



NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 10:00 FIT to be Strong®, AR 10:30 Fit Minds, AR 11:15 Word Mining, AR 1:00 Walking Club, OUT 2:00 Beach Ball Volleyball, AR 3:30 Lecture Series, AR	2 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Crafting, AR 1:00 Walking Club, OUT 2:00 Bingo, AR 2:30 Resident Council 3:30 Entertainment, CR	3 10:00 FIT to be Strong®, AR 10:30 Sing-Along, AR 2:00 Art Study, AR 2:30 Art Study Crafting, AR 6:00 Movie Hour & Discussion	4 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Fit Minds 11:30 Word Mining, AR 2:00 Cooking Demo, ICP 3:30 Sing-Along with Friends, CR	5 10:00 FIT to be Strong®, AR 10:30 Jeopardy, AR 2:00 Flower Arranging, AR 2:00 Independent Activity of the Day, RC 3:30 Ladies' Bridge, RL 3:30 Movie Star of the Month, AR	6 9:30 News of the Day, RC 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Travelogue, AR 11:30 Art Study, AR 2:30 Puzzles and Games, RL 3:30 Socialize with Friends, RL	
7 DAYLIGHT SAVING ENDS 9:30 Nondenominational Church Service 9:30 Catholic Mass on TV Ch.4, ICP 10:30 Who Am I Trivia, AR 2:00 Giant Bowling 3:00 Train Your Brain, AR 3:45 Ladies' Bridge 4:00 Music Trivia, AR	8 10:00 FIT to be Strong®, AR 10:30 Fit Minds, AR 11:15 Word Mining, AR 1:00 Walking Club, OUT 2:00 Beach Ball Volleyball, AR 3:30 Lecture Series, AR	9 10:00 Outside Front Porch 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Crafting, AR 1:00 Walking Club, OUT 2:00 Bingo, AR 3:30 Entertainment, CR	10 10:00 FIT to be Strong®, AR 10:30 Sing-Along, AR 10:30 Horse Racing 2:00 Art Study, AR 2:30 Art Study Crafting, AR 2:30 Short Story Club 6:00 Movie Hour & Discussion	11 VETERANS DAY 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Fit Minds 11:30 Word Mining, AR 2:00 Cooking Demo, ICP 3:30 Sing-Along with Friends, CR	12 10:00 FIT to be Strong®, AR 10:30 Jeopardy, AR 1:30 Catholic Mass, GL 2:00 Independent Activity of the Day, RC 2:00 Resident Council Meeting, Lbr 2:00 Cornhole, G 3:30 Ladies' Bridge, RL	13 9:30 News of the Day, RC 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Travelogue, AR 11:30 Art Study, AR 2:30 Puzzles and Games, RL 3:30 Socialize with Friends, RL	
14 9:30 Nondenominational Church Service 9:30 Catholic Mass on TV Ch.4, ICP 10:30 Who Am I Trivia, AR 2:00 Giant Bowling 3:00 Train Your Brain, AR 3:45 Ladies' Bridge 4:00 Music Trivia, AR	15 10:00 FIT to be Strong®, AR 10:30 Fit Minds, AR 11:15 Word Mining, AR 1:00 Walking Club, OUT 2:00 Beach Ball Volleyball, AR 3:30 Lecture Series, AR	16 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Crafting, AR 1:00 Walking Club, OUT 2:00 Bingo, AR 3:30 Entertainment, CR	17 10:00 FIT to be Strong®, AR 10:30 Sing-Along, AR 2:00 Art Study, AR 2:30 Art Study Crafting, AR 6:00 Movie Hour & Discussion	18 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Fit Minds 11:30 Word Mining, AR 2:00 Cooking Demo, ICP 3:30 Sing-Along with Friends, CR	19 10:00 FIT to be Strong®, AR 10:30 Jeopardy, AR 2:00 Independent Activity of the Day, RC 2:00 Monthly Birthday Party, AR 3:30 Ladies' Bridge, RL	20 9:30 News of the Day, RC 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Travelogue, AR 11:30 Art Study, AR 2:30 Puzzles and Games, RL 3:30 Socialize with Friends, RL	
21 9:30 Catholic Mass on TV Ch.4, ICP 9:30 Nondenominational Church Service 10:30 Who Am I Trivia, AR 2:00 Giant Bowling 3:00 Train Your Brain, AR 3:45 Ladies' Bridge 4:00 Music Trivia, AR	22 10:00 FIT to be Strong®, AR 10:30 Fit Minds, AR 11:15 Word Mining, AR 1:00 Walking Club, OUT 2:00 Beach Ball Volleyball, AR 3:30 Lecture Series, AR	23 10:00 FIT to Stretch®, AR 10:00 Outside Front Porch 10:15 FIT to Balance®, AR 10:30 Crafting, AR 1:00 Walking Club, OUT 2:00 Bingo, AR 3:30 Entertainment, CR	24 10:00 FIT to be Strong®, AR 10:30 Horse Racing 10:30 Sing-Along, AR 2:00 Art Study, AR 2:30 Bingo 2:30 Art Study Crafting, AR 6:00 Movie Hour & Discussion	25 THANKSGIVING DAY 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Fit Minds 11:30 Word Mining, AR 2:00 Cooking Demo, ICP 3:30 Sing-Along with Friends, CR	26 10:00 FIT to be Strong®, AR 10:30 Jeopardy, AR 2:00 Cornhole, G 2:00 Canvas Painting, AR 2:00 Independent Activity of the Day, RC 3:30 Ladies' Bridge, RL 4:00 For the Boys, AR	27 9:30 News of the Day, RC 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Travelogue, AR 11:30 Art Study, AR 2:30 Puzzles and Games, RL 3:30 Socialize with Friends, RL	
28 HANUKKAH BEGINS 9:30 Nondenominational Church Service 9:30 Catholic Mass on TV Ch.4, ICP 10:30 Who Am I Trivia, AR 2:00 Giant Bowling 3:00 Train Your Brain, AR 3:45 Ladies' Bridge 4:00 Music Trivia, AR	29 10:00 FIT to be Strong®, AR 10:30 Fit Minds, AR 11:15 Word Mining, AR 1:00 Walking Club, OUT 2:00 Beach Ball Volleyball, AR 3:30 Lecture Series, AR	30 10:00 FIT to Stretch®, AR 10:15 FIT to Balance®, AR 10:30 Crafting, AR 1:00 Walking Club, OUT 2:00 Bingo, AR 3:30 Entertainment, CR	LOCATIONS Activity Room, AR Grand Lounge, GL Outside, OUT			Crystal Room, CR Ice Cream Parlor, ICP Resident Choice, RC	Garden, G Library, Lbr Resident Led, RL
Calendar events subject to change.							