



Good Life

NEWS

at Pearl Garden at Regal Palms

OCTOBER 2019

RESIDENT SPOTLIGHT

Peggy was born in San Juan, Puerto Rico. Fun Fact: Her family lived in Ponce De Leon's original home until Peggy was 13. Their next move was to Bogota, Columbia before coming to the United States. They settled in Clearwater, Fla., where Peggy's dad became a prominent lawyer and a Circuit Court Judge in Pinellas County.

Peggy met her husband, Owen, on a blind date. He snuck in before the date to check her out. After liking what he saw, he smiled from ear to ear. Peggy was a homemaker, and she and Owen raised four beautiful children.

Peggy was very athletic. She loved playing tennis and also enjoyed boating, skiing, and fishing. She was also an amateur photographer and shot many dramatic black and white photos. Some even sold to people around the world! She was lucky enough to travel to Alaska and all through Europe. But her favorite place was Barranquilla, Columbia. Her favorite dish is Pollo y arroz ... chicken and rice.

Peggy is still very active. She doesn't miss a chance to go to shows, enjoy scenic rides, or attend most social events we offer. She likes the companionship of her neighbors here. We are all so glad Peggy and her family chose Regal Palms.



JOIN OUR TEAM IN THE WALK TO END ALZHEIMER'S

If you would like to join us in the Walk to End Alzheimer's, we'd love to have you on our team. The walk is scheduled for Saturday, Oct. 12, at Poytner Park in St. Petersburg. It is advisable to sign up prior to the event as the walk day is pretty

hectic. Kindly visit www.alz.org and follow the following prompts: "Find Your Walk," "Find Your Team," insert The Palms of Largo in the team box, click "Register," search our walk by entering 33771 in the zip code box, click on the St. Petersburg Oct. 12 link and then complete your registration. If you are unable to participate in the Walk, but would like to donate, you can do so on the above mentioned site or by dropping off your donation to Life Enrichment. Personal checks are made out to the Alzheimer's Association. Maybe one day these walks will just be a memory and a cure will finally be found.



A SWEET WAY TO RAISE MONEY FOR ALZHEIMER'S

Our annual Alzheimer's Bake Sale Fundraiser will be held in the Lobby on Friday, Oct. 11. We will have an array of store bought and homemade treats to tempt your taste buds. As always, all proceeds benefit the Walk to End Alzheimer's. If

you would like to participate, kindly leave your donation at the Reception Desk or with Life Enrichment. Your ongoing support of our fundraising efforts is greatly appreciated.



NEWS FROM THE GARDEN PATCH

As part of our Montessori Inspired Lifestyle, the Pearl Garden residents chose Beach Blanket Bingo for their quarterly Family Night Celebration. The residents not only picked the theme, they also handmade the invitations, decided on the menu and made, yes, made the Bingo prizes! As you can see by the photos, everyone had a great night. Now the residents are in the planning stages for November when they will be hosting our friends from Cypress Palms for a Thankful Luncheon.



Winnie, center, is all smiles as she shares a fun game of Bingo with her family.



Don said, "If the fish fits, wear it!"



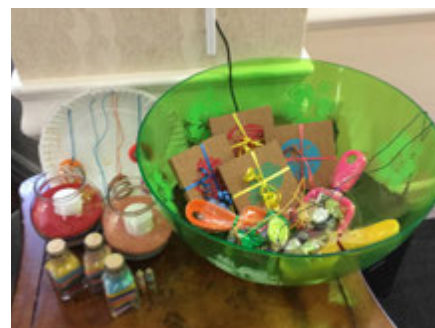
Felice with her family ... won twice!



Barbara with her great-granddaughter, whom she calls, "My Angel."



Lorraine and Pam having a little fish fun!



The residents made the Bingo prizes.

OCTOBER FUN

- Oct. 4:** Crazy Socks Day
- Oct. 10:** Fall Vendor Fair
- Oct. 11:** Silly Hat Day/Bake Sale
- Oct. 19:** Orange Day
- Oct. 24:** Black Day
- Oct. 25:** Halloween Shirts

Oct. 31: Wear your favorite costume today and have fun with the children from the Learning Center at 10:30 a.m. in the Lobby, and at 1:30 p.m. in the PVR with Keith and Ruby!

RESIDENTS HAVING FUN

A few of the members of the Hospitality Committee held a lemonade stand to raise money for our Walk to End Alzheimer's fund. Josefa and Yvonne took the Lobby shift while Shirley took over at The Plaza. Between both places, the ladies raised \$76 and looked pretty awesome in their festive lemon blouses!



A special thank you to our Maintenance team for designing and constructing such a great stand! We plan to get lots of use out of it in the future.



RESIDENT REFERRAL REWARDS

Refer a brand new resident to Regal Palms and when they reach their 90 day anniversary, you will receive \$500 off your next month's rent! All you have to do is see Marketing in Apartment 101 and provide your referral's name and phone number prior to their first visit. It's as easy as that!

ENTERTAINMENT AND OUTINGS

Let Us Entertain You

- Oct. 1, 8, 15 and 29:** Pearl Garden Chorus with Anita at 3 p.m.
 - Oct. 3:** Victoria Garcia, Harpist at 1:30 p.m.
 - Oct. 4:** PB Jazz at 2 p.m. in the PVR
 - Oct. 6:** Louis Bravo at 6:30 p.m. in the PVR
 - Oct. 7 and 21:** 2 Peace Band at 3 p.m.
 - Oct. 8 and 22:** The Learning Center Children at 10:30 a.m.
 - Oct. 9:** David McAbee at 3 p.m.
 - Oct. 10:** Annual Fall Craft Fair 10 a.m.-2 p.m. in the Lobby
 - Oct. 10 and 24:** Music Therapy at 3 p.m.
 - Oct. 11:** Alzheimer's Bake Sale Fundraiser at 10 a.m. in the Lobby
 - Oct. 11:** Mystic Voices at 2 p.m. in the PVR
 - Oct. 12:** P.A.L.S.: Trick-or-Treat Goldens at 10:30 a.m.
 - Oct. 13:** Charlie Ragan at 1:30 p.m.
 - Oct. 14:** Theresa Jeanne at 3 p.m.
 - Oct. 15:** Mike Rowe at 2:30 p.m. in the PVR
 - Oct. 16:** P.A.L.S. — Chloe and Dolly at 11 a.m.
 - Oct. 16:** Shauna Sconce at 3 p.m.
 - Oct. 18:** Maxi Wood at 2 p.m. in the PVR
 - Oct. 19:** Rick Elkins at 1:30 p.m.
 - Oct. 22:** Dori Miller at 3 p.m.
 - Oct. 25:** Antonio Calos 2 p.m. in the PVR
 - Oct. 27:** Will and Michele Entertainment at 6:30 p.m. in the Lobby
 - Oct. 28:** Dale Williams at 2 p.m.
 - Oct. 31:** Children's Halloween Costume Parade at 10:30 a.m. in the Lobby
 - Oct. 31:** A Spooktacular Halloween Show with Keith and Ruby at 1:30 p.m. in the PVR
- Every Tuesday and Thursday:** P.A.L.S. — Benji visits

On the road again

- Oct. 1:** Lunch at Lynn's at 10:15 a.m.
- Oct. 8 and 22:** Music at The Plaza at 1:30 p.m.
- Oct. 15:** Scenic Bus Ride at 10:15 a.m.

Special events

- Oct. 2:** Monthly birthday party at 2:30 p.m.
- Oct. 9:** Gentlemen's Lunch at 12:30 p.m.
- Oct. 24:** Pearl Garden Witches' Tea Party at 2:15 p.m.

Committee Meetings

- Oct. 7:** Hospitality at 1:30 p.m.
- Oct. 14:** Outreach at 1:30 p.m.
- Oct. 21:** Food Chat at noon
- Oct. 28:** Calendar Planning at 1:30 p.m.

Please RSVP for all outings with any Life Enrichment team member or our Receptionist.

EMPLOYEE OF THE MONTH

Congratulations to CNA Gina Thompson, on her achievement as Employee of the Month. Gina comes to us from the Philippines and has been a part of the Regal family for seven years. Gina works mainly on Pearl Garden and enjoys "working as a team to make the residents happy." Gina has three sons and twin grandsons, Myles and Mason — all of whom live in Georgia.



In her spare time, she enjoys going to the gym and to the local beaches. Thank you, Gina, for all of your hard work.

ANNUAL CANDY DRIVE

We are having our annual Candy Drive from Oct. 1 through Oct. 30. Our collections will be used for our friendly Halloween ghost and goblin guests from The Palms of Largo Learning Center. The children will trick-or-treat and have their Parade of Costumes in the Lobby on Thursday, Oct. 31, at 10:30 a.m. If you would like to donate, please drop off your candy to our Life Enrichment Department by Oct. 30. Thank you!



RESIDENT BIRTHDAYS

- Yvonne B., 11th
- Shirley M., 28th
- Jim P., 15th

EMPLOYEE BIRTHDAYS

- Robert Boyd, 6th
- Jeff Bell, 17th
- Jalisa Dickerson, 9th
- Michael Perrucci, 25th
- Patrice Prior, 13th

ANNIVERSARIES

- Monte and Betty B., 10/26/1956

NATIONAL ASSISTED LIVING MONTH MEMORIES

Just a reminder, photos of all our National Assisted Living Month 2019 fun will be featured in the November issue of the Good Life News.



Looking forward to sharing the memories!



REGAL PALMS

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WELCOME NEW NEIGHBORS



Welcome, Helen



Welcome, Sam



Thank you to our Pearl Garden veterans. We appreciate your dedication to our great country and will never forget your sacrifices.



LIKE US ON FACEBOOK

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Visit [facebook.com/RegalALF](https://www.facebook.com/RegalALF) to see pictures and catch up on all the fun here at Regal Palms. This is a great way for family members and friends to stay connected!