



# JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Calendar events subject to change.</b></p>	<p><b>NEW YEAR'S DAY 1</b></p> <p>10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 New Year's Word Games, M 3:00 Movie Matinee, E 4:15 FIT to Pedal®, W</p>	<p><b>2</b></p> <p>10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M <b>3:15 Music of Joe S., M</b> 6:30 Wes' Night, L</p>	<p><b>3</b></p> <p>10:30 FIT to Stretch®, W 11:00 Scrabble Club, W <b>1:30 Shopping Outing to Fred Meyer</b> 3:00 Movie Matinee, E 4:15 Games &amp; Puzzles, E</p>	<p><b>4</b></p> <p>9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:15 Science History, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study &amp; Hymns, W 6:30 Conni's Night, L</p>	<p><b>5</b></p> <p>10:15 FIT to Stretch®, W <b>10:45 Resident Council Meeting, W</b> 2:00 Candy Bingo, M <b>3:00 Music of Ron R., M</b> 4:15 Science Friday, W</p>	<p><b>6</b></p> <p>10:30 Local Events &amp; Fitness, W 11:00 Current Events, W 1:45 Netflix Hour/Resident Choice, E 2:15 Games &amp; Puzzles, W 3:30 Gourmet Coffee Social, E</p>	
	<p><b>7</b></p> <p>10:30 Balloon Games, W 11:00 Story Circle, W 1:30 Movie Matinee, W 2:00 Wii Bowling League, E 3:30 Worship Service, W</p>	<p><b>8</b></p> <p>10:30 FIT to Stretch®, W 11:00 Candy Bingo, W <b>2:00 Service of Remembrance, M</b> <b>3:00 Horticultural Therapy, W</b> 4:15 FIT to Pedal®, W</p>	<p><b>9</b></p> <p>10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M <b>3:00 January Birthdays w/Michael, M</b> 6:30 Wes' Night, L</p>	<p><b>10</b></p> <p>10:30 FIT to Stretch®, W 11:00 Scrabble Club, W 2:00 Activity Cart, R <b>3:00 Geology Lesson w/Bruce, M</b> 4:15 Games &amp; Puzzles, E</p>	<p><b>11</b></p> <p>9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:15 Music History, W 2:00 How Things Work (New!), W 3:30 Bible Study &amp; Hymns, W 6:30 Conni's Night, L</p>	<p><b>12</b></p> <p>10:30 FIT to Stretch®, W 11:00 Virtual Roadtrips w/Conni, W 1:45 Movie Matinee, B 1:45 Movie Matinee, E 4:15 Seated Tai Chi w/Aromatherapy, W</p>	<p><b>13</b></p> <p>10:30 Local Events &amp; Fitness, W 11:00 Current Events, W 1:45 Netflix Hour/Resident Choice, E 2:15 Games &amp; Puzzles, W <b>3:00 Resident Food Committee, W</b></p>
	<p><b>14</b></p> <p>10:30 Balloon Games, W 11:00 Singing Bowl Meditation (New!), W 1:30 Movie Matinee, W 2:00 Watercolor Exploration, M 3:30 Worship Service w/Dom F., W</p>	<p><b>MARTIN LUTHER KING JR. DAY 15</b></p> <p>10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Word Games, M <b>3:00 Art Therapy, W</b> 4:15 FIT to Pedal®, W <b>5:00 Strolling Accordion w/Phil H., R</b></p>	<p><b>16</b></p> <p>10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M <b>3:00 Music of Ken West, M</b> 6:30 Wes' Night, L</p>	<p><b>17</b></p> <p>10:30 FIT to Stretch®, W <b>11:00 Pet Therapy, W</b> <b>1:30 OMSI Outing</b> 3:00 Movie Matinee, E 4:15 Games &amp; Puzzles, E</p>	<p><b>18</b></p> <p>9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:15 Art History, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study &amp; Hymns, W 6:30 Conni's Night, L</p>	<p><b>19</b></p> <p>10:30 FIT to Stretch®, W 11:00 Virtual Roadtrips w/Conni, W 2:00 Candy Bingo, M <b>3:00 Music of James Clem, M</b> 4:15 Science Friday, W</p>	<p><b>20</b></p> <p>10:30 Local Events &amp; Fitness, W 11:00 Current Events, W 1:45 Netflix Hour/Resident Choice, E 2:15 Games &amp; Puzzles, W 3:30 Gourmet Coffee Social, E</p>
	<p><b>21</b></p> <p>10:30 Balloon Games, W 11:00 Story Circle, W 1:30 Movie Matinee, W 2:00 Wii Bowling League, E 3:30 Worship Service, W</p>	<p><b>22</b></p> <p>10:30 FIT to Stretch®, W 11:00 Candy Bingo, W <b>2:00 Spiritual Chat w/Joyce, M</b> 3:15 FIT to Pedal®, W <b>4:00 Earthtones Music Exploration, W</b></p>	<p><b>23</b></p> <p>10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M <b>3:00 Music of Dom F., M</b> 6:30 Wes' Night, L</p>	<p><b>24</b></p> <p>10:30 FIT to Stretch®, W <b>11:00 Lunch Outing to Uwajimaya</b> 3:00 Scrabble Club, W 3:00 Movie Matinee, E 4:15 Games &amp; Puzzles, E</p>	<p><b>25</b></p> <p>9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Sports History, W 2:00 How Things Work (New!), W 3:30 Bible Study &amp; Hymns, W <b>6:30 Treasures of the Heart®, W</b></p>	<p><b>26</b></p> <p>10:30 FIT to Stretch®, W 11:00 Virtual Roadtrips w/Conni, W 2:00 Movie Matinee, E <b>2:30 Music of Pablo, M</b> 4:15 Seated Tai Chi w/Aromatherapy, W</p>	<p><b>27</b></p> <p>10:30 Local Events &amp; Fitness, W 11:00 Current Events, W 1:45 Netflix Hour/Resident Choice, E 2:15 Games &amp; Puzzles, W 3:30 Gourmet Coffee Social, E</p>
	<p><b>28</b></p> <p>10:30 Balloon Games, W 11:00 Singing Bowl Meditation (New!), W 1:30 Movie Matinee, W 2:00 Watercolor Exploration, M 3:30 Worship Service, W</p>	<p><b>29</b></p> <p>10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Word Games, M 3:00 Enchanted Coloring, W 4:15 FIT to Pedal®, W</p>	<p><b>30</b></p> <p>10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M <b>3:00 Music of Kay R., M</b> 6:30 Wes' Night, L</p>	<p><b>31</b></p> <p>10:30 FIT to Stretch®, W 11:00 Scrabble Club, W <b>2:00 Scenic Drive</b> 3:00 Treat Cart, R 4:15 Games &amp; Puzzles, E</p>	<p><b>Locations</b></p> <p>Bistro, B                      Main Dining Room, M Courtyard, C                Resident Room East Commons, E            Delivery, R Library, L                      West Dining Room, W</p>		<p><b>All recent survey results are located in the Library. Please see a Life Enrichment team member if you have any questions.</b></p>