



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations 3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ Food Service Department, FD Four Seasons Dining, FSD	Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA	Lower Level Therapy Room, LLTR Pedal Room, PR Second Floor Library, LIB Theatre Room, TR-LL Whispering Pines Dining, WPD	Laurel Hearing Aid: First Thursday, 9:30 a.m., CH PAML Lab: Every Wednesday, 9 a.m., CH Calendar events subject to change.	9:30 Laurel Hearing Aid Service, CH 10:00 FIT to Be Strong® & Balance, LL 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10:00 FIT to Be Strong® & Balance, LL 1:00 Everett on Piano, LL 2:00 FIT to Pedal®, PR 6:45 Cards, LLA 7:00 Music & Friends Video, BSTV	10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA
10:00 Emmanuel Baptist Video, BSTV 4 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:45 Billings Studio Theatre 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	10:00 FIT to Be Strong® & Balance, LL 5 10:45 Bible Devotions w/Mike, CH 1:00 Bingo, LLA 2:00 Westpark Book Club, GDR 2:00 Ice Cream Social, FC 2:15 Wii Bowling Teams 3 & 6, LLA 2:30 FIT to Pedal®, PR 4:30 Dinner at Grand Garden 6:45 Hand & Foot Games, LL	10:00 FIT to Be Strong® & Balance, LL 6 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 11:00 Core Program, LLTR 1:00 Living w/Loss Support Group, GDR 1:00 Wii Bowling Team 4 & 7, LLA 2:00 Wii Bowling Team 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LLA 7 10:00 FIT to Be Strong® & Balance, LL 10:45 Wing Meeting (100 114) 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 2:00 Billings Library, LL 2:30 Coffee Social, FC 3:45 Van: Parkinson's Support Group 4:00 Happy Hour, LLA 6:00 Cribbage, LLA 6:30 Joy Lutheran Service, CH	10:00 FIT to Be Strong® & Balance, LL 8 10:30 Blood Pressure Clinic, LLA 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:30 High Plains Brass Quintet, LL 6:45 Cards, LL	9:00 Westpark Purse & Scarf Sale, LL 11:00 FIT to Pedal®, PR 6:45 Cards, LLA	9:00 Purse & Scarf Sale, LL 10 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Van to Billings Symphony
DAYLIGHT SAVING TIME BEGINS 11 10:00 Emmanuel Baptist Video, BSTV 10:30 Westpark Brunch, FSD 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	10:00 FIT to Be Strong® & Balance, LL 12 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Teams 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	9:45 Catholic Mass, CH 13 10:00 FIT to Be Strong® & Balance, LL 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 11:00 Core Program, LLTR 1:00 South East Wings Meeting, LLA 1:00 WP Pinochle, LL 2:15 Wii Bowling Teams 4 & 7, LLA 3:00 Sons of Norway Dancers, LL 3:00 Crochet & Knitting for a Cause, FC 3:30 Wii Bowling Teams 8, LLA 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LLA 14 10:00 FIT to Be Strong® & Balance, LL 10:30 New Residents Coffee, FSD 11:45 Van to Low Vision Group 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 FIT to Pedal®, PR 1:00 Shanghai Rummy, LL 2:30 Coffee Social, FC 4:00 St. Patrick's Happy Hour, LLA 6:00 Cribbage, LLA 7:00 High Country Band, LL	10:00 FIT to Be Strong® & Balance, LL 15 10:30 Resident Massages 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10:00 FIT to Be Strong® & Balance, LL 16 1:00 FIT to Pedal®, PR 2:00 Low Vision Support Group, LLA 3:00 Reflexions Band, LL 6:45 Cards, LLA 7:00 Music & Friends Video, BSTV	ST. PATRICK'S DAY 17 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Singalong w/Ginny, LL 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA
10:00 Emmanuel Baptist Video, BSTV 18 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:00 Music w/Lee on Piano, LL 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa 19 10:00 FIT to Be Strong® & Balance, LL 10:45 Bible Devotions w/Mike, CH 12:00 Retired Teachers Luncheon, FSD 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	SPRING BEGINS 20 10:00 FIT to Be Strong® & Balance, LL 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 11:00 Core Program, LLTR 1:00 Wii Bowling Teams 4 & 7, LLA 1:00 Living w/Loss Support Group, GDR 1:30 Michelle & Mara, LOB 1:30 Wii Bowling Team 8, LLA 2:00 Talk w/Jon, LL 3:00 Crochet & Knitting for a Cause, FC 4:00 Dinner at Pug Mahon's 6:45 Cards & Games, LL	8:30 Gentlemen's Breakfast, FSD 21 9:30 Mindful Movement (Yoga), LLA 10:00 FIT to Be Strong® & Balance, LL 12:00 Food Committee Mtg., GDR 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:30 United Methodist Women B/S, CH 2:30 FIT to Pedal®, PR 2:30 Coffee Social, FC 3:00 Talk w/Birdie, LL 4:00 Happy Hour, LLA 6:00 Cribbage, LLA 7:00 Tom O'Day History Program, LL	10:00 FIT to Be Strong® & Balance, LL 22 12:00 Medical Professional Lunch, FSD 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10:00 FIT to Be Strong® & Balance, LL 23 12:00 WP Food Committee, GDR 1:30 Ladies' Tea, LL 3:30 Cold Frosty Band, LL 6:45 Cards, LLA	9:30 Mindful Movement (Yoga), LLA 24 10:00 Coffee Social, FC 1:00 Ballroom Dancers of All Ages, LL 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA
PALM SUNDAY 25 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	10:00 FIT to Be Strong® & Balance, LL 26 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Teams 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL 7:00 Adventures of Art, LLA	10:00 FIT to Be Strong® & Balance, LL 27 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 11:00 Core Program, LLTR 1:00 Wii Bowling Teams 4 & 7, LLA 1:00 Bingo, LLA 2:00 Wii Bowling Team 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LL 28 10:00 FIT to Be Strong® & Balance, LL 10:45 Wing Meeting (200 212) 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 2:00 Coffee w/Congregational Group, GDR 2:30 Coffee Social, FC 4:00 Happy Hour, LL 6:00 Cribbage, LLA	10:00 FIT to Be Strong® & Balance, LL 29 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	GOOD FRIDAY PASSOVER BEGINS AT SUNSET 30 10:00 FIT to Be Strong® & Balance, LL 1:00 FIT to Pedal®, PR 6:45 Cards, LLA	9:30 Mindful Movement (Yoga), LLA 31 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA