



JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Bistro, B Courtyard, C East Commons, E Library, L Main Dining Room, M Resident Room Delivery, R West Dining Room, W</p>		<p>NEW YEAR'S DAY 1 10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M 3:15 Music of Joe S., M 6:30 Kathleena's Night, W</p>	<p>2 10:30 FIT to Stretch®, W 11:00 Scrabble Club, W 1:30 Shopping Outing to Fred Meyer 3:00 Scrabble Club, W 4:15 FIT to Pedal®, W</p>	<p>3 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Fun w/Origami!, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study & Hymns, W 6:30 Nate's Night, L</p>	<p>4 10:15 FIT to Stretch®, W 10:45 Resident Council Meeting, W 2:00 Technology 101 w/Nate, M 3:00 Music of Kay R., M 4:00 Crafts w/Century High, W</p>	<p>5 10:30 FIT to Stretch®, W 11:00 TED Talks, W 2:00 Gourmet Coffee Social, E 3:00 Games & Puzzles, W</p>
<p>6 10:30 Balloon Games, W 11:00 Singalong Music History, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W</p>	<p>7 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Word Games, M 3:00 Activity Packets, W 4:15 FIT to Pedal®, W</p>	<p>8 10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M 3:00 January Birthdays w/Michael, M 6:30 Kathleena's Night, W</p>	<p>9 10:30 FIT to Stretch®, W 11:00 Scrabble Club, W 2:00 Valiant Veterans Social, M 3:30 Visit w/Manny the Dog, W 4:15 FIT to Pedal®, W</p>	<p>10 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Calligraphy Lesson, W 2:00 Drum Circle, M 3:30 Bible Study & Hymns, W 6:30 Nate's Night, L</p>	<p>11 10:30 FIT to Stretch®, W 11:00 Reminiscing & Trivia, W 2:00 Candy Bingo, M 3:15 Science Friday, W</p>	<p>12 10:30 FIT to Stretch®, W 11:00 Weekend Devotions, W 2:00 Gourmet Coffee Social, E 3:00 Games & Puzzles, W</p>
<p>13 10:30 Balloon Games, W 11:00 International Culture Club, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service w/Dom F., W 4:15 Enchanted Coloring, W</p>	<p>14 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Focus on Prayer (New!), M 3:00 Horticultural Therapy, W 4:15 FIT to Pedal®, W</p>	<p>15 10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:15 Music of Pablo, M 3:30 January Crafters, W 6:30 Kathleena's Night, W</p>	<p>16 10:30 FIT to Stretch®, W 11:00 Pet Therapy, W 1:30 OMSI Outing 3:00 Scrabble Club, W 4:15 FIT to Pedal®, W</p>	<p>17 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Fun w/Origami!, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study & Hymns, W 6:30 Nate's Night, L</p>	<p>18 10:30 FIT to Stretch®, W 11:00 Virtual Road Trips w/Nate, W 2:00 Technology 101 w/Nate, M 3:00 Music of Art G., M 4:15 Enchanted Coloring, W</p>	<p>19 10:30 FIT to Stretch®, W 11:00 TED Talks, W 2:00 Gourmet Coffee Social, E 3:00 Games & Puzzles, W</p>
<p>20 10:30 Balloon Games, W 11:00 Singalong Music History, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W</p>	<p>MARTIN LUTHER KING JR. DAY 21 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Word Games, M 3:00 Art Therapy, W 4:15 FIT to Pedal®, W 5:00 Strolling Accordion w/Phil H., R</p>	<p>22 10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M 3:00 Music of Dom F., M 6:30 Kathleena's Night, W</p>	<p>23 10:30 FIT to Stretch®, W 11:00 Gustav's Lunch Outing 3:00 Scrabble Club, W 4:15 FIT to Pedal®, W</p>	<p>24 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Calligraphy Lesson, W 2:00 Drum Circle, M 3:30 Bible Study & Hymns, W 6:30 Nate's Night, L</p>	<p>25 10:30 FIT to Stretch®, W 11:00 Reminiscing & Trivia, W 2:00 Candy Bingo, M 3:00 Music of Gordon, M 4:15 Science Friday, W</p>	<p>26 10:30 FIT to Stretch®, W 11:00 Weekend Devotions, W 2:00 Gourmet Coffee Social, E 3:00 Games & Puzzles, W</p>
<p>27 10:30 Balloon Games, W 11:00 International Culture Club, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W</p>	<p>28 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Spiritual Chat w/Joyce, M 3:15 FIT to Pedal®, W 4:00 Earthtones Music Exploration, W</p>	<p>29 10:30 FIT to Be Strong®, W 11:15 This Week in History, W 2:00 January Crafters, M 3:00 Music of Ken W., M 6:30 Kathleena's Night, W</p>	<p>30 10:30 FIT to Stretch®, W 11:00 Scrabble Club, W 1:30 Shopping to Dollar Tree 3:00 Activity Packets 4:15 FIT to Pedal®, W</p>	<p>31 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Fun w/Origami!, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study & Hymns, W 6:30 Nate's Night, L</p>	<p>All recent survey results are located in the Library. Please see a Life Enrichment team member if you have any questions. Calendar events subject to change.</p>	