

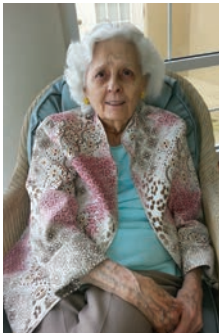
# GOOD Life News

*Pearl Garden at Regal Palms*

FEBRUARY 2014

www.regalalf.com

## Resident Spotlight



Lois F. states, "I love to sit on the porch and watch the trees dance in the breeze."



Don R. plays bingo while enjoying a relaxing massage by Kim from the Bonsai Holistic Spa.



Vivian G. is one of our many talented resident artists.



Gene B. enjoys a little nail pampering from Jamie.



**Our Talk.  
Our Walk.  
Every Day!**

**Platinum Service® Standard #20**

**"I am an ambassador for our company and continually promote our services. I always conduct myself with integrity and uncompromising values."**

What does it mean to be an ambassador for our community? An ambassador is not only a representative; being an ambassador implies the ability to demonstrate the values of the organization in our daily actions. It also means that we care for the organization and we support its aspirations and goals. As company representatives serving our residents, we are proud of what our communities stand for, and we are comfortable in promoting our company's services with confidence and enthusiasm. In other words, what we do, and the way we do it, is the result of a direct personal connection with our team and our confidence in our community. Being an ambassador goes well beyond the concept of being "good at our job," it requires an emotional connection with our profession.

**"Integrity is what we do, what we say, and what we say we do."**

— Don Galer

## Executive Director's Corner



*Mr. Richard Lewis,  
Executive Director*

Rich is originally from Long Island, N.Y. After grade school, he began his career in the family automotive business. In 1998, he moved to Florida; there, he gained experience working for an industrial real estate investment firm as the vice president of property management. In 2003, he moved to the health care field as a Certified Nursing Assistant while attending school to be a Licensed Practical Nurse at Galen School of Nursing. Rich realized that he enjoyed working with geriatrics, and in 2006, he began his nursing career in long-term care.

While nursing, he obtained his Florida Core Training Certification and gained consulting experience, performing quality assurance risk

audits for company-owned assisted living facilities. In 2009, Rich had his first opportunity to be an administrator of a 130-bed ALF. In 2010, Rich moved into a regional operations position, overseeing multiple communities. In January of 2011, coming full circle, Rich became the executive director for the same community he started with as a new nurse, a 350-bed high-rise that consisted of independent, assisted, memory and skilled nursing care.

Welcome to the Regal Palms team!

## Fun February Highlights

Join us in the activity room for snacks and the big game on Sunday, Feb. 2. Kickoff is at 6:20 p.m. and will be seen on Channel 13. Pick your favorite — the Denver Broncos or the Seattle Seahawks. Our regularly scheduled Hallmark movie will be shown on Channel 68 in the North Life Enrichment room.

The winter Olympics begin on Feb. 7 and will be telecast nightly on Channel 8 through the 23rd. In the spirit of the games, we will have our own Olympic fun on Friday, Feb. 7, starting at 9:30 a.m. Enjoy Olympic-style exercises, Olympic Scattergories at 10:30 a.m. and Olympic Wii after dinner. Medals will be issued. Go, Team Pearl Garden!

Several residents have asked, "What happened to the horse racing game?" With all the holidays in the past few months, we've had to make room for holiday-themed events on our calendar where our old favorites previously were; however, we're off to the races again on Monday, Feb. 26 at 6 p.m.! Come, pick your favorite stallion or filly and cheer it on!



Super Bowl Sunday



Winter Olympics in Sochi, Russia, Feb. 7-23



And they're off!

## Entertainment and Outings

### Let Us Entertain You

- Feb. 1: Rich the Piano Man at 1:30 p.m.
  - Feb. 2: Super Bowl Sunday kickoff at 6:20 p.m. Broncos vs. Seahawks
  - Feb. 3: Sharon's Homespun Music at 1:30 p.m.
  - Feb. 5: Good-time favorites with Billy at 3 p.m.
  - Feb. 7: Sherry Somach at 2 p.m. in the PVR
  - Feb. 8: Golden Retriever Rescue of Mid-Florida visits at 10:30 a.m.
  - Feb. 9: Banjo music with Charlie Ragan at 1:30 p.m.
  - Feb. 10: An evening with Theresa Jeanne at 6 p.m.
  - Feb. 11: The Learning Center children at 10:30 a.m.
  - Feb. 12: Songs and inspiration with David at 3 p.m.
  - Feb. 13: Music with Becca at 3 p.m.
  - Feb. 14: Valentine's Day Party with music by One More Time at 2 p.m. in the PVR
  - Feb. 14: Project Pup at 7 p.m.
  - Feb. 15: Feel-good music with Rick at 1:30 p.m.
  - Feb. 16: Monthly birthday party at 2:30 p.m.
  - Feb. 16: Music memories with Jerry at 3 p.m.
  - Feb. 20: Larry Lee Lewis at 2 p.m. in the PVR
  - Feb. 25: Music and fun with Dori at 3 p.m.
  - Feb. 27: Evening entertainment with Chuck Cobb at 7 p.m. in the PVR
- ### On the Road Again
- Feb. 4: Scenic bus ride at 10:15 a.m.
  - Feb. 18: Lunch at The Plaza at 11:30 a.m.
  - Feb. 25: Music at The Plaza at 1:30 p.m.
  - Feb. 28: Scenic bus ride at 2:15 p.m.
- Please RSVP for all outings to any Life Enrichment team member or our receptionist.

## Nurses Notes

Andrea has joined us as our Assisted Living Coordinator. She is originally from Tidioute, Pa. She moved to Florida in 1999. She has been married to her high school sweetheart, Scott, for five years, and they have two sons: Kaden (4 years old) and Jacob (5 months old).



Andrea Gardner, LPN

When asked why she pursued a career in nursing, she answered, "I actually wanted to be a kindergarten teacher. My father has been a nurse for the past 25 years, and I always enjoyed hearing him speak of his job and his patients. After my time as a CNA, I realized that nursing is what I really wanted to do."

She also shared that she feels she has the best of both worlds — a rewarding job as a nurse and her own little kindergarten at home with her children! In her spare time, she enjoys scrapbooking, hiking and baking. Lastly, she added that if she were ever fortunate enough to win the lottery, she would open a bakery!

Welcome to the Regal Palms team!

## Resident Birthdays

- Lois F., 13th
- Norma T., 27th
- Jim G., 17th

## Employee Birthdays

- Diana Burdette, 3rd
- Simone Battle, 6th
- Clare Creager, 8th
- Christian Nakpil, 9th
- Kahria Bell, 10th
- Brianna Neal, 10th
- Angel Davis, 19th
- Nancy Kaufman, 26th
- Anthony Branch, 26th
- Jamie Ruthardt, 29th

## Welcome Home, New Residents!



Joe H. is from Poughkeepsie, N.Y.



Doris D. is from Hamptonville, N.C.

## Photo of the Month



Jim G. (left) and Sharon L. (right) with Frank Cannon at Music at The Plaza



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## Staff

**Executive Director**  
 Richard Lewis

**Director of Nursing**  
 June A. Sharp, RN/CDP

**Sales and Marketing Director**  
 Lisa Hatton

**Environmental Services Director**  
 Jim Lorenzen

**Life Enrichment Director**  
 Tammy M. Dunlap, ADPC/MC

**Life Enrichment Director**  
 Terri King, ADC

**Director of Marketing**  
 Angel Davis

**Memory Care Coordinator**  
 Allyson Bolen, RN

**Sales and Marketing Associate**  
 Lenah Robles

**Resident Services Director**  
 Linda J. Sclafani

**Executive Chef**  
 Ken Skovira

**Assisted Living Coordinator**  
 Andrea Gardner, LPN

## Pearl Garden News

To ensure the safety of our residents, we ask that you first stop at the reception desk in the lobby before you proceed to the fourth floor. You will be asked to sign the guest book, inform the receptionist of your destination and obtain a visitors badge. The receptionist will phone the Pearl Garden nurses' station of your impending arrival. If you are taking your loved one off the floor, please be sure to complete our sign-out sheet, located at the nurses' station. Thank you in advance for your compliance.



## Memory Boxes

If your memory box needs to be completed or updated, please see me. Some suggestions for items that can be inserted in the box are photos, mementos, drawings, etc. The memory box is intended to be a tool to assist the staff when engaging in conversations with the residents and to help the residents locate their apartments. I would be happy to create the box, or you can if you prefer.

— Tammy