



JULY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations</p> <p>3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ</p> <p>Food Service Department, FD Four Seasons Dining, FSD Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR</p> <p>Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA Lower Level Therapy Room, LLTR</p> <p>Pedal Room, PR Second Floor Library, LIB Theatre Room, TR-LL Whispering Pines Dining, WPD</p>						<p>9:30 Mindful Movement (Yoga), LLA</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>6:00 Bob Southern on Piano, LOB</p> <p>6:45 Cards & Games, LL</p> <p>6:45 Rummikub Game, LLA</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 2</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 3</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:00 Westpark Book Club, CH</p> <p>2:15 Wii Bowling Team 3 & 6, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Hand & Foot Games, LL</p> <p>7:00 Brush to Canvas, LLA</p>	<p>INDEPENDENCE DAY 4</p> <p>10:30 Coffee & Danish, FC</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Wii Bowling Team 7 & 8, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>4:30 July 4th BBQ for Dinner, FD</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Mindful Movement (Yoga), LLA 5</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Catholic Mass, CH</p> <p>11:30 FIT to Balance®, LL</p> <p>11:45 Low Vision Group</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Shanghai Rummy, LL</p> <p>2:00 Billings Library, LL</p> <p>2:30 Coffee Social, FC</p> <p>2:30 FIT to Pedal®, PR</p> <p>3:45 Van: Parkinson's Support Group</p> <p>4:00 Happy Hour, LLA</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Laurel Hearing Aid Service, CH 6</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>5:00 Gazebo Dinner, Sign Up at Desk, East GAZ</p> <p>6:15 St John's "Larry Gatlin"</p> <p>6:45 Cards, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 7</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Everett on Piano, LL</p> <p>2:00 FIT to Pedal®, PR</p> <p>6:30 Van to Relay for Life</p> <p>6:45 Cards, LL</p> <p>7:00 Music & Friends Video, BSTV</p>	<p>9:30 Mindful Movement (Yoga), LLA 8</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>2:00 Elma on Piano, LOB</p> <p>4:00 Catholic Mass, LL</p> <p>6:45 Cards & Games, LL</p> <p>6:45 Rummikub Game, LLA</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 9</p> <p>10:30 Westpark Brunch, FSD</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 10</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Team 3 & 6, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Hand & Foot Games, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 11</p> <p>10:30 Making Sandwiches for Mission, LLA</p> <p>11:00 Nondenominational Bible Study, CH</p> <p>1:00 Wii Bowling Teams 4 & 5, LLA</p> <p>1:00 FIT to Pedal®, PR</p> <p>1:00 WP Pinochle, LL</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Wii Bowling Team 7 & 8, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Mindful Movement (Yoga), LLA 12</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Shanghai Rummy, LL</p> <p>2:30 FIT to Pedal®, PR</p> <p>2:30 Coffee Social, FC</p> <p>4:00 Happy Hour, LLA</p> <p>6:45 Cards & Games, LL</p> <p>7:00 High Country Cowboy Band, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 13</p> <p>10:30 Blood Pressure Clinic, LLA</p> <p>1:00 Bingo, LLA</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>5:00 Gazebo Dinner, Sign Up at Desk, East GAZ</p> <p>6:45 Cards, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 14</p> <p>10:30 Ranae's Alterations, CH</p> <p>1:00 FIT to Pedal®, PR</p> <p>2:00 Ladies' Tea, LL</p> <p>6:45 Cards, LL</p>	<p>9:30 Mindful Movement (Yoga), LLA 15</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Singalong w/Ginny, LL</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>6:00 Bob Southern on Piano, LOB</p> <p>6:45 Cards & Games, LL</p> <p>6:45 Rummikub Game, LLA</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 16</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa 17</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Bible Devotions w/Mike, CH</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:15 Wii Bowling Team 3 & 6, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:30 Mustang Game</p> <p>6:45 Hand & Foot Games, LL</p> <p>7:00 Brush to Canvas, LLA</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 18</p> <p>11:00 Nondenominational Bible Study, CH</p> <p>1:00 Wii Bowling Teams 4 & 5, LLA</p> <p>1:00 FIT to Pedal®, PR</p> <p>1:00 Living w/Loss Support Group, GDR</p> <p>1:00 WP Pinochle, LL</p> <p>1:30 Michelle & Mara, LOB</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Wii Bowling Team 7 & 8, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>8:30 Gentlemen's Breakfast, FSD 19</p> <p>9:30 Mindful Movement (Yoga), LLA</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Shanghai Rummy, LL</p> <p>2:30 Coffee Social, FC</p> <p>2:30 FIT to Pedal®, PR</p> <p>4:00 Happy Hour, LLA</p> <p>6:45 Cards & Games, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 20</p> <p>10:30 Resident Massages</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>5:00 Gazebo Dinner, Sign Up at Desk, East GAZ</p> <p>6:45 Cards, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 21</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 FIT to Pedal®, PR</p> <p>6:45 Cards, LL</p> <p>7:00 Music & Friends Video, BSTV</p>	<p>9:30 Mindful Movement (Yoga), LLA 22</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>2:00 Elma on Piano, LOB</p> <p>4:00 Catholic Mass, LL</p> <p>6:45 Cards & Games, LL</p> <p>6:45 Rummikub Game, LLA</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 23</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 24</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:15 Wii Bowling Team 3 & 6, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Hand & Foot Games, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 25</p> <p>11:00 Nondenominational Bible Study, CH</p> <p>1:00 Wii Bowling Teams 4 & 5, LLA</p> <p>1:00 Bingo, LLA</p> <p>1:00 FIT to Pedal®, PR</p> <p>1:00 WP Pinochle, LL</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Wii Bowling Team 7 & 8, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Mindful Movement (Yoga), LL 26</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Shanghai Rummy, LL</p> <p>2:30 Coffee Social, FC</p> <p>2:30 FIT to Pedal®, PR</p> <p>4:00 Happy Hour, LLA</p> <p>6:45 Cards & Games, LL</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 27</p> <p>12:00 Professional Medical Luncheon, FSD</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Shooting Pool, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>5:00 Gazebo Dinner, Sign Up at Desk, East GAZ</p> <p>6:45 Cards, LL</p>	<p>10:00 Flex Stretch& FIT to Be Strong®, LL 28</p> <p>10:30 Ranae's Alterations, CH</p> <p>11:30 FIT to Balance®, LLA</p> <p>1:00 FIT to Pedal®, PR</p> <p>6:45 Cards, LL</p>	<p>9:30 Mindful Movement (Yoga), LLA 29</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>6:45 Cards & Games, LL</p> <p>6:45 Rummikub Game, LLA</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 30</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FlexStretch & FIT to Be Strong®, LL 31</p> <p>11:30 FIT to Balance®, LL</p> <p>1:00 Bingo, LLA</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Team 3 & 6, LL</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Hand & Foot Games, LL</p>	<p>Please see our Front Lobby or Laundry Room boards on the second and third floors.</p> <p>Laurel Hearing Aid: First Thursday, 9:30 a.m., CH</p> <p>Reading Daily News: Monday-Thursday, 10:30 a.m., LL</p> <p>PAML Lab: Every Wednesday, 9 a.m., CH</p>				