

MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 FIT to Stretch®, CR2 10:30 FIT to Balance®, CR2 11:00 Rosary & Communion, CR2 1:30 Bingo, CR2 3:00 Happy Hour, CR2	9:30 Resident Meet & Greet, CR2 1:00 Cards & Games, PR
2:00 Blessed Hope Baptist Church Service, CR2	10:00 FIT to Stretch®, CR2 10:30 FIT to Balance®, CR2 1:30 Bingo, CR2 3:00 Group Crossword, CR2 6:30 Game Night, PR	9:45 Cub/Goodwill/Dollar Tree Shopping, OUT 10:00 FIT Chair Yoga [™] , CR2 10:30 Resident Led Devotions, 2DR 12:15 Lunch Outing, OUT 1:30 FIT to Pedal [®] , CA3 3:00 Hymn Sing	10:00 FIT to Stretch® & Fit to be Strong®, CR2 1:00 Wellness Center Training 2:00 Resident Council, CR2 3:00 Dominos, PR	10:00 FIT Chair Yoga [™] , CR2 10:30 Devotions, 2DR 1:00 Fit Minds, 2DR 1:30 Bean Bag Toss, CR2 3:00 FIT to Pedal [®] , CA3 6:30 Cards & Game Night, PR	10:00 FIT to Stretch [®] , CR2 10:30 FIT to Balance [®] , CR2 1:30 Bingo, CR2 3:00 Happy Hour, CR2	1:00 Cards & Games, PR
DAYLIGHT SAVING BEGINS 10	11	12	13	14	15	16
10:30 Live Stream Mass & Communion, CR2	10:00 FIT to Stretch [®] , CR2 10:30 FIT to Balance [®] , CR2 1:30 Bingo, CR2 3:00 Group Crossword, CR2 6:30 Game Night, PR	9:45 Cub/Walmart/Aldi Shopping, OUT 10:00 FIT Chair Yoga [™] , 2DR 10:30 Resident Led Devotions, 2DR 1:30 FIT to Pedal [®] , CA3 3:00 Hymn Sing	10:00 FIT to Stretch® & Fit to be Strong®, 2DR 1:00 654 Dice, PR 2:00 Jeopardy, 2DR 3:00 Dominos, PR 6:30 Movie Night, CR2	10:00 FIT Chair Yoga [™] , CR2 10:30 Devotions, 2DR 1:00 Bean Bag Toss, CR2 2:00 Chef Chat, CR2 3:00 FIT to Pedal [®] , CA3 6:30 Cards & Game Night, PR	10:00 FIT to Stretch®, CR2 10:30 FIT to Balance®, CR2 11:00 Rosary & Communion, CR2 1:30 Bingo, CR2 3:00 Salute to the Veterans Happy Hour, CR2	1:00 Cards & Games, PR
ST. PATRICK'S DAY 11:00 Live Stream Mass and Communion with Epiphany, CR2 2:00 Blessed Hope Baptist Church Service, CR2 2:30 Shamrock Dancers, DR1	10:00 FIT to Stretch®, CR2 10:30 FIT to Balance®, CR2 1:30 Bingo, CR2 3:00 Group Crossword, CR2 6:30 Game Night, PR	9:45 Cub/Goodwill/Dollar Tree Shopping, OUT 10:00 FIT Chair Yoga [™] , CR2 10:30 Resident Led Devotions, 2DR 12:15 Lunch Outing, OUT 1:30 FIT to Pedal [®] , CA3 3:00 Hymn Sing	10:00 FIT to Stretch® & Fit to be Strong®, CR2 1:30 Beer Taste Testing, CR2 3:00 Dominos, PR 3:30 Chapel Service with Pastor Scott, CR2 6:30 Movie Night, CR2	10:00 FIT Chair Yoga [™] , CR2 10:30 Devotions, 2DR 1:00 Fit Minds, 2DR 1:30 Bean Bag Toss, CR2 3:00 FIT to Pedal [®] , CA3 6:30 Cards & Game Night, PR	10:00 FIT to Stretch [®] , CR2 10:30 FIT to Balance [®] , CR2 1:30 Bingo, CR2 3:00 Happy Hour, CR2	1:00 Cards & Games, PR
24	10:00 FIT to Stretch®, CR2 10:30 FIT to Balance®, CR2 1:30 Bingo, CR2 2:45 Rosary & Communion, 2DR 6:30 Game Night, PR	9:45 Cub/Walmart/Aldi Shopping, OUT 10:00 FIT Chair Yoga [™] , CR2 10:30 Resident Led Devotions, 2DR 2:00 March Birthday Party, DR1 3:00 Hymn Sing	10:00 FIT to Stretch® & Fit to be Strong®, CR2 1:00 Easter Project, 2DR 2:30 Chef Demo, DR1 3:00 Dominos, PR 6:30 Movie Night, CR2	10:00 FIT Chair Yoga [™] , CR2 10:30 Devotions, 2DR 1:00 Egg Coloring, 2DR 1:30 Bean Bag Toss, CR2 2:00 Jeopardy, 2DR 3:00 FIT to Pedal [®] , CA3 6:30 Cards & Game Night, PR	10:00 FIT to Stretch [®] , CR2 10:30 FIT to Balance [®] , CR2 1:30 Bingo, CR2 3:00 Happy Hour, CR2	1:00 Cards & Games, PR
Happy Easter	LOCATIONS 1 Floor Dining, DR1 3 Floor Card Room, PR	· · · · · · · · · · · · · · · · · · ·	Floor Small Dining, 2DR uting: Meet in Lobby, OUT	Due to calendar space, all programs may not be reflected. To stay up to date with all events, please visit the GiGi Assistant®app.		