



SEPTEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Locations 3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ Food Service Department, FD Four Seasons Dining, FSD			Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA		Lower Level Therapy Room, LLTR Pedal Room, PR Second Floor Library, LIB Theatre Room, TR-LL Whispering Pines Dining, WPD		10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 1:00 Everett on Piano, LL 2:00 FIT to Pedal®, PR 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 7:00 Entertainment, BSTV
Please see our Front Lobby or Laundry Room boards on the second and third floors. Laurel Hearing Aid: First Thursday, 9:30 a.m., CH Reading Daily News: Monday-Thursday, 10:30 a.m., LL PAML Lab: Every Wednesday, 9 a.m., CH								
Calendar subject to change.								
10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	LABOR DAY 10:00 Danish & Coffee, FC 2:00 Entertainment on BSTV 6:45 Hand & Foot Games, LL	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee & Danish, FC 11:00 Nondenominational Bible Study, CH 1:00 Living w/Loss Support Group, GDR 1:00 Bingo, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LLA 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Catholic Mass, CH 11:30 FIT to Balance®, LL 11:45 Low Vision Group 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:45 FIT to Core, LLA 2:00 Billings Library, LL 2:30 FIT to Pedal®, PR 3:45 Van: Parkinson's Support Group 4:00 Happy Hour, LLA	10:00 FlexStretch & FIT to Be Strong®, LL 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Ranae's Alterations, CH 10:45 Wing Meeting (176-189) 2:00 Style Show w/Herberger's, LLA 6:45 Cards, LL	9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 7:00 Entertainment, BSTV		
10:00 Emmanuel Baptist Video, BSTV 10:30 Westpark Brunch, FSD 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	PATRIOT DAY 10:00 FlexStretch & FIT to Be Strong®, LL 11:15 FIT to Core, LL 12:00 Retired Teachers Luncheon, FSD 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Making Sandwiches for Mission, LLA 11:00 Nondenominational Bible Study, CH 1:00 Resident Community Meeting, LL 2:00 WP Pinochle, LL 2:00 Wii Bowling Teams 4 & 5, LLA 2:30 FIT to Pedal®, PR 3:00 Crochet & Knitting for a Cause, FC 3:00 Wii Bowling Team 7 & 8, LLA 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LLA 10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL 2:30 Wishing Tina Good Luck, LL 4:00 Happy Hour, LLA 6:45 Cards & Games, LL	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Blood Pressure Clinic, LL 2:00 Popcorn Social, FC 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10:00 FlexStretch & Exercise, LL 10:30 Ride & Picnic in Red Lodge 11:30 FIT to Balance®, LL 1:00 FIT to Pedal®, PR 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Singalong w/Ginny, LL 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 7:00 Entertainment, BSTV		
10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:15 Billings Studio 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Bible Devotions w/Mike, CH 11:15 FIT to Core, LL 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	10:00 FlexStretch & FIT to Be Strong®, LL 11:00 Nondenominational Bible Study, CH 1:00 Living w/Loss Support Group, GDR 1:30 Michelle & Mara, LOB 2:00 Westpark Memorial of Resident, LL 3:00 Crochet & Knitting for a Cause, FC 3:00 Shooting Pool, LL 6:45 Cards & Games, LL	ROSH HASHANAH BEGINS AT SUNDOWN 8:30 Gentlemen's Breakfast, FSD 9:30 Mindful Movement (Yoga), LLA 10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:45 FIT to Core, LLA 2:30 FIT to Pedal®, PR 4:00 Happy Hour, LLA 7:00 Ages Entwined® w/FC Youths, LLA	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Resident Massages 1:00 Bingo, LLA 1:00 Bingo, LL 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	FALL BEGINS 10:30 Ranae's Alterations, CH 11:30 FIT to Balance®, LLA 6:45 Cards, LL	9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:15 Billings Symphony 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 7:00 Entertainment, BSTV		
10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	10:00 FlexStretch & FIT to Be Strong®, LL 11:15 FIT to Core, LL 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	10:00 FlexStretch & FIT to Be Strong®, LL 10:45 Wing Meeting (200- 214) 11:00 Nondenominational Bible Study, CH 1:00 Bingo, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	9:30 Mindful Movement (Yoga), LL 9:30 Mindful Movement (Yoga), LLA 10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL 1:45 FIT to Core, LLA 2:30 FIT to Pedal®, PR 4:00 Happy Hour, LLA	9:00 Westpark Health Fair, LL 12:00 Professional Medical Luncheon, FSD 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Bingo, LLA 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	YOM KIPPUR BEGINS AT SUNDOWN 9:45 Van to Martinsdale & Lunch 10:00 Flex Stretch & FIT to Be Strong®, LL 10:00 Martinsdale Museum & Lunch 1:00 FIT to Pedal®, PR 6:45 Cards, LL	9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 7:00 Entertainment, BSTV		