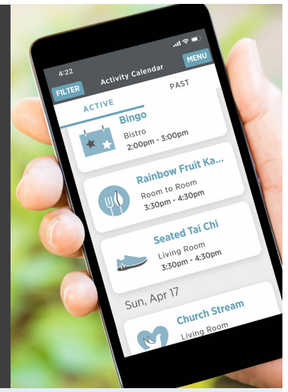

DOWNLOAD
GiGi Assistant®
TODAY

GiGi Assistant® (GiGi), is a free mobile app that acts as your personal concierge ready to assist you with what's happening in the community.

We encourage residents, guests, caregivers and families to download the app and get connected!

Scan to Download

MANAGED BY The Goodman Group

TERRACINA GRAND
Senior Living

6825 Davis Boulevard, Naples, FL 34104
239-455-1459 | terracinagrand.com

ALF License #: AL10071

TEAM MEMBERS

Executive Director
Pradeep Muley

Director of Nursing
Judy McGhee, RN

Director of Sales & Marketing
Alexis Carter

Life Enrichment Director
Leigh Bullen

Spiritual Care Director
Jack Avedisian

Culinary Operations
Joseph Rotondo

Business Office Director
Sue Dumas

Housekeeping Director
Delfina Ortiz

Maintenance Director
Willie Nieves

NEW RESIDENTS

We would like to welcome our newest residents!

- James & Brenda
- Jack & Cynthia
- Inez
- Loyda
- Angelica
- June & Richard
- Daniel
- Jack
- Richard
- Mary Ann
- Joseph & Rita

BIRTHDAYS

We want to wish the following residents a very happy birthday:

- Ralph P. - 4/6
- Earl W. - 4/7
- Marguerite C. - 4/15
- Patricia M. - 4/15
- Mary E. - 4/18
- Stanley B. - 4/20
- Mary R. - 4/22
- Florence W. - 4/24
- Lillian K. - 4/30

VETERANS INFORMATION

U.S. Department of Veterans Affairs

Address: 800 Goodlette Rd. N. #120 Naples, FL 34102
Phone: 239-659-9188 ext. 21502
Fax: 239-659-0526

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visit facebook.com/terracinagrand

Good Life NEWS

at Terracina Grand

APRIL 2024

RESIDENT SPOTLIGHT: FRED K.

Fred K. was born in Queens, New York. He had an older brother that he was close to and loved to chum around with. Fred attended Kingston High School in Kingston, New York. When Fred was 14, he participated in an apprentice program at school where he trained to be a meat cutter.

When he graduated from high school, he entered the meat cutting world and put his training to the test. His first job as a meat cutter was with Grand Union, a popular grocery chain. Fred worked with Grand Union for three years and then decided to enlist in the Navy. When he enlisted, he worked for the commissary, preparing the food and planning meals. After serving four years in the Navy, Fred met his soon-to-be wife. She was working at Montgomery Ward while he was shopping. They were married for 66 years and had three sons.

After the military, Fred decided to work for a company called Wine Merchants as a wine representative in Syracuse, New York. He sold wine for 25 years and loved every minute of it until he decided it was time for a change. Fred was offered a job with Color Tile, a ceramic tile company. Fred received many sales awards and was given a number opportunities to travel due to his great sale techniques. He worked for Color Tile for 10 years until it was time to retire. Retirement served him well. He stayed busy with boating, poker games, cruises, golf, tennis, and spending time with good friends. Congratulations to Fred K. You are special to Terracina Grand!

MONTESSORI MOMENTS

Montessori Moments continue to be important to Terracina Grand. Recently, we focused on the upkeep of our garden. Last spring, our Pearls of Life® residents wanted to build a garden. It was decided as a group that they would plant tomatoes, parsley, cucumbers, turnips, carrots and squash. With the challenges of the Florida weather, some of the plants didn't survive. This past month, Pearls of Life® residents decided to help kickstart the repotting process in hopes of reviving their produce. Many of our residents grew up on a farm, so old habits fell right into place, while other residents remembered taking care of plants at home. We embrace the Montessori Inspired Lifestyle® at Terracina Grand. It truly gives our residents purpose.

SEDER DINNER ON APRIL 30

The life enrichment and culinary departments will be offering a Seder dinner on Tuesday, April 30 in the Forum. If you have never been to the Seder dinner, please sign up in the Galleria. Seating is limited. Please sign up by April 22. After that date, we will not be able to take last-minute participants. We look forward to celebrating with each of you! Below are some facts that will help you understand its importance.

The Passover Seder is a religious service held on the first night of Passover. The Hebrew word "Seder" (pronounced "say-dehr") translates to "order" in English. The meaning of the word "Seder" reveals a lot about the nature of this Passover ritual. The Seder service is composed of 15 sections, all followed in a specific order. The order of the Seder is presented in the Haggadah text, along with the liturgy and instructions for the night's many rituals.

Seder customs include telling a story, discussing the story, drinking four cups of wine, eating matzah, partaking of symbolic foods, and reclining in celebration of freedom. The Seder is among the most commonly celebrated celebrations.

MEMORABILIA AND DISCUSSION

We have a new program we are excited to share with you. After visiting many of our residents, we recognize that each of you have traveled and witnessed some historical events. There might be some souvenirs or heirlooms displayed in your apartment that hold those special stories, and we would love to hear them. Memorabilia & Discussion is a program that brings those stories to life. Bring your item and be ready to share your story. This program will take place in the third-floor clubroom at 2 p.m. on April 9. We look forward to hearing your special stories.

SOARING®: SUPPORTING THE SPIRIT

The Last Cab Ride

One night, a cab driver arrived at a dark building with only a single light in a ground-floor window. In such situations, many drivers would honk once or twice, wait briefly, and then drive away. However, having witnessed the struggles of impoverished people relying on taxis for transportation, the individual always went to the door unless danger was evident. The reasoning was that the passenger might need assistance.

Approaching the door and knocking, a frail, elderly voice answered, asking for a minute. After a while, the door opened, revealing a small woman in her 80s wearing a print dress and a pillbox hat with a veil, reminiscent of a character from a 1940s movie. Beside her was a nylon suitcase, and the apartment seemed untouched for years.

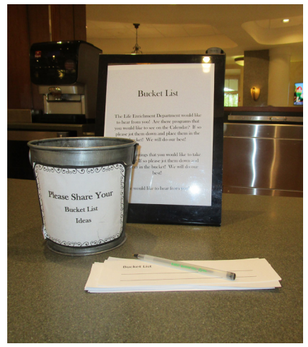
"Could you carry my bag out to the car?" she requested. The person took the suitcase to the cab and returned to help the elderly woman, who expressed gratitude throughout. In the cab, she shared her destination and asked to drive through downtown, not minding the longer route. Eventually, she revealed she was on her way to hospice, with no family left and limited time according to the doctor.

Feeling a connection, the driver turned off the meter, asking how she'd like to proceed. Over the next two hours, they explored the city together. The woman pointed out places significant to her life, reflecting on her past. As the first light of dawn appeared, she announced she was tired, and they headed to her given address—a small convalescent home.

Two orderlies were waiting when they arrived. The driver assisted the woman, refusing payment and offering a hug. The elderly woman expressed gratitude for the moment of joy amid her challenges.

Walking away, the driver contemplated the significance of the encounter. The day passed in silence, their thoughts consumed by the what-ifs—what if she had encountered an angry or impatient driver? What if they had refused the run or driven away after a single honk? Upon reflection, they realized this seemingly small act might be the most important thing they had ever done. Life's great moments, they realized, often come unexpectedly and are beautifully wrapped in what others might consider small ones.

OPPORTUNITIES TO GROW AND LEARN



The life enrichment department prides itself on listening to our residents. We enjoy hearing your thoughts and ideas. With that in mind, there is a silver bucket in the Galleria for this purpose. If there is a place you would like to travel or a restaurant you would like to try, please jot your idea on the slip of paper (located in front of the bucket) and place the paper in the bucket. We review your ideas daily.

Often, we will post an outing in the Galleria a few days before the outing is scheduled. Please make it a habit to browse the Galleria. There will be a sheet that states how many residents can go. Please respect this limit and don't add numbers to the sheet. The team has set up each outing so everyone will be successful and safe, including our chaperones. This past month we took a trip to the Botanical Gardens and to the farmers' market. We look forward to reading your ideas!

TEAM MEMBER OF THE MONTH

The team member that has been highlighted for the month of April is Jesus J. Jesus has been a line cook at Terracina Grand for 12 years. He is dedicated and is a great example of what it means to be a team player. Jesus has lived in Naples, Florida, since 2008. In his spare time, he enjoys working out, playing soccer, and spending time with family. Congratulations to Jesus, and thank you for your Platinum Service®.

DISCUSSION GROUPS

On March 8 we had our first Discussion Group located on the fourth floor. The topic was on the Middle East. The program was a success. The vice president of Hodges University led this discussion. There were a number of residents who participated, shared thoughts and asked questions. At the end of the program, residents were appreciative of gaining a better understanding of the challenges occurring in the Middle East and appreciated an open forum where those questions could be presented. There will be more group discussions scheduled. We encourage you to join us and share your thoughts. Please monitor the calendar and the daily sheet for details.

APRIL LEARNING OPPORTUNITIES

We are excited to offer life enriching programs and lectures that will encourage discussion and expressing thoughts. April has arrived, and the team is excited to share a few dates of some great learning opportunities.

- Monday, April 8 at 2 p.m.: "For the Love of Cats." Join us in the Forum to learn about cats and this great non-profit organization located in Collier County.
- Thursday, April 11 at 2 p.m.: "Women Who Have Changed the World" presented by Adrian Kerr. Come to the Forum and let's learn about the great women who have made their mark in the world.
- Tuesday, April 30 from 4 to 6 p.m.: Seder dinner. If you are interested in learning about the Seder and participating in this special dinner, please sign up in the Galleria. Seating is limited.

Life is about learning!