



WESTPARK VILLAGE

Senior Living

NOVEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations 3rd Floor Spa, 3rd-Spa Assisted Living, AL Big-Screen TV, BSTV Chapel, CH East Gazebo, East GAZ Food Service Department, FD Four Seasons Dining, FSD	Friendship Cafe, FC FTBS-Room, FTBS-LL Generation Dining Room, GDR Life Enrichment Office, LEO Lobby, LOB Lower Level, LL Lower Level Activity Room, LLA	Lower Level Therapy Room, LLTR Pedal Room, PR Second Floor Library, LIB Theatre Room, TR-LL Whispering Pines Dining, WPD	10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:30 FIT to Balance®, LL 11:45 Van to Low Vision Group 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 2:00 Billings Library, LL 2:30 Coffee Social, FC 2:30 FIT to Pedal®, PR 3:45 Van: Parkinson's Support Group 4:00 Happy Hour, LLA 6:30 Joy Lutheran Service, CH 6:45 Cards & Games, LL	2 9:30 Laurel Hearing Aid Service, CH 10:00 FlexStretch & FIT to Be Strong®, LL 1:00 Bingo, LLA 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL 7:00 MSU Program Series, LLA 7:00 Vigil for Lucy Barnard, LIB	3 10:00 FlexStretch & FIT to Be Strong®, LL 10:45 Low Vision Support Group, LLA 11:30 FIT to Balance®, LL 1:00 Everett on Piano, LL 2:00 FIT to Pedal®, PR 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	4 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 10:00 FlexStretch & FIT to Be Strong®, LL 10:45 Wise & Wonderful Charity Club, LL 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA
DAYLIGHT SAVING TIME ENDS 5 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:00 FIT to Pedal®, PR 1:15 Van to Billings Studio Theatre 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	6 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Bible Devotions w/Mike, CH 11:30 FIT to Balance®, LL 1:00 Bingo, LLA 2:00 Westpark Book Club, CH 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	ELECTION DAY 7 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 10:45 Wing Meeting (300-314) 11:00 Nondenominational Bible Study, CH 1:00 Wii Bowling Teams 4 & 5, LLA 1:00 Living w/Loss Support Group, GDR 1:15 FIT to Pedal®, PR 2:00 Wii Bowling Teams 7 & 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	8 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:30 FIT to Balance®, LL 1:00 Shanghai Rummy, LL 1:00 Wii Bowling Teams 1 & 2, LLA 2:30 FIT to Pedal®, PR 2:30 Coffee Social, FC 4:00 Happy Hour, LLA 6:45 Cards & Games, LL 7:15 Ages Entwined® w/ FC Youths, LLA	9 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Blood Pressure Clinic, LLA 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	10 9:00 Westpark Craft Sale, LL 10:00 FIT to Pedal®, PR 10:00 City Tour & Lunch at Mont. Club 10:30 Sign Up/Talk to Food Service, GDR 6:45 Cards, LL	VETERANS DAY 11 9:00 Westpark Craft Sale, LL 10:00 Coffee Social, FC 1:30 Ride to See Foliage in Town 4:00 Catholic Mass, LL 7:00 Veterans Flag Program, LL
12 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:00 FIT to Pedal®, PR 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	13 10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 12:00 Retired Teachers Luncheon, FSD 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL	14 9:45 Catholic Mass, CH 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 1:00 All Resident Committee Mtg., LL 2:00 Wii Bowling Teams 4 & 5, LLA 2:00 WP Pinochle, LL 2:15 FIT to Pedal®, PR 3:00 Crochet & Knitting for a Cause, FC 3:00 Wii Bowling Team 7 & 8, LLA 6:45 Cards & Games, LL	15 8:30 Gentlemen's Breakfast, WPD 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:30 FIT to Balance®, LL 12:00 Food Committee Mtg., GDR 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL 2:30 Coffee Social, FC 2:30 FIT to Pedal®, PR 4:00 Happy Hour, LLA 6:45 Cards & Games, LL 7:00 High Country Cowboys, LL	16 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Resident Massages 12:00 Retired Professional's Lunch, WPD 1:00 Bingo, LLA 2:00 Dance for Life, LL 2:00 Shooting Pool, LL 2:00 Popcorn Social, FC 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	17 10:00 FlexStretch & Exercise, LL 11:00 FIT to Balance®, LL 1:00 FIT to Pedal®, PR 2:00 Ladies' Tea, LLA 3:00 Cold Frosty Morning Band, LL 6:45 Cards, LL 7:00 Music & Friends Video, BSTV	18 10:00 Coffee Social, FC 10:00 FlexStretch & FIT to Be Strong®, LL 10:45 Wise & Wonderful Charity Club, LL 2:00 Singalong w/Ginny, LL 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:00 Bob Southern on Piano, LOB 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA 6:45 Van to Billings Symphony
19 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:00 FIT to Pedal®, PR 2:30 Coffee Social, FC 2:30 Piano Music by Lee, LL 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	20 9:00 Foot Clinic/Sign Up Front Desk, 3rd-Spa 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Bible Devotions w/Mike, CH 11:30 FIT to Balance®, LL 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 5:30 Life Enrichment Harvest Dinner, LL 6:45 Hand & Foot Games, LL	21 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 1:00 Living w/Loss Support Group, GDR 1:00 Wii Bowling Teams 4 & 5, LLA 1:15 FIT to Pedal®, PR 1:30 Michelle & Mara, LOB 2:00 Wii Bowling Teams 7 & 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL 10:45 Wing Meeting (326-340)	22 9:30 Mindful Movement (Yoga), LL 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:30 FIT to Balance®, LL 1:00 Wii Bowling Teams 1 & 2, LLA 1:00 Shanghai Rummy, LL 2:30 Coffee Social, FC 2:30 FIT to Pedal®, PR 4:00 Happy Hour, LLA 6:45 Cards & Games, LL	THANKSGIVING DAY 23 10:00 Danish & Coffee, FC 10:30 Thanksgiving Dinner, FSD 2:00 Shooting Pool, LL 2:00 Entertainment on BSTV, LL 6:45 Cards, LL	24 10:00 Flex Stretch & FIT to Be Strong®, LL 11:00 FIT to Balance®, LL 1:00 FIT to Pedal®, PR 2:30 Afternoon Entertainment, BSTV 6:45 Cards, LL	25 9:30 Mindful Movement (Yoga), LLA 10:00 Coffee Social, FC 10:00 FlexStretch & FIT to Be Strong®, LL 2:00 Canasta Card Group, LL 4:00 Catholic Mass, LL 6:45 Cards & Games, LL 6:45 Rummikub Game, LLA
26 10:00 Emmanuel Baptist Video, BSTV 11:00 Protestant Service, CH 1:00 Faith Chapel Sermon Video, BSTV 1:00 FIT to Pedal®, PR 2:30 Coffee Social, FC 6:45 Cards & Games, LL 7:00 Inspirational Movie, BSTV	27 10:00 FlexStretch & FIT to Be Strong®, LL 11:30 FIT to Balance®, LL 1:00 Bingo, LLA 2:00 Ice Cream Social, FC 2:15 Wii Bowling Team 3 & 6, LLA 2:30 FIT to Pedal®, PR 6:45 Hand & Foot Games, LL 7:00 Art Adventures (Art Class), LLA	28 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 11:00 Nondenominational Bible Study, CH 1:00 Wii Bowling Teams 4 & 5, LLA 1:15 FIT to Pedal®, PR 2:00 Wii Bowling Teams 7 & 8, LLA 3:00 Crochet & Knitting for a Cause, FC 6:45 Cards & Games, LL	29 10:00 FlexStretch & FIT to Be Strong®, LL 10:30 Coffee Social, FC 10:45 Wing Meeting (376-389) 11:30 FIT to Balance®, LL 1:00 Shanghai Rummy, LL 2:30 Coffee Social, FC 2:30 FIT to Pedal®, PR 4:00 Happy Hour, LLA 6:45 Cards & Games, LL	30 10:00 FlexStretch & FIT to Be Strong®, LL 1:00 Bingo, LLA 2:00 Popcorn Social, FC 2:00 Shooting Pool, LL 2:00 Dance for Life, LL 2:10 Catholic Rosary, CH 2:30 FIT to Pedal®, PR 6:45 Cards, LL	Calendar subject to change. Please see our Front Lobby or Laundry Room boards on the second and third floors. Laurel Hearing Aid: First Thursday, 9:30 a.m., CH Reading Daily News: Monday-Thursday, 10:30 a.m., LL PAML Lab: Every Wednesday, 9 a.m., CH	