



NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 10:00 Water Aerobics, PL 12:30 Range of Motion, CL 2:00 Skip-Bo, CL 3:00 Brain Fitness, CR 4:00 FIT to Balance®, CR	2 9:15 Coffee and Rolls, 1LR 10:15 News and Views, CR 11:15 FIT to Pedal®, CR 11:50 FIT to Stretch®, CR 12:30 Range of Motion, CL 2:00 Veterans Day Craft Project, CR 6:15 Essential Oil Hand Massages, PDR	3 10:00 FIT to be Strong®, CR 11:00 FIT to Balance®, CR 12:00 Schwan's, FD 12:30 Range of Motion, CL 3:00 Happy Hour, CL 7:00 Dime Bingo, CR	4 9:30 FIT to Pedal®, CR 10:15 Gentle Shepherd Worship Service, CL 12:30 Range of Motion, CL 1:30 Immanuel Lutheran Bible Study, CR 2:30 Resident Council Meeting, CL	5 8:30 Hot Breakfast, DS 9:30 VINE Walking Track, OUT 11:00 FIT to be Strong®, CR 12:30 Range of Motion, CL 3:30 FIT to Balance®, CR 3:45 FIT to Stretch®, CR	6 1:30 Ice Cream Treats, 1LR 2:00 Bingo, CR 3:15 Prayer Circle, PDR 7:00 Sing-Along, HDR	
DAYLIGHT SAVING ENDS 7 3:30 Sunday Snack, 1LR 4:00 Rummikub, 1LR	8 10:00 Water Aerobics, PL 12:30 Range of Motion, CL 2:00 Farkle, CR 3:00 Brain Fitness, CR 4:00 FIT to Balance®, CR	9 9:15 Coffee and Card Bingo, 1LR 10:15 News and Views, CR 11:15 FIT to Pedal®, CR 11:50 FIT to Stretch®, CR 12:30 Range of Motion, CL 3:00 BirthDay Party with Lisa Murphy, CL 6:15 Essential Oil Hand Massages, PDR	10 10:00 FIT to be Strong®, CR 11:00 FIT to Balance®, CR 12:30 Range of Motion, CL 1:00 Music with Marissa, CR 3:00 Happy Hour, CL 7:00 Dime Bingo, CR	VETERANS DAY 11 8:30 Veterans Day Breakfast, HDR 12:30 Range of Motion, CL 1:30 Immanuel Lutheran Bible Study, CR	12 9:30 VINE Walking Track, OUT 11:00 FIT to be Strong®, CR 11:00 Mass with St. Peter and Paul Catholic Church, CL 12:30 Range of Motion, CL 3:30 FIT to Balance®, CR 3:45 FIT to Stretch®, CR	13 1:30 Ice Cream Treats, 1LR 2:00 Bingo, CR 3:15 Prayer Circle, PDR 4:15 World Kindness Day Coloring, CR	
14 3:30 Sunday Snack, 1LR 4:00 Rummikub, 1LR	15 10:00 Water Aerobics, PL 12:30 Range of Motion, CL 2:00 Skip-Bo, CL 3:00 Brain Fitness, CR 4:00 FIT to Balance®, CR	16 9:15 Coffee and Rolls, 1LR 10:15 News and Views, CR 11:15 FIT to Pedal®, CR 11:50 FIT to Stretch®, CR 12:30 Range of Motion, CL 2:00 Movie Showing, CR 6:15 Essential Oil Hand Massages, PDR	17 10:00 FIT to be Strong®, CR 11:00 FIT to Balance®, CR 12:00 Schwan's, FD 12:30 Range of Motion, CL 1:30 Foot Care Clinic, CR 3:00 Happy Hour, CL 7:00 Dime Bingo, CR	18 9:30 FIT to Pedal®, CR 10:15 Gentle Shepherd Worship Service, CL 12:30 Range of Motion, CL 1:30 Immanuel Lutheran Bible Study, CR 7:00 Painting Club, CR	19 8:30 Hot Breakfast, DS 9:30 VINE Walking Track, OUT 11:00 FIT to be Strong®, CR 12:30 Range of Motion, CL 2:00 PALS: Dog Visit with Max, CL 3:30 FIT to Balance®, CR 3:45 FIT to Stretch®, CR	20 2:00 Music with Mary Ann Dundas, CL 3:30 Thankful Turkey Craft, CR	
21 3:30 Sunday Snack, 1LR 4:00 Rummikub, 1LR	22 10:00 Water Aerobics, PL 12:30 Range of Motion, CL 2:00 Farkle, CR 3:00 Brain Fitness, CR 4:00 FIT to Balance®, CR	23 9:15 Coffee and Card Bingo, 1LR 10:15 News and Views, CR 11:15 FIT to Pedal®, CR 11:50 FIT to Stretch®, CR 12:30 Range of Motion, CL 2:00 Thanksgiving Activity, CR 6:15 Essential Oil Hand Massages, PDR	24 10:00 FIT to be Strong®, CR 11:00 FIT to Balance®, CR 12:30 Range of Motion, CL 1:00 Music with Marissa, CR 3:00 Happy Hour, CL 7:00 Dime Bingo, CR	THANKSGIVING DAY 25 10:00 Thanksgiving Day Scavenger Hunt, CR 12:30 Range of Motion, CL	26 9:30 VINE Walking Track, OUT 11:00 Mass with St. Peter and Paul Catholic Church, CL 11:00 FIT to be Strong®, CR 12:30 Range of Motion, CL 3:30 FIT to Balance®, CR 3:45 FIT to Stretch®, CR	27	
HANUKKAH BEGINS 28 3:30 Sunday Snack, 1LR 4:00 Rummikub, 1LR	29 10:00 Water Aerobics, PL 12:30 Range of Motion, CL 2:00 Skip-Bo, CL 3:00 Brain Fitness, CR 4:00 FIT to Balance®, CR	30 9:15 Coffee and Rolls, 1LR 10:15 News and Views, CR 11:15 FIT to Pedal®, CR 11:50 FIT to Stretch®, CR 12:30 Range of Motion, CL 2:00 Book Club, CR 6:15 Essential Oil Hand Massages, PDR	LOCATIONS 1st Floor Living Room, 1LR Door Side, DS Outing, OUT Saturdays: Trivia and sudoku available at Front Desk.			Club Room, CL Front Desk, FD Pool, PL Craft Room, CR Heritage Dining Room, HDR Private Dining Room, PDR	Calendar events subject to change.