



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations 3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ Food Service Department, FD Four Seasons Dining, FSD	Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA	Lower Level Therapy Room, LLTR Pedal Room, PR Second Floor Library, LIB Theatre Room, TR-LL Whispering Pines Dining, WPD	Calendar events subject to change.	10:00 Laurel Hearing Aid, LEO 1 10:30 FIT to Balance®, LIB 11:00 FIT to Pedal®, LIB 1:30 Word Games, LIB 2:00 Dance for Life, LL 2:10 Rosary, CH 2:45 Scenic Ride & Treats 6:45 Cards & Games, LL	10:30 Stretch & FIT to Be Strong®, LIB 2 10:45 Low Vision Support Group, LLA 11:00 FIT to Pedal®, LIB 1:00 Everett on Piano, LL 6:45 Cards, LLA 7:00 Music & Friends Video, BSTV	9:30 Mindful Movement (Yoga), LLA 3 10:00 Coffee Social, FC 4:00 Catholic Mass, CH 6:00 Music w/Bob Southern, LOB 6:45 Cards, LL
4 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Bingo, LIB 1:30 Billings Studio Theatre 1:45 Billings Studio Theatre 6:30 Cards & Games, LL	5 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 1:30 Craft, LIB 2:00 Ice Cream Social, FC 4:30 Dinner at Grand Garden	6 9:45 Catholic Mass, CH 10:30 Coffee Social, FC 10:30 FIT to Balance®, LIB 11:00 Nondenominational Bible Study, CH 11:00 FIT to Pedal®, LIB 1:00 WP Pinochle, LL 1:30 Living w/Loss Group, GDR 1:30 Devotions w/Roger, LIB 2:00 Singalong w/Ginny, LIB	7 9:30 Mindful Movement (Yoga), LLA 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 11:45 Van to Low Vision Support Grp. 1:30 Bingo, LIB 2:00 Billings Library, LL 2:30 Social & Special Treats, LIB 3:45 Van: Parkinson's Support Group 6:00 Cribbage, LLA 6:30 Joy Lutheran Service, CH	8 10:30 Blood Pressure Clinic, LLA 10:30 FIT to Balance®, LIB 11:00 FIT to Pedal®, LIB 1:30 Word Games, LIB 2:00 Dance for Life, LL 2:10 Rosary, CH 2:45 Devotion w/Mike & Maria, LIB 6:30 High Plains Brass Quintet, LL 6:45 Cards & Games, LL	9 9:00 Westpark Purse & Scarf, LLA 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 2:00 Visits w/Residents, AL 6:45 Cards, LLA	10 9:00 Westpark Purse & Scarf Sale, LL 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 4:00 Catholic Mass, CH 6:45 Cards, LL 6:45 Billings Symphony
DAYLIGHT SAVING TIME BEGINS 11 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 11:30 Westpark Special Lunch, AL 1:00 Bingo, LIB 6:30 Cards & Games, LL	12 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 2:00 Ice Cream Social, FC 2:00 Assisted Living Community Mtg., LIB	9:45 Catholic Mass, CH 13 10:30 Coffee Social, FC 10:30 FIT to Balance®, LIB 11:00 Nondenominational Bible Study, CH 11:00 FIT to Pedal®, LIB 1:00 WP Pinochle, LL 1:30 Devotions w/Roger, LIB 2:00 Records & Reminiscing, LIB	14 9:30 Mindful Movement (Yoga), LLA 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 1:30 Bingo, LIB 2:30 St. Patrick's Treats & Social, LIB 6:00 Cribbage, LLA 7:00 High Country Band, LL	15 10:30 FIT to Balance®, LIB 11:00 FIT to Pedal®, LIB 1:30 Music w/Brooke, LIB 2:00 Dance for Life, LL 2:10 Rosary, CH 2:30 Treasures of the Heart®, LIB 6:45 Cards & Games, LL	16 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 12:00 Wp Food Committee, FD 2:00 Low Vision Support Group, LLA 2:00 Visits w/Residents, AL 3:00 Reflexions Band, LL 6:45 Cards, LLA 7:00 Music & Friends Video, BSTV	ST. PATRICK'S DAY 17 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Singalong w/Ginny, LL 4:00 Catholic Mass, CH 6:00 Music w/Bob Southern, LOB 6:45 Cards, LL
18 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Bingo, LIB 2:00 Lee on the Piano, LL	19 9:30 Foot Clinic, 3rd-Spa 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 12:00 Retired Teachers' Luncheon, FSD 1:30 Craft, LIB 2:00 Ice Cream Social, FC	SPRING BEGINS 20 10:30 Coffee Social, FC 10:30 FIT to Balance®, LIB 11:00 Nondenominational Bible Study, CH 11:00 FIT to Pedal®, LIB 1:00 WP Pinochle, LL 1:30 Living w/Loss Group, GDR 1:30 Devotions w/Roger, LIB 1:30 Michelle & Mara, LOB 2:00 Talk w/Jon, LL	8:00 Gentlemen's Breakfast, WPD 21 9:30 Mindful Movement (Yoga), LLA 10:30 FIT to Balance®, LIB 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 1:30 Bingo, LIB 1:30 Nomi/United Methodist Circle, CH 2:30 Social & Special Treats, LIB 6:00 Cribbage, LLA	22 10:30 Blood Pressure Clinic, LLA 10:30 FIT to Balance®, LIB 11:00 FIT to Pedal®, LIB 1:30 Treasures of the Heart®, LIB 2:00 Dance for Life, LL 2:10 Rosary, CH 2:45 Scenic Ride & Treats 6:45 Cards & Games, LL	23 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 1:30 Ladies' Tea, LL 2:00 Visits w/Residents, AL 3:30 Cold Frosty Morning Band, LL 6:45 Cards, LLA	24 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 1:00 Ballroom Dancers of All Ages, LL 4:00 Catholic Mass, CH 6:45 Cards, LL
PALM SUNDAY 25 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Bingo, LIB 2:00 Singalong w/Baptist Church, LIB	26 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 2:00 Ice Cream Social, FC 7:00 Adventures of Art w/Rachel, LLA	27 10:30 Coffee Social, FC 10:30 FIT to Balance®, LIB 11:00 Nondenominational Bible Study, CH 11:00 FIT to Pedal®, LIB 1:00 WP Pinochle, LL 1:30 Devotions w/Roger, LIB 2:00 Records & Reminiscing, LIB	28 9:30 Mindful Movement (Yoga), LLA 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 1:30 Bingo, LIB 2:00 Coffee w/Congregational Group, GDR 2:30 Social & Special Treats, LIB 6:00 Cribbage, LLA	29 10:30 FIT to Balance®, LIB 11:00 FIT to Pedal®, LIB 1:30 Join Us for Fun w/Crafts, LIB 2:00 Dance for Life, LL 2:10 Rosary, CH 6:45 Cards & Games, LL	GOOD FRIDAY PASSOVER BEGINS AT SUNSET 30 10:30 Stretch & FIT to Be Strong®, LIB 11:00 FIT to Pedal®, LIB 2:00 Visits w/Residents, AL 6:45 Cards, LLA	31 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 4:00 Catholic Mass, CH 6:45 Cards, LL