past.
5. Let each one be as fresh as the first breath of spring.
6. Cut these months into 30-31 full rounded days.

This batch will keep for one whole year.

Prepare one day at a time as follows:

- 12 parts of Faith
- 11 parts of Patience
- 10 parts of Courage
- 9 parts of Work, omit this and so spoil the flavor
- 8 parts of Hope
- 7 parts of Fidelity
- 6 parts of Liberality
- 5 parts of Rest, omitting this will spoil the flavor
- 4 parts of Kindness
- 3 parts of Prayer
- 2 parts of Meditation
- 1 well-selected Resolution

Please share this recipe with your friends.

It is my sincere prayer that you and those you hold dear will be blessed with good health and fortune in the new year of 2019.

Kathryn E. Beaty, LNHA
Executive Director

Passing Time With Cuckoo Clocks

At the strike of each hour, a tiny toy bird pops through a door and cheerfully delivers its song: "Coo-coo!" This charming feature has made the cuckoo clock a classic timepiece.

Historians say the wall clock's familiar design originated in Germany's Black Forest region in the 1700s. By using a system of bellows, gears and weights, clockmakers there were able to replicate the cuckoo's call and regulate when the bird popped out to announce the hour. During the area's long winters, townspeople carved the clocks using logs from the forest, then sold their creations in the warmer months.

Two distinct styles of cuckoo clocks emerged over the next century. The traditional carved style is decorated with elaborate nature scenes, while the Swiss chalet style is a painted house, often with moving figures of people and animals. Both types feature two or three weights, often shaped like pinecones, which hang from the bottom of the clock and control its functions.

Various styles of cuckoo clocks can now be found, but genuine handcrafted ones from the Black Forest region are still prized favorites.



Thanks For All The Great Memories from 2018!



Appreciating our Missoula Police Department!



Animal Wonders in our Pearl Garden!



Valentine's Day Party with Gary Hoffman!



Easter egg decorating!



Jewelry making!



Brain Busters with the Pharmacy Students!



Fall Dance!



Pearl Garden outing to Turner Farms!



Florence-Carlton kids drop off boxes they made!



Kindermusic!



Flag Day with the Boy Scouts!



Mini Sturgis!



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Platinum Service® Ambassador

Jim Adams

Dining Room Supervisor

Lynda Ashton

Quality Coordinator

Changmee Vang

Resident Birthdays

Dorothy H., 1st

Sandra C., 6th

Bob M., 11th

Gary T., 16th

Ruth P., 20th

Joanne H., 20th

Lou Ann B., 23rd

Janet S., 23rd

Aggie M., 25th

Margaret R., 27th

New Neighbors!

Bill & Barb M.



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