



SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>LOCATIONS 2 FI Activity Center, 2AC Channel 54, C54 Fireside Lounge, FSL Library, L</p>	<p>Atrium, A Clubroom, CL Front Desk, FD Lobby, LOB</p>	<p>Channel 19.1, C19 Dining Room Patio, DRP In-Room, IR Van Transportation, VAN</p>	<p>Calendar events subject to change.</p> <p>To stay up to date with all events, please visit the GiGi Assistant® app.</p>		<p>10:00 Fresh Popcorn, CL 10:00 Bingo, CL 1:00 In-Room Exercise: Chair Yoga, C19 2:00 FIT Chair Yoga™ with Mary, A 3:00 Autumn Apple Tasting, CL</p>	<p>10:00 In-Room Exercise: Stretch, C19 11:00 Pray the Rosary with Rozann, FSL 11:00 Puzzle Packets, FD 6:30 Movie: The Greatest Showman (Musical), C19</p>
<p>3</p> <p>10:00 In-Room Exercise: Strength, C19 11:00 Lutheran Service, C19 11:00 Catholic Mass, C54 2:00 Bingo, CL 6:30 Movie: Nine to Five, C19</p>	<p>LABOR DAY 4</p> <p>10:00 FIT to Pedal®, 2AC 11:00 Labor Day Trivia Handout, IR 1:00 In-Room Exercise: Stretch, C19 2:00 Card Game: Thirty One, A 2:45 Monday Malts, CL</p>	<p>5</p> <p>10:30 Intergenerational Activity, L 11:00 FIT to be Strong®: TheraBands, 2AC 2:00 Book Club, FSL 2:00 Divine Life, A 3:00 Retired Nurses Coffee Social, CL 6:30 Movie: Book Club, C19</p>	<p>6</p> <p>10:00 Fresh Popcorn, CL 10:30 St. John Neumann Communion, A 11:00 FIT to Stretch®, 2AC 1:00 In-Room Exercise: Stretch, C19 1:00 Pampered Hands, A 3:00 Armchair Travel: Costa Rica, A 6:30 Bingo, CL</p>	<p>7</p> <p>10:00 Bingo Store, CL 11:00 FIT to be Strong®, 2AC 1:00 In-Room Exercise: Strength, C19 3:00 Happy Hour/Birthdays with Bobbie & Christine, A 6:30 Movie: Book Club - The Next Chapter, C19</p>	<p>8</p> <p>10:00 Fresh Popcorn, CL 10:00 Bingo, CL 11:00 Lunch Outing: Gasthaus Bavarian Hunter, VAN 1:00 In-Room Exercise: Chair Yoga, C19 2:00 FIT Chair Yoga™ with Mary, A 3:00 Loving Service Project, 2AC</p>	<p>9</p> <p>10:00 In-Room Exercise: Stretch, C19 10:30 Men's Group, CL 11:00 Pray the Rosary with Rozann, FSL 11:00 Puzzle Packets, FD 6:30 Movie: Extremely Loud and Incredibly Close, C19</p>
<p>10</p> <p>NATIONAL ASSISTED LIVING WEEK 10:00 In-Room Exercise: Strength, C19 11:00 Lutheran Service, C19 11:00 Catholic Mass, C54 2:00 Bingo, CL 6:30 Movie: Queen Bees, C19</p>	<p>PATRIOT DAY 11</p> <p>PURPLE DAY 10:00 FIT to Pedal®, 2AC 11:00 Choir Practice, 2AC 1:00 In-Room Exercise: Stretch, C19 2:00 Card Game: Thirty One, A 2:45 Monday Malts, CL 3:00 Word/Brain Games, A</p>	<p>12</p> <p>HAT DAY 10:30 Intergenerational Activity, L 11:00 FIT to be Strong®: TheraBands, 2AC 2:45 Culinary Chat, A 3:00 Resident Association Meeting, A 6:30 S'mores and Drinks on the Patio, DRP</p>	<p>13</p> <p>WESTERN DAY 10:00 Fresh Popcorn, CL 10:30 St. John Neumann Catholic Mass, A 11:00 FIT to Stretch®, 2AC 1:00 Pampered Hands, A 3:00 Jewish High Holy Days Presentation, A 6:30 Bingo, CL</p>	<p>14</p> <p>SPORTS DAY 10:00 Bingo Store, CL 11:00 FIT to be Strong®, 2AC 1:00 In-Room Exercise: Strength, C19 3:00 Happy Hour with Nate Hance, A 6:30 Movie: Hoosiers, C19</p>	<p>15</p> <p>ROSH HASHANAH BEGINS</p> <p>SUMMER FUN DAY 10:00 Fresh Popcorn, CL 10:00 Bingo, CL 1:00 In-Room Exercise: Chair Yoga, C19 2:00 FIT Chair Yoga™ with Mary, A 2:00 Pink Cow Ice Cream Truck, LOB</p>	<p>16</p> <p>10:00 In-Room Exercise: Stretch, C19 11:00 Pray the Rosary with Rozann, FSL 11:00 Puzzle Packets, FD 6:30 Movie: Indiana Jones and The Lost Ark, C19</p>
<p>17</p> <p>10:00 In-Room Exercise: Strength, C19 11:00 Lutheran Service, C19 11:00 Catholic Mass, C54 2:00 Bingo, CL 6:30 Movie: Shall We Dance, C19</p>	<p>18</p> <p>10:00 FIT to Pedal®, 2AC 11:00 Choir Practice, 2AC 1:00 In-Room Exercise: Stretch, C19 2:00 Card Game: Thirty One, A 2:45 Monday Malts, CL 3:00 Word/Brain Games, A</p>	<p>19</p> <p>10:30 Intergenerational Activity, L 11:00 FIT to be Strong®: TheraBands, 2AC 1:00 In-Room Exercise: Strength, C19 2:00 Divine Life, A 3:00 Sunshine Committee, A 6:30 Movie: The Shack, C19</p>	<p>20</p> <p>9:30 Let's Go Boating, VAN 10:00 Fresh Popcorn, CL 10:30 St. John Neumann Communion, A 11:00 FIT to Stretch®, 2AC 1:00 Pampered Hands, A 2:00 Shawn's Book Club: The Shack, 2AC 6:30 Bingo, CL</p>	<p>21</p> <p>10:00 Valiant Veterans® Fort Snelling Outing, VAN 10:00 Bingo Store, CL 11:00 FIT to be Strong®, 2AC 1:00 In-Room Exercise: Strength, C19 3:00 Happy Hour with Tara Brueske, A 6:30 Movie: The Great Escape, C19</p>	<p>22</p> <p>10:00 Fresh Popcorn, CL 10:00 Bingo, CL 11:00 Lunch Outing: Moscow on the Hill, VAN 1:00 In-Room Exercise: Chair Yoga, C19 2:00 FIT Chair Yoga™ with Mary, A 3:00 Welcome New Neighbors Party, CL</p>	<p>23</p> <p>10:00 In-Room Exercise: Stretch, C19 11:00 Pray the Rosary with Rozann, FSL 11:00 Puzzle Packets, FD 2:00 Bark Ave. Therapy Dog Visits, A 6:30 Movie: Pinocchio (Live Action), C19</p>
<p>YOM KIPPUR BEGINS 24</p> <p>10:00 In-Room Exercise: Strength, C19 11:00 Lutheran Service, C19 11:00 Catholic Mass, C54 2:00 Bingo, CL 6:30 Movie: The Shop Around the Corner, C19</p>	<p>25</p> <p>10:00 FIT to Pedal®, 2AC 11:00 Choir Practice, 2AC 1:00 In-Room Exercise: Stretch, C19 2:00 Card Game: Thirty One, A 2:45 Monday Malts, CL 3:00 Word/Brain Games, A</p>	<p>26</p> <p>10:30 Intergenerational Activity, L 11:00 FIT to be Strong®: TheraBands, 2AC 1:00 In-Room Exercise: Strength, C19 2:00 Explore the Hymns, 2AC 3:00 Sippin' & Singing with The Burians, A 6:30 Movie: Clue (1985), C19</p>	<p>27</p> <p>10:00 Fresh Popcorn, CL 10:30 St. John Neumann Catholic Mass, A 11:00 FIT to Stretch®, 2AC 1:00 In-Room Exercise: Stretch, C19 1:00 Pampered Hands, A 3:00 Armchair Travel: Czech Republic, A 6:30 Bingo, CL</p>	<p>28</p> <p>10:00 Bingo Store, CL 11:00 FIT to be Strong®, 2AC 1:00 In-Room Exercise: Strength, C19 3:00 Happy Hour with Squires Polka Band, A 6:30 Movie: The Johnny Carson Show, C19</p>	<p>29</p> <p>10:00 Fresh Popcorn, CL 10:00 Bingo, CL 1:00 In-Room Exercise: Chair Yoga, C19 2:00 FIT Chair Yoga™ with Mary, A 3:00 German Wine Tasting, CL</p>	<p>30</p> <p>10:00 In-Room Exercise: Stretch, C19 11:00 Pray the Rosary with Rozann, FSL 11:00 Puzzle Packets, FD 6:30 Movie: Indiana Jones and the Last Crusade, C19</p>