



# OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Calendar events subject to change.</b>	9:30 FIT to Balance®, LL <b>1</b> 10:00 FIT to Be Strong®, LL 10:30 Bible Devotions w/Mike, CH 10:30 Reading the Daily News, SR 1:00 Bingo, LLA 2:00 Ice Cream Social, FC <b>2:00 Westpark Book Club, GDR</b> 2:15 Wii Bowling Teams 3 & 6, LLA 2:15 Shooting Pool, LL 6:45 Hand & Foot Games, LL	9:00 Core Stix, Sign Up Only, LL <b>2</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 11:00 Nondenominational Bible Study, CH <b>1:00 Living w/Loss Support Group, GDR</b> 1:00 Wii Bowling Team 4 & 7, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards (Pinochle) & Games, LL	9:30 Mindful Movement (Yoga), LL <b>3</b> 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 St. Luke's Episcopal Service, CH 10:45 Wing Meeting (326-340) 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL <b>2:00 Billings Library, LL</b> 2:00 Wii Bowling Team 5, LLA <b>3:45 Van: Parkinson's Support Group</b> 4:00 Happy Hour, LLA <b>6:30 Joy Lutheran Service, CH</b>	9:30 Laurel Hearing Aid Service, CH <b>4</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 1:00 Bingo, LLA 2:00 Dance for Life, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL <b>7:00 MSUB Series, LL</b>	9:00 Core Stix, Sign Up Only, LL <b>5</b> 10:00 FIT to Be Strong® & Balance, LL 10:30 Reading the Daily News, SR <b>1:00 Everett on Piano, LL</b> 1:00 B/S – Book of James, LLA 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	9:30 Mindful Movement (Yoga), LL <b>6</b> 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL <b>6:00 Bob Southern on Piano, LOB</b> 7:00 Entertainment, BSTV	
	10:00 Emmanuel Baptist Video, BSTV <b>7</b> 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV <b>1:00 Van to Alzheimer's Walk</b> 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	<b>COLUMBUS DAY 8</b> 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:30 WP Discussing w/Mike, CH 1:00 Bingo, LLA 2:00 Assisted Living Community Mtg, LIB 2:00 Ice Cream Social, FC 2:15 Wii Bowling Teams 3 & 6, LLA 2:15 Shooting Pool, LL 6:45 Hand & Foot Games, LL	9:00 Core Stix, Sign Up Only, LL <b>9</b> 9:45 Catholic Mass, CH 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 1:00 Wii Bowling Teams 4 & 7, LLA 1:00 WP Pinochle, LL 3:00 Crochet & Knitting for a Cause, FC <b>4:00 Dinner at 3 North Bar &amp; Grill</b> 6:45 Cards (Pinochle) & Games, LL	9:30 Mindful Movement (Yoga), LL <b>10</b> 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:45 Wing Meeting (376-389) 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL 1:15 FIT to Pedal®, PR 2:00 Wii Bowling Team 5, LLA 2:15 Shooting Pool, LL 2:30 Coffee Social, FC <b>4:00 Happy Hour, LLA</b> <b>7:15 Fun w/Faith Chapel Kids, LL</b>	10:00 FIT to Be Strong®, LL <b>11</b> 10:30 Blood Pressure Clinic, LL 10:30 Reading the Daily News, SR 1:00 Bingo, LLA 2:00 Dance for Life, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	9:00 Core Stix, Sign Up Only, LL <b>12</b> 10:00 FIT to Be Strong® & Balance, LL 10:30 Reading the Daily News, SR <b>2:00 Ladies's Tea, LL</b> 6:45 Cards, LL	9:30 Mindful Movement (Yoga), LL <b>13</b> 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL <b>6:30 Van to BLGS Symphony</b> 7:00 Entertainment, BSTV
	10:00 Emmanuel Baptist Video, BSTV <b>14</b> <b>10:30 Westpark Brunch, FSD</b> 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa <b>15</b> 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 Bible Devotions w/Mike, CH 10:30 Reading the Daily News, SR <b>12:00 Retired Teachers' Lunch, FSD</b> 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Teams 3 & 6, LLA 2:15 Shooting Pool, LL 6:45 Hand & Foot Games, LL	9:00 Core Stix, Sign Up Only, LL <b>16</b> <b>9:00 Resident Flu Shots, LLA</b> 10:30 Reading the Daily News, SR 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH <b>1:00 Living w/Loss Support Group, GDR</b> <b>1:30 Talk w/Jon, LL</b> 2:30 Wii Bowling Teams 4 & 7, LLA 3:00 Crochet & Knitting for a Cause, FC 3:30 Wii Bowling Team 8, LLA 6:45 Cards (Pinochle) & Games, LL	<b>8:30 Gentlemen's Breakfast, FSD 17</b> 9:30 Mindful Movement (Yoga), LL 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:15 FIT to Pedal®, PR 1:30 United Methodist Women Circle, CH 2:00 Wii Bowling Team 5, LLA 3:00 Talk w/Birdie, LL 4:00 Happy Hour, LLA <b>7:00 Music w/Jim &amp; Tammy, LL</b>	10:00 FIT to Be Strong®, LL <b>18</b> <b>10:30 Resident Massages</b> 10:30 Reading the Daily News, SR 1:00 Bingo, LLA 2:00 Dance for Life, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	9:00 Core Stix, Sign Up Only, LL <b>19</b> 10:00 FIT to Be Strong® & Balance, LL 10:30 Reading the Daily News, SR <b>10:30 Wellness Talk, LLA</b> <b>1:30 Reflexions Band, LL</b> 2:00 Low Vision Support Group, LLA 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	9:30 Mindful Movement (Yoga), LL <b>20</b> 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL <b>6:00 Bob Southern on Piano, LOB</b> 6:45 Rummikub Game, LL 7:00 Entertainment, BSTV
	10:00 Emmanuel Baptist Video, BSTV <b>21</b> 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	9:30 FIT to Balance®, LL <b>22</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:30 WP Discussing w/Mike, CH 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Team Bowling Teams 3 & 6, LLA 2:15 Shooting Pool, LL 6:45 Hand & Foot Games, LL	9:00 Core Stix, Sign Up Only, LL <b>23</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 2:00 Wii Bowling Team 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards (Pinochle) & Games, LL <b>7:00 Cimarron Band, LL</b>	9:30 Mindful Movement (Yoga), LL <b>24</b> 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 2:00 Wii Bowling Team 5, LLA 2:00 Coffee w/Congregational Group, GDR 2:15 Shooting Pool, LL 2:30 Coffee Social, FC <b>7:00 Fall Carnival, LL</b>	10:00 FIT to Be Strong®, LL <b>25</b> 10:30 Reading the Daily News, SR 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Dance for Life, LLA 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	9:00 Core Stix, Sign Up Only, LL <b>26</b> 10:00 FIT to Be Strong® & Balance, LL 10:30 Reading the Daily News, SR 3:30 Cold Frosty Morning 6:45 Cards, LL	9:30 Mindful Movement (Yoga), LL <b>27</b> 10:00 Coffee Social, FC 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 7:00 Entertainment, BSTV
	10:00 Emmanuel Baptist Video, BSTV <b>28</b> 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV <b>1:30 BLGS Studio Theatre</b> 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	9:30 FIT to Balance®, LL <b>29</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 2:00 Ice Cream Social, FC 2:15 Shooting Pool, LL <b>4:30 Grand Garden Restaurant</b> 6:45 Hand & Foot Games, LL	9:00 Core Stix, Sign Up Only, LL <b>30</b> 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards (Pinochle) & Games, LL	<b>HALLOWEEN 31</b> 9:30 Mindful Movement (Yoga), LL 9:30 FIT to Balance®, LL 10:00 FIT to Be Strong®, LL 10:30 Reading the Daily News, SR 1:00 Shanghai Rummy, LL 2:00 Wii Bowling Team 5, LLA 2:15 Shooting Pool, LL 2:30 Coffee Social, FC	<b>Locations</b> 3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ Food Service Department, FD Four Seasons Dining, FSD Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA Lower Level Therapy Room, LLTR Pedal Room, PR Second Floor Library, LIB Sun Room, SR Theatre Room, TR-LL Whispering Pines Dining, WPD	<b>Laurel Hearing Service: First Thursday, 9:30 a.m., CH.</b> <b>Lab Corp: Every Wednesday, 9 a.m., CH.</b> <b>Remember to check in every day with check-in button.</b>	