



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Locations Activity Room, AR Bistro, B Courtyard, C Kingsway, KW		Main Dining Room, MDR Queensway, QW Room-To-Room, RR Willow Room, W		NEW YEAR'S DAY 1 9:30 Catholic Visits, RR 10:45 FIT to Be Strong®/Stretch, MDR 1:30 Aromatherapy/Spa Hands, B 1:30 Bonsai Holistic Massages, RR 3:45 Wine & Cheese, B 4:00 Comedy Classics, KW		2 10:30 FIT to Pedal®/FIT to Balance®, MDR 2:00 Dee Dee's Bible Study, B 2:15 Crafts, AR 4:00 Music Videos, KW 6:45 Bingo, B		3 10:15 Stroll to Gospel Music w/David, RR 10:15 Willow Multi Sensory Program, KW 10:45 FIT to Be Strong®/Stretch, MDR 2:30 Happy Hour: Music w/Bill, MDR 4:00 Comedy Classics, KW		4 10:30 Tai Chi w/Krisulla, MDR 2:00 Travel Program, B 3:15 Bingo, B 4:00 Music Videos, KW		5 10:15 Coffee Gathering, B 2:30 Ice Cream Social, MDR 2:30 Music w/Antonio, MDR 4:00 TV Classics, KW	
6 9:00 Inspirational Classics, KW 9:45 Mount Carmel Church Service, MDR 10:15 Movement to Music, MDR 1:00 Football in the Bistro!, B 2:30 Hot Dogs, Chips & Soda!, B 4:00 Comedy Classics, KW		7 10:30 FIT to Pedal®/FIT to Balance®, MDR 1:30 Resident Council, AR 1:30 Popcorn/Soda/Classics, B 4:00 Music Videos, KW 6:45 Bingo, B		8 9:30 Catholic Visits, RR 10:45 FIT to Be Strong®/Stretch, MDR 1:30 Aromatherapy/Spa Hands, B 1:30 Bonsai Holistic Massages, RR 3:15 Mexican Train, B 4:00 Comedy Classics, KW		9 10:30 FIT to Pedal®/FIT to Balance®, MDR 2:00 Dee Dee's Bible Study, B 2:15 Baking, AR 4:00 Music Videos, KW 6:45 Bingo, B		10 10:15 Willow Multi Sensory Program, KW 10:45 FIT to Be Strong®/Stretch, MDR 2:30 Music w/Antonio, MDR 2:30 Happy Hour, MDR 4:00 Comedy Classics, KW		11 10:30 Tai Chi w/Krisulla, MDR 2:00 Card Making Crafts, AR 3:15 Bingo, B 4:00 Music Videos, KW		12 10:15 Coffee Gathering, B 2:30 Ice Cream Social, MDR 2:30 Music w/Antonio, MDR 4:00 TV Classics, KW	
13 9:00 Inspirational Classics, KW 10:15 Movement to Music, MDR 1:00 Football in the Bistro!, B 2:30 Hot Dogs, Chips & Soda!, B 4:00 Comedy Classics, KW		14 10:30 FIT to Pedal®/FIT to Balance®, MDR 1:30 Price is Right, B 4:00 Music Videos, KW 6:45 Bingo, B		15 9:30 Catholic Visits, RR 10:15 "Amos" Miniature Horse Visits, RR 10:45 FIT to Be Strong®/Stretch, MDR 1:30 Aromatherapy/Spa Hands, B 1:30 Bonsai Holistic Massages, RR 3:45 Wine & Cheese, B 4:00 Comedy Classics, KW		16 10:30 FIT to Pedal®/FIT to Balance®, MDR 10:30 Outing to Be Announced 2:00 Dee Dee's Bible Study, B 2:15 Crafts, AR 4:00 Music Videos, KW 6:45 Bingo, B		17 10:15 Stroll to Gospel Music w/David, RR 10:15 Willow Multi Sensory Program, KW 10:45 FIT to Be Strong®/Stretch, MDR 2:30 Happy Hour: Music w/Bill, MDR 4:00 Comedy Classics, KW		18 10:30 Tai Chi w/Krisulla, MDR 2:15 Valiant Veterans® Club, AR 3:15 Bingo, B 4:00 Music Videos, KW		19 10:15 Coffee Gathering, B 2:30 Ice Cream Social, MDR 2:30 Music w/Kat!, MDR 4:00 TV Classics, KW	
20 9:00 Inspirational Classics, KW 10:15 Movement to Music, MDR 1:00 Football in the Bistro!, B 2:30 Hot Dogs, Chips & Soda!, B 4:00 Comedy Classics, KW		MARTIN LUTHER KING JR. DAY 21 10:30 FIT to Pedal®/FIT to Balance®, MDR 1:30 Popcorn/Soda/Classics, B 4:00 Music Videos, KW 6:45 Bingo, B		22 9:30 Catholic Visits, RR 10:45 FIT to Be Strong®/Stretch, MDR 1:30 Aromatherapy/Spa Hands, B 1:30 Bonsai Holistic Massages, RR 3:15 Mexican Train, B 4:00 Comedy Classics, KW		23 10:30 FIT to Pedal®/FIT to Balance®, MDR 12:00 Lunch Bunch, B 2:00 Dee Dee's Bible Study, B 2:15 Baking, AR 4:00 Music Videos, KW 6:45 Bingo, B		24 10:15 Willow Multi Sensory Program, KW 10:45 FIT to Be Strong®/Stretch, MDR 2:30 Happy Hour, MDR 4:00 Comedy Classics, KW		25 10:30 Tai Chi w/Krisulla, MDR 1:30 Crafts, B 2:00 Card Making Crafts, AR 3:15 Bingo, B 4:00 Music Videos, KW		26 10:15 Coffee Gathering, B 2:30 Ice Cream Social, MDR 2:30 Music w/Antonio, MDR 4:00 TV Classics, KW	
27 9:00 Inspirational Classics, KW 10:15 Movement to Music, MDR 1:00 Football in the Bistro!, B 2:30 Hot Dogs, Chips & Soda!, B 4:00 Comedy Classics, KW		28 10:30 FIT to Pedal®/FIT to Balance®, MDR 1:30 Price is Right, B 4:00 Music Videos, KW 6:45 Bingo, B		29 9:30 Catholic Visits, RR 10:45 FIT to Be Strong®/Stretch, MDR 1:30 Aromatherapy/Spa Hands, B 1:30 Bonsai Holistic Massages, RR 4:00 Comedy Classics, KW		30 10:30 FIT to Pedal®/FIT to Balance®, MDR 2:00 Dee Dee's Bible Study, B 4:00 Music Videos, KW 6:45 Bingo, B		31 10:15 Willow Multi Sensory Program, KW 10:45 FIT to Be Strong®/Stretch, MDR 2:30 Happy Hour/Antonio, MDR 4:00 Comedy Classics, KW		<p>Survey results are readily accessible in our Front Lobby. Resident Trust Account funds are available seven days a week, 24 hours a day. The Front Office can assist you during the day. The Nursing Supervisor can assist you during evening hours.</p> <p>Ask Life Enrichment for items needed for your room.</p> <p>We are a Music and Memory Certified Facility! Please see Life Enrichment if interested.</p>			