



# Good Life

## NEWS

at Pearls of Life Memory Care at Regal Palms

JANUARY 2021

### A NOTE FROM LIFE ENRICHMENT

January is here along with a new year and month 10 of our COVID-19 lifestyle. We continue to follow the Centers for Disease Control guidelines as far as limited programs and participation. Last month was busy in spite of restrictions and challenges, but we were able to creatively navigate everything that came our way and hope we made the holidays merry for our residents and staff.

At this time, you can still schedule a visit on Sign-Up Genius. If you don't have access to the site, please email [tdunlap@regalalf.com](mailto:tdunlap@regalalf.com) to request the link. Visits are 30 minutes, once per week. Social distancing, proper sanitizing, mandatory face masks, temperatures and screenings and two visitors per visit protocols remain in place. Visits are subject to change and/or cancellation due to the uncertainty of the building's status as we monitor everything very closely each day.

I hope your holiday was nice and I look forward to sharing 2021 with you and your loved ones.

Again, this too will only be a memory and we can say that we did it together.

Thank you,  
*Tammy*

Director of Life Enrichment

### NATIONAL ACTIVITY PROFESSIONALS WEEK JAN. 24-30

Your Life Enrichment team is dedicated to bringing you joy each day. It's always so nice to sit and chat with you, our residents, to learn something new about you, and to share a little about us. During COVID-19, we've had even more time to do just that. Unique relationships are formed when you are facing such uncertainty as with this pandemic that we know very little about. We hope you know that we're here for you for whatever is on your mind or your heart. We take pride in the bonds that we are blessed to share with our work family: residents, family and staff. The year 2020 has shown us that in spite of restrictions, social distancing and isolations, we can overcome and make the best of any situation.

— Tammy, Matt, Mary Lou, Shelby, Terri and Theresa

### THANK YOU, REGAL RESIDENTS AND FAMILY MEMBERS

On Dec. 9, the Regal Palms Gratuity Committee hosted their annual gratuity distribution. Due to social distancing, the event was strategically set up in our Palm View Room with only the committee in attendance, as opposed to years past when all of our wonderful residents were invited. The staff always looked forward to sitting down with the residents, and personally thanking them for their gratuity. Since Regal has a "no tipping" policy, the residents have an annual opportunity to show their appreciation to the staff by donating to the fund, and this year was no exception and extremely appreciated by the team.

The entire Regal Palms team wishes to share a big thank-you with each resident and family member who contributed for their generosity. And to the committee, thank you for taking on this huge initiative. We know it's not any easy task and you are appreciated. This year has been a challenge due to COVID-19. However, thank you for recognizing that resident care is and always will be our top priority.



## EVERYONE LOVES A PARADE

Thank you to everyone who participated in our Campus Holiday Parade. I hope you had a great time and I'm excited to share the photos of all the fun in our February newsletter.



## EMPLOYEE OF THE MONTH

My name is Jennifer. I was raised in a small town in the Philippines. I am married to my best friend, Gary. He is the reason I am here in the USA. I am a CNA here at Regal Palms. My passion and my heart are caring for the residents here. I love cooking in my spare time and playing with my Chihuahua, Sparky!

During my seven years here in Regal Palms I have found a new family with wonderful residents and co-workers, as my biological family are all in the Philippines. Every day I look forward to coming to work where I know I will find someone to brighten up my day and share my thoughts. I hope that I do the same for others in return.

Thank all of you with honoring me with this award. I am grateful you all opened your doors for me.



Jennifer, you are a bright light in our day!

## OUR TREE TRIMMING TRADITION CONTINUES ...WITH A TWIST

Although our Annual Tree Trimming Party wasn't the norm of years past, we didn't let a pandemic halt our fun. Our Pearl Garden residents and staff enjoyed an afternoon of ornament placement, decking the halls with bells and garland, holiday song singalongs and of course, lots of sugar cookies! Hopefully next year we will be back to inviting our family and friends to join us, but for now we want them to know we missed them, and had a nice time with them in our thoughts and in our hearts.



Ellen found just the right spot for her ornament.



Sam was able to reach up high for his ornament.



Amanda and Thelma, working as a team!



Barbara looks very festive in her holiday red.

### RESIDENT BIRTHDAYS

Regina A., 3rd  
Rebecca C., 12th

Ellen S., 25th  
Sally N., 30th

### EMPLOYEE BIRTHDAYS

Grant Townsend, 4th  
Lisa Jensen, 4th  
Julia Rodriguez, 7th

Elka Brazier, 18th  
Tia Riolo, 26th  
Amber Suriano, 27th

Terry Daniels, 28th  
Emily Cambra, 30th

## UPCOMING NEWSLETTER NEWS

Due to the deadline of our January newsletter, holiday memories after Dec. 11 will be featured in our February Good Life News.

## RESIDENT SPOTLIGHT

Thank you, Pearl Garden veterans. We appreciate your dedication to our great country and will never forget your sacrifices.



## 2021

Happy New Year wishes to our residents, staff and family members. May 2021 bring you much happiness and great health.



## NFL PLAYOFFS

Check local listings for times starting on Jan. 9, as the AFC/NFC wild-card games followed by the divisional games begin. Then on Jan. 24, the championship game will determine who heads to Super Bowl LV on Feb. 7. By the way, Raymond James Stadium in Tampa is the proud host of the big game. Whom will you be cheering on?



## OUR LIFESTYLE

Our residents spent an afternoon singing carols and personalizing their own holiday stocking. The Montessori Inspired Lifestyle brings out our residents' strengths. They are empowered to make decisions and be creative in all areas. Their opinion matters and we are happy to encourage each of them.



## PHOTO OF THE MONTH

Matt, one of our Med Techs/Resident Assistants not only provides excellent care to our residents, he also always gives them a reason to smile! He finds a way to bring them joy with his caring heart and playful sense of humor. On his days off, residents ask for him. He truly has a passion for what he does and it shows. Thanks, Matt. You are appreciated and you make a difference.



Regal has the best!

## RESIDENT BUTTERFLY GARDEN WAS SUCCESSFUL



Shelby and Sally set them free. Some needed a little coaxing, as they didn't want to leave the residents!



The little guy was the last to take flight. We named him Cooper. It was beautiful to watch him spread his wings and soar to the sky.



We had seven butterflies to release.



# REGAL PALMS

Senior Living

300 Lake Avenue NE, Largo, FL 33771  
727-437-1350 | regalalf.com

ALF License #: AL9570



MANAGED BY



The Goodman Group

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## RESIDENT REFERRAL REWARDS

Refer a brand new resident to Regal Palms and when they reach their 90-day anniversary, you will receive \$500 off your next month's rent! All you have to do is see Marketing in Apartment 101 and provide your referral's name and phone number prior to their first visit. It's as easy as that!

WELCOME  
NEW  
NEIGHBORS



*Welcome, Betty!*



*Welcome, Mirella!*



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Visit [facebook.com/RegalALF](https://facebook.com/RegalALF) to see pictures and catch up on all the fun here at Regal Palms. This is a great way for family members and friends to stay connected!