



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Emmanuel Baptist Video, BSTV 1</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FIT to Be Strong® & Balance, LL 2</p> <p>10:30 Reading the Daily News, SR</p> <p>10:45 Bible Devotions w/Mike, CH</p> <p>11:00 Walking Club</p> <p>1:00 Bingo, LLA</p> <p>2:00 Westpark Book Club, GDR</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Teams 3 & 6, LLA</p> <p>6:45 Hand & Foot Games, LL</p>	<p>9:00 Shooting Pool, LL 3</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:30 Coffee Social, FC</p> <p>11:00 Nondenominational Bible Study, LLA</p> <p>1:00 Wii Bowling Team 4 & 7, LLA</p> <p>1:00 Living w/Loss Support Group, GDR</p> <p>2:00 Wii Bowling Team 8, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>INDEPENDENCE DAY 4</p> <p>9:30 Mindful Movement (Yoga), LL</p> <p>10:00 FIT to Be Strong® & Balance, LL</p> <p>10:30 St. Luke's Episcopal Service, CH</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Shanghai Rummy, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Wii Bowling Team 5, LLA</p> <p>2:00 Billings Library, LL</p> <p>2:30 Coffee Social, FC</p> <p>3:45 Van: Parkinson's Support Group</p> <p>4:00 Happy Hour, LLA</p> <p>4:30 July BBQ (4:30-6:30 p.m.), FD</p>	<p>9:00 Shooting Pool, LL 5</p> <p>9:30 Laurel Hearing Aid Service, CH</p> <p>10:00 FlexStretch& FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Cards, LL</p>	<p>10:00 FIT to Be Strong®, LL 6</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Everett on Piano, LL</p> <p>1:00 Bible Study w/John the Parable, LLA</p> <p>6:45 Cards, LL</p> <p>7:00 Music & Friends Video, BSTV</p>	<p>9:30 Mindful Movement (Yoga), LL 7</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>6:00 Bob Southern on Piano, LOB</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 8</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FIT to Be Strong® & Balance, LL 9</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Bingo, LLA</p> <p>2:00 Assisted Living Community Mtg, LIB</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Teams 3 & 6, LL</p> <p>2:15 Wii Bowling Teams 3 & 6, LLA</p> <p>6:45 Hand & Foot Games, LL</p>	<p>9:00 Shooting Pool, LL 10</p> <p>9:45 Catholic Mass, CH</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:30 Coffee Social, FC</p> <p>11:00 Nondenominational Bible Study, LLA</p> <p>1:00 WP Pinochle, LL</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Mindful Movement (Yoga), LL 11</p> <p>10:00 FIT to Be Strong® & Balance, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Shanghai Rummy, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>1:15 FIT to Pedal®, PR</p> <p>2:00 Wii Bowling Team 5, LLA</p> <p>2:30 Coffee Social, FC</p> <p>4:00 Happy Hour, LLA</p>	<p>9:00 Shooting Pool, LL 12</p> <p>10:00 FlexStretch& FIT to Be Strong®, LL</p> <p>10:30 Blood Pressure Clinic, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:15 St. John's (High County)</p> <p>6:45 Cards, LL</p>	<p>10:00 FIT to Be Strong®, LL 13</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Bible Study w/John the Parable, LLA</p> <p>2:00 Ladies' Tea, LL</p> <p>6:45 Cards, LL</p>	<p>9:30 Mindful Movement (Yoga), LL 14</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 15</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:00 Music w/Lee on Piano, LOB</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa 16</p> <p>10:00 FIT to Be Strong® & Balance, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:45 Bible Devotions w/Mike, CH</p> <p>11:00 Walking Club</p> <p>1:00 Bingo, LLA</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Teams 3 & 6, LLA</p> <p>6:45 Hand & Foot Games, LL</p>	<p>9:00 Shooting Pool, LL 17</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:30 Coffee Social, FC</p> <p>11:00 Nondenominational Bible Study, LLA</p> <p>1:00 Wii Bowling Teams 4 & 7, LLA</p> <p>1:00 Living w/Loss Support Group, GDR</p> <p>2:00 Wii Bowling Team 8, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>8:30 Gentlemen's Breakfast, FSD 18</p> <p>9:30 Mindful Movement (Yoga), LL</p> <p>10:00 FIT to Be Strong® & Balance, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Shanghai Rummy, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>1:30 United Methodist Women Circle, CH</p> <p>2:00 Wii Bowling Team 5, LLA</p> <p>2:30 FIT to Pedal®, PR</p> <p>3:00 Coffee Social, FC</p> <p>3:00 Talk w/Birdie, LL</p> <p>4:00 Happy Hour, LLA</p>	<p>9:00 Shooting Pool, LL 19</p> <p>10:00 FlexStretch& FIT to Be Strong®, LL</p> <p>10:30 Resident Massages</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Bingo, LLA</p> <p>2:00 Dance for Life, LL</p> <p>2:00 Popcorn Social, FC</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>6:45 Cards, LL</p>	<p>9:30 FIT to Be Strong®, LL 20</p> <p>10:00 FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Bible Study w/John the Parable, LLA</p> <p>1:30 Reflexions Band, LL</p> <p>2:00 Low Vision Support Group, LLA</p> <p>6:45 Cards, LL</p> <p>7:00 Music & Friends Video, BSTV</p>	<p>9:30 Mindful Movement (Yoga), LL 21</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Singalong w/Ginny, LL</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>6:00 Bob Southern on Piano, LOB</p> <p>6:45 Rummikub Game, LL</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 22</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FIT to Be Strong® & Balance, LL 23</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Bingo, LLA</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Team Bowling Teams 3 & 6, LLA</p> <p>2:15 Wii Bowling Teams 3 & 6, LLA</p> <p>6:45 Hand & Foot Games, LL</p>	<p>9:00 Shooting Pool, LL 24</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:30 Coffee Social, FC</p> <p>11:00 Nondenominational Bible Study, LLA</p> <p>2:00 Wii Bowling Team 8, LLA</p> <p>2:00 Westpark Resident Meeting, LL</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>9:30 Mindful Movement (Yoga), LL 25</p> <p>10:00 FIT to Be Strong® & Balance, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>1:00 Shanghai Rummy, LL</p> <p>1:00 Wii Bowling Teams 1 & 2, LLA</p> <p>2:00 Wii Bowling Team 5, LLA</p> <p>2:00 Coffee w/Congregational Group, GDR</p> <p>2:30 Coffee Social, FC</p> <p>4:00 Happy Hour, LL</p> <p>6:00 Cribbage, FC</p>	<p>9:00 Shooting Pool, LL 26</p> <p>10:00 FlexStretch& FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>12:30 Bingo, LLA</p> <p>2:00 Popcorn Social, FC</p> <p>2:00 Dance for Life, LLA</p> <p>2:10 Catholic Rosary, CH</p> <p>2:30 FIT to Pedal®, PR</p> <p>4:30 Dinner at Carbone's Pizza</p> <p>6:45 Cards, LL</p>	<p>10:00 FIT to Be Strong® & Balance, LLA 27</p> <p>10:00 FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>1:00 Bible Study w/John the Parable, LLA</p> <p>3:25 Cold Frosty Morning Band, LL</p> <p>6:45 Cards, LL</p>	<p>9:30 Mindful Movement (Yoga), LL 28</p> <p>10:00 Coffee Social, FC</p> <p>2:00 Canasta Card Group, LL</p> <p>4:00 Catholic Mass, LL</p> <p>7:00 Entertainment, BSTV</p>
<p>10:00 Emmanuel Baptist Video, BSTV 29</p> <p>11:00 Protestant Service, CH</p> <p>1:00 Faith Chapel Sermon Video, BSTV</p> <p>2:30 Coffee Social, FC</p> <p>6:45 Cards & Games, LL</p> <p>7:00 Inspirational Movie, BSTV</p>	<p>10:00 FIT to Be Strong® & Balance, LL 30</p> <p>10:30 Reading the Daily News, SR</p> <p>11:00 Walking Club</p> <p>2:00 Ice Cream Social, FC</p> <p>2:15 Wii Bowling Teams 3 & 6, LLA</p> <p>6:30 Mustang Game</p> <p>6:45 Hand & Foot Games, LL</p>	<p>9:00 Shooting Pool, LL 31</p> <p>10:00 FlexStretch & FIT to Be Strong®, LL</p> <p>10:30 Reading the Daily News, SR</p> <p>10:30 Coffee Social, FC</p> <p>11:00 Nondenominational Bible Study, LLA</p> <p>3:00 Crochet & Knitting for a Cause, FC</p> <p>6:45 Cards & Games, LL</p>	<p>Locations</p> <p>3rd Floor Spa, 3rd-Spa</p> <p>Assisted Living, AL</p> <p>Big-Screen TV, BSTV</p> <p>Chapel, CH</p> <p>East Gazebo, East GAZ</p> <p>Food Service Department, FD</p> <p>Four Seasons Dining, FSD</p> <p>Friendship Cafe, FC</p> <p>FTBS-Room, FTBS-LL</p> <p>Generation Dining Room, GDR</p> <p>Life Enrichment Office, LEO</p> <p>Lobby, LOB</p> <p>Lower Level, LL</p> <p>Lower Level Activity Room, LLA</p> <p>Lower Level Therapy Room, LLTR</p> <p>Pedal Room, PR</p> <p>Second Floor Library, LIB</p> <p>Sun Room, SR</p> <p>Theatre Room, TR-LL</p> <p>Whispering Pines Dining, WPD</p>	<p>Laurel Hearing Service: First Thursday, 9:30 a.m., CH.</p> <p>Lab Corp: Every Wednesday, 9 a.m., CH.</p> <p>Remember to check-in every day with check-in button.</p> <p>Calendar events subject to change.</p>		