



NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 9:00 Mind Stretchers, CA 9:30 FIT to Stretch®, CA 10:00 Mobility Ball Exercise, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Bingo, CA 4:00 Independent Resident Choice Activities, CA 6:30 Netflix & Relax, CA	2 9:30 FIT to be Strong®, CA 10:00 Cooking Demo, CA 1:00 Afternoon Matinee, CA 2:30 Word Games, CA 3:30 Entertainment, CR 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	3 10:00 Drum Fit, CA 10:30 Nail Care, CA 1:00 Afternoon Matinee, CA 2:30 Bingo, CA 3:30 Fresh Air on Patio, GLP 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	4 9:30 FIT to be Strong®, CA 10:00 Mobility Ball Exercise, CA 10:30 Volleyball, CA 1:00 Afternoon Matinee, CA 2:30 Fit Minds, CA 3:30 Fresh Air on Patio, RC 6:30 Netflix & Relax, CA	5 10:00 FIT to Stretch®, CA 10:30 Fit Minds, CA 1:00 Afternoon Matinee, CA 3:00 Fresh Air on Patio, GLP 3:00 Armchair Travel Packet, CA 4:00 Independent Activity, CA	6 9:00 Move and Groove, CA 10:00 Bingo, CA 11:00 Art Study, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Game, CA 4:00 Independent Activity, CA	
DAYLIGHT SAVING ENDS 7 9:00 Move and Groove, CA 9:30 One on Ones, CA 9:30 Catholic Mass, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Activity, RC 4:00 Mind Stretchers, CA 6:30 Netflix & Relax, CA	8 9:30 FIT to Stretch®, CA 10:00 Mobility Ball Exercise, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Bingo, CA 4:00 Independent Resident Choice Activities, CA 6:30 Netflix & Relax, CA	9 9:30 FIT to be Strong®, CA 10:00 Horse Racing, CA 1:00 Afternoon Matinee, CA 2:30 Word Games, CA 3:30 Entertainment, CR 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	10 10:00 Drum Fit, CA 10:30 Nail Care, CA 1:00 Afternoon Matinee, CA 2:30 Bingo, CA 3:30 Fresh Air on Patio, GLP 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	VETERANS DAY 11 9:30 FIT to be Strong®, CA 10:00 Mobility Ball Exercise, CA 10:30 Basketball, CA 1:00 Afternoon Matinee, CA 2:30 Committee Meeting, CA 3:30 Fresh Air on Patio, RC 6:30 Netflix & Relax, CA	12 10:00 FIT to Stretch®, CA 10:30 Fit Minds, CA 1:00 Afternoon Matinee, CA 3:00 Armchair Travel Packet, CA 3:00 Fresh Air on Patio, GLP 4:00 Independent Activity, CA	13 9:00 Move and Groove, CA 10:00 Bingo, CA 11:00 Art Study, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Game, CA 4:00 Independent Activity, CA	
14 9:00 Move and Groove, CA 9:30 Catholic Mass, CA 9:30 One on Ones, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Activity, RC 4:00 Mind Stretchers, CA 6:30 Netflix & Relax, CA	15 9:30 FIT to Stretch®, CA 10:00 Mobility Ball Exercise, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Bingo, CA 4:00 Independent Resident Choice Activities, CA 6:30 Netflix & Relax, CA	16 9:30 FIT to be Strong®, CA 10:00 All About Sensory, CA 1:00 Afternoon Matinee, CA 2:30 Word Games, CA 3:30 Entertainment, CR 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	17 10:00 Drum Fit, CA 10:30 Nail Care, CA 1:00 Afternoon Matinee, CA 2:30 Bingo, CA 3:30 Fresh Air on Patio, GLP 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	18 9:30 FIT to be Strong®, CA 10:00 Mobility Ball Exercise, CA 10:30 Balloon Bash, CA 1:00 Afternoon Matinee, CA 2:30 Nail Care, CA 3:30 Fresh Air on Patio, RC 6:30 Netflix & Relax, CA	19 10:00 FIT to Stretch®, CA 10:30 Fit Minds, CA 1:00 Afternoon Matinee, CA 3:00 Armchair Travel Packet, CA 3:00 Fresh Air on Patio, GLP 4:00 Independent Activity, CA	20 9:00 Move and Groove, CA 10:00 Bingo, CA 11:00 Art Study, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Game, CA 4:00 Independent Activity, CA	
21 9:00 Move and Groove, CA 9:30 Catholic Mass, CA 9:30 One on Ones, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Activity, RC 4:00 Mind Stretchers, CA 6:30 Netflix & Relax, CA	22 9:30 FIT to Stretch®, CA 10:00 Mobility Ball Exercise, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Bingo, CA 4:00 Independent Resident Choice Activities, CA 6:30 Netflix & Relax, CA	23 9:30 FIT to be Strong®, CA 10:00 Baking for a Cause, CA 1:00 Afternoon Matinee, CA 2:30 Word Games, CA 3:30 Entertainment, CR 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	24 10:00 Drum Fit, CA 10:30 Nail Care, CA 1:00 Afternoon Matinee, CA 2:30 Bingo, CA 3:30 Fresh Air on Patio, GLP 4:00 Art Study, CA 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	THANKSGIVING DAY 25 9:00 2021 Macy's Thanksgiving Parade, CA 10:00 Fall Festival, CA 1:00 Afternoon Matinee, CA 2:30 Thanksgiving Paper, CA 3:30 Thanksgiving Day Football, CA 6:30 Netflix & Relax, CA	26 10:00 FIT to Stretch®, CA 10:30 Fit Minds, CA 1:00 Afternoon Matinee, CA 3:00 Armchair Travel Packet, CA 3:00 Fresh Air on Patio, GLP 4:00 Independent Activity, CA	27 9:00 Move and Groove, CA 10:00 Bingo, CA 11:00 Art Study, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Game, CA 4:00 Independent Activity, CA	
HANUKKAH BEGINS 28 9:00 Move and Groove, CA 9:30 One on Ones, CA 9:30 Catholic Mass, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Resident Choice Activity, RC 4:00 Mind Stretchers, CA 6:30 Netflix & Relax, CA	29 9:30 FIT to Stretch®, CA 10:00 Mobility Ball Exercise, CA 10:30 Crafty Corner, CA 1:00 Afternoon Matinee, CA 3:00 Bingo, CA 4:00 Independent Resident Choice Activities, CA 6:30 Netflix & Relax, CA	30 9:30 FIT to be Strong®, CA 1:00 Afternoon Matinee, CA 2:30 Word Games, CA 3:30 Entertainment, CR 4:30 Resident Choice Activity, CA 6:30 Netflix & Relax, CA	LOCATIONS Common Area, CA Resident Choice, RC Crystal Room, CR Grand Lounge Patio, GLP			Calendar events subject to change.	