



SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:30 Balloon Games, W 11:00 Singalong Music History, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W	LABOR DAY 2 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Poetry Hour, W 4:15 FIT to Pedal®, W	3 10:30 FIT to Be Strong®, W 11:00 TED Talks, W 2:00 Garden Club, C 3:15 Music of Joe S., M 6:30 Kathleena's Night, W	4 10:30 FIT to Stretch®, W 11:00 Scrabble Club, W 1:30 Shopping Outing to Walmart 2:00 September Activity Packets 4:15 FIT to Pedal®, W	5 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Fun w/Origami!, W 2:30 Music & Singalong Circle, W 3:30 Bible Study & Hymns, W	6 10:30 FIT to Stretch®, W 11:00 Reminiscing & Trivia, W 12:00 Campus Tailgater 2:00 Visit w/Osa the Dog, R 4:15 Science Friday, W	7 10:30 Balloon Games, W 11:00 This Week in History, W 2:00 Gourmet Coffee Social, E 3:00 Scrabble Club, W	
8 10:30 Balloon Games, W 11:00 International Culture Club, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service w/Dom F., W 4:15 Enchanted Coloring, W	9 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Focus on Prayer, M 3:00 Horticultural Therapy, W 4:15 FIT to Pedal®, W	10 10:30 FIT to Be Strong®, W 11:00 TED Talks, W 2:00 September Crafters, M 3:00 September Birthdays w/Michael, M 6:30 Kathleena's Night, R	PATRIOT DAY 11 10:30 FIT to Stretch®, W 11:00 Creative Writing Workshop, W 2:00 Valiant Veterans® Social, M 4:15 FIT to Pedal®, W	12 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Calligraphy Lesson, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study & Hymns, W	13 10:15 FIT to Stretch®, W 10:45 Resident Council Meeting, W 2:00 Becky's Book Club, W 3:00 Music of Kay R., M 4:15 Enchanted Coloring, W	14 10:30 Balloon Games, W 11:00 This Week in History, W 2:00 Gourmet Coffee Social, E 3:00 Scrabble Club, W	
15 10:30 Balloon Games, W 11:00 Wheel of Fortune Trivia, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W	16 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 3:00 Art Therapy, W 4:15 FIT to Pedal®, W 5:00 Strolling Accordion w/Phil H., R	17 10:30 FIT to Be Strong®, W 11:00 TED Talks, W 2:00 Garden Club, C 2:15 Music of Pablo G., M 6:30 Kathleena's Night, W	18 10:30 FIT to Stretch®, W 11:00 Pet Therapy, W 1:30 Dairy Hill Ice Cream Parlor 4:15 FIT to Pedal®, W	19 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 Painting & Drawing, W 2:30 Music & Singalong Circle, W 3:30 Bible Study & Hymns, W	20 10:30 FIT to Stretch®, W 11:00 Reminiscing & Trivia, W 2:00 Candy Bingo, M 3:00 Music of Gordon N., M 4:15 Science Friday, W	21 10:30 Balloon Games, W 11:00 This Week in History, W 2:00 Gourmet Coffee Social, E 3:00 Scrabble Club, W	
22 10:30 Balloon Games, W 11:00 Singalong Music History, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W	AUTUMN BEGINS 23 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 4:00 Earthtones Music Exploration, W 4:15 FIT to Pedal®, W	24 10:30 FIT to Be Strong®, W 11:00 TED Talks, W 2:00 September Crafters, M 3:00 Music of Ken W., M 6:30 Kathleena's Night, R	25 10:30 FIT to Stretch®, W 11:00 Oxbow Park Outing 11:00 September Activity Packets 3:00 Scrabble Club, W 4:15 FIT to Pedal®, W	26 9:45 Holy Communion, R 10:30 FIT to Be Strong®, W 11:00 World Culture Group, W 2:00 Fancy Fingers Nail Social, W 3:30 Bible Study & Hymns, W	27 10:30 FIT to Stretch®, W 11:00 Virtual Road Trips, W 2:00 Visit w/Osa the Dog, R 2:00 Technology 101 w/Kay, M 3:00 Root Cellar Lowell Music, M 4:15 Enchanted Coloring, W	28 10:30 Balloon Games, W 11:00 This Week in History, W 2:00 Gourmet Coffee Social, E 3:00 Scrabble Club, W	
ROSH HASHANAH BEGINS AT SUNSET 29 10:30 Balloon Games, W 11:00 West Hills Reminisce Magazine, W 2:00 Afternoon Tai Chi, M 3:30 Worship Service, W 4:15 Enchanted Coloring, W	30 10:30 FIT to Stretch®, W 11:00 Candy Bingo, W 2:00 Spiritual Chat w/Kristen, M 4:15 FIT to Pedal®, W	<p>LOCATIONS</p> <p>Bistro, B Courtyard, C East Commons, E Library, L</p> <p>Main Dining Room, M Resident Room Delivery, R West Dining Room, W</p>					

All recent survey results are located in the Library. Please see a Life Enrichment team member if you have any questions.

CALENDAR EVENTS SUBJECT TO CHANGE.