

CHILDCARE JANUARY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 CLOSED
Pizza Turkey Burger 4 WG Slider Bun Corn Applesauce	Pancakes and Turkey Sausage 5 *Fresh Carrots, Ranch Syrup Fresh Banana *Blanched Carrots for Toddlers	BBQ Chicken Sandwich 6 WG Slider Bun *Fresh Broccoli Diced Peaches *Blanched Broccoli for Toddlers	Chicken Gyro 7 WG 8" Tortilla *Fresh Broccoli Fresh Orange, Ranch *Blanched Broccoli for Toddlers, Mandarin Oranges	Cheeseburger 8 WG Slider Bun Baked Beans *Fresh Apple Ketchup *Applesauce for Toddlers
Chicken Nachos 11 Black Bean Salsa *Tortilla Chips Shredded Lettuce Mandarin Oranges *WG Tortilla for Toddlers	Italian Meat Sauce 12 WG Penne Pasta *Fresh Carrots Fresh Banana *Blanched Carrots for Toddlers	Turkey Bacon Chicken Sandwich 13 WG Hamburger Bun Green Beans Applesauce Cup Ranch	Beef Sloppy Joe 14 WG Slider Bun Corn *Fresh Apple *Applesauce for Toddlers	Ranch Chicken Sandwich 15 WG Slider Bun *Garden Salad, Ranch Dressing Pineapple Tidbits *Blanched Broccoli for Toddlers
Macaroni & Cheese 18 *Fresh Carrots, Ranch *Fresh Apple *Blanched Carrots/ Applesauce for Toddlers	Meatball Hoagie w/ Marinara 19 WG Hot Dog Bun Mixed Vegetables Fresh Banana	Roast Turkey w/ Gravy 20 WG Tea Biscuit Mashed Potatoes Diced Pears	Teriyaki Chicken 21 WG Slider Bun *Fresh Broccoli Pineapple Tidbits Ranch *Blanched Broccoli for Toddlers	Bosco Sticks 6" 22 Marinara Black Bean Salsa *Fresh Orange *Mandarin Oranges for Toddlers
Salsa Turkey Burger 25 WG Slider Bun *Fresh Carrots, Ranch *Fresh Apple *Blanched Carrots for Toddlers *Applesauce for Toddlers	Chicken Fajita 26 WG Tortilla Corn Fresh Banana	Sweet & Sour Chicken 27 Fried Vegetable Brown Rice *Fresh Broccoli, Ranch Sweet & Sour Sauce Diced Pears *Blanched Broccoli for Toddlers	Soft Shell Taco 28 WG Tortilla Refried Beans Applesauce	BBQ Chicken Hoagie 29 WG Hot Dog Bun *Fresh Broccoli, Ranch Pineapple Tidbits *Blanched Broccoli for Toddlers

WHOLE MILK AGE 0-2 AND 1% MILK AGE 2+.
ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully 2 made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings.

