



Good Life

NEWS

at Regal Palms

OCTOBER 2019

WALK TO END ALZHEIMER'S

If you would like to join us in the Walk to End Alzheimer's, we'd love to have you on our team. The walk is scheduled for Saturday, Oct. 12, at Poytner Park in St. Petersburg. It is advisable to sign up prior to the event, as the walk day is pretty hectic. Kindly visit www.alz.org and follow the following prompts: "Find Your Walk," "Find Your Team," insert The Palms of Largo in the team box, click "Register," search our walk by entering 33771 in the zip code box, click on the "St. Petersburg Oct. 12, 2019" link and then complete your registration.

If you are unable to participate in the walk but would like to donate, you can do so on the above mentioned site or by dropping off your donation to Life Enrichment. Personal checks are made out to the Alzheimer's Association. Maybe one day these walks will just be a memory and a cure will have finally been found.



YOM KIPPUR BEGINS AT SUNSET ON OCT. 8

Yom Kippur, also known as the Day of Atonement, is the holiest day of the year in Judaism. Its central themes are atonement and repentance. Jews traditionally observe this holy day with an approximate 25-hour period of fasting and intensive prayer, often spending most of the day in synagogue services.

The Yom Kippur prayer service includes several unique aspects. One is the actual number of prayer services. Unlike a regular day, which has three prayer services (Ma'ariv, the evening prayer; Shacharit, the morning prayer; and Mincha, the afternoon prayer), or a Shabbat or Yom Tov, which have four prayer services (Ma'ariv; Shacharit; Mussaf, the additional prayer; and Mincha), Yom Kippur has five prayer services (Ma'ariv; Shacharit; Musaf; Mincha; and Ne'ilah, the closing prayer). The prayer services also include private and public confessions of sins (Vidui) and a unique prayer dedicated to the special Yom Kippur avodah (service) of the Kohen Gadol (high priest) in the Holy Temple in Jerusalem.



A SWEET WAY TO RAISE MONEY FOR ALZHEIMER'S!

Our annual Alzheimer's bake sale fundraiser will be held in the lobby on Friday, Oct. 11. We will have an array of store-bought and homemade treats to tempt your taste buds. As always, all proceeds benefit the Walk to End Alzheimer's. If you would like to participate, kindly leave your donation at the reception desk or with Life Enrichment. Your ongoing support of our fundraising efforts is greatly appreciated.



THANK YOU, LARGO LIBRARY

A note of thanks to Julia and her wonderful team from the Largo Library. The residents and staff of Regal Palms appreciate all you do for us by bringing such a variety of books and CDs and for providing us with our special requests. This reading opportunity gets bigger with each visit.

The bookmobile will be here on Thursday, Oct. 3, 17 and 31, at 11:15 a.m., under the portico at the entrance to our building.



Reading is fun.



Movies are also available.

FALL CRAFT AND VENDOR SHOW

By resident request, we will have our annual Fall Craft and Vendor Show on Thursday, Oct. 10, from 10 a.m. to 2 p.m., in The Parlor and in the lobby. It's a great time to start your holiday shopping or find a treasure for yourself. Not ready to think about the holidays? That's okay; our December holiday show is scheduled for Thursday, Dec. 12. Our vendors enjoy bringing their items to you and spending time chatting with you as well.



It's time for pumpkins, cool evenings and shopping!

EMPLOYEE OF THE MONTH

Congratulations to CNA Gina Thompson on her achievement as Employee of the Month. Gina comes to us from the Philippines and has been a part of the Regal family for seven years. Gina works mainly on Pearl Garden and enjoys "working as a team to make the residents happy." Gina has three sons and twin grandsons, Myles and Mason, all of whom live in Georgia.



In her spare time, she enjoys going to the gym and to the local beaches. Thank you, Gina, for all of your hard work.

RESIDENT BIRTHDAYS

Matty M., 7th	Richard W., 14th	Henry B., 24th
Gerald S., 7th	Diane D., 17th	Barry S., 28th
Annie B., 12th	Anita S., 21st	Sigrid B., 29th
Henry E., 13th	Sharon K., 21st	

EMPLOYEE BIRTHDAYS

Robert Boyd, 6th	Jeff Bell, 17th
Jalisa Dickerson, 9th	Michael Perrucci, 25th
Patrice Prior, 13th	

ANNIVERSARIES

Duke and Jennifer O., 10/25/1997

CREATIVE CORNER DISPLAY AND SALE — RESCHEDULED

As promised, our Creative Corner Display and Sale has been rescheduled to Tuesday, Oct. 22, at 10 a.m., in the lobby.

The ladies have been busy making items that will be for sale that have been created through our Creative Corner programs. If you'd like to contribute, you are encouraged to attend Creative Corner on Oct. 1, 18 and 15 in the Activity Center. Consult the calendar for times.

Residents and staff are encouraged to display their own art or favorite collections.

OCTOBER HAPPENINGS

Oct. 1: Spooky Legends with Chris at 1:30 p.m. in the PVR	Oct. 11: Silly Hat Day/Bake Sale
Oct. 4: Crazy Socks Day	Oct. 18: Orange Day
Oct. 10: Fall Vendor Fair	Oct. 24: Black Day
	Oct. 25: Halloween Shirts

Oct. 31: Wear your favorite costume today and have fun with the children from the Learning Center at 10:30 a.m. in the lobby and at 1:30 p.m. in the PVR with Keith & Ruby!

"PARKINSON'S: MY PRIVATE JOURNEY"

If you have been diagnosed with Parkinson's Disease and would like to meet and get to know others who also have P.D., please plan to attend "Parkinson's: My Private Journey." It will be a time to share with others who understand our daily struggles and can relate to how you are feeling. This is a resident-facilitated program. There are no speakers, it's an open dialogue.

We will meet in the Palm View Room at 11 a.m. on the fourth Saturday of each month.

If you would like additional information, please see Frank O. in apartment 336.



GENTS-ONLY GET-TOGETHER

Regal gentlemen are invited to the monthly Gents-Only Get-Together on Thursday, Oct. 17, at 3 p.m., in the PVR. This month's speaker is Tom Schiro, Director of Plant Operations.

Kindly sign up in the white outing book located at the reception desk by Oct. 15.

RESIDENT REFERRAL REWARDS

Refer a brand new resident to Regal Palms and when they reach their 90-day anniversary, you will receive \$500 off your next month's rent! All you have to do is see Marketing in apartment 101 and provide your referral's name and phone number prior to their first visit. It's as easy as that!

THANK YOU!

A huge heartfelt Thank You to everyone who had a part in making our annual Alzheimer's auction fundraiser another success. The total amount raised this year was \$1,224! We couldn't do it without those who donated, purchased and lent a hand to facilitate the sale. Your ongoing support for our fundraising initiatives is greatly appreciated.



CALLING ALL WITCHES...AND WIZARDS, TOO!

Mark your calendar for our annual "Witches Tea Party" on Thursday, Oct. 24, at 3 p.m. The spooky fun will be held in the Haunted Castle, also known as the Palm View Room! The color of the day is black, of course. Our gentlemen wizards are encouraged to attend.

Kindly RSVP in the white outing book located at the reception desk by Oct. 21.



Come sit a spell!

RESIDENT REQUEST OUTINGS

Oct. 2 at 9:45 a.m.: Thrift Store Treasures	Oct. 20 at 2 p.m.: Scenic Bus Ride
Oct. 9 at 11 a.m.: Lunch at Columbia Restaurant	Oct. 23 at 4 p.m.: Dinner at the Beach Comber
Oct. 16 at 9:30 a.m.: Hard Rock Casino (Returning by 3 p.m.)	Oct. 30 at 10 a.m.: The Botanical Gardens

Kindly sign up for all outings in the white book at the reception desk. These outings are resident-request destinations. If you have a suggestion for an outing, please see Tammy.

Also, please plan to arrive five minutes before the scheduled departure time.



Kindly sign up for all outings.

ANNUAL CANDY DRIVE

We are having our annual candy drive from Oct. 1 through Oct. 30. Our collections will be used for our friendly Halloween ghost and goblin guests from The Palms of Largo Learning Center. The children will trick-or-treat and have their Parade of Costumes in the lobby on Thursday, Oct. 31, at 10:30 a.m. If you would like to donate, please drop off your candy to our Life Enrichment Department by Oct. 30. Thank you!



NATIONAL ASSISTED LIVING MONTH MEMORIES

Just a reminder, photos of all our National Assisted Living Month 2019 fun will be featured in the November issue of the Good Life News.



Looking forward to sharing the memories!



REGAL PALMS

Senior Living

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ALF License #: AL9570



MANAGED BY



The Goodman Group

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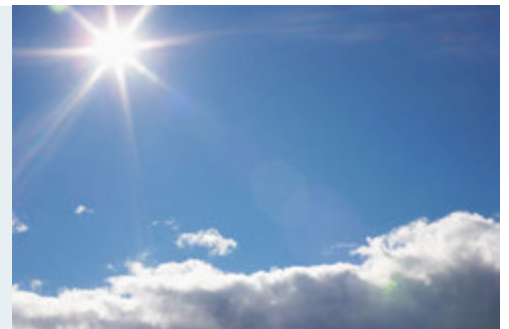
Spiritual Care Director
Lyle Leach



Thank you to our Regal veterans.
We appreciate your dedication to our
great country and will never forget
your sacrifices.

SERVICE OF REMEMBRANCE

Our quarterly Service of Remembrance
will be held on Tuesday, Oct. 29, at
3 p.m., in the Palm View Room.



LIKE US ON FACEBOOK

@RegalALF

Visit facebook.com/RegalALF to see pictures and catch up on all the fun
here at Regal Palms. This is a great way for family members and friends
to stay connected!